

# NEW TIMES 12-Step DIRECTORY

All 12-Step Meetings Are Self-Supporting Through Voluntary Contributions.

## NATIONAL NUMBERS

Alcoholics Anonymous 212-870-3400  
 www.alcoholics-anonymous.org  
 Al-Anon and Alateen 888-425-2666  
 www.al-anon.org and www.alateen.org  
 Cocaine Hotline 800-347-8998  
 CoDependents Anon. 602-277-7991  
 www.codedependence.org  
 Emotions Anonymous 651-738-9099  
 Food Addicts in Recovery Anon. 781-321-9119  
 Gamblers Anonymous 800-287-8670  
 Incest Survivors Anon 562-428-5599  
 Marijuana Anonymous 800-766-6779  
 Nar-Anon Family Group 310-547-5800  
 Probics Anonymous 760-322-COPE  
 Prostitutes Anonymous 818-905-2188  
 Recovering Couples Anon 636-397-0867  
 E-mail: RCA.WSO@aol.com  
 Sexaholics Anonymous 615-331-6230  
 S-Anon 615-833-3152  
 E-mail: SANNON@sannon.org

## BAY AREA NUMBERS

ACA 415-641-7373  
 Al-Anon & Alateen www.nexsa  
 Al-Anon/Alateen 650-794-9654  
 CoDA/Bay Area 415-905-6331  
 Debtors Anonymous 415-522-9099  
 Incest Survivors Anonymous 415-566-6226  
 Nicotine Anonymous 415-750-0328  
 Sexaholics Anonymous 510-273-9878  
 Workaholics Anonymous 510-273-9253

## ALAMEDA COUNTY • 510

ACA (415) 641-7373  
 Alcoholics Anonymous 839-8900  
 Al-Anon/Alateen, Oakland 276-2270  
 Al-Anon/Alateen, Berkeley 528-4379  
 Emotions Anonymous 471-8864  
 Incest Survivors Anonymous 841-0585  
 Marijuana Anonymous 287-8873  
 Nar-Anon Family Group 526-2455  
 Narcotics Anonymous 444-4673  
 Recovering Couples Anon 982-0197  
 S-Anon (510) 869-4884

## CONTRA COSTA COUNTY • 510 or • 925

ACA (415) 641-7373  
 Alcoholics Anonymous 925-939-4155  
 Al-Anon/Alateen 925-932-6770

Overeaters Anonymous 927-2245  
 Sexaholics Anonymous 510-273-9878  
 Sex and Love Addicts Anon 979-4004

## NAPA • SOLANO • 707

Alcoholics Anonymous/Napa 255-4900  
 ACA 544-2130  
 Al-Anon/Napa 252-2270, Vallejo 553-1037  
 Alateen & Pre-Teen 252-2270  
 Narcotics Anonymous 251-5982  
 Overeaters Anonymous 552-9895  
 Sexaholics Anonymous 510-273-9878

## NORTH COAST COUNTIES • 707

Lake & Mendocino AA/Al-Anon 462-7123  
 S/LAA 547-0406  
 Humboldt/DeINorte AA 442-0711

## SACRAMENTO • 916

Alcoholics Anonymous 454-1100  
 Al-Anon/Alateen 334-2970  
 Cocaine Anonymous Help Line 927-5740  
 Codependents Anonymous 558-0448  
 Gamblers Anonymous 447-5588  
 Nar-Anon Family Group 646-6534  
 Narcotics Anonymous 732-2299  
 Sexaholics Anonymous 510-273-9878

## SAN FRANCISCO • 415

Alcoholics Anonymous 621-1326  
 AA Tapelines 751-5390 or 0241  
 ACA Info Hotline 641-7373  
 Al-Anon/Alateen 626-6533  
 Cocaine Anonymous 821-6155  
 Codependents Anonymous 905-6331  
 Debtors Anonymous of N.C.A. 522-9099  
 Marijuana Anonymous 522-3737  
 Methamphetamine Anonymous 267-5933  
 Narcotics Anonymous 621-8600  
 Nicotine Anonymous 995-1938  
 Overeaters Anonymous 436-0651  
 Sexaholics Anonymous 510-273-9878  
 S/LAA 415-919-4715  
 S/LAA S.E., Alameda, and Contra Costa 979-4715  
 SSA (415) 487-6554  
 Survivors of Incest Anonymous 566-6226

## SAN MATEO COUNTY • 650

Alcoholics Anonymous 342-2615  
 Al-Anon (Alateen) 592-7935

Cocaine Anonymous 496-9107  
 Codependents Anonymous 496-1570  
 Dual Recovery Anonymous 275-1010  
 Emotions Anonymous 238-7323  
 Food Addicts Anonymous 491-9824  
 Gamblers Anonymous 377-9344  
 Marijuana Anonymous 450-0796  
 Nar-Anon 296-2474  
 Narcotics Anonymous 24 HR 998-4200  
 Nicotine Anonymous 236-2196  
 Overeaters Anonymous 268-7243  
 Overcomers Love Circle 223-3300  
 Sexaholics Anonymous (510) 273-9878  
 Sex and Love Addicts Anony 450-2681

## SANTA CRUZ COUNTY • 831

ACA (415) 641-7373  
 Al-Anon 462-1818  
 Alcoholics Anonymous 475-5782  
 Codependents Anonymous 469-6096  
 Cocaine Anonymous 458-5213  
 Dual Recovery Anonymous 454-9620  
 Marijuana Anonymous 427-4088  
 Narcotics Anonymous 662-4664  
 Overeaters Anonymous 429-7906  
 Recovering Couples Anon 335-7331

## SANTA CRUZ COUNTY • 831

ACA (415) 641-7373  
 Al-Anon 462-1818  
 Alcoholics Anonymous 475-5782  
 Codependents Anonymous 469-6096  
 Cocaine Anonymous 458-5213  
 Dual Recovery Anonymous 454-9620  
 Marijuana Anonymous 427-4088  
 Narcotics Anonymous 662-4664  
 Overeaters Anonymous 429-7906  
 Recovering Couples Anon 335-7331

## OTHER RECOVERY RESOURCES

ALAMEDA COUNTY • 510  
 E Bay Comm. Recovery Proj. 832-0600  
 Mandana CRC 839-8844  
 Amer. Indian Healing Prog. 534-2737  
 Sec. Org. for Sobriety 814-2221

## CONTRA COSTA COUNTY • 510

Alano Club 925-228-3056

## MARIN COUNTY • 415

Bay Area Community Resources 924-8500  
 Androska/Bullina Support 924-4471  
 Center Point, Dextox. 456-6655  
 Out-patient 456-6655  
 Marin Services for Women 924-5995  
 Marin Services for Men 485-6736  
 SOS 415-332-1418  
 SMART (415) 673-2848

## SAN FRANCISCO • 415

AJRA/Addicted Jews in Recovery 346-6040  
 Adult Survivors of Child Abuse (415) 928-4576

Sexaholics Anonymous (510) 273-9878  
 Sex & Love Addicts Anonymous 423-2377  
 Survivors of Incest Anon (SIA) 477-4165

## SONOMA COUNTY • 707

AA Pealuma 762-5122  
 Al-Anon/Alateen 575-6760  
 AA Santa Rosa 544-1300  
 AA Sonoma 948-2027  
 ACA/Sonoma Cty. Intergroup 544-2130  
 Narcotics Anonymous 575-STEP  
 Overeaters Anonymous 538-9770  
 Sexaholics Anonymous (510) 273-9878  
 Sex and Love Addicts Anon 523-4621

SMART Recovery 408-739-7230  
 The Other Bar, San Diego 800-222-0767  
 Rational Recovery 800-303-CURE  
 SMART Recovery (510) 770-9274  
 SOS 310-821-8430  
 Women for Sobriety 800-333-1606

## SAN MATEO COUNTY • 650

Alano Club 343-0507  
 Alcohol & Drug Helpline (650) 573-3950  
 Pyramid Alternatives 355-8787  
 Women's Recovery Association 348-6603

## SANTA CLARA COUNTY • 408

Alano Club, All Amigos 998-9202  
 Alano East 297-1878  
 Alano West 293-1936  
 Alano Mid-Peninsula 720-8022  
 NCADD 292-7292  
 Open-Bed Hotline 792-2970  
 Secular Organ. for Sobriety 415-255-1622  
 Gateway Program (800) 488-9919

## DRUG & ALCOHOL TREATMENT PROGRAMS

### GENERAL INFORMATION AND REFERRAL

San Mateo County ..... (415) 573-3950 (help line) or 573-3703  
 Santa Clara County (Gateway Alcohol & Drug Rehab) ..... (800) 488-9919

### DETOX CENTERS

**San Mateo County**  
 Palm Ave., San Mateo (social model—does not use meds) ..... (650) 513-6500

**Santa Clara County**  
 New Horizons, (Valley Med. Center), SJ (SC Co residents) ..... (408) 295-6675

**San Francisco County**  
 Osman Center San Francisco ..... (415) 621-6458  
 Salvation Army San Francisco (Harbor Lights) ..... (415) 5864-7000

**Alameda County**  
 Richmond ..... (510) 233-1270

### RESIDENTIAL PROGRAMS

**San Mateo County**  
 Thea Bowman Home (women), East Palo Alto ..... 326-5666

**Santa Clara County**  
 New Fortunes San Jose ..... (408) 295-6675  
 (Primarily Alcohol, sober women)

Salvation Army, San Jose (men) ..... (408) 298-7600  
 Pathway House San Jose (Men & Women) ..... (408) 988-5191  
 Sullivan House San Jose (men) ..... (408) 926-2666  
 Odyssey San Jose (men) ..... (408) 288-5200

**Alameda County** ..... (800) 662-4357  
 West Oakland ..... (510) 658-1041

### OUTPATIENT PROGRAMS

**San Mateo County**  
 Adolescent Counseling Services ..... (415) 424-0852  
 Al-Anon/Alateen ..... (415) 592-7935

Alcoholics Anonymous 24-Hour ..... (415) 573-6811  
 Archway, (men & women), Redwood City ..... (650) 366-8437  
 Narcotics Anonymous - Peninsula Area ..... (415) 802-5950  
 San Mateo ..... (415) 341-0964  
 Center for Community Change (men) East Palo Alto ..... 321-9607

**Santa Clara County**  
 Alcoholics Anonymous 24-Hour ..... (408) 297-3555  
 Combined Addicts and Professionals Services  
 (CAPS) San Jose (men & women) ..... (408) 294-5425  
 Outpatient Drug Free Counseling SJ ..... (408) 270-2587  
 (men & women)

Comadres (Family Services) SJ (women) ..... (408) 288-6209  
 South County Alternatives Gilroy (adolescents) ..... (408) 842-3118  
 STEPS San Jose ..... (408) 251-9950  
 Proyecio Prima Vera San Jose ..... (408) 977-1591  
 Family Health Foundation, Alviso ..... (408) 262-7944