

JOIN THE VOICES FOR RECOVERY...

National Alcohol
& Drug Addiction
Recovery Month



The *Road to Recovery* Season Continues With

Mutual Support Groups: What Everyone Needs to Know

Available starting on Wednesday, September 1, 2004

<http://www.recoverymonth.gov/2004/multimedia/w.aspx?ID=266>

For decades, an ever increasing number of mutual support groups have helped individuals and families overcome addictions and lead healthy and fulfilling lives. Alcoholics Anonymous, Al-Anon, Narcotics Anonymous, NarAnon, Smart Recovery, Women for Sobriety, and Moderation Management are but a few of the mutual support groups helping to make a difference.

Join host *Ivette Torres*, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment (CSAT), Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS), and a panel of experts in this important and timely Webcast as they explore the role of mutual support groups and help you discern whether one might be right for you or someone you care about.

Panelists:

- Dr. Keith Humphreys, Associate Professor of Psychiatry, Veterans Affairs and Stanford University Medical Centers
- Dr. Patricia O’Gorman, Chief Psychologist and Author, Berkshire Farm Center, a New York-based service organization for at-risk youth and their families
- Dr. Allen Ault, Dean, College of Justice and Safety, Eastern Kentucky University
- John Shinholser, Advocate for Recovery

Also featuring representatives from:

- The Recovery Community Services Program (RCSP)—RCSP grant projects are designing and delivering peer-to-peer recovery support services to help individuals in their communities initiate and sustain recovery and gain overall wellness.
- Beverly Conyers, author of “Addict in the Family, Stories of Loss, Hope and Recovery.” She is the mother of three grown children, the youngest of whom is a heroin addict.
- Steven J. Stein, Licensed Clinical Professional Counselor (LCPC), provides individual, marriage, and family therapy coaching for personal and professional success.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
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