

NOTES



**Patient
&
Family
Education
Codes
(PEPC)**

13th Edition

January 2007

FORWARD TO THE 13TH EDITION OF THE PATIENT EDUCATION PROTOCOLS & CODES

NOTE: This booklet contains the mnemonics (codes) only. The written guidelines (protocols) are found at www.ihs.gov under Nationwide Programs and Initiatives (in the upper right corner.)

The PEP-C (Patient Education Protocols and Codes) committee has diligently worked to add all protocols that were requested by providers or programs. We hope that you find the codes helpful in documenting your patient education.

As co-chairs of this committee we would like to sincerely thank all the members and guests of this committee. As usual they spent long hours preparing for the annual committee meeting and even longer hours in committee. They all deserve our appreciation. Without these dedicated committee members this would not be possible. We thank Mary Wachacha, IHS Chief of Health Education, for ensuring support for the education of our Native American and Alaskan Native clients. We recognize Liz Dickey, R.N. and other IHS staff for envisioning an easier way to document education. We especially thank Shirley Teter for her assistance in formatting and ensuring consistency in our document and to Patricia Price for the original concept of this booklet for publication. Finally, we are indebted to our colleagues in the Indian Health Service for their support, encouragement and input.

If you have new topics or codes you would like to see in future editions of the Patient Education Protocols and Codes please email your submission to a committee member – submissions are requested and encouraged!!! The submissions will be reviewed by the committee and may be changed extensively prior to their publication for general use. New submissions should be sent to:

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How to Assist Patients Establish Behavior Goals

OBJECTIVE	DEFINITION	ACTION	MNEMONIC
Goal Set	The preparation phase defined as "patient ready to change" (patient is active)	State a plan State a plan how to maintain at least one _____ Write a plan of management Plan to change _____ State a plan to test _____ (blood sugar) Choose at least one change to follow _____ Demonstrate _____ and state a personal plan for _____ Identify a way to cope with _____	GS
Goal Not Set	The pre-contemplation phase defined as "patient is not thinking about change"	Goal Not Set	GNS
Goal Met	The action phase defined as "patient activity making the change" or maintenance phase defined as "patient is sustaining the behavior change"	Behavior Goal Met Patient maintains Goal	GM
Goal Not Met	The contemplation phase defined as "patient is unsure about the change" or relapse when the patient started making the change and did not succeed due to ambivalence or other	Behavior Goal Not Met Patient set a goal but is ambivalent about change Relapse Patient set a goal but is unable to meet the goal	GNM

Level of Understanding

RECORDING THE PATIENT'S RESPONSE TO EDUCATION

The following "Levels of Understanding" can be used in the PCC system:

- Good (G):** Verbalizes understanding
Able to return demonstration or teach-back correctly
- Fair (F):** Verbalizes need for more education
Incomplete return demonstration or teach-back indicates partial understanding
- Poor (P)** Does not verbalize understanding
Unable to return demonstration or teach-back
- Refuse (R):** Refuses education
- Group (GP):** Education provided in group. Unable to evaluate individual response

The PCC Coders can only select "Good, Fair, Poor, Group, or Refused" for the level of understanding. Remember, this section is meant for speedy documentation of brief educational encounters. If you want to write a more lengthy narrative, please do so, on a separate PCC form using the codes to simply summarize your note. On inpatient PCCs each entry must be prefaced by a date.

Figure 3: Documenting Patient Education on a PCC+ form, Page 2

General Education Codes
- Guidelines For Use -

The subtopic can be used in conjunction with any ICD-9 diagnosis to document patient/family education. The general subtopics should not be used with standard patient education codes. Standard codes can be found in the IHS Patient Education Protocols and Codes Manual (PEPC). As with PEPC, covering 50% of the standards under a subtopic justifies use of the education coding system. The list below is NOT exhaustive, nor is it intended to be.

The provider will write out the following: 1) ICD-9 code or diagnosis, 2) education subtopic, 3) level of understanding (G, F, P, R, Gp), 4) Provider Code or Initials, 5) Time spent providing the education, and 6) GS for Goal set, GM for Goal Met, and GNM for Goal Not Met if the patient set a goal. For example :

(132.9) Pediculosis – TX – F <provider initials> 10min. – GS: Pt. will wash linens

This would show up on the health summary under the patient education section as:

(132.9) Pediculosis – treatment – fair understanding, 10 minutes, Goal Set: Pt. will wash linens

Figure 4: This form is used by healthcare workers providing education in the community, schools, work sites, etc.

Documenting Patient Education (Forms)

Figure 1: Documenting Patient Education on the PCC Inpatient and Discharge Follow-up Record form

Figure 2: Documenting Patient Education with the PCC Ambulatory Encounter form

General Education Topics

AP Anatomy and Physiology	LA Lifestyle Adaptations
C Complications	M Medications
DP Disease Process	MNT Medical Nutrition Therapy
EQ Equipment	N Nutrition
EX Exercise	P Prevention
FU Follow-up	PRO Procedures
HM Home Management	S Safety
HY Hygiene	TE Tests
L Literature	TX Treatment

AP - ANATOMY AND PHYSIOLOGY

The patient and/or family will understand the anatomy and physiology as it relates to the disease state or condition.

C - COMPLICATIONS

The patient and/or family will understand the effects and consequences as a result of this disease state/condition, the failure to manage this disease state/condition, or those that are a result of treatment.

DP - DISEASE PROCESS

The patient/family will understand the condition/disease.

EQ - EQUIPMENT

The patient/family will understand and demonstrate (when appropriate) the proper use and care of home medical equipment.

EX - EXERCISE

The patient/family will understand the role of physical activity to the patient's disease state.

FU - FOLLOW UP

The patient/family will understand the importance of follow-up.

HM - HOME MANAGEMENT

The patient/family will understand the home management of the disease process/condition and will make a plan for implementation.

HY - HYGIENE

The patient will recognize good personal hygiene as an aspect of wellness.

L - LITERATURE

The patient/family will receive literature about the disease process literature about the disease process or condition.

LA - LIFESTYLE ADAPTATIONS

The patient will understand the lifestyle adaptations necessary to prevent complications of the dis-

disease state/condition or to improve mental or physical health.

M - MEDICATIONS

The patient/family will understand the purpose, proper use, and expected outcomes of their drug therapy.

MNT- MEDICAL NUTRITION THERAPY

For use by registered dietitians ONLY
The patient/family will understand the specific nutritional interventions needed in the disease state/condition.

N - NUTRITION

The patient will understand the need for balanced nutrition and will plan for the implementation of dietary modification if needed.

P - PREVENTION

The patient/family will understand that healthy lifestyle behaviors can reduce the risk of developing diseases, conditions, or complications.

PRO - PROCEDURES

The patient/family will understand the proposed procedure, including the indications, complications, and alternatives, as well as, possible results of non-treatment.

S - SAFETY

The patient/family will understand the principles of injury prevention and will plan a safe environment.

TE - TESTS

The patient/family will understand the tests to be performed, including indications and their impact on further care.

TX - TREATMENT

The patient/family will understand the mutually agreed upon treatment plan.

IMPORTANT CHANGES IN THE 13TH EDITION

CHEMICAL DEPENDENCY CHANGE: The mnemonic CD for Chemical Dependency has been changed to AOD - Alcohol and Other Drugs. The change from the mnemonic CD to AOD was at the request of the Behavioral Health Program. Questions/concerns about this change should be addressed to Denise Grenier, OIT BH representative. For the short-term, "CD" will remain a viable mnemonic but will eventually become obsolete in RPMS and totally replaced by AOD. We suggest you begin using the new AOD term now.

CULTURAL/SPIRITUAL ASPECTS OF HEALTH (CUL): CUL is a major new addition to the Protocols and Codes to document education/counseling that reflects an integration of the impact and influences that cultural and spiritual traditions, practices, and beliefs have on health and wellness.

MEDICAL NUTRITION THERAPY (MNT): MNT has been added to many of the Protocols and Codes. Only Registered Dietitians are permitted to use the MNT code. Questions concerning the MNT protocols and codes should be directed to Cecelia Butler, RD.

WELLNESS CHANGED TO HPDP: The mnemonic WL has been changed to HPDP - Health Promotion, Disease Prevention. Questions concerning HPDP protocols and codes should be directed to Freda Carpitcher.

GRIEF: GRIEF is a new addition to the Protocols and Codes. Grief is often associated with losses other than "end of life." The patient education topic "GRIEF" was added to address the education provided to patients who are grieving because of other losses. These losses may include a home, a spouse through divorce, a job, or even a favorite pet. The standards are general so they can be adapted to a wide variety of situations.

LITERATURE: The title for literature given to the patient was previously Patient Education Literature. It has been changed to Literature. This change will allow users to more easily find this topic as it will now be "filed" under "L" instead of "P."

CASE MANAGEMENT (CM): The title previously associated with the mnemonic CM was Care Management. The committee felt that the more appropriate term would be Case Management. The title for CM has been changed throughout the manual to Case Management.

RHEUMATIC DISEASE CHANGED TO RHEUMATIC ARTHRITIS: The PEP-C previously contained a topic and mnemonic called Rheumatic Disease (RD). This will be inactivated and the new topic/mnemonic is RA - Rheumatic Arthritis. We have plans to develop protocols for Osteoarthritis and Juvenile Rheumatoid Arthritis. Most other "Rheumatic Diseases" can be covered with the mnemonic ATO- Autoimmune Disorders.

In June of 2007, many protocols were revised to include more sub-topics and/or fewer standards. Please discard old manuals and assure that your local Information Technology Department /Computer Department has installed all current patches for RPMS.

For detailed explanations of education protocols and codes consult the complete manual located at www.ihs.gov under "Nationwide Programs and Initiatives," in the upper right-hand corner:

Indian Health Service
Patient and Family Education
Protocols and Codes
January 2007

SHS - Second-Hand Smoke
SM - Stress Management

TB - TUBERCULOSIS

CUL - Cultural/Spiritual Aspects of Health
DOT - Directly Observed Therapy
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PPD - Screening Skin Test
TE - Tests
TX - Treatment

UC - ULCERATIVE COLITIS

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TE - Tests
TX - Treatment

URI - UPPER RESPIRATORY TRACT INFECTION

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention

UTI - URINARY TRACT INFECTION

AP - Anatomy and Physiology
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
SM - Stress Management
TE - Tests

WH - WOMEN'S HEALTH

AP - Anatomy and Physiology
BE - Breast Exam
COLP - Colposcopy
CRYO - Cryotherapy

CUL - Cultural/Spiritual Aspects of Health

EX - Exercise
FU - Follow-up
HY - Hygiene
KE - Kegel Exercises
L - Literature
LP - LEEP
M - Medications
MAM - Mammogram
MNT - Medical Nutrition Therapy
MP - Menopause
MS - Menses
N - Nutrition
OS - Osteoporosis
PAP - Pap Smear
PMS - Premenstrual Syndrome
PRO - Procedures
RS - Reproductive System
SM - Stress Management
STI - Sexually Transmitted Infections
TD - Transdermal (Patch)
TE - Tests

M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

STI - SEXUALLY TRANSMITTED INFECTIONS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
I - Information
L - Literature
M - Medications
P - Prevention
SM - Stress Management
TE - Tests
TX - Treatment

SHI - SHINGLES

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TX - Treatment

SWI - SKIN AND WOUND INFECTIONS

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
TE - Tests
WC - Wound Care

ST - STREP THROAT

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
P - Prevention
PM - Pain Management
TE - Tests

SIDS - SUDDEN INFANT DEATH

CUL - Cultural/Spiritual Aspects of Health
I - Information
L - Literature
P - Prevention
S - Safety
SHS - Second-Hand Smoke

SB - SUICIDAL BEHAVIOR

CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
L - Literature
M - Medications
PSY - Psychotherapy
SCR - Screening
SM - Stress Management
TX - Treatment
WL - Wellness

SUN - SUN EXPOSURE

C - Complications
DP - Disease Process
L - Literature
LA - Lifestyle Adaptations
P - Prevention
TX - Treatment

SUP - SUPPLEMENTS, DIETARY

C - Complications
FU - Follow-up
I - Supplement Information
MNT - Medical Nutrition Therapy
N - Nutrition
S - Safety
SCH - Schedule

SPE - SURGICAL PROCEDURES AND ENDOSCOPY

ADV - Advance Directive
C - Complications
CUL - Cultural/Spiritual Aspects of Health
EQ - Equipment
FU - Follow-up
IS - Incentive Spirometry
L - Literature
M - Medications
PM - Pain Management
PO - Postoperative
PR - Preoperative
PRO - Procedures
TCB - Turn, Cough, Deep Breath
TE - Tests
WC - Wound Care

TO - TOBACCO USE

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
HY - Hygiene
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
QT - Quit
S - Safety

ACNE - ACNE

C - Complications
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
N - Nutrition
TX - Treatment

ABD - ABDOMINAL PAIN

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TE - Tests
TX - Treatment

AF - ADMINISTRATIVE FUNCTIONS

B - Benefits of Updating Charts
C - Confidentiality
FU - Follow-up
REF - Referral Process
RI - Patient Rights and Responsibilities
TLM - Tele-Health

ADM - ADMISSION TO HOSPITAL

ADV - Advance Directive
CUL - Cultural/Spiritual Aspects of Health
EQ - Equipment
OR - Orientation
PM - Pain Management
POC - Plan of Care
RI - Patient Rights & Responsibilities
S - Safety

ADV - ADVANCE DIRECTIVES

I - Information
L - Literature
LW - Living Will
POA - Durable Power of Attorney for Health Care
RI - Patient Rights and Responsibilities

AOD - ALCOHOL AND OTHER DRUGS

C - Complications
CCA - Continuum of Care
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications

MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PLC - Placement
SCR - Screening
SM - Stress Management
TE - Tests
WL - Wellness

AL - ALLERGIES

DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
TE - Tests

ALZ - ALZHEIMER'S DISEASE

ADV - Advance Directive
AP - Anatomy and Physiology
C - Complications
CM - Case Management
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PLC - Placement
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

AN - ANEMIA

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PRO - Procedures
TE - Tests
TX - Treatment

ANS - ANESTHESIA

C - Complications
EQ - Equipment
FU - Follow-up
INT - Intubation
IS - Incentive Spirometry
L - Literature
PM - Pain Management
PO - Postoperative
PR - Preoperative
PRO - Procedures
TCB - Turn, Cough, Deep Breath

ABX - ANTIBIOTIC RESISTANCE

C - Complications
DP - Disease Process

FU - Follow-up
L - Literature
M - Medications
P - Prevention
TE - Tests

ACC - ANTICOAGULATION

C - Complications
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
S - Safety
TE - Tests

ASM - ASTHMA

AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MDI - Metered-Dose Inhalers
MNT - Medical Nutrition Therapy
N - Nutrition
NEB - Nebulizer
PF - Peak-Flow Meter
SHS - Second-Hand Smoke
SM - Stress Management
SMP - Self Management Plan
SPA - Spacers
TE - Tests
TO - Tobacco (Smoking)
TX - Treatment

ADD - ATTENTION DEFICIT HYPER- ACTIVITY DISORDER

C - Complications
CM - Case Management
DP - Disease Process
FU - Follow-up
GD - Growth and Development
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
TE - Tests
TX - Treatment

ATO - AUTOIMMUNE DISORDER

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations

M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
TE - Tests
TX - Treatment

BH - BEHAVIORAL AND SOCIAL HEALTH

ADL - Activities of Daily Living
ANA - Abuse and Neglect, Adult
ANC - Abuse and Neglect, Child
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
HOU - Housing
IR - Information and Referral
L - Literature
M - Medications
PLC - Placement
RI - Patient Rights and Responsibilities
SM - Stress Management
TE - Tests
TH - Therapy
TLM - Tele-Health
TR - Transportation
WL - Wellness

BELL - BELL'S PALSY

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
PM - Pain Management
TE - Tests
TX - Treatment

BWP - BIOLOGICAL WEAPONS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
I - Information
L - Literature
LA - Lifestyle Adaptations
M - Medications
P - Prevention
SM - Stress Management
TE - Tests
TX - Treatment

BL - BLOOD TRANSFUSION

C - Complications
EQ - Equipment
FU - Follow-up
L - Literature
S - Safety
TE - Tests
TX - Treatment

L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
SCR - Screening
TE - Tests
TX - Treatment
WC - Wound Care

PSR - PSORIASIS

BH - Behavioral Health
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
SM - Stress Management
TX - Treatment

PL - PULMONARY DISEASE

ADV - Advance Directive
BIP - Bilevel (or Continuous) Positive Airway Pressure Ventilation
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
INT - Intubation
IS - Incentive Spirometry
L - Literature
LA - Lifestyle Adaptations
M - Medications
MDI - Metered-Dose Inhalers
MNT - Medical Nutrition Therapy
N - Nutrition
NEB - Nebulizer
O2 - Oxygen Therapy
PF - Peak-Flow Meter
PM - Pain Management
PRO - Procedures
SHS - Second-Hand Smoke
SPA - Spacers
TE - Tests
TO - Tobacco (Smoking)
VENT - Mechanical Ventilation

XRAY - RADIOLOGY/ NUCLEAR MEDICINE

C - Complications
FU - Follow-up
EQ - Equipment
L - Literature
M - Medications
PRO - Procedures
S - Safety

SCR - Screening
TE - Tests

RSV - RESPIRATORY SYNCYTIAL VIRUS

C - Complications
DP - Disease Process
FU - Follow-up
M - Medications
MNT - Medical Nutrition Therapy
NEB - Nebulizer
P - Prevention
SHS - Second-Hand Smoke
TE - Tests
TO - Tobacco (Smoking)

RST - RESTRAINTS

EQ - Equipment
L - Literature
M - Medications
S - Safety

RA - RHEUMATOID ARTHRITIS

C - Complications
CM - Case Management
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
S - Safety
SM - Stress Management
TE - Tests

SZ - SEIZURE DISORDER

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

SARS - SEVERE ACUTE RESPIRATORY SYNDROME

C - Complications
DP - Disease Process
FU - Follow up
HM - Home Management
HY - Hygiene
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition

PT - PHYSICAL THERAPY

EQ - Equipment
EX - Exercise
FU - Follow-up
GT - Gait Training
I - Information
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
TX - Treatment
WC - Wound Care

PNM - PNEUMONIA

AP - Anatomy and Physiology
C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
IS - Incentive Spirometry
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
SHS - Second-Hand Smoke
TCB - Turn, Cough, Deep Breath
TE - Tests
TO - Tobacco
TX - Treatment

POI - POISONING

FU - Follow-up
I - Information
L - Literature
P - Prevention
TE - Tests
TX - Treatment

PP - POSTPARTUM

C - Complications
CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
I - Information
INF - Infant Care
KE - Kegel Exercises
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
NJ - Neonatal Jaundice
PM - Pain Management
WC - Wound Care

PDEP - POSTPARTUM DEPRESSION

DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy

N - Nutrition
SM - Stress Management
TX - Treatment

PDM - PREDIABETES

C - Complications
CM - Case Management
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests

PN - PRENATAL

1T - First Trimester
2T - Second Trimester
3T - Third Trimester
ADM - Admission to Hospital
AOD - Alcohol and Other Drugs
BH - Behavioral Health
C - Complications
CUL - Cultural/Spiritual Aspects of Health

DC - Dental Caries
DV - Domestic Violence
EQ - Equipment
EX - Exercise
FAS - Fetal Alcohol Syndrome
FU - Follow-up
GD - Growth and Development
GDM - Gestational Diabetes
GEN - Genetic Testing
HIV - Human Immunodeficiency Virus

L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PIH - Pregnancy-Induced Hypertension and Pre-Eclampsia
PM - Pain Management
PTL - Pre-term Labor
S - Safety
SHS - Second-Hand Smoke
SM - Stress Management
SOC - Social Health
STI - Sexually Transmitted Infections
TE - Tests
TO - Tobacco
VBAC - Vaginal Birth after Cesarean Section

PU - PRESSURE ULCERS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management

BF - BREASTFEEDING

AP - Anatomy and Physiology
BB - Benefits of Breastfeeding
BC - Breast Care
BP - Breastfeeding Positions
CS - Collection and Storage of Breast Milk
EQ - Equipment
FU - Follow-up
GD - Growth and Development
HC - Hunger Cues
L - Literature
LA - Lifestyle Adaptations
M - Maternal Medications
MK - Milk Intake
MNT - Medical Nutrition Therapy
N - Nutrition (Maternal)
NJ - Neonatal Jaundice
ON - Latch-on
SF - Introduction to Solid Foods
SM - Stress Management
T - Teething
W - Weaning

BURN - BURNS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TX - Treatment
WC - Wound Care

CA - CANCER

ADV - Advance Directive
AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
REF - Referral
SM - Stress Management
TE - Tests
TX - Treatment

CEL - CELIAC DISEASE

C - Complications
CM - Case Management
DP - Disease Process

FU - Follow-up
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
TE - Tests

CVA - CEREBROVASCULAR DISEASE

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

CWP - CHEMICAL WEAPONS

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
I - Information
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
P - Prevention
TE - Tests
TX - Treatment

CP - CHEST PAIN

DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
TE - Tests

CHN - CHILD HEALTH NEW- BORN (0-60 DAYS)

CAR - Car Seats & Automobile Safety
ECC - Early Child Caries
FU - Follow-up
GD - Growth and Development
I - Information
L - Literature
MNT - Medical Nutrition Therapy

N - Nutrition
NJ - Neonatal Jaundice
PA - Parenting
S - Safety
SF - Introduction to Solid Foods
SHS - Second-Hand Smoke

CHI - CHILD HEALTH INFANT (2-12 MONTHS)

CAR - Car Seats & Automobile Safety
ECC - Early Child Caries
FU - Follow-up
GD - Growth and Development
HY - Hygiene
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
PA - Parenting
S - Safety
SF - Introduction to Solid Foods
SHS - Second-Hand Smoke
W - Weaning

CHT - CHILD HEALTH TODDLER (1-3 YEARS)

CAR - Car Seats & Automobile Safety
ECC - Early Child Caries
FU - Follow-up
GD - Growth and Development
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
PA - Parenting
S - Safety
SF - Introduction to Solid Foods
SHS - Second-Hand Smoke
W - Weaning

CHP - CHILD HEALTH PRE-SCHOOL (3-5 YEARS)

CAR - Car Seats & Automobile Safety
ECC - Early Child Caries
FU - Follow-up
GD - Growth and Development
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
PA - Parenting
S - Safety
SHS - Second-Hand Smoke

CHS - CHILD HEALTH SCHOOL AGE (5-12 YEARS)

AOD - Alcohol and Other Drugs
CAR - Car Seats & Automobile Safety
DC - Dental Caries
FU - Follow-up
GD - Growth and Development
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
PA - Parenting

S - Safety
SHS - Second-Hand Smoke
SOC - Social Health
SX - Sexuality
TO - Tobacco

CHA - CHILD HEALTH ADOLESCENT (12-18 YEARS)

AOD - Alcohol and Other Drugs
CAR - Automobile Safety
DC - Dental Caries
FU - Follow-up
GD - Growth and Development
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
PA - Parenting
S - Safety
SHS - Second-Hand Smoke
SOC - Social Health
SX - Sexuality
TO - Tobacco

CB - CHILDBIRTH

AP - Anatomy and Physiology
C - Complications
CUL - Cultural/Spiritual Aspects of Health
EQ - Equipment
EX - Exercise, Relaxation & Breathing
FU - Follow-up
L - Literature
LB - Labor Signs
M - Medications
NJ - Neonatal Jaundice
OR - Orientation
PM - Pain Management
PRO - Procedures, Obstetrical
RO - Role of Labor and Deliver Partner/Coach
TE - Tests
VBAC - Vaginal Birth after Cesarean Section

CKD - CHRONIC KIDNEY DISEASE

ADV - Advance Directive
AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DIA - Dialysis
DP - Disease Process
EQ - Equipment
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PRO - Procedures
TE - Tests
TX - Treatment

TX - Treatment
WC - Wound Care

OS - OSTEOPOROSIS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
TE - Tests
TX - Treatment

OM - OTITIS MEDIA

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
P - Prevention
PET - Pressure Equalization Tubes
PM - Pain Management
TE - Tests

OST - OSTOMY

AP - Anatomy and Physiology
C - Complications
D - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
WC - Wound Care

PM - PAIN MANAGEMENT

AP - Anatomy and Physiology
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PSY - Psychotherapy
TE - Tests

TX - Treatment

PC - PANCREATITIS

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
TE - Tests
TX - Treatment

PNL - PERINATAL LOSS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
GP - Grieving Process
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TX - Treatment

PD - PERIODONTAL DISEASE

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
TE - Tests
TO - Tobacco
TX - Treatment

PVD - PERIPHERAL VASCULAR DISEASE

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
TE - Tests
TX - Treatment

LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PRO - Procedures
S - Safety
SM - Stress Management
TE - Tests

MH - MEN'S HEALTH

AP - Anatomy and Physiology
BE - Breast Exam
CUL - Cultural/Spiritual Aspects of Health
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PRS - Prostate Health
RS - Reproductive System
SM - Stress Management
TE - Tests
TSE - Testicular Self-Exam

MSX - METABOLIC SYNDROME

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
SM - Stress Management
TE - Tests

NDR - NEAR DROWNING

AP - Anatomy and Physiology
C - Complications
FU - Follow-up
L - Literature
M - Medications
P - Prevention
TE - Tests

NF - NEONATAL FEVER

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
P - Prevention
TE - Tests

NJ - NEONATAL JAUNDICE

C - Complications
DP - Disease Process

P - Prevention
TE - Tests
TX - Treatment

ND - NEUROLOGIC DISORDER

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
S - Safety
TE - Tests
TX - Treatment

OBS - OBESITY

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
SM - Stress Management
TE - Tests

ODM - OCULAR DIABETES

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
LT - Laser Therapy
M - Medications
PM - Pain Management
TE - Tests
TX - Treatment

ORTH - ORTHOPEDICS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
PT - Physical Therapy
S - Safety
TE - Tests

CPM - CHRONIC PAIN

CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
PSY - Psychotherapy
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

CDC - COMMUNICABLE DISEASES

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
TE - Tests
TX - Treatment

CHF - CONGESTIVE HEART FAILURE - see Heart Failure (HF)

CAD - CORONARY ARTERY DISEASE

ADV - Advance Directive
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
SM - Stress Management
TE - Tests
TO - Tobacco (Smoking)
TX - Treatment

CRN - CROHN'S DISEASE

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
SM - Stress Management
TE - Tests
TX - Treatment

CRP - CROUP

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
L - Literature
M - Medications
SHS - Second-Hand Smoke

CF - CYSTIC FIBROSIS

AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SHS - Second-Hand Smoke
TE - Tests
TO - Tobacco (Smoking)
TX - Treatment

DVT - DEEP VEIN THROMBOSIS

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

DEH - DEHYDRATION

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up

HM - Home Management
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

DC - DENTAL CARIES

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
TE - Tests
TO - Tobacco
TX - Treatment

DEP - DEPRESSION, MAJOR

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
IR - Information and Referral
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
PSY - Psychotherapy
SCR - Screening
SM - Stress Management
WL - Wellness

DM - DIABETES MELLITUS

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FTC - Foot Care and Examinations
FU - Follow-up
HM - Home Management
KID - Kidney Disease
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
ODM - Ocular Diabetes Mellitus
P - Prevention
PD - Periodontal Disease
PM - Pain Management
SCR - Screening
SM - Stress Management
TE - Tests
WC - Wound Care

DIA - DIALYSIS

AP - Anatomy and Physiology
C - Complications
CM - Case Management
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PRO - Procedures
TE - Tests

DCH - DISCHARGE FROM HOSPITAL

EQ - Equipment
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
POC - Plan of Care
PRO - Procedures
REF - Referral
RI - Patient Rights and Responsibilities
S - Safety
TE - Tests
TX - Treatment

DIV - DIVERTICULITIS/ DIVERTICULOSIS

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
TE - Tests
TX - Treatment

DV - DOMESTIC VIOLENCE

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
IR - Information and Referral
L - Literature
P - Prevention
PSY - Psychotherapy
S - Safety
SCR - Screening
SM - Stress Management
TX - Treatment

DYS - DYSRHYTHMIAS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment

M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
SM - Stress Management
TE - Tests
TX - Treatment

LTH - HYPOTHYROIDISM

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptation
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SCR - Screening
TE - Tests

IM - IMMUNIZATION

DEF - Deficiency
FU - Follow-up
I - Immunization Information
L - Literature
P - Prevention
SCH - Schedule

IMP - IMPETIGO

DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
P - Prevention
TX - Treatment

FLU - INFLUENZA

AVN - Avian Flu
C - Complications
DP - Disease Process
FU - Follow-up
IM - Immunization
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention

INJ - INJURIES

CC - Cast Care
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
I - Information
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
P - Prevention
PM - Pain Management
TE - Tests
WC - Wound Care

LAB - LABORATORY

DRAW - Phlebotomy
FU - Follow-up
L - Literature
S - Safety
TE - Tests

PB - LEAD EXPOSURE / LEAD TOXICITY

C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
SCR - Screening
TE - Tests
TX - Treatment

LIV - LIVER DISEASE

ADV - Advance Directive
AP - Anatomy and Physiology
C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
TE - Tests
TX - Treatment

MSAF - MEDICAL SAFETY

C - Complications
FU - Follow-up
I - Information
L - Literature
M - Medications
P - Prevention
TE - Tests

M - MEDICATIONS

DI - Drug Interaction
FU - Follow-up
I - Information
L - Literature
MB - Medication Box Teaching
MDI - Metered-Dose Inhalers
N - Nutrition
NEB - Nebulizer
PRX - Medication Dispensation to Proxy

MPS - MENOPAUSE

AP - Anatomy and Physiology
C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature

HL - HEARING LOSS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
P - Prevention
SCR - Screening
TE - Tests
TX - Treatment

HEAT - HEATSTROKE

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

HEP - HEPATITIS A,B,C

AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DPA - Disease Process (Hep A)
DPB - Disease Process (Hep B)
DPC - Disease Process (Hep C)
FU - Follow-up
HPDP - Health Promotion, Disease Prevention
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

HIV - HUMAN IMMUNODEFICIENCY VIRUS

ADV - Advance Directive
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
HPDP - Health Promotion, Disease Prevention
HY - Hygiene
L - Literature
LA - Lifestyle Adaptations
M - Medications

MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PN - Prenatal
S - Safety
SM - Stress Management
TE - Tests
TX - Treatment

LIP - HYPERLIPIDEMIA/ DYSLIPIDEMIAS

AP - Anatomy and Physiology
C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
SM - Stress Management
TE - Tests
TX - Treatment

HTN - HYPERTENSION

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
TE - Tests

HTH - HYPERTHYROIDISM

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SCR - Screening
TE - Tests
TX - Treatment

HPTH - HYPOTHERMIA

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature

EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PRO - Procedures
TE - Tests
TX - Treatment

ECC - EARLY CHILDHOOD CARIES

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
GD - Growth and Development
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
TE - Tests
TX - Treatment

ECZ - ECZEMA / ATOPIC DERMATITIS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
HY - Hygiene
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
WC - Wound Care

ELD - ELDER CARE

ADV - Advance Directive
ANA - Abuse and Neglect - Adult
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process/Aging
EQ - Equipment
EX - Exercise
FU - Follow-up
H - Hygiene
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
S - Safety
SM - Stress Management
WL - Wellness

EOL - END OF LIFE

ADV - Advance Directive
CUL - Cultural/Spiritual Aspects of Health

DP - Disease Process
EQ - Equipment
GP - Grieving Process
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
PSY - Psychotherapy
SM - Stress Management
TX - Treatment

EYE - EYE CONDITIONS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
P - Prevention
PM - Pain Management
PRO - Procedures
S - Safety
SCR - Screening
TE - Tests
TX - Treatment

FALL - FALL PREVENTION

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
S - Safety
SCR - Screening

FP - FAMILY PLANNING

AP - Anatomy and Physiology
DIA - Diaphragm
DPO - Depot Medroxyprogesterone Injections
EC - Emergency Contraception
FC - Foam and Condoms
FU - Follow-up
HPDP - Health Promotion, Disease Prevention
IC - Implant Contraception
IR - Information and Referral
IUD - Intrauterine Device
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
MT - Methods
N - Nutrition
OC - Oral Contraceptives
ST - Sterilization
TD - Transdermal (Patch)
TE - Tests

FAS - FETAL ALCOHOL SYNDROME

ADL - Activities of Daily Living
C - Complications

CM - Case Management
DP - Disease Process
FU - Follow-up
GD - Growth and Development
HPDP - Health Promotion, Disease Prevention
IR - Information and Referral
L - Literature
LA - Lifestyle Adaptations
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PN - Prenatal
SCR - Screening
TE - Tests

F - FEVER

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
HM - Home Management
L - Literature
M - Medications
TE - Tests
TX - Treatment

FMS - FIBROMYALGIA SYNDROME

CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
PM - Pain Management
SM - Stress Management
TE - Tests

FF - FORMULA FEEDING

FS - Formula Feeding Skills
I - Information
L - Literature
ME - Maternal Engorgement
MNT - Medical Nutrition Therapy
N - Nutrition
NJ - Neonatal Jaundice
S - Safety
SF - Introduction to Solid Foods

FRST - FROSTBITE

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
HPDP - Health Promotion, Disease Prevention
L - Literature
M - Medications
P - Prevention
PM - Pain Management
TX - Treatment
WC - Wound Care

GB - GALLBLADDER DISORDERS

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PM - Pain Management
PRO - Procedures
TE - Tests

GE - GASTROENTERITIS

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
HM - Home Management
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
TE - Tests
TX - Treatment

GER - GASTROESOPHAGEAL REFLUX DISEASE

DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
PM - Pain Management
SM - Stress Management
TE - Tests
TX - Treatment

GAD - GENERALIZED ANXIETY DISORDER

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EX - Exercise
FU - Follow-up
IR - Information and Referral
L - Literature
M - Medications
SM - Stress Management
TX - Treatment

GENE - GENETIC DISORDERS

BH - Behavioral and Social Health
C - Complications
CM - Case Management
EQ - Equipment
FU - Follow-up
I - Information
L - Literature
LA - Lifestyle Adaptation

MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PA - Parenting
PT - Physical Therapy
S - Safety
SM - Stress Management
TE - Tests

GIB - GI BLEED

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
TE - Tests
TX - Treatment

GL - GLAUCOMA

DP - Disease Process
FU - Follow-up
L - Literature
LT - Laser Therapy
M - Medications
TE - Tests

GRIEF - GRIEF

C - Complications
CUL - Cultural/Spiritual Aspects of Health
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
PSY - Psychotherapy

GBS - GUILLAIN-BARRE SYNDROME

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
TE - Tests
TX - Treatment

HPS - HANTAVIRUS PULMONARY SYNDROME

C - Complications
DP - Disease Process
EQ - Equipment
FU - Follow-up
HPDP - Health Promotion, Disease Prevention
INT - Intubation

L - Literature
MNT - Medical Nutrition Therapy
P - Prevention
TE - Tests
TX - Treatment
VENT - Mechanical Ventilator

HA - HEADACHES

AP - Anatomy and Physiology
C - Complications
DP - Disease Process
FU - Follow-up
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
P - Prevention
PSY - Psychotherapy
SM - Stress Management
TE - Tests
TX - Treatment

HF - HEART FAILURE

C - Complications
CM - Case Management
CUL - Cultural/Spiritual Aspects of Health
DCHL - Discharge Literature
DP - Disease Process
EQ - Equipment
EX - Exercise
FU - Follow-up
HM - Home Management
L - Literature
LA - Lifestyle Adaptations
M - Medications
MNT - Medical Nutrition Therapy
N - Nutrition
SM - Stress Management
TE - Tests

HPDP - HEALTH PROMOTION, DISEASE PREVENTION

ADL - Activities of Daily Living
CAR - Automobile Safety
CUL - Cultural/Spiritual Aspects of Health
EX - Exercise
FU - Follow-up
HY - Hygiene
L - Literature
LA - Lifestyle Adaptations
M - Medications
N - Nutrition
S - Safety
SCR - Screening
SM - Stress Management
SX - Sexuality
TE - Tests
HRA - HEARING AIDS
EQ - Equipment
FU - Follow-up
H - Hygiene
L - Literature
LA - Lifestyle Adaptations