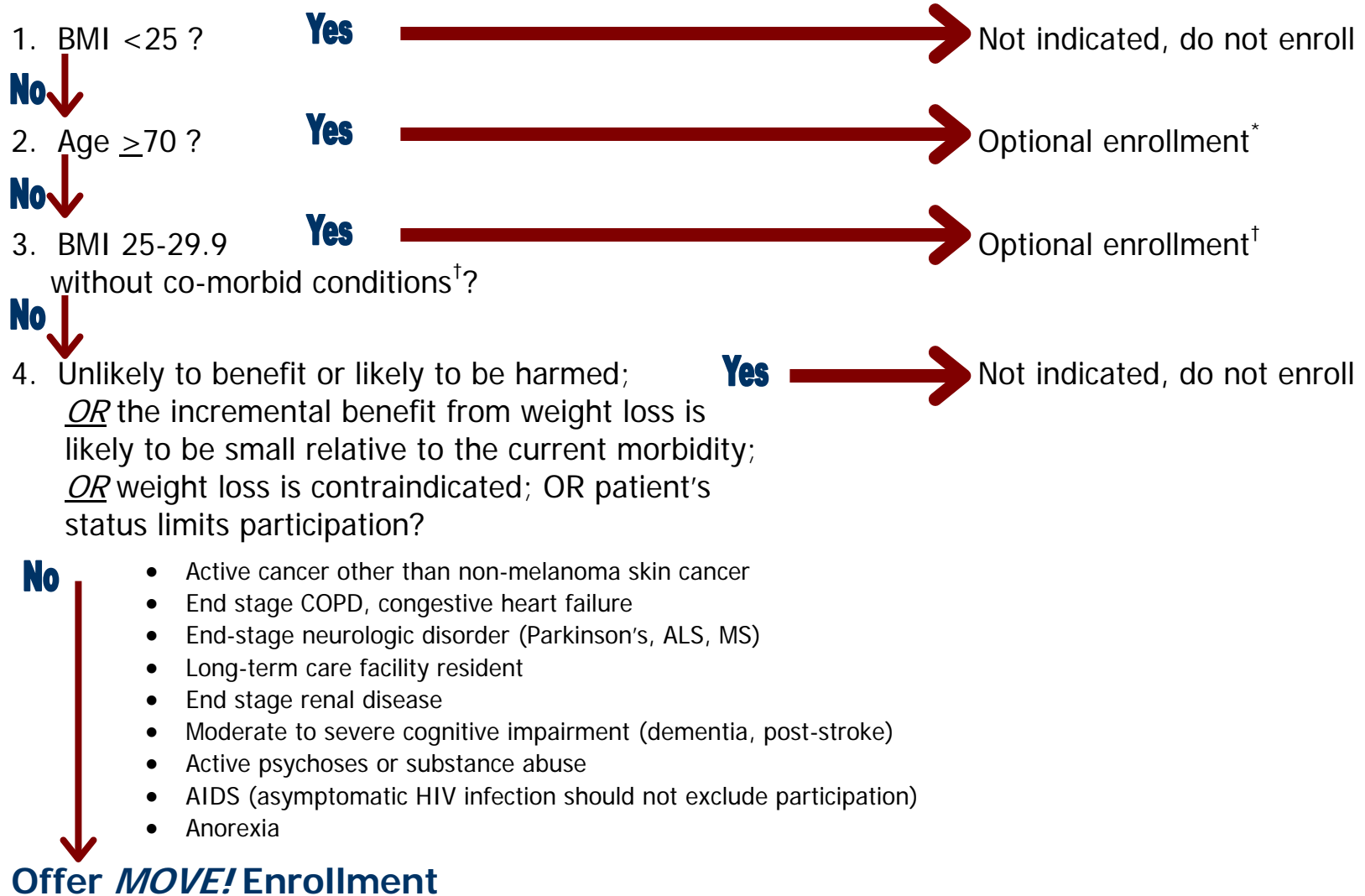


MOVE! Eligibility Screening Chart

The *MOVE!* Program is designed to reach the most high-risk patients and those most likely to benefit. The enrollment eligibility screening chart provides population and evidence based guidance in addition to addressing workload concerns. As the *MOVE!* program evolves in your medical center, enrollment criteria can become less stringent.



*BMI not as strongly correlated with mortality in elderly population, so weight/BMI reductions probably have decreased benefit compared to younger population. Enrolling patients over age 70 requires mandatory medical clearance prior to beginning new physical activity and closer nutritional supervision to minimize protein, vitamin, and mineral deficiencies.

† Co-morbid conditions include conditions such as diabetes, high blood pressure, high cholesterol, osteoarthritis, heart disease, sleep apnea, or other obesity associated conditions. Enrollment in *MOVE!* is strongly recommended for veterans with BMI 25-29 AND co-morbid conditions.