



RESOURCE AND PATIENT MANAGEMENT SYSTEM

PCC Health Summary (APCH)

Supplemental Documentation Patient Wellness Handout

Version 2.0 Patch 15
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Information Technology Support Center
Division of Information Resources
Albuquerque, New Mexico

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1.0 Description

The Patient Wellness Handout (PWH) is a tool that provides patients with access to some of the information in their medical record. Information, education, and the delivery of preventive services improve patient health and facilitate communication between healthcare providers and patients. This results in improved patient outcomes.

The IHS Patient Wellness Handout combines features of the Resource Patient Management System (RPMS) with the concepts developed by the Agency of Healthcare Research and Quality's (AHRQ) Putting Prevention into Practice program. These features address the Institute of Medicine's (IOM) 10 rules of patient centered care, and empower patients to improve their health and satisfaction with medical services.

1.1 Accessing the Patient Wellness Handout

The Patient Medical Handout is currently a component of the Health Summary software (apch patch 15). It can be accessed by the mnemonic **PWH** from the Health Summary menu.

```

*****
**           IHS Health Summary           **
*****
                Version 2.0

                CIHA HOSPITAL

HS      Generate Health Summary
BRHS    Browse Health Summary
MHS     Generate Multiple Health Summaries
CRHS    Health Summary Displaying CMS Register(s)
INHS    Health Summary for Inactive Patient
BLD     Build Health Summary ...
HSM     Health Summary Maintenance ...
PWH     Print Patient Wellness Handout

Select Health Summary Menu Option: PWH

```

Figure 1-1: Health Summary Menu

1.2 Printing a Handout

The Patient Wellness handout can be printed in a variety of settings and at various times during the patient visit. Evaluate your processes and your uses for the PWH to determine when it will be most effective at your site.

If printed before a patient visit, the PWH will utilize the information from the patient's most recent previous visits for population of data.

To print the most recent information on the PWH, print the form at the end of the visit, after verification of the patient's medications by the pharmacy. This will populate the patient's active medication profile and other data fields.

To print the PWH:

- Go to the Health Summary menu of RPMS.
- Select the Patient Wellness Handout option (PWH)
- Select Patient: type the patient's name or chart number
- Device: choose the printer to which you want the summary to print.

```
Select PATIENT NAME: DEMO
1   GUMP,FOREST  M 08-31-1992          CI 168711

Select one of the following:

P           PRINT Output
B           BROWSE Output on Screen

Do you wish to: P// PRINT Output
DEVICE: HOME// CHOOSE YOUR PRINTER NAME
```

Figure 1-2: Example of screen used to print most recent patient information

```
***** Patient Medical Handout ***** [AA] Jan 16, 2006 *****
PATIENT WELLNESS HANDOUT                      Report Date: Jan 16, 2006
FOREST GUMP  HRN: 168711                      Cimarron Medical Center
200 2ND STREET                                JOHN Q. DOCTOR
ANYWHERE, STATE 12345                         (555)555-6200
555-555-4444

Hello Mr. Gump,

Thank you for choosing Cimarron Medical Center.

This sheet is a new way for you and your doctor to look at your health.

Immunizations(shots). Getting shots protects you from some diseases and
illnesses.

1 Immunization Due
  INFLUENZA

Weight is a good measure of health - and it depends on how tall you are.
You are 5 feet and 7 inches tall.
Your last weight was 204 pounds on Sep 01, 2004.
You should have your weight rechecked at your next visit.
Your Body Mass Index on Sep 01, 2004 was 32.0.
You are above a healthy weight. Too much weight can lead to lots
of health problems - diabetes, heart disease, back pain, leg pains,
and more. Ask your provider about things you can do to fix your weight.
```

Blood pressure is a good measure of health.

Your last blood pressure was 120 over 90 on Oct 07, 2005.

Your blood pressure is too high. Easy ways to make it better are eating healthy foods and walking or getting more physical activity.

If you take medicine to lower your blood pressure, be sure to take it every day.

Allergies, reactions that you've had to medicines or other things are very important. Below are the allergies that we know. If anything is wrong or missing, please let your provider know.

From Allergy Tracking System:

OREO COOKIES

DIPHENHYDRAMINE

From Problem List

HX OF SULFA ALLERGY-RASH

HX OF ALLERGIES TO KEFLEX

HX OF FLU VACCINE ALLERGY

Medicines are important - it helps to know

Why you will take it?

When to take it?

How much to take?

What to do if you forget to take it?

What could happen if you forget or take too much.

Knowing these things will help the medicine work best for you.

Here is a list of the medicines you are taking:

HYDROXYZINE 25MG TAB

Directions: TAKE 1 TABLET EVERY 4 HOURS IF NEEDED FOR ITCHING

TRIAMTERENE 50MG CAP

Directions: TAKE 1 CAPSULE DAILY

Figure 1-3: Sample of Patient Wellness Handout printout