

Reading Materials and Resources

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Information on label claims can be found at: <http://www.cfsan.fda.gov/~dms/lab-hlth.html>.

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Chapter 7 provides a historical overview and critical perspective regarding health claims on foods and supplements.

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Various authors. Supplement: evidence for health claims on food: how much is enough? *Journal of Nutrition*. June 2008; 138(6):1189S-1254S.