

Reading Materials and Resources

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Analytical Methods and Reference Materials

American Herbal Pharmacopoeia Botanical Reference Materials

http://www.herbal-ahp.org/bot_ref.htm

AOAC International – Dietary Supplements

<http://www.aoac.org/dietsupp6/Dietary-Supplement-web-site/DSHomePage2.html>

National Institute of Standards and Technology Standard Reference Materials

<http://ts.nist.gov/MeasurementServices/ReferenceMaterials/232.cfm>

Botanicals

Field Techniques Used by Missouri Botanical Garden

<http://www.mobot.org/MOBOT/molib/fieldtechbook/welcome.shtml>

Herbs of Commerce, 2nd Edition (2000) by Michael McGuffin, John Kartesz, Albert Leung, and Arthur Tucker

International Code of Botanical Nomenclature (Saint Louis Code) (2000) by W. Greuter, J. McNeill, F.R. Barrie, H.-M. Burdet, V. Demoulin, T.S. Filgueiras, D.H. Nicolson, P.C. Silva, J.E. Skog, P. Trehand, N.J. Turland, D.L.

<http://www.bgbm.org/iapt/nomenclature/code/SaintLouis/0000St.Luistitle.htm>

Saskatchewan Herb and Spice Association and the National Herb and Spice Coalition:
Good Practices for Plant Identification for the Herbal Industry (2004)

<http://www.saskherbspice.org/Good%20Practices%20for%20plant%20identification.pdf>

Certification Programs and Manufacturer Resources

ConsumerLab.Com

<http://www.consumerlab.com>

National Sanitation Foundation (NSF) Dietary Supplements Programs

http://www.nsf.org/business/dietary_supplements/index.asp?program=DietarySupps

http://www.nsf.org/business/dietary_supplements/more_info_components.asp?program=DietarySupps

Natural Products Association (NPA) (formerly National Nutritional Foods Association)
TrueLabel and GMP Programs

http://www.naturalproductsassoc.org/site/PageServer?pagename=ic_bg_trulabel

http://www.naturalproductsassoc.org/site/PageServer?pagename=ic_gmp

Standardized Information on Dietary Ingredients (SIDI)

http://www.naturalproductsassoc.org/site/PageServer?pagename=SIDI_home

U.S. Pharmacopeia (USP) Dietary Supplements Verification Program

<http://www.usp.org/USPVerified/>

Good Agricultural Practices

AHPA-AHP Good Agricultural and Collection Practice for Herbal Raw Materials (2006)

http://www.ahpa.org/portals/0/pdfs/06_1208_AHPA-AHP_GACP.pdf

WHO Guidelines on Good Agriculture and Collection Practices for Medicinal Plants
(2003)

<http://whqlibdoc.who.int/publications/2003/9241546271.pdf>

Saskatchewan Herb and Spice Association and the National Herb and Spice Coalition:

<http://www.saskherbspice.org/GACPfact.pdf>

Foreign Government Regulations

Australian Government: Therapeutic Goods Administration Questions & Answers for
the Identification of Herbal Materials and Extracts

<http://www.tga.gov.au/cm/idherbal.htm>

Complementary Healthcare Council of Australia: Code of Practice for Ensuring Raw
Material Quality and Safety

<http://www.chc.org.au/lib/pdf/rawmat.pdf>

European Medicines Agency (EMA)

<http://www.emea.europa.eu/>

EMA Herbal Guidance Documents

<http://www.emea.europa.eu/htms/human/hmpc/hmpcguide.htm>

Health Canada Natural Health Products Regulations

http://www.hc-sc.gc.ca/hpfb-dgpsa/nhpd-dpsn/regs_cg2_tc_e.html

National Institutes of Health

National Center for Complementary and Alternative Medicine (NCCAM)

<http://nccam.nih.gov>

NCCAM Product Integrity Policy and Guidance

<http://nccam.nih.gov/research/policies/bioactive.htm>

Office of Dietary Supplements (ODS)

<http://dietary-supplements.info.nih.gov/>

ODS Analytical Methods and Reference Program

[http://dietary-supplements.info.nih.gov/Research/Analytical Methods and Reference Materials Program.aspx](http://dietary-supplements.info.nih.gov/Research/Analytical_Methods_and_Reference_Materials_Program.aspx)

Pharmacopeia and Monographs

American Herbal Pharmacopoeia

<http://www.herbal-ahp.org/#>

EMA Community Monographs

<http://www.emea.europa.eu/htms/human/hmpc/hmpcmonographsadopt.htm>

U.S. Pharmacopeia – National Formulary

<http://www.usp.org/USPNF/>

The Pharmacopoeia of the People's Republic of China

<http://www.scu.edu.au/schools/hahs/herbarium/pprcabout.htm>

WHO Monographs on Selected Medicinal Plants (Vol. 1 1999; Vol. 2 2002)

<http://www.who.int/bookorders/anglais/home1.jsp?sesslan=1>

Probiotics

American Type Cell Culture

<http://www.atcc.org/Home/tabid/57/Default.aspx>

Bergey's Manual of Systematic Bacteriology by George Garrity (editor in chief)

International Journal of Systematic Bacteriology, 1980, 30:225-420

<http://www.bacterio.cict.fr/>

Probiotic Microbes: The Scientific Basis
<http://www.asm.org/Academy/index.asp?bid=43351>

Validation Lists – International Journal of Systematic and Evolutionary Microbiology
(International Journal of Systematic Bacteriology prior to 2000)
<http://ijs.sgmjournals.org>

Publication and Presentation Guidance

American Chemical Society. Preparation and Submission of Manuscripts. Journal of Natural Products, 2006; 69(1):10A-15A.
https://paragon.acs.org/paragon/ShowDocServlet?contentId=paragon/menu_content/auth_orchecklist/np_authguide.pdf

Gagnier JJ, Boon H., Rochon P et al. Reporting Randomized, Controlled Trials of Herbal Interventions : An Elaborated CONSORT Statement. Annals of Internal Medicine, 2006;144:364-367.
http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list_uids=16520478

Swanson CA. Suggested guidelines for articles about botanical dietary supplements. American Journal of Clinical Nutrition, 2002;75:8-10.
<http://www.ajcn.org/cgi/content/full/75/1/8>

Wolsko PM, Solondz DK, Phillips RS et al. Lack of herbal supplement characterization in published randomized controlled trials. The American Journal of Medicine, 2005;118:1087-1093.

U.S. Food and Drug Administration

Botanical Review Team
http://www.fda.gov/cder/Offices/ODE_V_BRT/default.htm

Current Good Manufacturing Practices in Manufacturing, Packing, Labeling, or Holding Operations for Dietary Supplements (2007)
<http://www.cfsan.fda.gov/~lrd/fr07625b.html>

Dietary Supplement Health and Education Act (1994)
<http://www.cfsan.fda.gov/~dms/dietsupp.html>

Food, Drug & Cosmetic Act
<http://www.access.gpo.gov/uscode/title21/chapter9.html>

Draft Report of the Food Advisory Committee Dietary Supplement Working Group on Ingredient Identity Testing Records and Retention (1999)

<http://www.cfsan.fda.gov/~dms/facgmp.html>

Guidance for Industry: Botanical Drug Products (2004)

<http://www.fda.gov/cder/guidance/4592fnl.pdf>

(regarding the need for and content of an IND for botanical drugs)

Other

Institute of Medicine, Food and Nutrition Board, Food Chemical Codex

<http://www.iom.edu/?id=4585&redirect=0>

WHO Traditional Medicine: Complementary, Traditional, and Herbal Medicine (2000)

<http://www.who.int/medicines/areas/traditional/en/index.html>