

**Table 6.4: Use of Therapists, Mental Health Professionals, and Nursing Services in the Last Six Months<sup>1,2</sup>**

Service Provider	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>3</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Physical therapist <sup>4</sup>							
Yes (%)	13.9	14.0	14.3	12.6	8.5	13.5	26.3
If yes: Median number of visits <sup>5</sup>	6.0	8.0	8.0	5.0	5.5	6.0	8.0
Mean number of visits	13.5	15.0	11.9	13.4	12.8	12.0	16.0
Occupational therapist <sup>4</sup>							
Yes (%)	2.1	2.9	1.7	0.4	0.3	1.9	6.1
If yes: Median number of visits <sup>5</sup>	13.5	15.0	12.0	43.5	3.0	13.5	16.0
Mean number of visits	15.0	15.8	11.2	44.6	3.0	11.7	19.6
Speech therapist <sup>4</sup>							
Yes (%)	0.9	1.2	0.6	1.0	0.3	0.4	3.7
If yes: Median number of visits <sup>5</sup>	3.5	3.0	2.0	5.0	1.0	3.5	5.0
Mean number of visits	6.7	6.6	2.0	14.4	1.0	3.3	8.8
Hearing therapist <sup>4</sup>							
Yes (%)	4.2	4.0	4.1	5.4	4.0	3.9	5.7
If yes: Median number of visits <sup>5</sup>	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Mean number of visits	2.0	1.5	2.9	1.4	3.3	1.3	1.5
In the last 6 months, have you discussed any personal problems with a psychiatrist, a psychologist, or any other mental health professional?							
Yes (%)	3.7	5.2	2.7	2.1	2.6	3.7	6.0
If yes: Median number of visits <sup>6</sup>	4.0	4.0	3.0	3.0	3.0	4.0	4.0
Mean number of visits <sup>6</sup>	4.6	5.1	3.6	4.1	5.4	4.4	4.1
Visiting nurse, home health aide, or nurse's aide <sup>7</sup>							
Yes (%)	12.7	8.8	16.0	15.5	6.9	9.2	34.6
If yes: Median number of visits <sup>8</sup>	15.0	13.0	18.0	15.0	12.0	11.0	24.0
Mean number of visits	33.1	34.5	27.3	47.4	19.3	17.0	51.0

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> With the following exceptions all variables have less than 1% missing data: number of physical therapist visits, 3.6%; number of occupational therapist visits, 5.3%; number of visiting nurse, home health aide, or nurse's aide visits, 6.7%. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> The question is in the form "In the last 6 months, have you seen a(an) . . . ?"

<sup>5</sup> How many times have you seen a (an) [service provider]?

<sup>6</sup> How many times have you discussed any personal problems with a psychiatrist, a psychologist, or any other mental health professional?

<sup>7</sup> The question is in the form "In the last 6 months, have you received nursing services at home from someone such as a . . . ?"

<sup>8</sup> How many times have you received nursing services at home from someone such as a visiting nurse, home health aide, or nurse's aid?