

**The risks for kidney disease run in my family.  
Good thing awareness does, too.**



If you have diabetes, high blood pressure or a family history of kidney failure, you're at high risk for developing kidney disease. There may be no early symptoms, so talk to your family about their medical history and to your doctor about getting tested. It could save your life. For a free brochure, call toll-free 1-866-4-KIDNEY (1-866-454-3639), or visit [www.nkdep.nih.gov](http://www.nkdep.nih.gov) today.

**You Have The Power To Prevent Kidney Disease**



U.S. Department of  
Health & Human Services



National Institutes  
of Health



National Institute of Diabetes  
& Digestive & Kidney Diseases



National Kidney Disease  
Education Program

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