

NATIONAL INSTITUTE ON DRUG ABUSE

# Monitoring the Future

National Results on Adolescent Drug Use

## Overview of Key Findings 2003

National Institutes of Health  
U.S. Department of Health and Human Services

# **MONITORING THE FUTURE**

## **NATIONAL RESULTS ON ADOLESCENT DRUG USE**

### **Overview of Key Findings, 2003**

by

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# Introduction

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Substance use by American young people remains a major concern for the nation. Smoking, drinking, and illicit drug use are leading causes of morbidity and mortality, both during adolescence and across the life course. How vigorously the nation responds to teenage substance use, how accurately it identifies the substance abuse problems that are emerging, and how well it comes to understand the effectiveness of the many policy and intervention efforts largely depend on the ongoing collection of valid and reliable data. Monitoring the Future is designed to help provide an accurate picture of what is happening in this domain and why.

First results from the Monitoring the Future study's 2003 nationwide survey of 8th, 10th, and 12th grade students are given in this report. Recent trends in the use of licit and illicit drugs are emphasized. Also presented are trends in the levels of perceived risk and personal disapproval associated with each drug—which this study has shown to be particularly important in explaining trends in use—as well as trends in perceived availability of each drug.

Monitoring the Future (MTF), begun in 1975, is a long-term study of American adolescents, college students, and adults through age 45. It is conducted by the University of Michigan's Institute for Social Research and is supported under a series of investigator-initiated, competing research grants from the National Institute on Drug Abuse.

Following this introductory section are a synopsis of the methods used in the study and an overview of the key results from the 2003 survey. Next is a section for each individual drug class, providing graphs that show trends in the overall proportions of students at each grade level (a) reporting use, (b) seeing a “great risk” associated with its use, (c) disapproving its use and, finally, (d) saying that they could get the drug “fairly easily” or “very easily.” Trends for the interval 1991-2003 appear for all grades and for 1975-2003 for the 12th graders.

The tables at the end of this report provide the statistics underlying the graphs; in addition, they present data on lifetime, 30-day, and (for selected

drugs) daily prevalence.<sup>1</sup> They present these prevalence statistics only for the 1991-2003 interval, but statistics on 12th graders are available for earlier years in other publications from the study. The tables indicate for each prevalence period which of the one-year changes between 2002-2003 are statistically significant.

A much more extensive analysis of the study's findings on secondary school students may be found in a volume to be published in 2004.<sup>2</sup> The volumes in this series also contain a more complete description of the study's methodology, as well as an appendix explaining how to test the significance of differences between groups or for trends over time. The most recent such volume is always posted on the study's Web site.

The study's findings on American college students and adults through age 45 are not covered in this early *Overview* report because the 2003 data are not available at the time of this writing. They are covered in a second series of volumes that will be updated later this year.<sup>3</sup> Volumes in these two annual series are available from the National Clearinghouse for Alcohol and Drug Information at (800) 729-6686 or by e-mail at [info@health.org](mailto:info@health.org). Further information on the study, including its latest press releases, a listing of all publications, and the text of many of them may be found on the Web at [www.monitoringthefuture.org](http://www.monitoringthefuture.org).

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<sup>1</sup>Prevalence refers to the proportion or percentage of the sample reporting use of the given substance on one or more occasions in a given time interval—e.g., lifetime, past 12 months, or past 30 days. The prevalence of daily use usually refers to use on 20 or more occasions in the past 30 days.

<sup>2</sup>The most recent publication in this series is: Johnston, L. D., O'Malley, P. M., & Bachman, J. G. (2003). *Monitoring the Future national survey results on drug use, 1975-2002: Volume I, Secondary school students*. (NIH Publication No. 03-5375). Bethesda, MD: National Institute on Drug Abuse. It may be ordered from the National Clearinghouse for Alcohol and Drug Information; or it may be viewed on the study's Web site at [www.monitoringthefuture.org](http://www.monitoringthefuture.org).

<sup>3</sup>The most recent in this series is: Johnston, L. D., O'Malley, P. M., & Bachman, J. G. (2003). *Monitoring the Future national survey results on drug use, 1975-2002: Volume II, College students and adults ages 19-40*. (NIH Publication No. 03-5376). Bethesda, MD: National Institute on Drug Abuse. It may be ordered from the National Clearinghouse for Alcohol and Drug Information; or it may be viewed on the study's Web site at [www.monitoringthefuture.org](http://www.monitoringthefuture.org).

## Study Design and Methods

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At the core of Monitoring the Future is a series of large, annual surveys of nationally representative samples of students in public and private secondary schools throughout the coterminous United States. Every year since 1975, a national sample of 12th graders has been surveyed. Beginning in 1991, the study was expanded to include comparable national samples of 8th graders and 10th graders each year.

### Sample Sizes

The 2003 sample sizes were 17,000, 16,300, and 15,200 in 8th, 10th, and 12th grades, respectively. In all, about 48,500 students in 392 schools participated. Because multiple questionnaire forms are administered at each grade level, and because not all questions are contained in all forms, the number of cases upon which a particular statistic is based can be less than the total sample. The tables at the end of this report contain the sample sizes associated with each statistic.

### Field Procedures

University of Michigan staff members administer the questionnaires to students, usually in their classrooms during a regular class period. Participation is voluntary. Questionnaires are self-completed and formatted for optical scanning. In 8th and 10th grades the questionnaires are completely anonymous, and in 12th grade they are confidential (to permit the longitudinal follow-up of a random subsample of participants for some years after high school in a panel study). Extensive procedures to protect the confidentiality of subjects and their data are followed.

### Measures

A standard set of three questions is used to determine *usage levels* for the various drugs (except for cigarettes and smokeless tobacco). For example, we ask, “On how many occasions (if any) have you used LSD (‘acid’)...(a)...in your lifetime? (b)...during the past 12 months? (c)...during the last 30 days?” Each of the three questions is answered on the same answer scale: 0 occasions, 1-2, 3-5, 6-9, 10-19, 20-39, and 40 or more occasions.

For the psychotherapeutic drugs (amphetamines, barbiturates, tranquilizers, and narcotics other than heroin), respondents are instructed to include only use “...on your own—that is, without a doctor telling you to take them.” A similar qualification is used in the question on use of anabolic steroids.

For cigarettes, respondents are asked two questions about use: “Have you ever smoked cigarettes?” (the answer categories are “never,” “once or twice,” and so on) and “How frequently have you smoked cigarettes during the past 30 days?” (the answer categories are “not at all,” “less than one cigarette per day,” “one to five cigarettes per day,” “about one-half pack per day,” etc.). Parallel questions are asked about smokeless tobacco.

Alcohol use is measured using the three questions just illustrated for LSD. A parallel set of three questions asks about the frequency of being drunk. A different question asks, for the prior two-week period, “How many times have you had five or more drinks in a row?”

*Perceived risk* is measured by a question asking, “How much do you think people risk harming themselves (physically or in other ways), if they...” “...try marijuana once or twice,” for example. The answer categories are “no risk,” “slight risk,” “moderate risk,” “great risk,” and “can’t say, drug unfamiliar.”

*Disapproval* is measured by the question, “Do YOU disapprove of people doing each of the following?” followed by “trying marijuana once or twice,” for example. Answer categories are “don’t disapprove,” “disapprove,” “strongly disapprove,” and (in 8th and 10th grades only) “can’t say, drug unfamiliar.”

*Perceived availability* is measured by the question, “How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some?” Answer categories are “probably impossible,” “very difficult,” “fairly difficult,” “fairly easy,” “very easy” and (in 8th and 10th grades only) “can’t say, drug unfamiliar.”

## Overview of Key Findings

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The surveys of 8th-, 10th-, and 12th-grade students in the United States conducted in 2002 and 2003 generated a more positive picture than was seen in recent prior years. Quite a number of illicit drugs showed broad declines this year—most notably marijuana and ecstasy.

### Drugs Decreasing in Use

The declines in use this year were broad, with only a few of the many classes of drugs showing any sign of increase in use. Of the illicit drugs, perhaps the most significant change in 2003 was the drop in use of **ecstasy** in all three grades. Ecstasy use had been climbing steeply since 1998. In 2001 we reported for the first time an increase in the proportion of 12th graders (the only ones for whom data were available) attributing risk to ecstasy use. Based on that change, we predicted a turnaround in actual use in 2002, which in fact came to pass. Perceived risk increased again in 2002 as use began to fall and increased further in 2003 as use fell sharply.

Because ecstasy was still diffusing to new communities in 2001, we believed that the impact of the rise in perceived risk had not yet become visible. In 2002, despite even further diffusion of the drug to a larger proportion of all schools in the national samples, annual prevalence dropped by about 20% in all three grades. By 2003 it had declined a total of 40%, 52%, and 51% in grades 8, 10, and 12, respectively, from its 2001 peak rates. Disapproval of ecstasy use rose sharply in all three grades between 2001 and 2003, indicating that peer norms against use of this drug were strengthening. Availability of ecstasy leveled off in 2002, following several years of very sharp increases, and actually declined some in 2003.

The Partnership for a Drug-Free America, in conjunction with the Office of National Drug Control Policy, launched an anti-ecstasy advertising campaign in January 2002. In addition to the normal news coverage of some consequences of ecstasy use by young people, this campaign may well have contributed to the important downturn in the use of the drug. In recent years, the National Institute on Drug Abuse has been particularly active in supporting research on the effects of

ecstasy and in disseminating the results of the research.

Over several recent years, the proportion of older students reporting use of **any illicit drug** had been holding fairly steady. Only 8th graders had been showing gradual decline in use. In 2002, however, all grades showed some decline in use in all three prevalence periods (lifetime, past 12 months, past 30 days). Fortunately, these trends continued in 2003.

**Marijuana** also showed some decline in all prevalence periods for all three grades in 2002; this trend likewise continued in 2003. (The two-year decline was highly significant in grades 8 and 10 for all three prevalence periods.) In 2002 neither perceived risk nor disapproval moved in the way that would normally be associated with declining use, suggesting that some other factor was causing the downturn—perhaps a reduced motivation to use this drug. But in 2003, perceived risk showed significant increases in all three grades. It seems quite possible that the anti-marijuana ad campaign launched in 2002 by the Office of National Drug Control Policy, in conjunction with the Partnership for a Drug-Free America, had its intended effect by the time of the 2003 survey, raising perceived risk and reducing use as a result.

In 2002 there were declines in the proportions of students in all three grades who reported using **any illicit drug other than marijuana** in the prior 12 months (significant in 8th and 10th grades). In 2003 declines continued on this important index in 10th and 12th grades but leveled in 8th grade. Some specific drugs in this index had longer-term declines. For example, the use of **LSD** declined further in 2003, continuing a decline that began in 1996. Risk and disapproval have generally not been moving in ways that would explain the substantial decline in this drug. One possible explanation is that some displacement may have occurred as a result of the growth in ecstasy use; however, this interpretation would not fit the changes observed since 2001, when ecstasy use was in decline. Another possible explanation is that declines in availability help account for the decline in use.

In 2003 overall **amphetamine** use showed its first decline in recent years in the two upper grades; among 8th graders it did not show further decline after a long period of gradual decline that began after 1996. Perceived risk for this drug had been rising among 12th graders (the only ones asked the question) in recent years, perhaps helping to explain the decline in use this year in the upper grades. **Methamphetamine** use has been showing a gradual decline over the past several years in all three grades.

**Tranquilizer** use also declined in the upper two grades in 2003—for the first time in recent years among 12th graders, who previously had shown a gradual, sustained increase in their rate of tranquilizer use over a decade. Among 10th graders, 2003 was the second year of decline. There was little change in 8th graders' considerably lower rate of tranquilizer use, which has been lower since 1995.

### Drugs Holding Steady

Several classes of drugs held fairly steady in 2002, including **hallucinogens other than LSD, heroin, narcotics other than heroin, crack and powder cocaine**, and several so-called “**club drugs**.”

**Hallucinogens other than LSD** (the most common of which is psilocybin mushrooms or “shrooms”) showed no declines in either 2002 or 2003 that reached statistical significance. However, the rates observed in 2003 are slightly below those for 2001 in all three grades.

By 2001 **heroin** had finally fallen below its recent peak levels in all three grades. Since then use has held quite steady, including use with and without a needle.

The annual prevalence of use of **narcotics other than heroin**, taken as a class, which is reported only for 12th graders, had nearly doubled between 1992 and 2000, before leveling over the last few years. Two drugs in this general class, OxyContin and Vicodin, are discussed below.

**Cocaine and crack** use held generally steady in 2003 at levels somewhat below recent peaks and far below the levels attained in the mid-1980s.

Three club drugs—**Rohypnol, GHB, and ketamine**—all have relatively low prevalence of use rates among secondary school students; and use of each tends to be at or below their recent high levels. In 2003 there were no statistically significant changes in the annual prevalence rates for any of them.

### Drugs Showing Signs of Increased Use

Since the turnaround in ecstasy use in 2002, there has been rather little remaining evidence of increases in illicit drug use among adolescents. The only drug showing clear evidence of increase in 2003—and then among 8th graders only—was **inhalants**. The annual prevalence of inhalant use by 8th graders rose by a statistically significant one percentage point, from 7.7% to 8.7%. This increase is noteworthy primarily because it reflects a turnaround from a long period of sustained decline in use at all three grade levels, including a 40% decline in annual prevalence among the 8th graders since 1995. Because perceived risk of inhalant use has declined for the past two years among 8th graders, this turnaround in use could reflect some “generational forgetting” of the dangers of inhalants. Perceived risk was higher in the mid- to late 1990s, perhaps due in part to an extensive media campaign by the Partnership for a Drug-Free America, as well as considerable news coverage. The newer, younger cohorts of young people have not been exposed as much to these messages. These facts suggest the need for some further media efforts addressing the hazards of this class of substances.

**OxyContin and Vicodin**, two drugs in the general class of narcotics other than heroin, also showed some evidence of increased use in 2003, though none of the increases reached statistical significance. Only annual data are gathered on these two drugs, and the annual prevalence of use for both drugs showed some increase in all three grades. Annual prevalence in 2003 was 4.5% among the 12th graders for OxyContin and 10.5% for Vicodin. Because of the considerable addictive potential of these drugs, these absolute levels are of some concern; and the fact that the trends seem to be upward is of additional concern.



## Implications for Prevention

The wide divergence in the trajectories of the different drugs over time helps to illustrate the point that, to a considerable degree, the determinants of use are often specific to the drugs. These determinants include both the *perceived benefits* and the *perceived risks* that young people come to associate with each drug.

Unfortunately, word of the supposed benefits of using a drug usually spreads much faster than information about the adverse consequences. The former—supposed benefits—takes only rumor and a few testimonials, the spread of which has been hastened greatly by the electronic media and the Internet. It usually takes much longer for the evidence of adverse consequences (e.g., death, disease, overdose reactions, addictive potential) to cumulate and *then* to be disseminated. Thus, when a new drug comes onto the scene, it has a considerable “grace period” during which its benefits are alleged and its consequences are not yet known. We believe that ecstasy was the most recent beneficiary of such a grace period, which lasted until 2001, when perceived risk for this drug finally began to rise sharply.

To some considerable degree, prevention must occur drug by drug, because people will not necessarily generalize the adverse consequences of one drug to the use of other drugs. Many beliefs and attitudes held by young people are specific to the drug. This volume’s charts on perceived risk and disapproval for the various drugs—attitudes and beliefs that we have shown to be important in explaining many drug trends over the years—amply illustrate this assertion. These attitudes and beliefs are at quite different levels for the various drugs and, more importantly, often trend differently over time.

## New Drugs Help to Keep the Epidemic Going

Another point worth mentioning is that there tends to be a continuous flow of new drugs onto the scene or of older ones being “rediscovered” by young people. Many drugs have made a comeback years after they first fell from popularity, often because young people’s knowledge of their adverse consequences faded as generational replacement took place. We call this process “generational

forgetting.” Examples include LSD and methamphetamine, two drugs used widely in the beginning of the broad epidemic of illicit drug use, which originated in the 1960s. Heroin, cocaine, PCP, and crack are some others that made a comeback in the 1990s after their initial popularity faded.

As for newer drugs emerging, examples include the nitrite inhalants and PCP in the 1970s, crack and crystal methamphetamine in the 1980s, and Rohypnol, GHB, and ecstasy in the 1990s. The perpetual introduction of new drugs (or of new forms of taking older ones, as illustrated by crack, crystal methamphetamine, and non-injected heroin) helps to keep the country’s “drug problem” alive. Because of the lag times described previously, during which evidence of adverse consequences must cumulate and be disseminated before beginning to deter use, the forces of containment are always playing “catch up” with the forces of encouragement and exploitation. Organized efforts to reduce the “grace period” enjoyed by new drugs would seem among the most promising responses for minimizing the damage they will cause. Such efforts regarding ecstasy by the National Institute on Drug Abuse (NIDA) and others appear to have paid off.

## Cigarettes and Alcohol

The statistics for use of the licit drugs—cigarettes and alcohol—are also a basis for considerable concern. More than half (54%) of American young people have tried **cigarettes** by 12th grade, and about a quarter (24%) of 12th graders are current smokers. Even as early as 8th grade, more than a quarter (28%) have tried cigarettes, and one in ten (10%) already has become a current smoker. Fortunately, there has been some real improvement in these smoking statistics over the last six or seven years, following a dramatic increase in these rates earlier in the 1990s. But it must be remembered that much of that recent improvement was simply regaining the ground lost in the early 1990s.

**Cigarette** use reached its recent peak in 1996 at grades 8 and 10, capping a rapid climb of some 50% from the 1991 levels (when data first were gathered on these grades). Since 1996, current smoking in these grades has fallen off considerably (by 51% and 45%, respectively), including the

modest further decline in 2003. In 12th grade, peak use occurred a year later (1997), from which there has been a more modest decline of 33%. Overall increases in perceived risk and disapproval of smoking appear to have contributed to this downturn, but perceived risk has changed little for three years now. (See the section on cigarettes for more detail.)

It seems likely that some of the attitudinal change that has occurred for cigarettes is attributable to the adverse publicity suffered by the industry in the 1990s, as well as to the reduction in cigarette advertising reaching children and the increase in anti-smoking advertising reaching them. But price likely has been a factor, as well, because cigarette prices have risen appreciably in recent years as cigarette companies try to cover the costs of the tobacco settlement. Prices have risen also because a number of state legislatures raised cigarette taxes—sometimes in the hope of deterring youth smoking. Unfortunately, the declines in smoking in the lower grades are decelerating sharply. Whether some of the forces that have contributed to the declines in youth smoking to date will be operating in the future is likely to be critical to whether youth smoking can be reduced further.

**Smokeless tobacco** use has also been in decline in recent years. Concentrated among males, like steroid use, it has shown fair proportional declines, though no further improvement was seen in 2003 in two of the three grades.

**Alcohol** use remains extremely widespread among today's teenagers. Nearly four out of every five students (77%) have consumed alcohol (more than just a few sips) by the end of high school; and nearly half (46%) have done so by 8th grade. In fact, more than half (58%) of the 12th graders and a fifth (20%) of the 8th graders in 2003 report having been drunk at least once in their life.

To a considerable degree, alcohol trends have tended to parallel the trends in illicit drug use. These trends include some modest increase in binge drinking (defined as having five or more

drinks in a row at least once in the past two weeks) in the early part of the 1990s—but a proportionally smaller increase than was seen for most of the illicit drugs. Fortunately, binge drinking rates leveled off four or five years ago, just about when the illicit drugs began to turn around, and in 2002 a drop in drinking and drunkenness began to appear in all grades. While the decline continued into 2003 for drinking and drunkenness in the prior year, it did not decline for these behaviors in the prior month.

### Where Are We Now?

Clearly the problems of substance abuse remain widespread among American young people. Today half (51%) have tried an illicit drug by the time they finish high school. Indeed, if inhalant use is included in the definition of an illicit drug, nearly a third (30%) have done so as early as 8th grade—when most students are only 13 or 14 years old. Nearly three out of ten (28%) have used some illicit drug *other* than marijuana by the end of 12th grade, and two in ten (20%) of all 12th graders have done so in just the 12 months prior to the survey.

Of special concern this year is the fact that the declines in use by 8th graders of a number of substances has either halted altogether (annual prevalence of hallucinogens, amphetamines, tranquilizers, GHB, and any illicit drug other than marijuana; and also 30-day prevalence of smokeless tobacco, alcohol, and being drunk), decelerated appreciably (30-day prevalence of cigarette smoking), or begun to increase (inhalants). We are concerned that these changes among the 8th graders may reflect a generational forgetting of the dangers of drugs beginning to take place as a result of generational replacement, with newer cohorts of young people not hearing as much about the potential harm of many of these drugs. Clearly, the tragic events of 9/11 and the waging of a second war in the Persian Gulf have had the effect of reducing news coverage of many domestic concerns, drug use among them. That leaves young people less likely to be exposed to messages about adverse consequences that may result from using many of these drugs.

## Any Illicit Drug Use

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Monitoring the Future routinely reports three different indexes of illicit drug use—an index of “any illicit drug use,” an index of the use of “any illicit drug other than marijuana,” and an index of the use of “any illicit drug including inhalants.”<sup>4</sup> In this section we discuss only the first two; the statistics for all three may be found in Table 1.

In order to make comparisons over time, we have kept the definitions of these indexes constant, even though some new substances appear as time passes. The index levels would be little affected by the inclusion of these new substances, however, primarily because almost all users of them are also using the more prevalent drugs included in the indexes. The major exception has been inhalants, the use of which is quite prevalent in the lower grades. Thus, after the lower grades were added to the study in 1991, a special index was added that includes inhalants.

### Trends in Use

In the last third of the twentieth century, young Americans reached extraordinary levels of illicit drug use, either by historical comparisons in this country or by international comparisons with other countries. The trends in lifetime use of **any illicit drug** are given in the first panel on the facing page.<sup>5</sup> By 1975, when the study began, the majority of young people (55%) had used an illicit drug by the time they left high school. This figure rose to two-thirds (66%) by 1981, before a long and gradual decline to 41% by 1992—the low point. After 1992 the proportion rose considerably, reaching a recent high of 55% in 2001; it stands at 51% in 2003.

The comparable trends for annual, as opposed to lifetime, prevalence appear in the second (upper right) panel. They show a gradual and continuing falloff after 1996 among 8th graders. Peak rates were reached in 1997 in the two upper grades, but they showed little further decline for several years.

However, since 2001, both upper grades have been showing declines along with the 8th grade.

Because marijuana is so much more prevalent than any other illicit drug, trends in its use tend to drive the index of “any illicit drug use.” For this reason we have an index excluding marijuana use that shows the proportion of these populations willing to use the other, so-called “harder,” illicit drugs. The proportions who have used **any illicit drug other than marijuana** in their lifetime are in the third panel (lower left). In 1975 over one-third (36%) of 12th graders had tried some illicit drug other than marijuana. This figure rose to 43% by 1981, followed by a long period of decline to a low of 25% in 1992. Some increase followed in the 1990s, as the use of a number of drugs rose steadily, and it reached 30% by 1997. (In 2001 it was 31%, but this reflected a slight artifactual upward shift in the estimate due to a change in the question wording for “other hallucinogens” and tranquilizers.<sup>6</sup>) Since then, the rate has fallen to 28% in 2003. The fourth panel presents the *annual* prevalence data for the same index, which shows a pattern of change over the past few years similar to the index of any illicit drug use.

Overall, these data reveal that, while use of individual drugs (other than marijuana) may fluctuate widely, the proportion using *any* of them is much less labile. In other words, the proportion of students prone to using such drugs and willing to cross the normative barriers to such use changes more gradually. The usage rate for each individual drug, on the other hand, reflects many, more rapidly changing determinants specific to that drug: how widely its psychoactive potential is recognized, how favorable the reports of its supposed benefits are, how risky the use of it is seen to be, how acceptable it is in the peer group, how accessible it is, and so on.

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<sup>4</sup>Footnote 1 to Tables 1 through 3 provides the exact definition of “any illicit drug.”

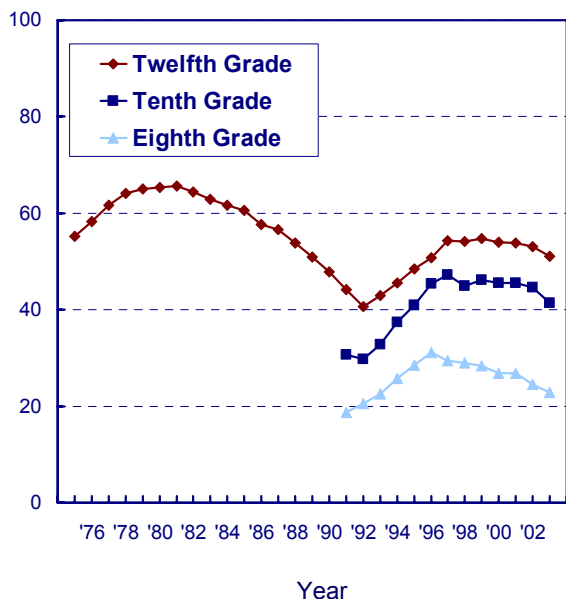
<sup>5</sup>This is the only set of figures in this volume presenting lifetime use statistics. For other drugs, lifetime statistics may be found in the tables at the end of this volume.

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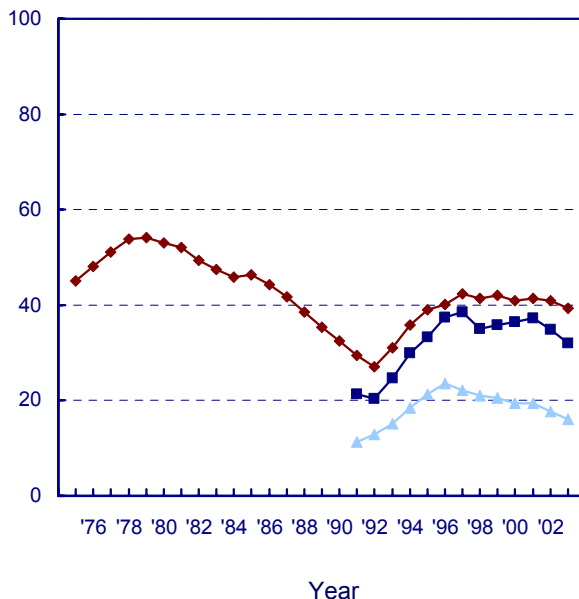
<sup>6</sup>The term “psychedelics” was replaced with “hallucinogens” and “shrooms” were added to the list of examples, resulting in somewhat more respondents indicating use of this class of drugs. For tranquilizers, Xanax was added to the list of examples given, slightly raising the reported prevalence of use.

## Trends in Illicit Drug Use Eighth, Tenth, and Twelfth Graders

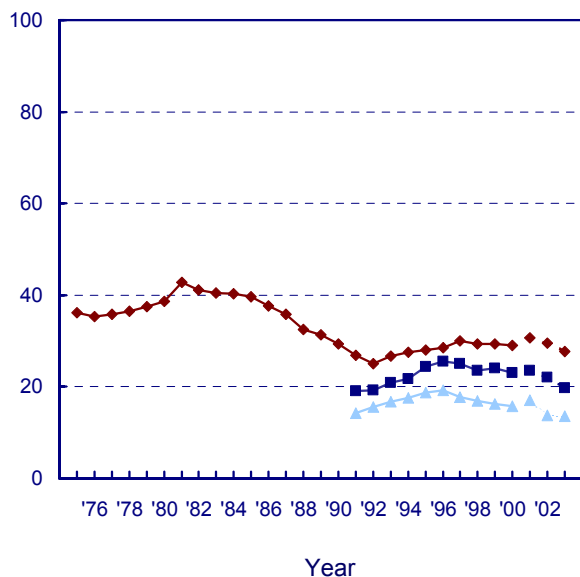
**% who used any illicit drug in lifetime**



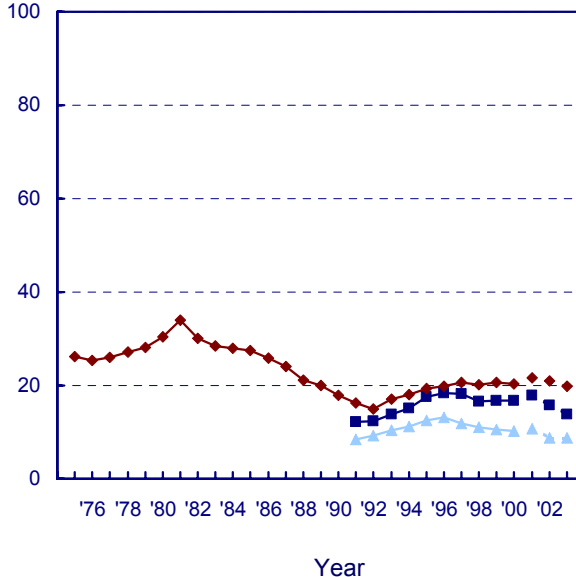
**% who used any illicit drug in last 12 months**



**% who used any illicit drug other than marijuana in lifetime\***



**% who used any illicit drug other than marijuana in last 12 months\***



\*Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for "any illicit other than marijuana" are affected by these changes. The dotted lines connect percentages that are based on data from the revised questions.

# Marijuana

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Marijuana has been the most widely used illicit drug for the 29 years of this study. Marijuana can be taken orally, mixed with food, and smoked in a concentrated form as hashish—the use of which is much more common in Europe. However, nearly all the consumption in this country involves smoking it in rolled cigarettes (“joints”), in pipes or, more recently, in hollowed-out cigars (“blunts”).

## Trends in Use

Annual marijuana use peaked at 51% among 12th graders in 1979, following a rise that began during the 1960s. Then use declined fairly steadily for 13 years, bottoming at 22% in 1992—a decline of more than half. The 1990s, however, saw a resurgence of use. After a considerable increase in the 1990s (one that actually began among 8th graders a year earlier than among 10th and 12th graders), annual prevalence rates peaked in 1996 at 8th grade and in 1997 at 10th and 12th grades. Prior to 2002 there was only a very modest decline from those peak levels, except for a continuing gradual decline among 8th graders. But in 2002 and 2003, use fell appreciably in all grades.

## Perceived Risk

The amount of risk associated with using marijuana fell during the earlier period of increased use and again during the more recent resurgence of use in the 1990s. Indeed, at 10th and 12th grades, perceived risk began to decline a year *before* use began to rise in the upturn of the 1990s, making perceived risk a leading indicator of change in use. (The same may have happened at 8th grade, as well, but we do not have data starting early enough to check that possibility.) The decline in perceived risk halted in 1996 in 8th and 10th grades, and use began to decline a year or two later. Again, perceived risk proved a leading indicator of change

in use. However, from 2000 to 2002 it *declined* some in all grades while use also declined some. In 2003, perceived risk increased in all three grades, and use declined.

## Disapproval

Personal disapproval of marijuana use slipped considerably among 8th graders between 1991 and 1996 and among 10th and 12th graders between 1992 and 1997. For example, the proportions of 8th, 10th, and 12th graders who said they disapproved of trying marijuana once or twice fell by 17, 21, and 19 percentage points, respectively, over those intervals of decline. Since then there has been some modest increase in disapproval among 8th graders but not much among 10th and 12th graders.

## Availability

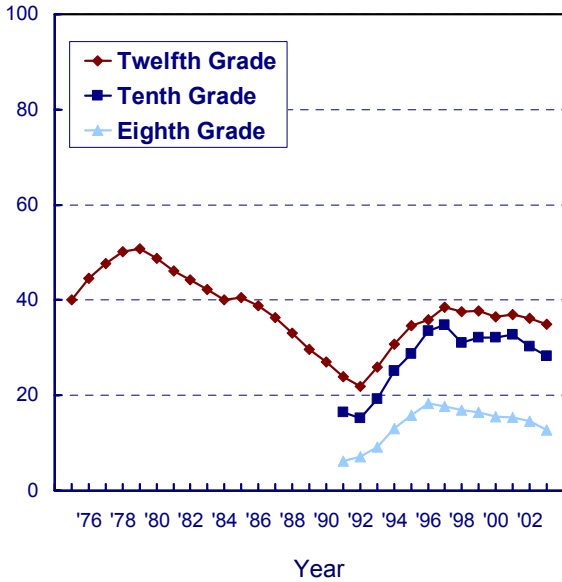
Since the study began in 1975, between 83% and 90% of every senior class have said that they could get marijuana fairly easily or very easily if they wanted some; therefore, it seems clear that this has remained a highly accessible drug. Since 1991, when data were also available for 8th and 10th graders, we have seen that marijuana is considerably less accessible to younger adolescents. Still, in 2003 nearly half of all 8th graders (45%) and almost three-quarters of all 10th graders (74%) reported it as being accessible. This compares to 87% for seniors.

As marijuana use rose sharply in the early and mid-1990s, reported availability increased as well, perhaps reflecting the fact that more young people had friends who were users. Availability peaked for 8th and 10th graders in 1996 and has fallen off since then, particularly in 8th grade. Availability peaked a bit later for 12th graders and has declined only slightly.

## Marijuana: Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, and Twelfth Graders

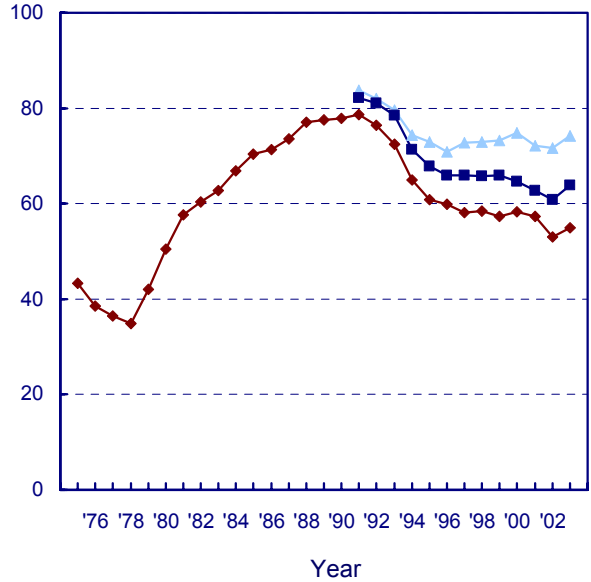
### Use

% who used in last twelve months



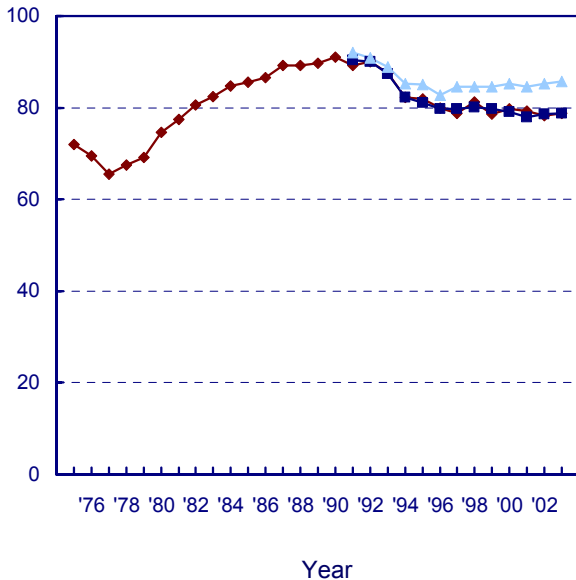
### Risk

% seeing "great risk" in using regularly



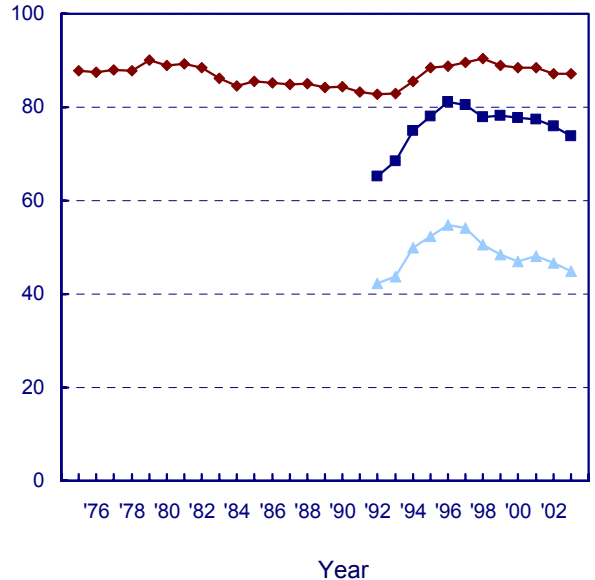
### Disapproval

% disapproving of using regularly



### Availability

% saying "fairly easy" or "very easy" to get



# Inhalants

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Inhalants are any gases or fumes that can be inhaled for the purpose of getting high. These include many household products—the sale and possession of which is perfectly legal—including glue, nail polish remover, gasoline, solvents, butane, and propellants used in certain commercial products, such as whipped cream dispensers. Unlike nearly all other classes of drugs, their use is most common among younger adolescents and tends to decline as youngsters grow older. The early use of inhalants may reflect the fact that many inhalants are cheap, readily available, and legal. The decline in use with age likely reflects their coming to be seen as “kids’ drugs.” In addition, a number of other drugs become available to older adolescents, who also are more able to afford them.

## Trends in Use

According to the long-term data from 12th graders, inhalant use (excluding the use of nitrite inhalants) rose gradually for some years, from 1976 to 1987. This rise in use was somewhat unusual in that most other forms of illicit drug use were in decline during the 1980s. Use rose among 8th and 10th graders from the time data were first gathered on them, 1991, through 1995 and also rose among 12th graders from 1992 to 1995. All grades exhibited a fairly steady decline in use through 2002. In 2003 the decline continued for 10th and 12th graders (not significantly), but there was a statistically significant one percentage-point increase in use among 8th graders, suggesting a possible end to their long and steady decline.

## Perceived Risk

Only 8th and 10th graders have been asked questions about the degree of risk they associate with inhalant use. Relatively low proportions of them think that there is a “great risk” in using an inhalant once or twice. However, there was an upward shift in this belief between 1995 and 1996, and again in 2001 when significant increases in perceived risk were seen in both 8th and 10th grades. The Partnership for a Drug-Free America launched an anti-inhalant advertising initiative in 1995, which may help to explain the increase in perceived risk in 1996 and the turnaround in use after that point. That increase in perceived risk marked the beginning of a long and important decline in inhalant use. Importantly, the degree of risk associated with inhalant use began to decline two years ago among 8th and 10th graders, perhaps explaining the turnaround in 2003 in use among 8th graders.

## Disapproval

Quite high proportions of students say they would disapprove of even trying an inhalant. There was a very gradual upward drift in this attitude during much of the 1990s but some falloff in the past two years.

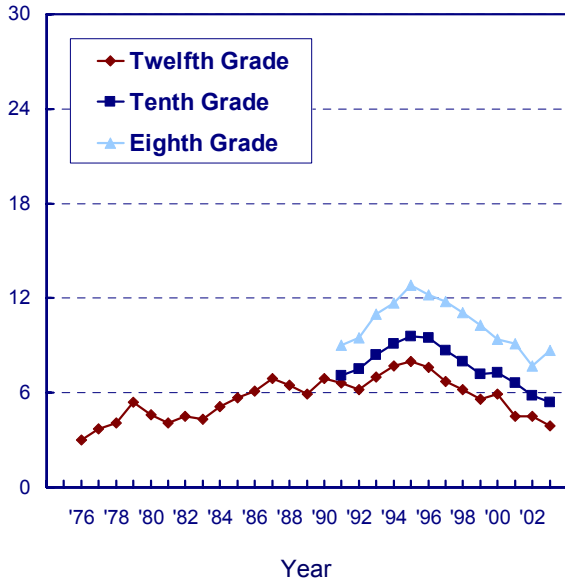
## Availability

Respondents have not been asked about the availability of inhalants. We have assumed that these substances are universally available to young people in these age ranges.

## Inhalants: Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, and Twelfth Graders

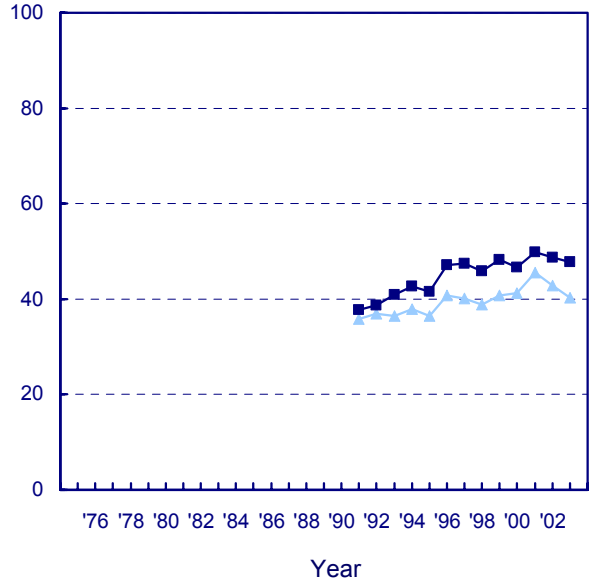
### Use

% who used in last twelve months



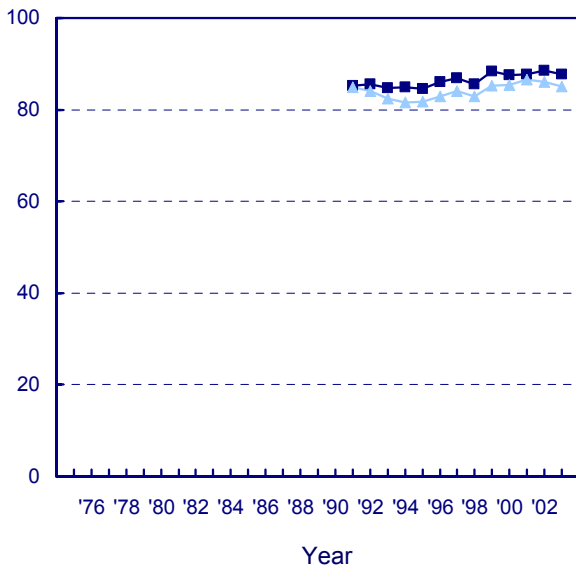
### Risk

% seeing "great risk" in using once or twice



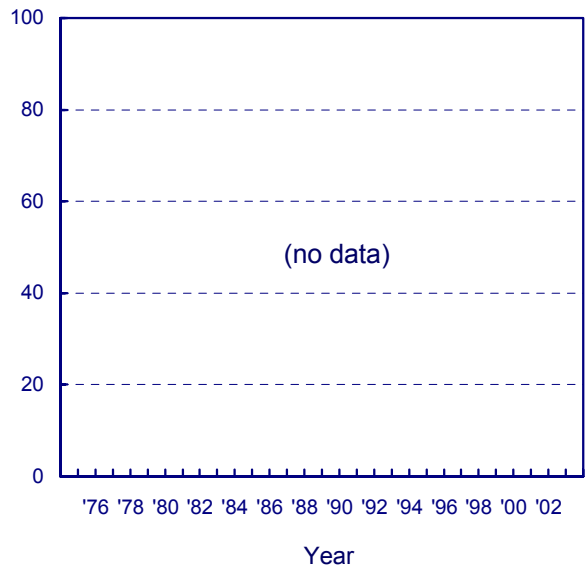
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get





# LSD

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For some years, LSD was the most widely used drug within the larger class of drugs known as hallucinogens. Due to sharp decreases in its use, however, this is no longer true. Statistics on overall hallucinogen use and on the use of hallucinogens other than LSD may be found in the tables at the end of this report.

## Trends in Use

The annual prevalence of LSD use among 12th graders has been below 10% since the study began in 1975. Use declined some in the first 10 years of the study, likely continuing a decline that had begun before 1975. Use had been fairly level in the latter half of the 1980s but, as was true for a number of other drugs, rose in all three grades between 1991 and 1996. After significant declines in all three grades, annual prevalence is now at the lowest point since data collection began (in 1991 for 8th and 10th graders and in 1975 for 12th graders). All grades showed particularly sharp declines over the past two years.

## Perceived Risk

We think it likely that perceived risk for LSD use had grown in the early 1970s, before this study began, as concerns about possible neurological and genetic effects spread (most of which were never scientifically confirmed) and also as concern about “bad trips” grew. However, there was some decline in perceived risk in the late 1970s. The degree of risk associated with LSD experimentation then remained fairly level among 12th graders through most of the 1980s but began a substantial decline after 1991, dropping 12 percentage points by 1997 before leveling and then dropping slightly after 1998. From the time that perceived risk was first measured among 8th and 10th graders, in 1993, through 1998, perceived risk fell in both of these grades, as well.

The fact that use has been declining in recent years, despite a *fall* in perceived risk, suggests that some mechanism is involved other than a change in underlying attitudes and beliefs. The possibility

that another drug might have been displacing LSD seems promising, and the most likely candidate would be ecstasy, because it had been rising sharply in popularity and its use is common in some of the same situations as LSD. However, ecstasy use finally declined after 2001 and could not account for any displacement since then.

## Disapproval

Disapproval of LSD use was quite high among 12th graders through most of the 1980s but began to decline after 1991 along with perceived risk. All three grades exhibited a decline in disapproval through 1996, with disapproval of experimentation dropping a total of 11 percentage points between 1991 and 1996 among 12th graders. After 1996 there emerged a slight increase in disapproval among 12th graders, accompanied by a leveling among 10th graders and some further decline among 8th graders. In recent years disapproval of LSD use has diverged among the three grades, declining considerably among 8th graders, declining only a little among 10th graders, and increasing among 12th graders. Despite these various trends, use has fallen sharply in all grades.

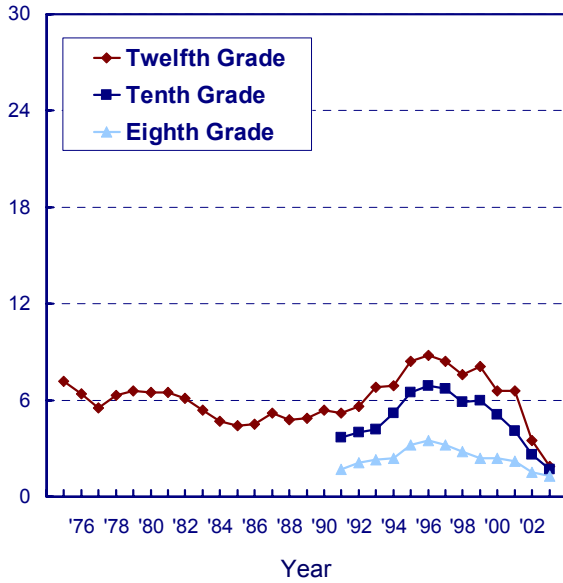
## Availability

Reported availability of LSD by 12th graders has varied quite a bit over the years. It fell considerably from 1975 to 1983, remained level for a few years, and then began a substantial rise after 1986, reaching a peak in 1995. LSD availability also rose among 8th and 10th graders in the early 1990s, reaching a peak in 1995 or 1996. Since those peak years, there has been some considerable falloff in availability in all three grades, particularly 12th grade—quite possibly in part because fewer students have LSD-using friends through whom they could gain access. But there may well have been some real decrease in the supply of LSD, due to closing of major LSD-producing labs by the Drug Enforcement Administration; one particularly important seizure that occurred in late 2000 may help explain the sharp decline since then in reported availability.

## LSD: Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, and Twelfth Graders

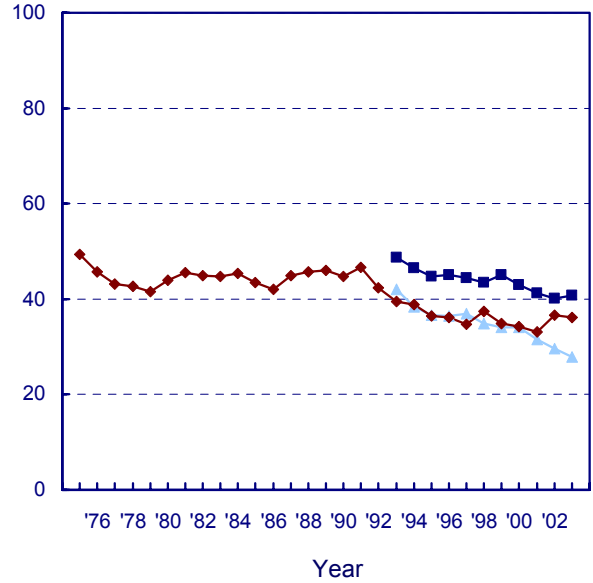
### Use

% who used in past year



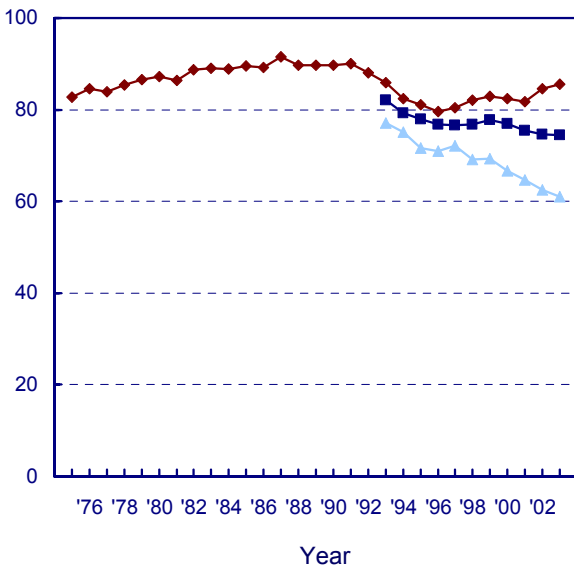
### Risk

% seeing "great risk" in using once or twice



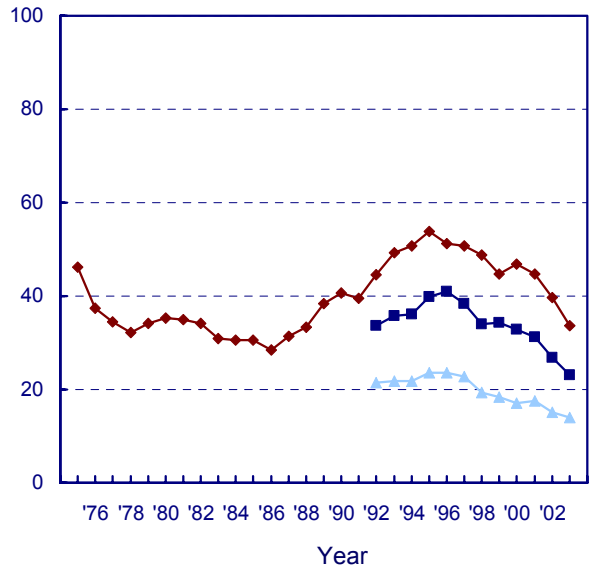
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get



# Cocaine

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For some years cocaine was used almost exclusively in powder form, though “freebasing” emerged for a while. Then in the early 1980s came the advent of crack cocaine. Our original questions did not distinguish among different forms of cocaine or different modes of administration but simply asked about using cocaine. The findings contained in this section report on the results of those more inclusive questions asked of 12th graders over the years.

In 1987 we also began to ask separate questions about the use of crack cocaine and “cocaine other than crack,” which was comprised almost entirely of powder cocaine use. Data on these two components of overall cocaine use are contained in the tables in this report, and the crack results are presented in the next section.

## Trends in Use

There have been some important changes in the levels of overall cocaine use (which includes crack) over the life of the study. Use among 12th graders originally burgeoned in the late 1970s, then remained fairly stable through the first half of the 1980s, before starting a precipitous decline after 1986. Annual prevalence among 12th graders dropped by about three-quarters between 1986, when it was 12.7%, and 1992, when it reached 3.1%. Between 1992 and 1999, use reversed course again and doubled to 6.2%, before declining to 4.8% by 2001, about where it remained in 2003. Use also rose in 8th and 10th grades after 1992, before reaching recent peak levels in 1998 and 1999, respectively. In the early 2000s, use dropped some in all grades, but the decline halted after 2001 in all three grades.

## Perceived Risk

General questions about the dangers of cocaine and disapproval of cocaine have been asked only of 12th graders. The results tell a fascinating story. They show that perceived risk for experimental use fell in the late 1970s (when use was rising), stayed level in the first half of the 1980s (when use was level), and then jumped very sharply in a single year (by 14 percentage points between 1986 and

1987), just when the substantial decline in use began. The year 1986 was marked by a national media frenzy over crack cocaine and also by the widely publicized cocaine-related death of Len Bias, a National Basketball Association first-round draft pick. Bias’ death was originally reported as resulting from his first experience with cocaine. Though that later turned out not to be the case, the message had already “taken.” We believe this event helped to persuade many young people that use of cocaine at any level was dangerous, no matter how healthy the individual. Perceived risk continued to rise through 1990, as the fall in use continued. After 1991, perceived risk began a modest decline, and a year later use began a long rise. Perceived risk leveled in recent years, as has use.

## Disapproval

Disapproval of cocaine use by 12th graders followed a cross-time pattern similar to that for perceived risk, although its 7 percentage-point jump in 1987 was not quite so pronounced. There was some decline from 1991 to 1997 but fair stability since then, despite the modest decline in perceived risk.

## Availability

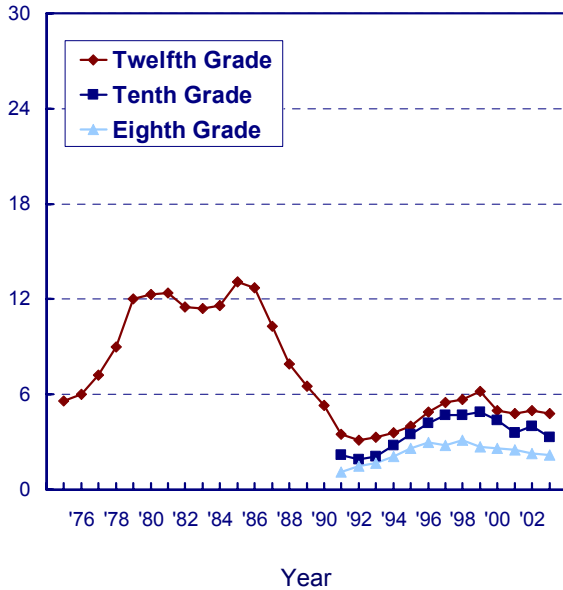
The proportion of 12th graders saying that it would be “fairly easy” or “very easy” for them to get cocaine if they wanted some was 33% in 1977, rose to 48% by 1980, held fairly level through 1985, and increased further to 59% by 1989 (in a period of rapidly *declining* use). It then fell back to about 49% by 1993 and rose to 51% in 1998 before dropping back again to 43% in 2003. Note that the pattern of change does not map all that well onto the patterns of change in actual use, suggesting that changes in overall availability may not have been a major determinant of use—particularly of the sharp decline in use in the late 1980s. The advent of crack cocaine in the early 1980s, however, provided a lower cost form of cocaine, thus reducing the prior social class differences in use (documented in our other publications).

# Cocaine (Including Crack): Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

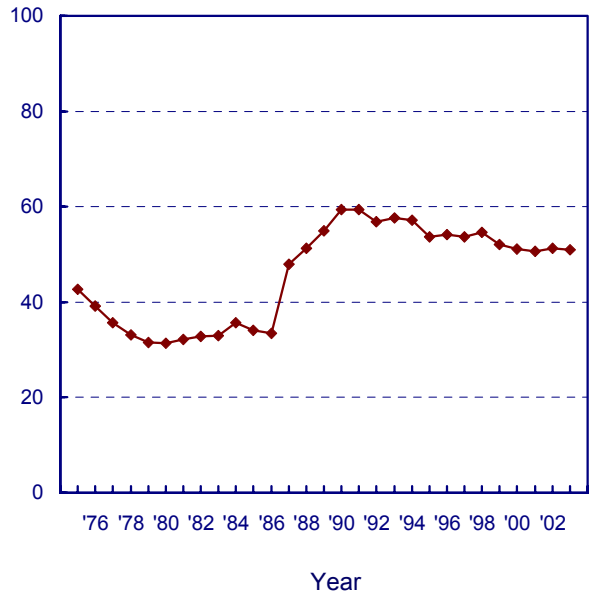
### Use

% who used in last 12 months



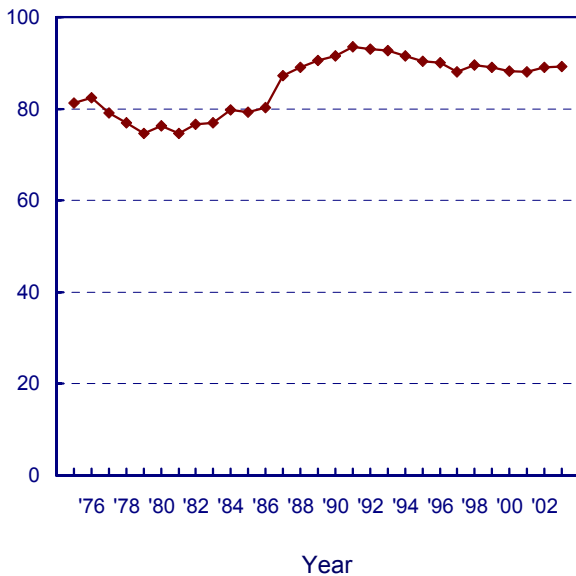
### Risk

% seeing "great risk" in using once or twice



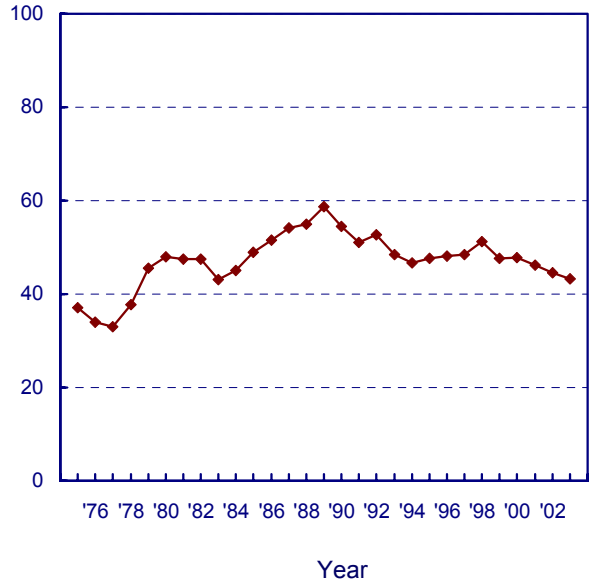
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get



# Crack Cocaine

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Several indirect indicators in the study suggested that crack use grew rapidly in the period 1983-1986, starting before we had direct measures of crack use. In 1986 a single usage question was included in one of the five questionnaire forms given to 12th graders; the question asked those who indicated any cocaine use in the prior 12 months if they had used crack. The results from that question represent the first data point in the first panel on the facing page. After that, our usual set of three questions about use was asked about crack and was inserted into several questionnaire forms.

## Trends in Use

After 1986 there was a precipitous drop in crack use among 12th graders—one that continued through 1991. After 1991 for 8th and 10th graders and after 1993 for 12th graders, all three grades showed a slow and steady increase in use through 1998. Indeed, crack was one of the few drugs still increasing in use in 1998. In 1999 crack use finally started to drop in 8th and 10th grades and after 2000 among 12th graders, but there has been little systematic change in the past two years.

## Perceived Risk

By the time we added questions about the perceived risk of using crack in 1987, it was already seen as one of the most dangerous of all the illicit drugs by 12th graders: 57% saw a great risk in even trying it. This compared to 54% for heroin, for example. (See the previous section on cocaine for a discussion of changes in perceived risk in 1986.) Perceived risk for crack rose still higher through 1990, reaching 64% of 12th graders who said they thought there was a great risk in taking crack once or twice. (Use was dropping during that interval.) After 1990 some falloff in perceived risk began, well before crack use began to increase in 1994. Thus, here again perceived risk was a leading indicator. Between 1991 and 1998 there was a considerable falloff in this belief in grades 8 and 10, as use rose quite steadily. Perceived risk leveled in 2000 in grades 8 and 12

and a year later in grade 10. We think that the declines in perceived risk for crack and cocaine during the 1990s may well reflect an example of “generational forgetting,” wherein the class cohorts that were in adolescence when the adverse consequences were most obvious are replaced by newer cohorts who heard less about the dangers of the drug as they were growing up.

## Disapproval

Disapproval of crack use was not included in the study until 1990, by which time it was at a very high level, with 92% of 12th graders saying that they disapproved of even trying it. Disapproval of crack use eased steadily in all three grades from 1991 through about 1997, before stabilizing.

## Availability

Crack availability has not changed dramatically across the interval for which data are available, as the fourth panel on the facing page illustrates. Eighth and 10th graders reported some modest increase in availability in the early 1990s, followed by a slow, steady decrease after 1995 in 8th grade and a sharper drop after 1999 in 10th grade and after 2000 in 12th grade.

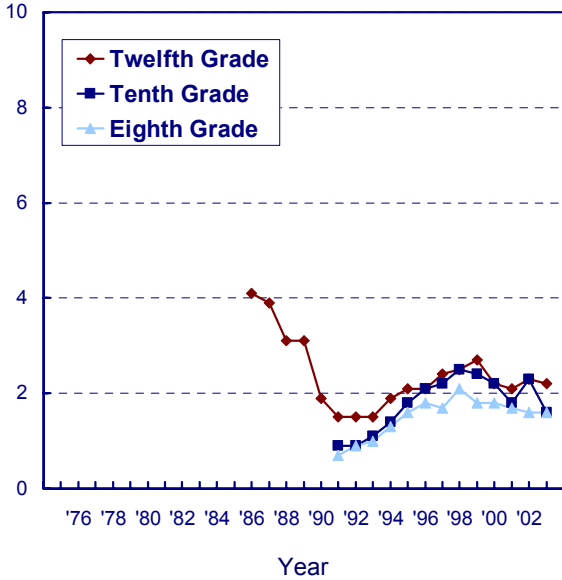
NOTE: The distinction between crack cocaine and other forms of cocaine (mostly powder) was not made until the middle of the life of the study. The charts on the facing page begin their trend lines when these distinctions were introduced for the different types of measures. Charts are not presented here for the “other forms of cocaine” measures, simply because the trend curves look extremely similar to those for crack. (All the statistics are contained in the tables presented later.) The absolute levels of use, risk, etc., are somewhat different, but the trends are very similar. Usage levels tend to be higher for cocaine powder compared to crack, the levels of perceived risk a bit lower, while disapproval and availability are quite close for the two different forms of cocaine.

# Crack: Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

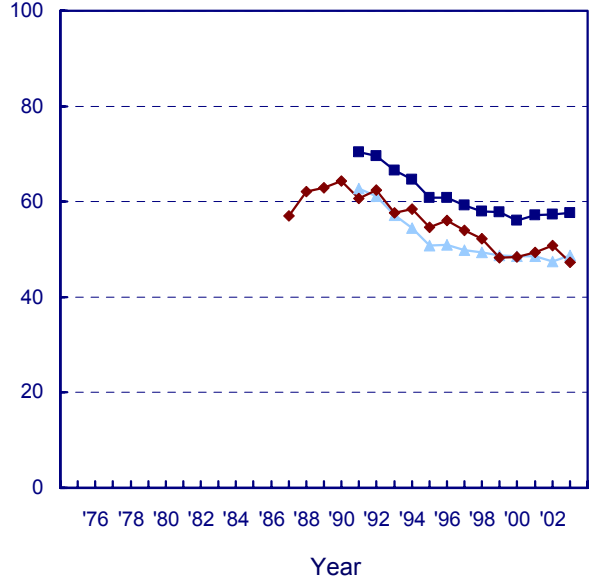
### Use

% who used in last twelve months



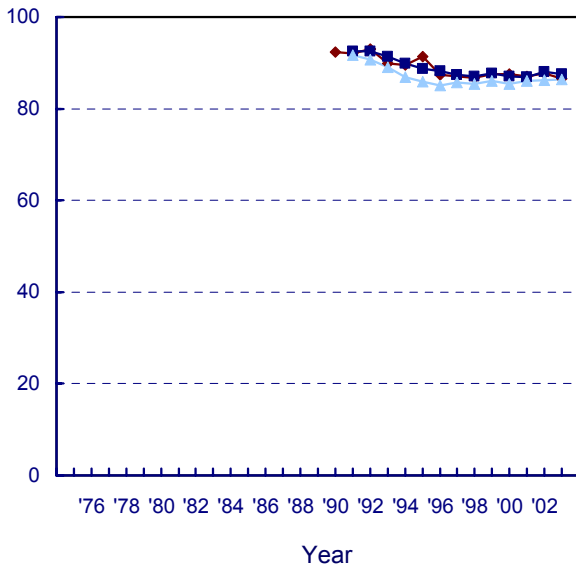
### Risk

% seeing "great risk" in using once or twice



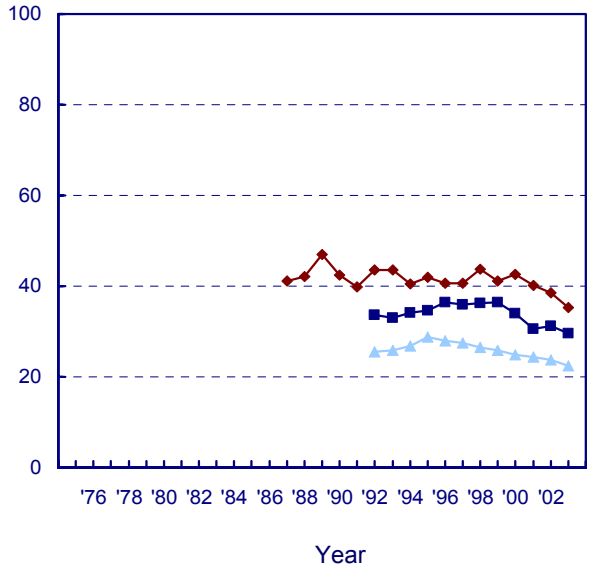
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get



# Amphetamines

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Amphetamines, a class of psychotherapeutic stimulants, have had a relatively high prevalence of use in the youth population for many years. The behavior reported here is supposed to exclude any use under medical supervision. Amphetamines are controlled substances—they are not supposed to be bought or sold without a doctor’s prescription—but some are diverted from legitimate channels, and some are manufactured and/or imported illegally.

## Trends in Use

The use of amphetamines rose in the last half of the 1970s, reaching a peak in 1981—two years after marijuana use peaked. We believe that the usage rate reached in 1981 (annual prevalence of 26%) may have been an exaggeration of true amphetamine use, because “look-alikes” were in common use at that time. After 1981 a long and steady decline in use by 12th graders began and did not end until 1992.

As with many other illicit drugs, amphetamines made a comeback in the 1990s, with annual prevalence starting to rise by 1992 among 8th graders and by 1993 among 10th and 12th graders. Use peaked in the lower two grades by 1996 and in 12th grade by 1997. Since those peak years, use declined steadily in 8th grade, sporadically in 10th grade, and not until 2003 in 12th grade.

## Perceived Risk

Only 12th graders are asked questions about the amount of risk they associate with amphetamine use or about their disapproval of that behavior. Overall, changes in perceived risk have been less strongly correlated with changes in usage levels (at the aggregate level) for this drug than for a number of others, although the expected inverse association pertained during much of the period 1975-2001. There was decrease in risk during the period 1975-

1981 (when use was rising), some increase in risk in 1986-1991 (when use was falling), and some decline in perceived risk from 1991 to 1995 (in advance of use rising again). But in the interval 1981-1986, risk was quite stable even though use fell considerably. Because those are the years of peak cocaine use, it seems likely that some of the decline in amphetamine use in the 1980s was not due to a change in attitudes specific to that drug but rather due to some displacement by another stimulant—cocaine. Perceived risk has been rising in the past several years, possibly accounting for the decline in use that occurred in 2003 among 12th graders.

## Disapproval

Relatively high proportions of 12th graders have disapproved of even trying amphetamines throughout the life of the study (between 70% and 87%). Disapproval did not change in the late 1970s, despite the increase in use, although there seemed to be a one-year drop in 1981. From 1981 to 1992, disapproval rose gradually from 71% to 87% as use steadily declined. Disapproval then fell back about 6 or 7 percentage points in the next couple of years (as use rose), before stabilizing. It has increased some since 2001.

## Availability

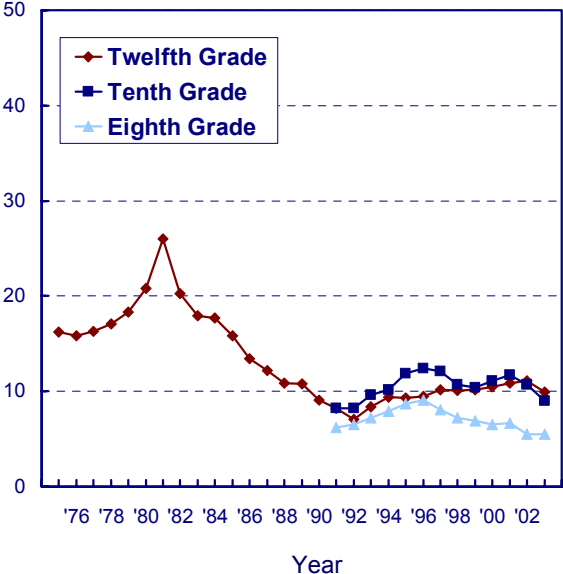
When the study started in 1975, amphetamines had a high level of reported availability. The level fell by about 10 percentage points by 1977, drifted up a bit through 1980, jumped sharply in 1981, and then began a long, gradual decline through 1991. There was a modest increase in availability at all three grade levels in the early 1990s, followed by some decline in the mid-1990s and stability after 1997. Some further decline was observed in the last year or two in all three grades.

# Amphetamines: Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, Twelfth Graders

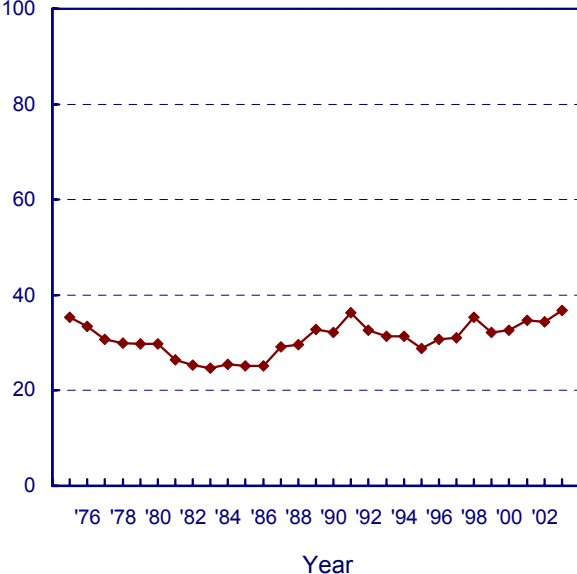
### Use

% who used in last twelve months



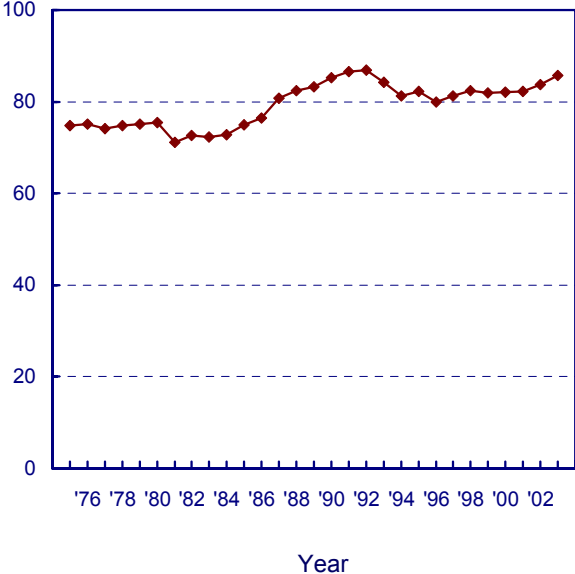
### Risk

% seeing "great risk" in using once or twice



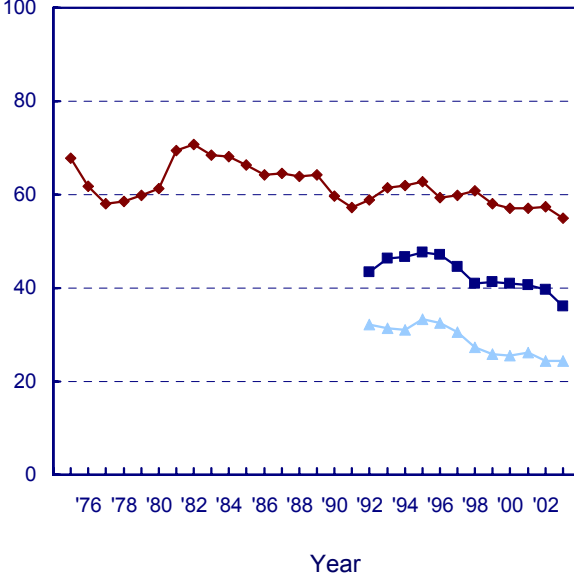
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get





## Methamphetamine and Ice

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One subclass of amphetamines is called methamphetamine. This subclass (at one time called “speed”) has been around for a long time and gave rise to the phrase “speed kills” in the 1960s. Probably because of the reputation it got at that time as a particularly dangerous drug, it was not very popular for a long time. As a result, we did not even include a full set of questions about its use in the study’s questionnaires. One form of methamphetamine, crystal methamphetamine or “ice,” grew in popularity in the 1980s. It comes in crystallized form, as the name implies, and the chunks can be heated and the fumes inhaled, much like crack cocaine.

### Trends in Use

For most of the life of the study the only question about methamphetamine use has been contained in a single 12th-grade questionnaire form. Respondents who indicated using *any* type of amphetamines in the prior 12 months were asked in a sequel question to check on a prespecified list which types they had used during that period. “Methamphetamine” was one type on the list, and data exist on its use since 1976. In 1976, annual prevalence was 1.9%; it then rose to 3.7% by 1981 (the peak year), before declining for a long period of time to 0.4% by 1992. It then rose again in the 1990s, reaching 1.3% by 1998, before declining to 0.9% in 1999 and then rising to 1.9% by 2003. In other words, it followed a cross-time trajectory fairly similar to that for amphetamines as a whole.

In 1990, in the 12th-grade questionnaires only, we introduced our usual set of three questions (lifetime, annual, and 30-day use). Among 12th graders, 1.3% indicated any crystal methamphetamine (“ice”) use in the prior year, a figure that climbed to 3.0% by 1998, followed by a

decline to 2.2% by 2000. It was 2.5% in 2001 and 2.0% in 2003. This variable is shown in the first facing panel.

Responding to the growing concern about methamphetamine use in general—not just crystal methamphetamine use—we added a full set of three questions about the use of any methamphetamine to the 1999 questionnaires for all three grade levels. These questions yield a somewhat higher annual prevalence for 12th graders: 4.3% in 2000, compared to the sum of the crystal meth and methamphetamine answers in the other question format, which totaled 2.8%. It would appear, then, that the long-term method we had been using for tracking methamphetamine use probably yielded an understatement of the *absolute prevalence* level, perhaps because some proportion of methamphetamine users did not correctly categorize themselves initially as amphetamine users (even though methamphetamine was given as one of the examples of the amphetamines). We think it unlikely that the *shape* of the trend curve was distorted, however.

The newer questions show fairly high levels of methamphetamine use: annual prevalence rates in 2003 of 2.5%, 3.3%, and 3.2% for 8th, 10th, and 12th graders, respectively. Still, these levels are down some from 1999 in all three grade levels (not statistically significant), as can be seen in Table 2.

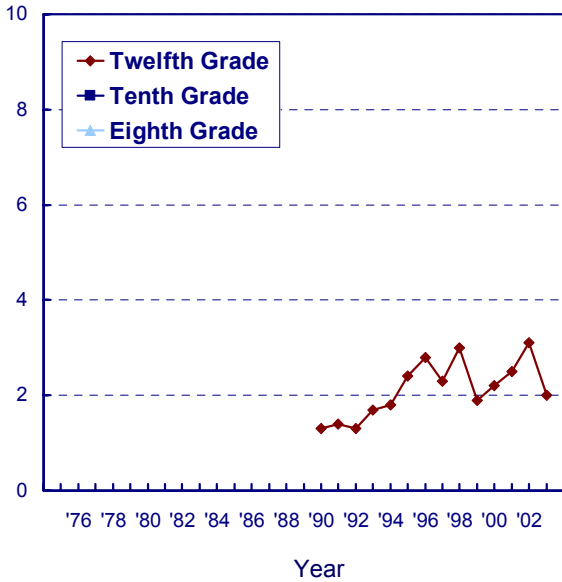
### Other Measures

No questions have yet been added to the study on perceived risk, disapproval, or availability with regard to overall methamphetamine use. Data on perceived risk and availability for *crystal* methamphetamine, specifically, may be found on the facing page.

# Ice: Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, Twelfth Graders

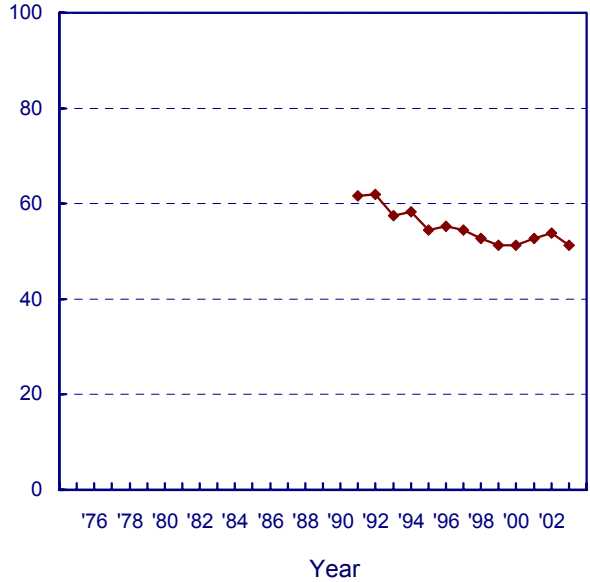
## Use

% who used in last twelve months



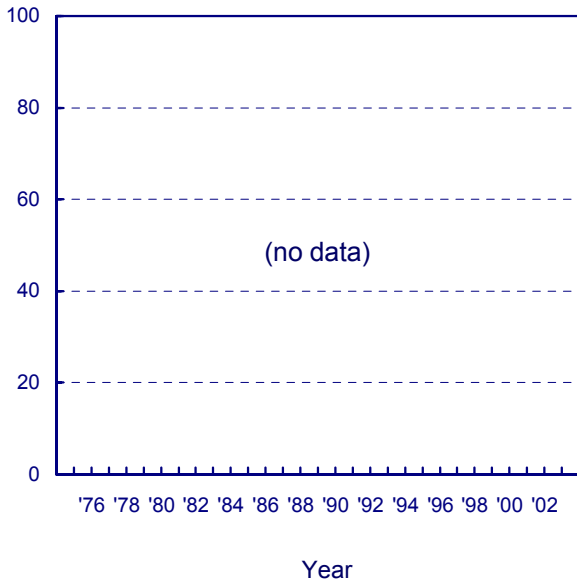
## Risk

% seeing "great risk" in using once or twice



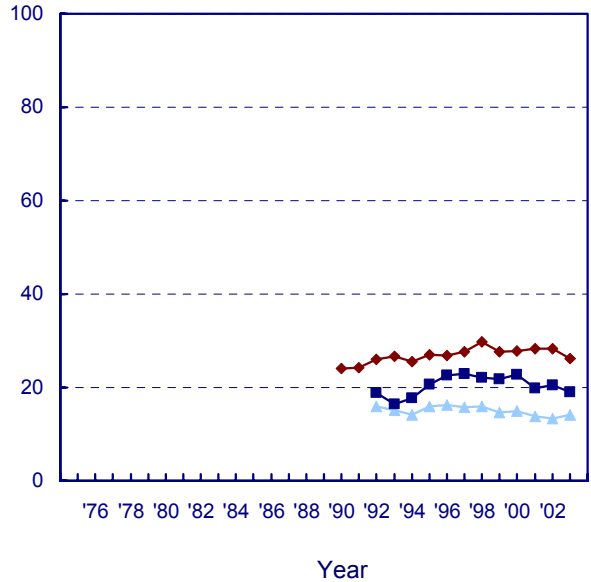
## Disapproval

% disapproving of using once or twice



## Availability

% saying "fairly easy" or "very easy" to get



# Heroin

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Heroin, a derivative of opium, was taken for many decades primarily by means of injection into a vein. However, in the 1990s the purity of available heroin reached very high levels, making other modes of administration (like snorting and smoking) practical alternatives to injection. Therefore, in 1995 we introduced questions that asked separately about using heroin with and without a needle so that we might see to what extent use without injection helped to explain the upsurge in use then occurring. The usage statistics presented on the facing page are based on heroin use by any method, but data on the two types of administration are contained in the tables at the end of this report.

## Trends in Use

The annual prevalence of heroin use among 12th graders fell by half between 1975 and 1979, from 1.0% to 0.5%. The rate then held amazingly steady for about 14 years. After about 1993, though, heroin use began to rise, and it rose substantially until 1996 (among 8th graders) or 1997 (among 10th and 12th graders). The prevalence rates roughly doubled at each grade level. Use then stabilized through 1999. In 2000 it declined significantly at 8th grade while rising significantly at 12th grade; but in 2001 annual prevalence declined significantly to 0.9% in both 10th and 12th grades. No systematic change has been observed since 2001.

The questions about use with and without a needle were not introduced until the 1995 survey, so they did not encompass much of the period of increasing use. Responses to these questions showed that by then about equal proportions of all users at 8th grade were using heroin by each of the two methods of ingestion, and some—nearly a third of the users—were using by both means. At 10th grade a somewhat higher proportion of all users took heroin by injection, and at 12th grade a higher proportion still. Much of the remaining increase in overall heroin use beyond 1995 occurred in the proportions using it *without* injecting, which we strongly suspect was true in the immediately

preceding period of increase, as well. Likewise, all of the decrease in use since 2000 has been due to decreasing use without injecting.

## Perceived Risk

Students have long seen heroin to be one of the most dangerous drugs, which no doubt helps to account both for the consistently high level of personal disapproval of use (see next section) and the quite low prevalence of use. There have been some changes in perceived risk levels over the years, nevertheless. Between 1975 and 1986, perceived risk gradually declined, even though use dropped and then stabilized in that interval. There was then an upward shift in 1987 (the same year that perceived risk for cocaine jumped dramatically) to a new level, where it held for four years. In 1992 risk dropped to a lower plateau again, a year or two before use started to rise. Perceived risk then rose again in the latter half of the 1990s, and use leveled off and subsequently declined. Based on the short interval for which we have such data from 8th and 10th graders, it may be seen that perceived risk rose among them between 1995 and 1997, foretelling an end to the increase in use. Note that perceived risk has served as a leading indicator of use for this drug, as well as for a number of others.

## Disapproval

There has been very little fluctuation in the very high disapproval levels for heroin use over the years, although what change there was in the last half of the 1990s was consistent with the concurrent changes in perceived risk and use.

## Availability

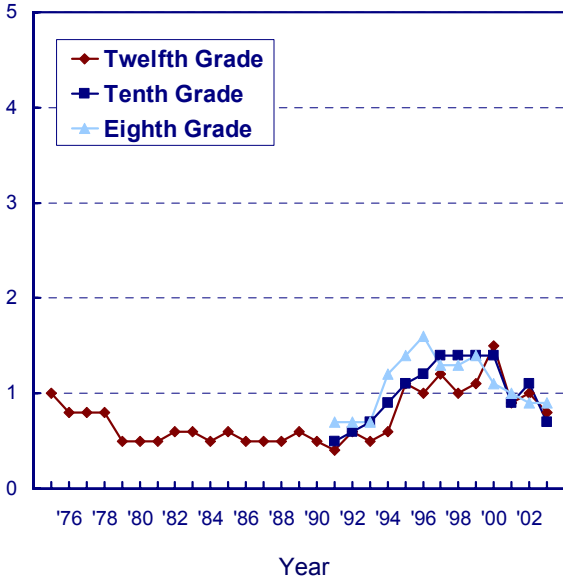
The proportion of 12th-grade students saying they could get heroin fairly easily if they wanted some remained around 20% through the mid-1980s; it then increased considerably from 1986 to 1992, before stabilizing at about 35%. At the lower grade levels, reported availability has been lower and has declined some since the mid-1990s. Since 1999, heroin availability declined slightly in all grades.

# Heroin: Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

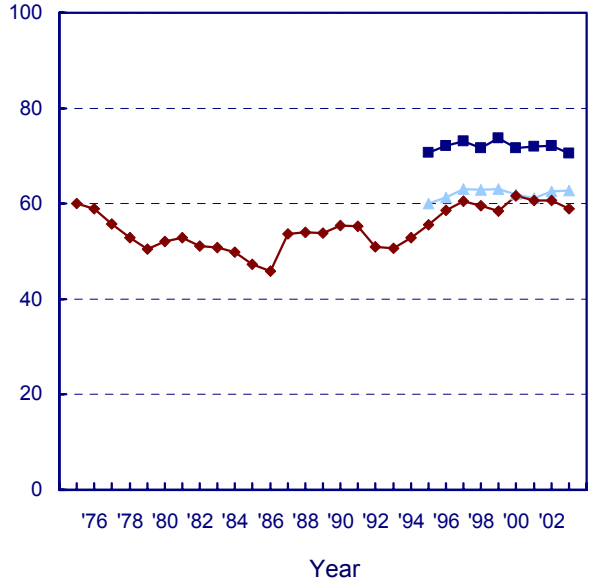
### Use

% who used in last twelve months



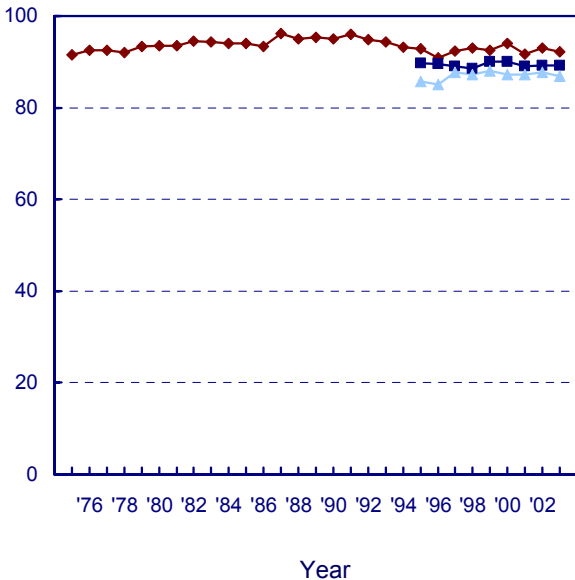
### Risk

% seeing "great risk" in using once or twice\*



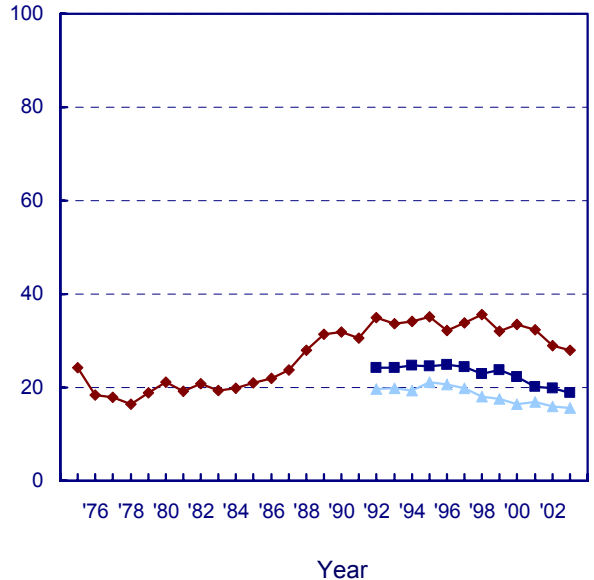
### Disapproval

% disapproving of using once or twice\*



### Availability

% saying "fairly easy" or "very easy" to get



\*Prior to 1995, the question asked about heroin use in general. Since 1995, the question has asked about heroin use without a needle.

# Tranquilizers

---

Tranquilizers constitute another class of psychotherapeutic drugs that are legally sold only by prescription, like amphetamines. They are central nervous depressants and for the most part are comprised of benzodiazepines (minor tranquilizers). Respondents are instructed to exclude any medically prescribed use from their answers. At present Valium and Xanax are the two most commonly used by students.

## Trends in Use

During the late 1970s and all of the 1980s, tranquilizers fell steadily from popularity, with use declining by three-quarters among 12th graders over the 15-year interval between 1977 and 1992. Their use then increased during the 1990s, along with many other drugs. Annual prevalence more than doubled among 12th graders, rising steadily through 2002 and not beginning to decline until 2003. Use also has been rising steadily among 10th graders, whose use began to decline some in 2002. Use peaked among 8th graders in 1996 and then declined for two years while climbing in the upper grades. Tranquilizer use has remained stable since then among the 8th graders, at considerably lower levels than the upper two grades.

## Perceived Risk

Data have not been collected on perceived risk, primarily due to questionnaire space limitations.

## Disapproval

Data have not been collected on disapproval, for the same reason.

## Availability

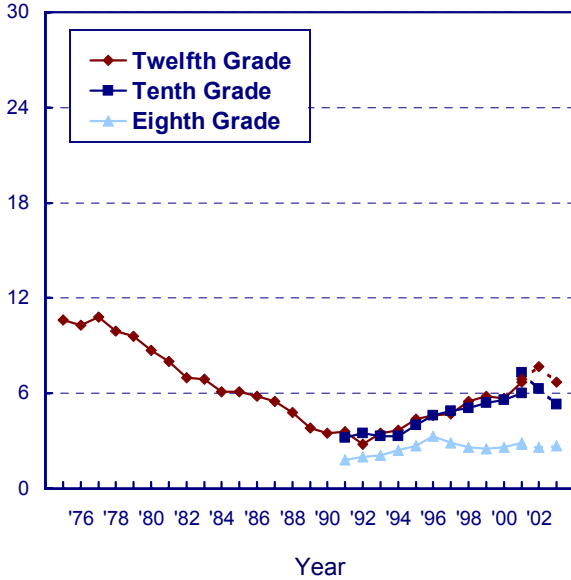
As the number of 12th graders reporting non-medically prescribed tranquilizer use fell dramatically during the 1970s and 1980s, so did the proportion saying that tranquilizers would be fairly easy to get. Whether declining use caused the decline in availability, or vice versa, is unclear. Perceived availability fell from 72% in 1975 to 33% in 1999, before leveling. Most of that decline occurred before the 1990s, although there was some further drop in the 1990s at all three grade levels, despite the fact that use rose some. In 2003 there was a further decline in availability in the two upper grades.

# Tranquilizers: Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, Twelfth Graders

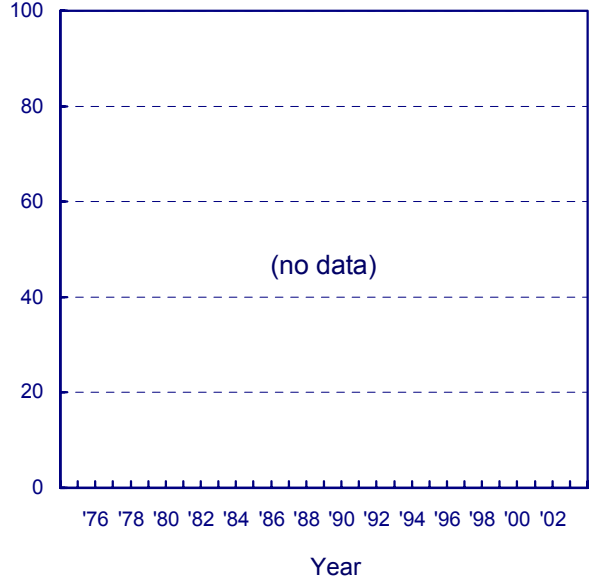
### Use

% who used in last twelve months\*



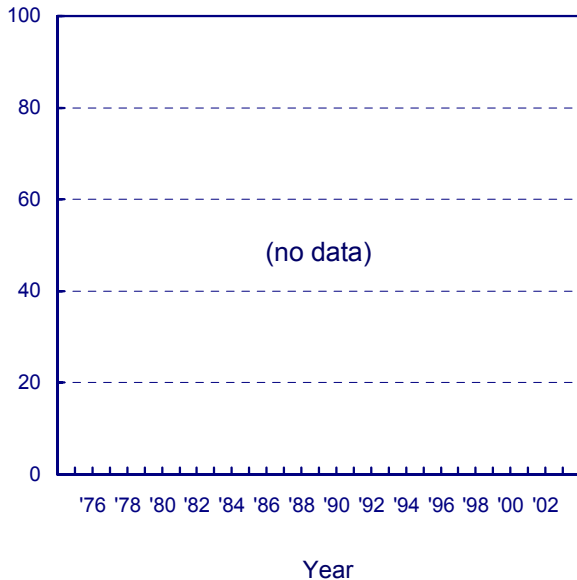
### Risk

% seeing "great risk" in using once or twice



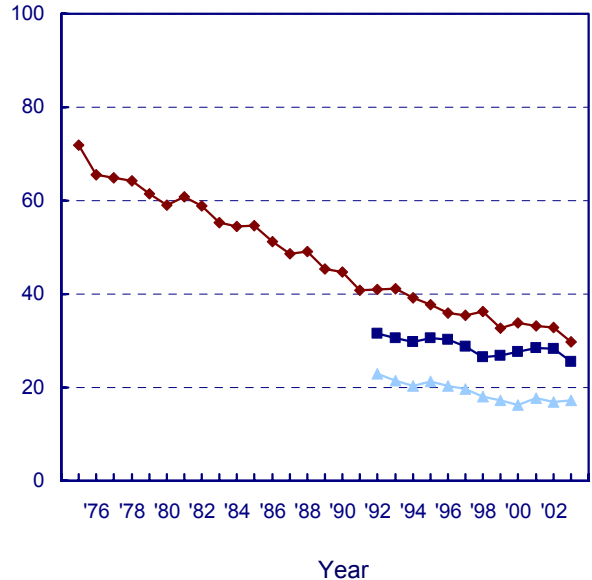
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get



\*Beginning in 2001 a revised set of questions on tranquilizer use was introduced, in which "Xanax" replaced "Miltown" in the list of examples. The dotted lines connect percentages that are based on data from the revised questions.

## Sedatives (Barbiturates)

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Like tranquilizers, barbiturate sedatives are prescription-controlled psychotherapeutic drugs that are central nervous system depressants. They are used to assist sleep and to relieve anxiety.

Though respondents are asked specifically about their use of barbiturate sedatives, they may be including other classes of sedatives in their answers. They are instructed to exclude from their answers any use that occurred under medical supervision. Usage data are reported only for 12th graders because we believe that students in the lower grades tend to overreport use, perhaps including their use of nonprescription sleep aids or other over-the-counter drugs.

### Trends in Use

Like tranquilizers, the use of sedatives (barbiturates) fell in popularity rather steadily among 12th graders from the mid-1970s through the early 1990s. From 1975 to 1992, use fell by three-fourths, from 10.7% annual prevalence to 2.8%. Usage rates then had a gradual, long-term resurgence after 1992, not leveling until 2003 (at 6.0%).

A specific sedative, methaqualone, has been included in the study from the beginning. In 1975 methaqualone use was about half the level of barbiturate use. Its use also declined steadily from 1981, when annual prevalence was 7.6%, through 1993, when annual prevalence reached the negligible level of 0.2%. Use increased some for a couple of years, reaching 1.1% in 1996, where it remained through 1999. Use then dropped to 0.6% by 2003.

### Perceived Risk

Trying sedatives (barbiturates) was never seen by most students as very dangerous, and it is clear from the second facing panel that perceived risk cannot do much to explain the trends in use that occurred through 1986, at least. Perceived risk actually declined a bit between 1975 and 1986—an interval in which use also was declining. But then perceived risk shifted up some through 1991, consistent with the fact that use was still falling. It dropped back some through 1995, as use was increasing, and then remained relatively stable for a few years. Risk increased gradually in the past few years, which may help account for the leveling in use in 2003.

### Disapproval

Like many of the illicit drugs other than marijuana, sedatives (barbiturates) have received the disapproval of the great majority of high school graduating classes since 1975, although there have been some changes in level. Those changes have been consistent with the changes in actual use observed. Disapproval of using these drugs once or twice rose from 78% in 1975 to a high of 91% in 1990, where it held for two years. Then disapproval eroded a bit to 86% by 2000 during a period of increasing use. It remained about there in 2001, before rising slightly in 2002 and 2003.

### Availability

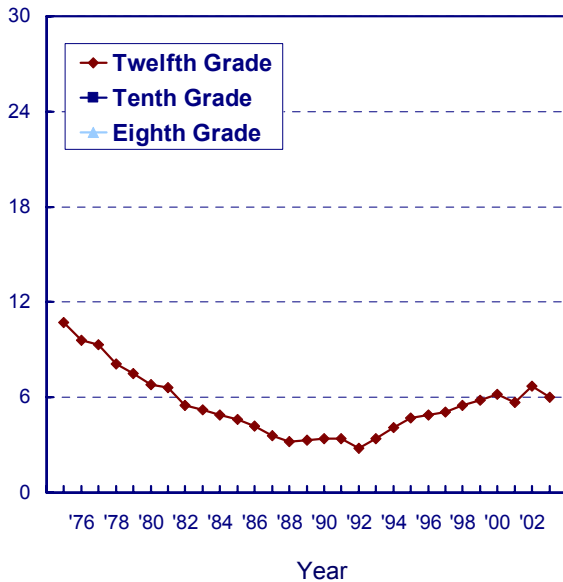
As the fourth facing panel shows, the availability of sedatives (barbiturates) has generally been declining during most of the life of the study, except for one shift up that occurred in 1981.

# Sedatives (Barbiturates): Trends in Annual Use, Risk, Disapproval, and Availability

## Eighth, Tenth, Twelfth Graders

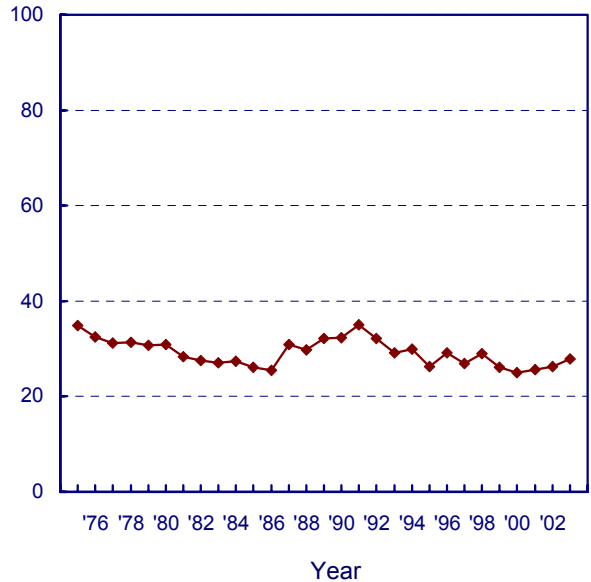
### Use

% who used in last twelve months



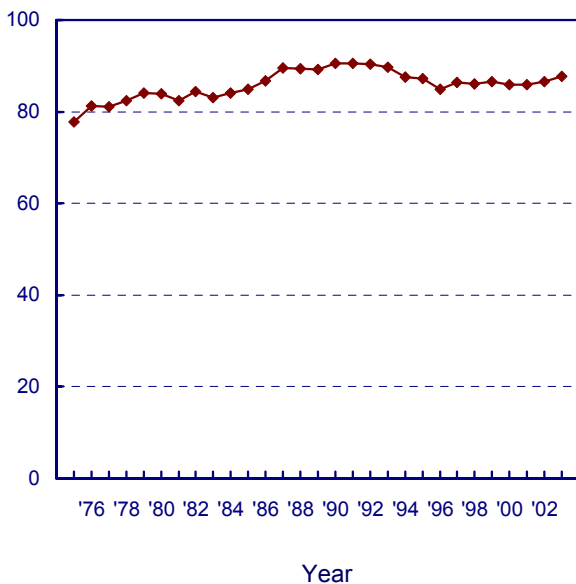
### Risk

% seeing "great risk" in using once or twice



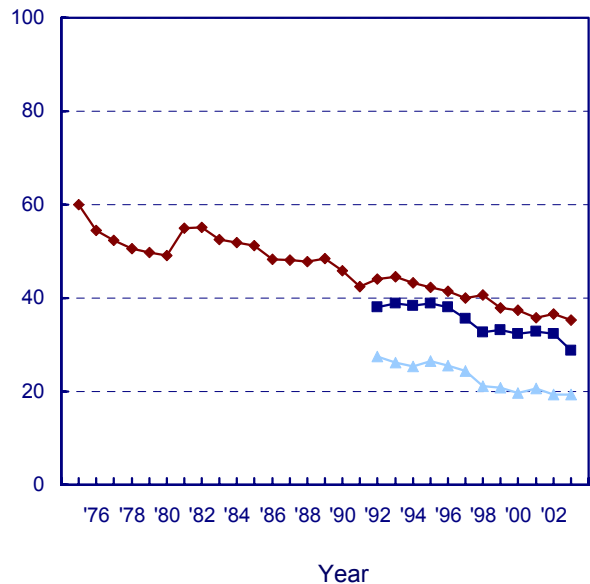
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get





## Ecstasy and Other “Club Drugs”

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There are a number of “club drugs,” so labeled because they have been popular at night clubs and “raves.” They include LSD, MDMA (“ecstasy”), methamphetamine, GHB (gammahydroxybutyrate), ketamine (“special K”), and Rohypnol. We deal here primarily with ecstasy, Rohypnol, ketamine, and GHB, because LSD and methamphetamine have already been discussed.

Rohypnol and GHB, both of which can induce amnesia of events while under the influence, also have been labeled “date rape drugs.” The annual prevalence of **GHB** use in 2003 was 0.9%, 1.4%, and 1.4% in grades 8, 10, and 12, and the annual prevalence of **ketamine** use was 1.1%, 1.9%, and 2.1%. Both have shown little change since they were first measured in 2000 (see Table 2).

**Rohypnol** was added to the survey in 1996, and low levels of use were reported—around 1% in all three grade levels. Use at 8th grade began falling immediately after 1996 and by 1999 had fallen by half. In the upper two grades, use first rose for a year or two before beginning to fall back to its original level by 1999. There has been rather little systematic change since then. Limitations on questionnaire space precluded asking about perceived risk, disapproval, or availability.

### Trends in Ecstasy Use

**Ecstasy** is actually a form of methamphetamine but is used more for its mildly hallucinogenic properties. Questions about the use of MDMA, or ecstasy, were added to the surveys of secondary school students in 1996. (We have had questions on this drug since 1991 in the questionnaires answered by college students and young adults through age 30. Their results showed ecstasy use beginning to rise above trace levels in 1995 and continuing to rise at least through 2001 for young adults.)

Annual prevalence of ecstasy use in 10th and 12th grades in 1996 was 4.6%—actually considerably higher than among college students and young adults at that point—but it fell in both grades over the next two years. Use then rose sharply in both grades in 1999 through 2001, bringing annual prevalence up to 6.2% among 10th graders and

9.2% among 12th graders. In 2000 and 2001 use also began to rise among 8th graders, to 3.5%. In 2002, use decreased by about 20% in all three grades, although only the 10th-grade decreases were significant.<sup>7</sup> In 2003 there were again drops in all three grades. The first panel shows that the increase decelerated in 2001 and then reversed in 2002.

### Perceived Risk and Disapproval

The charts on the facing page show little change in 12th graders’ perceived risk of ecstasy until 2001, when it jumped by 8 percentage points. In 2002 perceived risk again rose, by 7 percentage points. Significant increases in perceived risk occurred again in 2003 for all three grades. This very sharp rise likely explains both the deceleration and the turnaround in use.

Disapproval of ecstasy use had been declining slightly since 1998 but increased significantly in all three grades in 2002. The significant increases in disapproval continued in 2003 for 8th and 10th graders. Twelfth graders’ disapproval also increased some, but the change was not significant.

### Availability

The charts also show a dramatic rise in 12th graders’ perceived availability of ecstasy since 1991—particularly in the years 2000 and 2001. The rise halted in 2002. Special analyses show that this drug was still diffusing to communities in 2001, possibly explaining why use continued to rise that year despite the sharp increase in perceived risk. Despite the fact that diffusion continued into 2002, use declined, almost surely due to the sharp increase in perceived risk. In 2003 availability decreased for all three grades, although only the decrease among 10th graders was significant.

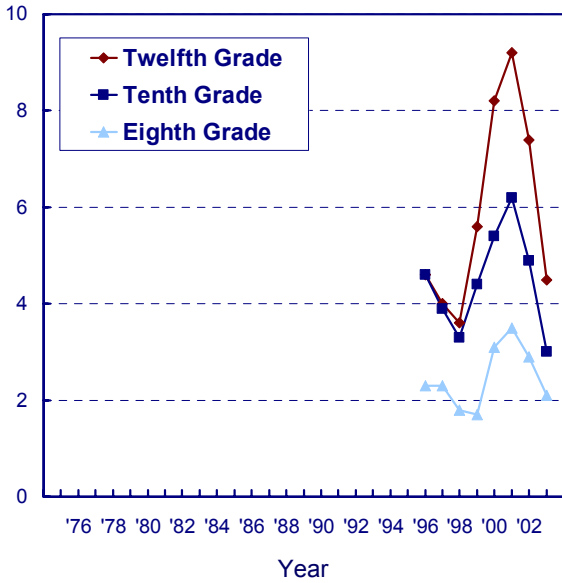
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<sup>7</sup>The 2000-2001 increases in use were not statistically significant for individual grades but were significant across the three grades combined. Thirty-day prevalence showed a less consistent pattern of change in 2001, reflecting a turnaround in use in 12th grade, which continued in 2002. The 2001-2002 decreases in use were significant for 10th grade only but were significant across the three grades combined.

# MDMA (Ecstasy): Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, and Twelfth Graders

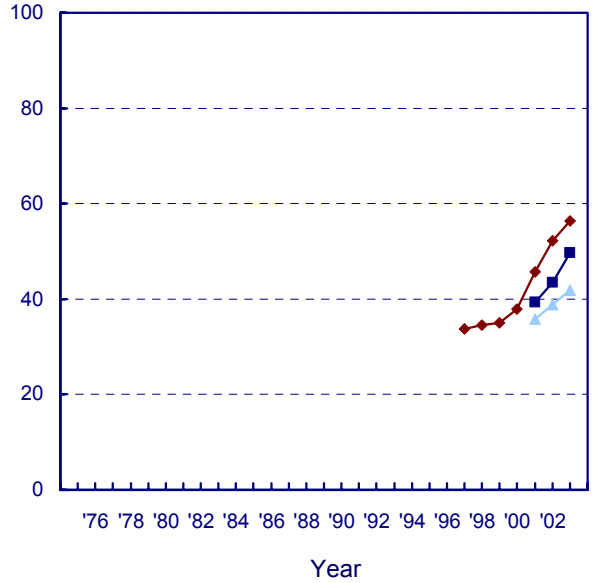
## Use

% who used in last twelve months



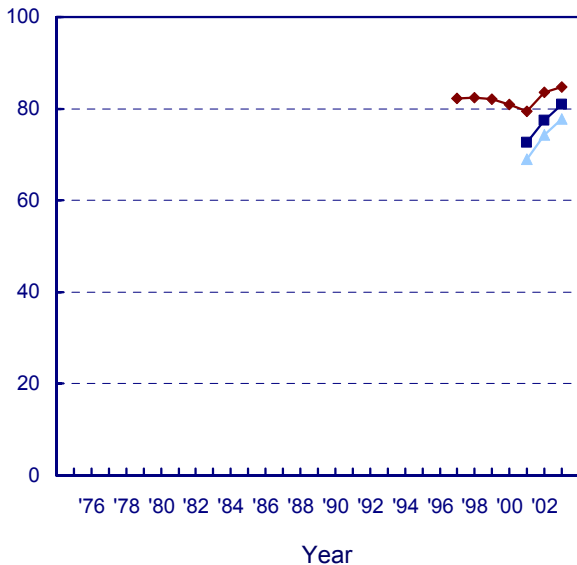
## Risk

% seeing "great risk" in using once or twice



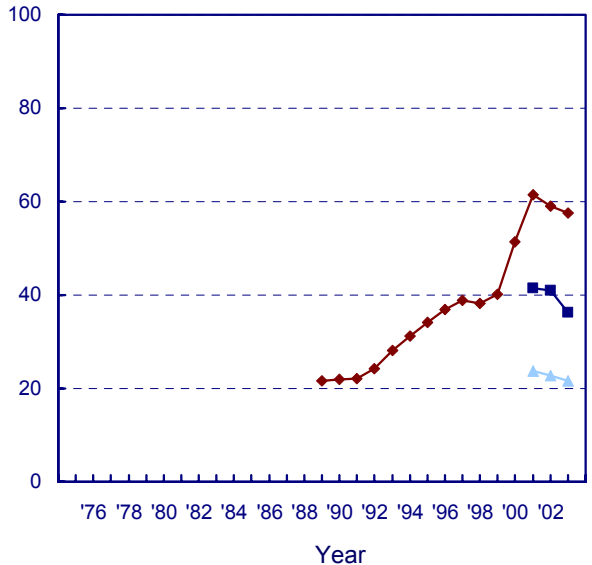
## Disapproval

% disapproving of using once or twice



## Availability

% saying "fairly easy" or "very easy" to get



# Alcohol

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Alcoholic beverages—which include beer, wine, wine coolers, and hard liquor—have been among the most widely used substances by American young people for a very long time.<sup>8</sup> In 2003 the proportions of 8th, 10th, and 12th graders who admitted drinking an alcoholic beverage in the 30-day period prior to the survey were 20%, 35%, and 48%, respectively. We have a number of measures of alcohol use, all of which are contained in the tables at the end of this report. Here we focus on the pattern of alcohol consumption that probably is of the greatest public health concern—episodic heavy drinking, or what we have called “binge drinking” for short. It is measured in this study by the reported number of occasions on which the respondent had five or more drinks in a row during the prior two-week interval. We present the prevalence of such binge drinking behavior in the first panel.

## Trends in Use

Among 12th graders, binge drinking reached its peak at about the time that overall illicit drug use did, in 1979. It held steady for a few years and then declined substantially from 41% in 1983 to a low of 28% in 1992 (also the low point of *any illicit drug* use). This was an important improvement—a drop of almost one-third in binge drinking. Although illicit drug use rose considerably in the 1990s in proportional terms, binge drinking rose by only a small fraction—about 4 percentage points among the 12th graders—between 1992 and 1998. There was some upward drift between 1991 (13%) and 1996 (16%) among 8th graders and between 1992 (21%) and 1999 (26%) among 10th graders. In the years following those recent peaks, there was only a slight decline in use in all three grades until 2002, when it dropped appreciably in all three grades (as did self-reported drunkenness in the past 30 days). Use declined again in 2003, but only slightly.

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<sup>8</sup>In 2003 a single question was added to one of the 12th-grade questionnaire forms about a fairly new class of alcoholic beverage—flavored alcoholic beverages or “alcopops”—to determine the extent of use. The annual prevalence of use among 12th graders was 56%. As a result of this high rate of use, the normal set of questions covering all three prevalence periods will be added in all grades beginning in 2004.

One point to note in these findings is that there is no evidence of any “displacement effect” in the aggregate between alcohol and marijuana—a hypothesis frequently heard. The two drugs have moved much more in parallel over the years than in opposite directions.

## Perceived Risk

For most of the study the majority of 12th graders have not viewed binge drinking on weekends as carrying a great risk (see panel two). There was, however, a fair-sized increase in this measure between 1982, when it was 36%, and 1992, when it reached 49%. There then followed a modest decline to 43% by 1997, before it stabilized. It now stands at 44%. With the exception of 2002, these changes track fairly well the changes in actual binge drinking. We believe that the public service advertising campaigns in the 1980s against drunk driving, in general, as well as those that urged use of designated drivers when drinking, may have contributed to the increase in perceived risk of binge drinking. As we have published elsewhere, drunk driving by 12th graders declined during that period by an even larger proportion than did binge drinking.

## Disapproval

Disapproval of weekend binge drinking moved fairly parallel with perceived risk, suggesting that increasingly such drinking (and very likely the drunk-driving behavior often associated with it) became unacceptable in the peer group. Note that the rates of disapproval and perceived risk for binge drinking are higher in the lower grades than in 12th grade. In 2002 disapproval rose as use declined, but both measures leveled in 2003.

## Availability

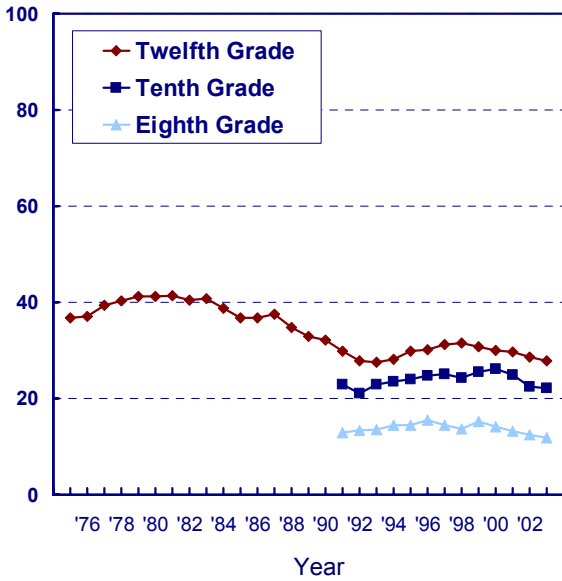
Perceived availability of alcohol, which until 1999 was asked only of 8th and 10th graders, has been very high and mostly steady in the 1990s, although there has been significant decline in 8th grade (particularly) and 10th grade since 1996. For 12th grade, availability has remained at a very high level (about 95%).

# Alcohol: Trends in Binge Drinking, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

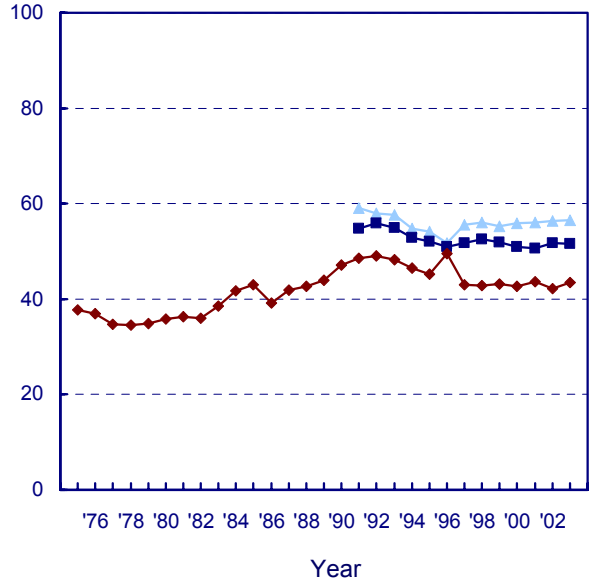
### Use

% who had 5+ drinks in a row  
in previous two weeks



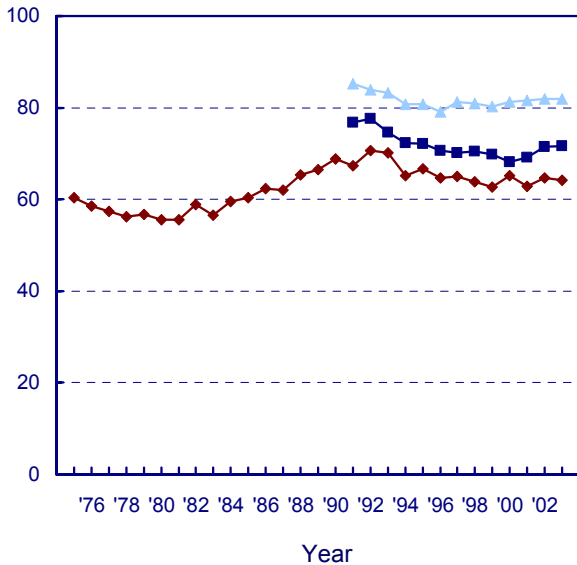
### Risk

% seeing "great risk" in having 5+ drinks in a row  
once or twice each weekend



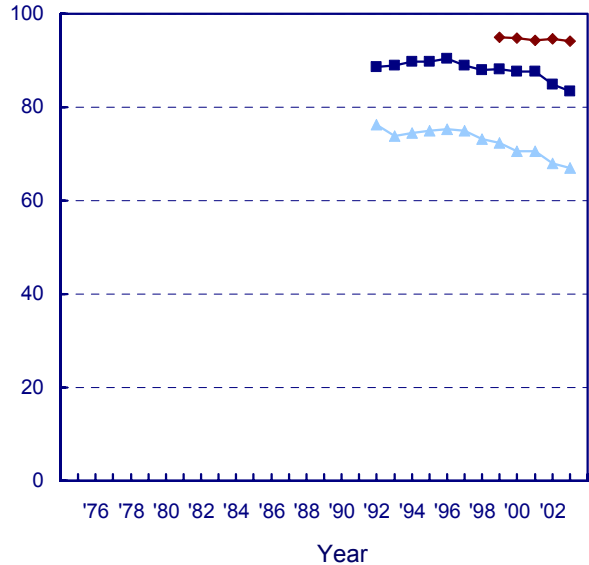
### Disapproval

% disapproving of having 5+ drinks in a row  
once or twice each weekend



### Availability

% saying "fairly easy" or "very easy"  
to get alcohol



# Cigarettes

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The greatest preventable cause of disease and mortality in the United States is cigarette smoking. At current rates of smoking, this statement surely remains true for these newer cohorts of young people.

## Trends in Use

Differences in smoking rates between different birth cohorts (or, in this case, school class cohorts) tend to stay with those cohorts throughout the life cycle. This means that it is critical to prevent smoking very early. It also means that the trends in a given historical period may differ across different grade levels, as changes occurring earlier in adolescence work their way up the age spectrum.

Among 12th graders, 30-day prevalence of smoking reached a peak in 1976, at 39%. (The peak likely occurred considerably earlier for lower grade levels, as these same class cohorts passed through them in previous years.) There was about a one-quarter drop in 30-day prevalence between 1976 and 1981, when the rate reached 29%, a level at which it remained for more than a decade, until 1992 (28%).

In the 1990s, smoking began to rise sharply, starting in 1992 among 8th and 10th graders and in 1993 among 12th graders. Over the next four to five years, smoking rates increased by about one-half in the lower two grades and by almost one-third in grade 12—very substantial increases. Smoking peaked in 1996 for 8th and 10th graders and in 1997 for 12th graders, before beginning a decline that continued in 2003. Since those peak levels in the mid-1990s, 30-day prevalence of smoking has declined by 51% in 8th grade, 45% in 10th, and 33% in 12th. It is noteworthy, however, that this important decline in adolescent smoking is clearly decelerating in the lower grades.

## Perceived Risk

Among 12th graders, the proportion seeing great risk in pack-a-day smoking rose before and during

some of the time during which use first declined. It leveled in 1980 (before use leveled), declined a bit in 1982, but then started to rise again gradually for five years. (It is possible that cigarette advertising efficiently offset the effects of rising perceptions of risk during that five-year period.) Perceived risk fell some in the early 1990s at all three grade levels as use increased sharply; but after 1995 perceived risk began to climb in all three grades (coincident with use starting to decline in grades 8 and 10 but a year before it started to decline in 12th grade). Since 2000, perceived risk has pretty much leveled in all grades, perhaps helping to explain the approaching leveling in use. Note the considerable disparity of the degrees of perceived risk among grade levels. For some years, only around 50% of 8th graders saw great risk in pack-a-day smoking.

## Disapproval

Disapproval rates for smoking have been fairly high throughout the study and, unlike perceived risk, are higher in the lower grade levels. Among 12th graders there was a gradual increase in disapproval of smoking from 1976 to 1986, a slight erosion over the following five years, then a steeper erosion from the early 1990s through 1997. Since 1997, disapproval has been increasing among 12th graders. In the two lower grades a decline in disapproval occurred between 1991 and 1996, corresponding to the period of sharply increasing use. Since those low points, there was a steady increase in disapproval in all grades until 2003, when disapproval leveled. (We measure a number of other attitudes related to smoking, and these were becoming more negative, as well.)

## Availability

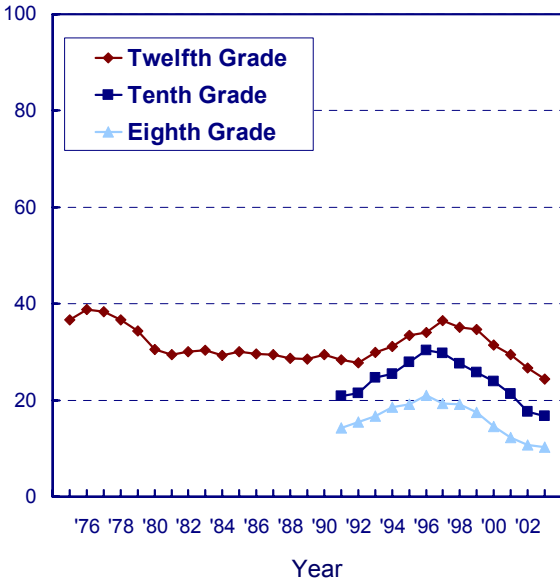
Availability of cigarettes is reported as very high by 8th and 10th graders. (We do not ask the question of 12th graders, for whom we assume accessibility to be nearly universal.) Since 1996 availability has been steadily declining, especially among the 8th graders, although the 8th graders' reports of availability declined only a little in 2003.

# Cigarettes: Trends in 30-Day Use, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

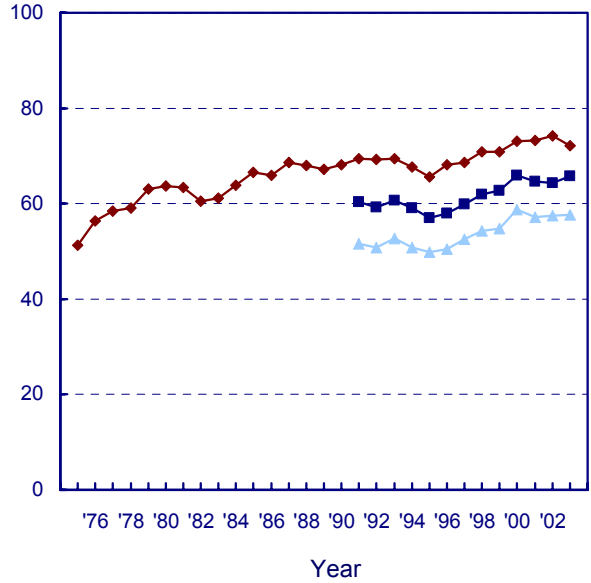
### Use

% who used in past 30 days



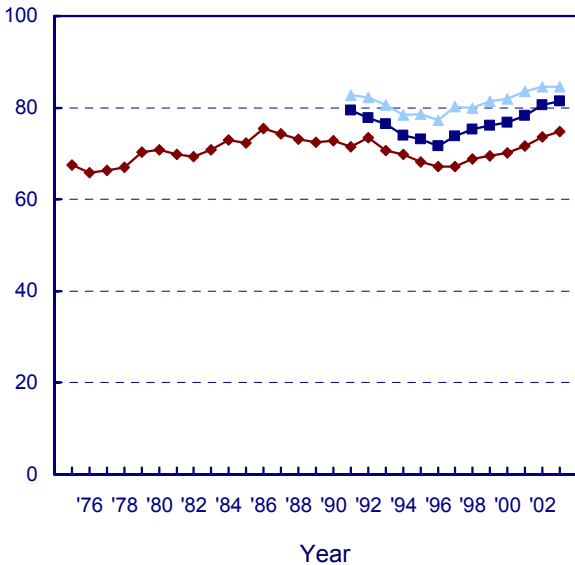
### Risk

% seeing "great risk" in smoking a pack or more per day



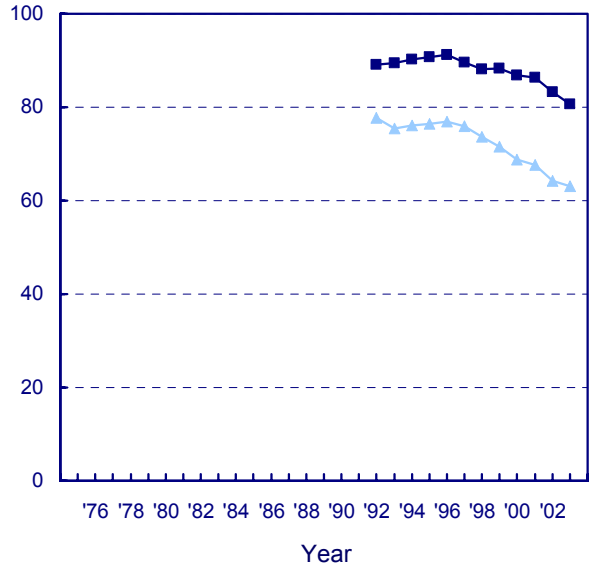
### Disapproval

% disapproving of smoking a pack or more per day



### Availability

% saying "fairly easy" or "very easy" to get



## Smokeless Tobacco

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Smokeless tobacco comes in two forms: “snuff” and “chew.” Snuff is finely ground tobacco usually sold in tins, either loose or in packets. It is held in the mouth between the lip or cheek and gums. Chew is a leafy form of tobacco, usually sold in pouches. It too is held in the mouth and may, as the name suggests, be chewed. In both cases, nicotine is absorbed by the mucous membranes of the mouth. Because smokeless tobacco stimulates saliva production, it is sometimes referred to as “spit” tobacco.

### Trends in Use

The use of smokeless tobacco by teens has been decreasing gradually from recent peak levels in the mid-1990s, and the overall declines have been substantial. Among 8th graders 30-day prevalence dropped from a 1994 peak of 7.7% to a low of 3.3% in 2002, increasing slightly in 2003 to 4.1%; 10th graders’ use is down from a 1994 peak of 10.5% to 5.3% in 2003; and 12th graders’ use decreased from a 1995 peak of 12.2% to 6.5% in 2002 and 6.7% in 2003. These reflect relative declines from peak levels of 45%-50%. One could say, more generally, that teen use of smokeless tobacco is down by about one-half from the peak levels reached in the mid-1990s.

Thirty-day prevalence of *daily* use of smokeless tobacco also has fallen gradually, but appreciably, in recent years. The daily usage rates in 2003 are 0.8%, 1.8%, and 2.2% in grades 8, 10, and 12. These are down by about a half from the peak levels recorded in the 1990s.

It should be noted that smokeless tobacco use among American young people is almost exclusively a male behavior. For example, among males the 30-day prevalence rates in 2003 are 6.7%, 9.6%, and 12.5% in grades 8, 10, and 12, respec-

tively, *versus* 1.8%, 1.3%, and 1.0% among females. The respective current *daily* use rates for males are 1.4%, 3.7%, and 4.6% compared to 0.2%, 0.1%, and 0.0% for females. There are some other important demographic differences as well. Use tends to be higher in the South than in other regions of the country, more concentrated in non-metropolitan areas than metropolitan ones, and negatively correlated with the education level of the parents. Use also tends to be much higher among White students than among African American or Hispanic students.

### Perceived Risk

The recent low point in the level of perceived risk for smokeless tobacco was 1995 in all three grades. Since 1995 there has been a gradual but substantial increase in proportions saying there is a great risk in using it regularly—among 8th graders, from 34% to 40% in 2003; and among 10th graders, from 38% to 48%. Among 12th graders, perceived risk increased from 33% in 1995 to 43% in 2003. It thus appears that one important reason for the appreciable declines in smokeless tobacco use during the latter half of the 1990s was the fact that an increasing proportion of young people were persuaded of the dangers of using it.

### Disapproval

Only 8th and 10th graders are asked about their personal disapproval of using smokeless tobacco regularly. The recent low points for disapproval in both grades were 1995 and 1996. Since 1996, disapproval has risen from 74% to 81% among 8th graders and from 71% to 79% among 10th graders.

### Availability

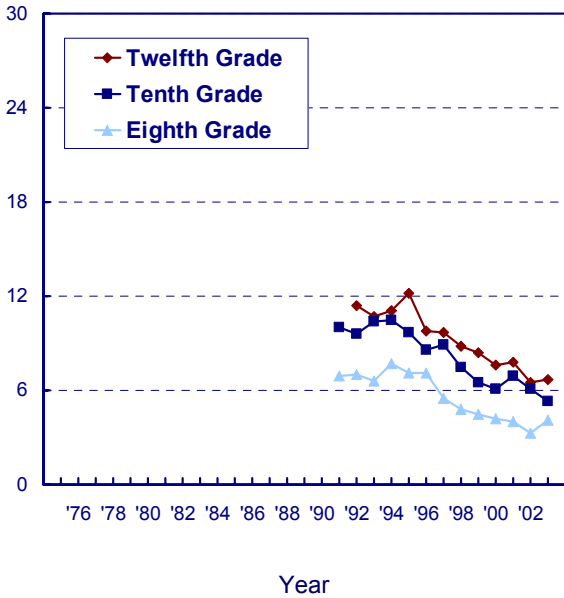
There are no questions in the study concerning the perceived availability of smokeless tobacco.

# Smokeless Tobacco: Trends in 30-Day Use, Risk, Disapproval, and Availability

## Eighth, Tenth, and Twelfth Graders

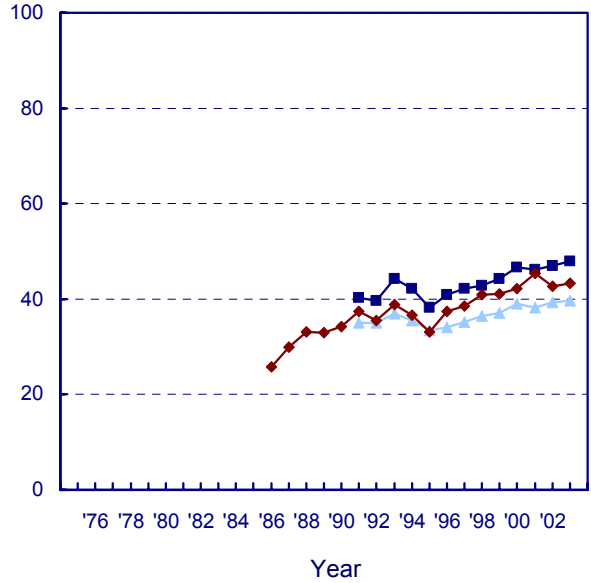
### Use

% who used in past 30 days



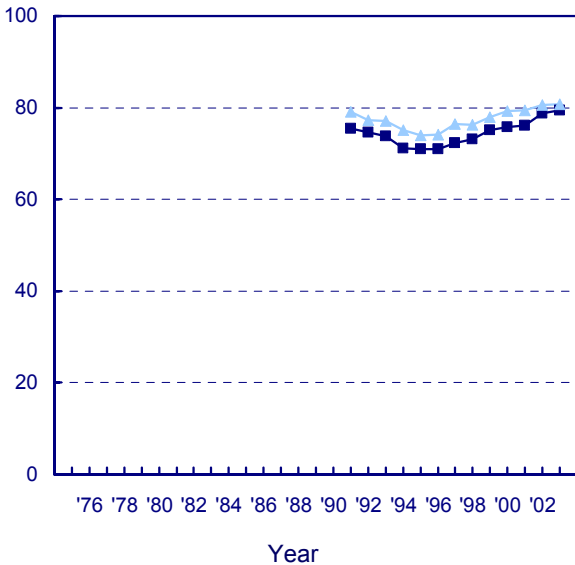
### Risk

% seeing "great risk" in using regularly



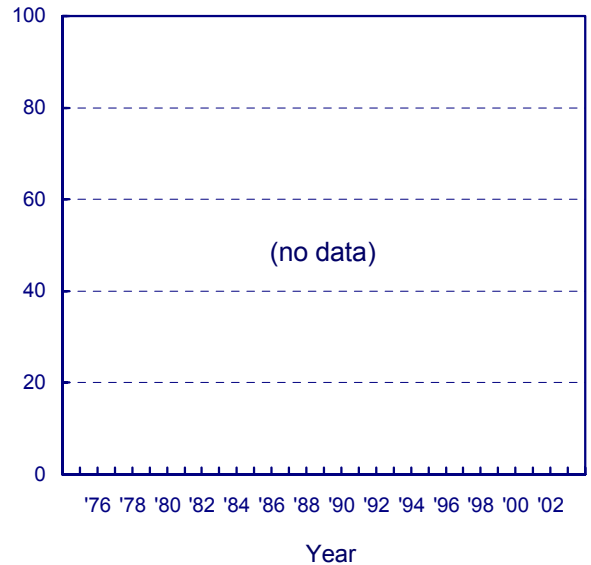
### Disapproval

% disapproving of using regularly



### Availability

% saying "fairly easy" or "very easy" to get





## Steroids

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Unlike all of the other drugs discussed in this volume, anabolic steroids are not usually taken for their psychoactive effects but rather for their physical effects on the body, in particular for their effects on muscle and strength development. They are similar to the other drugs studied here, though, in that they are controlled substances for which there is an illicit market and which can have adverse consequences for the user. Questions about their use were added to the study beginning in 1989. Respondents are asked: “Steroids, or anabolic steroids, are sometimes prescribed by doctors to promote healing from certain types of injuries. Some athletes, and others, have used them to try to increase muscle development. On how many occasions (if any) have you taken steroids on your own—that is, without a doctor telling you to take them...?”

### Trends in Use

Steroids are used predominately by males; therefore, data based on all respondents can mask the higher rates and larger fluctuations that occur among males. For example, in 2003 the annual prevalence rates were one-half to three times as high among males as among females. Boys’ annual prevalence rates were 1.8%, 2.3%, and 3.2% in grades 8, 10, and 12, compared with 1.1%, 1.1%, and 1.1% for girls.

Between 1991 and 1998 the *overall* annual prevalence rate was fairly stable among 8th and 10th graders, ranging between 0.9% and 1.2%. (See the first panel on the facing page.) In 1999, however, use jumped from 1.2% to 1.7% in 8th and 10th grades. Almost all of that increase occurred among boys (increasing from 1.6% in 1998 to 2.5% in 1999 in 8th grade and from 1.9% to 2.8% in 10th). In other words, the rates among boys increased by about 50% in a single year. Among 8th graders, steroid use has declined since then and is down to 1.4% in 2003. Among 10th graders use continued to increase, reaching 2.2% in 2002, but declined significantly to 1.7% in 2003.

In 12th grade there was a different trend story. With data going back to 1989, we can see that steroid use first fell from 1.9% overall in 1989 to

1.1% in 1992—the low point. From 1992 to 1999 there was a more gradual increase in use, reaching 1.7% in 2000. In 2001 use rose significantly among 12th graders to 2.4% (possibly reflecting the effect of the younger, heavier-using cohorts getting older). Use is down slightly, to 2.1%, in 2003.

### Perceived Risk

Perceived risk and disapproval were asked of 8th and 10th graders for only a few years, before the space was allocated to other questions. All grades seemed to have a peak in perceived risk around 1993. The longer-term data from 12th graders, however, show a 6 percentage-point drop between 1998 and 1999, another 4 percentage-point drop in 2000, and an additional 3 percentage-point drop by 2003 (to 55%, the lowest point ever). A change this sharp is quite unusual and highly significant, suggesting that some particular event (or events) in 1998 changed beliefs about the dangers of steroids, making them seem less risky. (It seems likely that there was at least as large a drop in the lower grades, as well, where the sharp upturn in use occurred that year.)

### Disapproval

Disapproval of steroid use has been quite high for some years. (Along with the high levels of perceived risk, disapproval rates no doubt help to explain the low *absolute* prevalence rates.) By 2000 there was only slight falloff in disapproval, despite the decline in perceived risk, but in 2001 there was a significant decrease in disapproval as well; there was no significant change in 2002 or 2003.

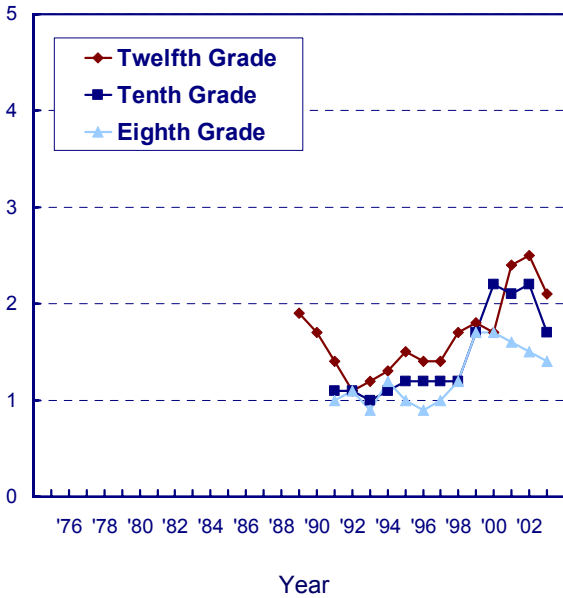
### Availability

Perceived availability is relatively high for steroids and increases with grade level. However, it should be noted that some over-the-counter substances, like androstenedione, are legally available to all age groups and are sold in health food stores, drugstores, and even supermarkets. Availability declined in all three grades in 2003, significantly so for 10th and 12th grades.

## Steroids: Trends in Annual Use, Risk, Disapproval, and Availability Eighth, Tenth, and Twelfth Graders

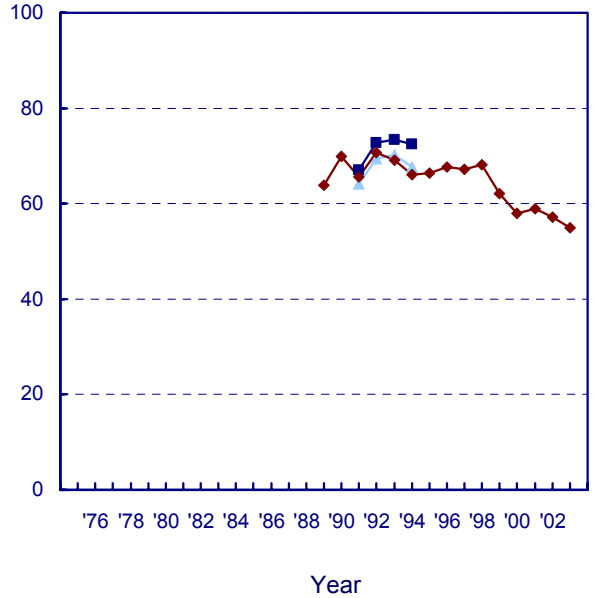
### Use

% who used in last twelve months



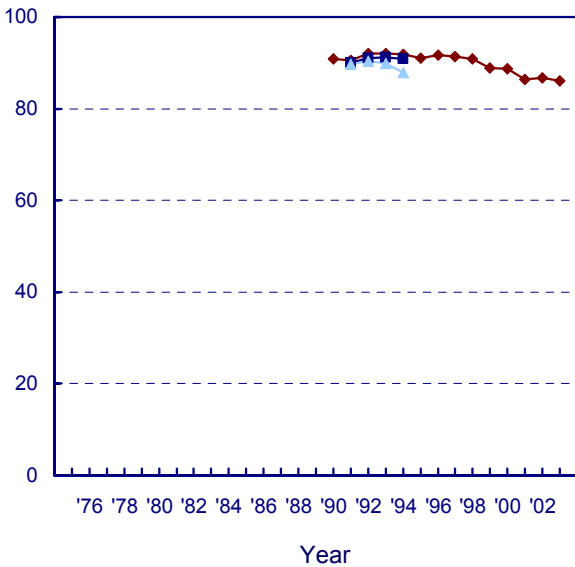
### Risk

% seeing "great risk" in using once or twice



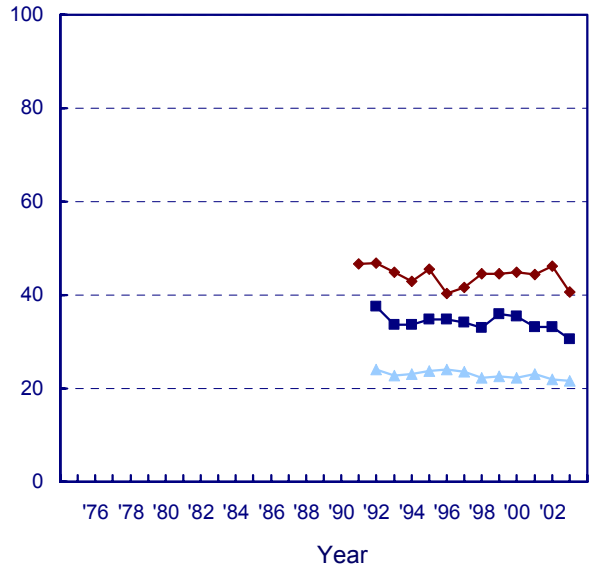
### Disapproval

% disapproving of using once or twice



### Availability

% saying "fairly easy" or "very easy" to get



## Subgroup Differences

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Understanding the important subgroup variations in substance use among the nation's youth allows for more informed considerations of substance use etiology and prevention. In this section we will present a brief overview of some of the major demographic subgroup differences.

Space does not permit a full discussion or documentation of the many subgroup differences on the host of drugs covered in this report. However, the much longer publications of Volume I in this same series—both the one published in 2003 and the one forthcoming in 2004—contain an extensive appendix with tables giving the subgroup prevalence levels and trends for all of the classes of drugs discussed here. Chapters 4 and 5 in those volumes also present a more in-depth discussion and interpretation of those differences. Comparisons are made by gender, college plans, region of the country, community size, socioeconomic level (as measured by the educational level of the parents), and race/ethnicity. *Monitoring the Future Occasional Paper 59*, available on the study's Web site ([www.monitoringthefuture.org](http://www.monitoringthefuture.org)), provides in graphic form the many subgroup trends for all drugs.

### Gender

Generally, we have found males to have somewhat higher rates of illicit drug use than females (particularly, higher rates of frequent use), much higher rates of smokeless tobacco and steroid use, higher rates of heavy drinking, and roughly equivalent rates of cigarette smoking (although among 12th graders the two genders have reversed order twice during the life of the study). These gender differences appear to emerge as students grow older. Usage rates for the various substances tend to move much in parallel across time for both genders, although the absolute differences tend to be largest in the higher prevalence periods.

### College Plans

Those students who are *not* college-bound (a decreasing proportion of the total youth population) are considerably more likely to be at risk for using illicit drugs, for drinking heavily, and particularly for cigarette smoking while in high school than are the college-bound. Again, these

differences are largest in periods of highest prevalence. In the lower grades, the college-bound showed a greater increase in cigarette smoking in the early to mid-1990s than did their noncollege-bound peers.

### Region of the Country

The differences associated with region of the country are sufficiently varied and complex that we cannot do justice to them here. In general, though, the Northeast and the West have tended to have the highest proportions of students using any illicit drug, and the South the lowest (although these rankings do not apply to many of the specific drugs). In particular, the cocaine epidemic of the early 1980s was much more pronounced in the West and the Northeast than in the other two regions, although the differences decreased as the overall epidemic subsided. While the South and the West once had lower rates of drinking among students than the other two regions had, those differences have narrowed some in recent years. Cigarette smoking rates have consistently been lowest in the West. The upsurge of ecstasy use in 1999 occurred primarily in the Northeast, but that drug's newfound popularity spread to the three other regions of the country in 2000.

### Population Density

There have not been very large or consistent differences in overall illicit drug use associated with population density over the life of the study, helping to demonstrate just how ubiquitous the illicit drug phenomenon has been in this country. In the recent years, the use of a number of drugs declined more in the urban areas than in the non-urban ones, leaving the non-urban areas with higher rates of use, at least for a while. Crack and heroin use are not concentrated in urban areas, as is commonly believed, meaning that no parents should assume that their children are immune to these threats simply because they do not live in a city.

### Socioeconomic Level

For many drugs the differences in use by socioeconomic class are very small, and the trends have been highly parallel. One very interesting difference occurred for cocaine, which was

*positively* associated with socioeconomic level in the early 1980s. That association had nearly disappeared by 1986, however, with the advent of crack, which offered cocaine at a lower price. Cigarette smoking showed a similar narrowing of class differences, but this time it was a large *negative* association with socioeconomic level that diminished considerably between roughly 1985 and 1993. In more recent years, that negative association is re-emerging in the lower grades, as use declines faster among students from more educated families. Rates of binge drinking are roughly equivalent across the classes in the upper grades (but not in 8th grade) and have been for some time among 12th graders.

### **Race/Ethnicity**

Among the most dramatic and interesting subgroup differences are those found among the three largest racial/ethnic groups—Whites, African Americans, and Hispanics. Contrary to popular assumption, at all three grade levels African American youngsters have substantially lower rates of use of most licit and illicit drugs than do Whites. These include any illicit drug use, most of the specific illicit drugs, alcohol, and cigarettes. In fact, African Americans' use of cigarettes is dramatically lower

than for Whites, and this is a difference that emerged largely during the life of the study (i.e., since 1975).

Hispanics have rates of use that tend to fall between the other two groups in 12th grade—usually closer to the rates for Whites than for Blacks. (Hispanics do have the highest reported rates of use for some drugs in 12th grade—crack, and heroin with a needle—and their level of heroin, heroin without a needle, methamphetamine, ice, and Rohypnol use is roughly equivalent to that of Whites.) But in 8th grade they tend to come out highest of the three racial/ethnic groups on nearly all classes of drugs (amphetamines being the major exception). One possible explanation for this change in ranking between 8th and 12th grade may lie in the fact that Hispanic youngsters have considerably higher school dropout rates. Thus, more of the “drug-prone” segment of that ethnic group may leave school before 12th grade than of the other two racial/ethnic groups. Another explanation could be that Hispanics are more precocious in their initiation of these sorts of behaviors.

**TABLE 1**  
**Trends in Lifetime Prevalence of Use of Various Drugs for Eighth, Tenth, and Twelfth Graders**  
(Entries are percentages)

|  | <u>Lifetime</u> |             |             |             |             |             |             |             |             |             |             |             |             | '02-'03<br>change |
|--|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------------|
|  | <u>1991</u>     | <u>1992</u> | <u>1993</u> | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> | <u>1999</u> | <u>2000</u> | <u>2001</u> | <u>2002</u> | <u>2003</u> |                   |
| Any Illicit Drug <sup>a</sup>                        |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 18.7            | 20.6        | 22.5        | 25.7        | 28.5        | 31.2        | 29.4        | 29.0        | 28.3        | 26.8        | 26.8        | 24.5        | 22.8        | -1.7              |
| 10th Grade   | 30.6            | 29.8        | 32.8        | 37.4        | 40.9        | 45.4        | 47.3        | 44.9        | 46.2        | 45.6        | 45.6        | 44.6        | 41.4        | -3.2s             |
| 12th Grade   | 44.1            | 40.7        | 42.9        | 45.6        | 48.4        | 50.8        | 54.3        | 54.1        | 54.7        | 54.0        | 53.9        | 53.0        | 51.1        | -2.0              |
| Any Illicit Drug Other Than Marijuana <sup>a,b</sup> |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 14.3            | 15.6        | 16.8        | 17.5        | 18.8        | 19.2        | 17.7        | 16.9        | 16.3        | 15.8†       | 17.0        | 13.7        | 13.6        | -0.2              |
| 10th Grade   | 19.1            | 19.2        | 20.9        | 21.7        | 24.3        | 25.5        | 25.0        | 23.6        | 24.0        | 23.1‡       | 23.6        | 22.1        | 19.7        | -2.4s             |
| 12th Grade   | 26.9            | 25.1        | 26.7        | 27.6        | 28.1        | 28.5        | 30.0        | 29.4        | 29.4        | 29.0‡       | 30.7        | 29.5        | 27.7        | -1.8              |
| Any Illicit Drug Including Inhalants <sup>a,c</sup>  |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 28.5            | 29.6        | 32.3        | 35.1        | 38.1        | 39.4        | 38.1        | 37.8        | 37.2        | 35.1        | 34.5        | 31.6        | 30.3        | -1.4              |
| 10th Grade   | 36.1            | 36.2        | 38.7        | 42.7        | 45.9        | 49.8        | 50.9        | 49.3        | 49.9        | 49.3        | 48.8        | 47.7        | 44.9        | -2.8s             |
| 12th Grade   | 47.6            | 44.4        | 46.6        | 49.1        | 51.5        | 53.5        | 56.3        | 56.1        | 56.3        | 57.0        | 56.0        | 54.6        | 52.8        | -1.8              |
| Marijuana/Hashish                                    |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 10.2            | 11.2        | 12.6        | 16.7        | 19.9        | 23.1        | 22.6        | 22.2        | 22.0        | 20.3        | 20.4        | 19.2        | 17.5        | -1.7              |
| 10th Grade   | 23.4            | 21.4        | 24.4        | 30.4        | 34.1        | 39.8        | 42.3        | 39.6        | 40.9        | 40.3        | 40.1        | 38.7        | 36.4        | -2.3              |
| 12th Grade   | 36.7            | 32.6        | 35.3        | 38.2        | 41.7        | 44.9        | 49.6        | 49.1        | 49.7        | 48.8        | 49.0        | 47.8        | 46.1        | -1.7              |
| Inhalants <sup>c,d</sup>                             |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 17.6            | 17.4        | 19.4        | 19.9        | 21.6        | 21.2        | 21.0        | 20.5        | 19.7        | 17.9        | 17.1        | 15.2        | 15.8        | +0.6              |
| 10th Grade   | 15.7            | 16.6        | 17.5        | 18.0        | 19.0        | 19.3        | 18.3        | 18.3        | 17.0        | 16.6        | 15.2        | 13.5        | 12.7        | -0.8              |
| 12th Grade   | 17.6            | 16.6        | 17.4        | 17.7        | 17.4        | 16.6        | 16.1        | 15.2        | 15.4        | 14.2        | 13.0        | 11.7        | 11.2        | -0.5              |
| Nitrites <sup>e</sup>                                |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 10th Grade   | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 12th Grade   | 1.6             | 1.5         | 1.4         | 1.7         | 1.5         | 1.8         | 2.0         | 2.7         | 1.7         | 0.8         | 1.9         | 1.5         | 1.6         | +0.1              |
| Hallucinogens <sup>b,f</sup>                         |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 3.2             | 3.8         | 3.9         | 4.3         | 5.2         | 5.9         | 5.4         | 4.9         | 4.8         | 4.6‡        | 5.2         | 4.1         | 4.0         | -0.1              |
| 10th Grade   | 6.1             | 6.4         | 6.8         | 8.1         | 9.3         | 10.5        | 10.5        | 9.8         | 9.7         | 8.9‡        | 8.9         | 7.8         | 6.9         | -0.9              |
| 12th Grade   | 9.6             | 9.2         | 10.9        | 11.4        | 12.7        | 14.0        | 15.1        | 14.1        | 13.7        | 13.0‡       | 14.7        | 12.0        | 10.6        | -1.5              |
| LSD  |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 2.7             | 3.2         | 3.5         | 3.7         | 4.4         | 5.1         | 4.7         | 4.1         | 4.1         | 3.9         | 3.4         | 2.5         | 2.1         | -0.3              |
| 10th Grade   | 5.6             | 5.8         | 6.2         | 7.2         | 8.4         | 9.4         | 9.5         | 8.5         | 8.5         | 7.6         | 6.3         | 5.0         | 3.5         | -1.4ss            |
| 12th Grade   | 8.8             | 8.6         | 10.3        | 10.5        | 11.7        | 12.6        | 13.6        | 12.6        | 12.2        | 11.1        | 10.9        | 8.4         | 5.9         | -2.5sss           |
| Hallucinogens Other Than LSD <sup>b</sup>            |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | 1.4             | 1.7         | 1.7         | 2.2         | 2.5         | 3.0         | 2.6         | 2.5         | 2.4         | 2.3‡        | 3.9         | 3.3         | 3.2         | 0.0               |
| 10th Grade   | 2.2             | 2.5         | 2.8         | 3.8         | 3.9         | 4.7         | 4.8         | 5.0         | 4.7         | 4.8‡        | 6.6         | 6.3         | 5.9         | -0.4              |
| 12th Grade   | 3.7             | 3.3         | 3.9         | 4.9         | 5.4         | 6.8         | 7.5         | 7.1         | 6.7         | 6.9‡        | 10.4        | 9.2         | 9.0         | -0.2              |
| PCP <sup>e</sup>                                     |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade  | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 10th Grade   | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 12th Grade   | 2.9             | 2.4         | 2.9         | 2.8         | 2.7         | 4.0         | 3.9         | 3.9         | 3.4         | 3.4         | 3.5         | 3.1         | 2.5         | -0.6              |

(Table continued on next page)

**TABLE 1 (cont.)**  
**Trends in Lifetime Prevalence of Use of Various Drugs for Eighth, Tenth, and Twelfth Graders**

|                                | <u>Lifetime</u> |             |             |             |             |             |             |             |             |             |             |             |             | '02-'03<br>change |
|--------------------------------|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------------|
|                                | <u>1991</u>     | <u>1992</u> | <u>1993</u> | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> | <u>1999</u> | <u>2000</u> | <u>2001</u> | <u>2002</u> | <u>2003</u> |                   |
| MDMA (Ecstasy) <sup>f</sup>    |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | —           | 3.4         | 3.2         | 2.7         | 2.7         | 4.3         | 5.2         | 4.3         | 3.2         | -1.1s             |
| 10th Grade                     | —               | —           | —           | —           | —           | 5.6         | 5.7         | 5.1         | 6.0         | 7.3         | 8.0         | 6.6         | 5.4         | -1.2              |
| 12th Grade                     | —               | —           | —           | —           | —           | 6.1         | 6.9         | 5.8         | 8.0         | 11.0        | 11.7        | 10.5        | 8.3         | -2.2s             |
| Cocaine                        |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | 2.3             | 2.9         | 2.9         | 3.6         | 4.2         | 4.5         | 4.4         | 4.6         | 4.7         | 4.5         | 4.3         | 3.6         | 3.6         | 0.0               |
| 10th Grade                     | 4.1             | 3.3         | 3.6         | 4.3         | 5.0         | 6.5         | 7.1         | 7.2         | 7.7         | 6.9         | 5.7         | 6.1         | 5.1         | -1.1              |
| 12th Grade                     | 7.8             | 6.1         | 6.1         | 5.9         | 6.0         | 7.1         | 8.7         | 9.3         | 9.8         | 8.6         | 8.2         | 7.8         | 7.7         | -0.1              |
| Crack                          |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | 1.3             | 1.6         | 1.7         | 2.4         | 2.7         | 2.9         | 2.7         | 3.2         | 3.1         | 3.1         | 3.0         | 2.5         | 2.5         | 0.0               |
| 10th Grade                     | 1.7             | 1.5         | 1.8         | 2.1         | 2.8         | 3.3         | 3.6         | 3.9         | 4.0         | 3.7         | 3.1         | 3.6         | 2.7         | -0.9ss            |
| 12th Grade                     | 3.1             | 2.6         | 2.6         | 3.0         | 3.0         | 3.3         | 3.9         | 4.4         | 4.6         | 3.9         | 3.7         | 3.8         | 3.6         | -0.2              |
| Other Cocaine <sup>h</sup>     |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | 2.0             | 2.4         | 2.4         | 3.0         | 3.4         | 3.8         | 3.5         | 3.7         | 3.8         | 3.5         | 3.3         | 2.8         | 2.7         | -0.1              |
| 10th Grade                     | 3.8             | 3.0         | 3.3         | 3.8         | 4.4         | 5.5         | 6.1         | 6.4         | 6.8         | 6.0         | 5.0         | 5.2         | 4.5         | -0.7              |
| 12th Grade                     | 7.0             | 5.3         | 5.4         | 5.2         | 5.1         | 6.4         | 8.2         | 8.4         | 8.8         | 7.7         | 7.4         | 7.0         | 6.7         | -0.2              |
| Heroin <sup>i</sup>            |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | 1.2             | 1.4         | 1.4         | 2.0         | 2.3         | 2.4         | 2.1         | 2.3         | 2.3         | 1.9         | 1.7         | 1.6         | 1.6         | 0.0               |
| 10th Grade                     | 1.2             | 1.2         | 1.3         | 1.5         | 1.7         | 2.1         | 2.1         | 2.3         | 2.3         | 2.2         | 1.7         | 1.8         | 1.5         | -0.3              |
| 12th Grade                     | 0.9             | 1.2         | 1.1         | 1.2         | 1.6         | 1.8         | 2.1         | 2.0         | 2.0         | 2.4         | 1.8         | 1.7         | 1.5         | -0.2              |
| With a needle <sup>j</sup>     |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | 1.5         | 1.6         | 1.3         | 1.4         | 1.6         | 1.1         | 1.2         | 1.0         | 1.0         | -0.1              |
| 10th Grade                     | —               | —           | —           | —           | 1.0         | 1.1         | 1.1         | 1.2         | 1.3         | 1.0         | 0.8         | 1.0         | 0.9         | -0.1              |
| 12th Grade                     | —               | —           | —           | —           | 0.7         | 0.8         | 0.9         | 0.8         | 0.9         | 0.8         | 0.7         | 0.8         | 0.7         | -0.1              |
| Without a needle <sup>j</sup>  |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | 1.5         | 1.6         | 1.4         | 1.5         | 1.4         | 1.3         | 1.1         | 1.0         | 1.1         | +0.1              |
| 10th Grade                     | —               | —           | —           | —           | 1.1         | 1.7         | 1.7         | 1.7         | 1.6         | 1.7         | 1.3         | 1.3         | 1.0         | -0.3              |
| 12th Grade                     | —               | —           | —           | —           | 1.4         | 1.7         | 2.1         | 1.6         | 1.8         | 2.4         | 1.5         | 1.6         | 1.8         | +0.2              |
| Other Narcotics <sup>k,l</sup> |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 10th Grade                     | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 12th Grade                     | 6.6             | 6.1         | 6.4         | 6.6         | 7.2         | 8.2         | 9.7         | 9.8         | 10.2        | 10.6        | 9.9‡        | 13.5        | 13.2        | -0.4              |
| Amphetamines <sup>k</sup>      |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | 10.5            | 10.8        | 11.8        | 12.3        | 13.1        | 13.5        | 12.3        | 11.3        | 10.7        | 9.9         | 10.2        | 8.7         | 8.4         | -0.4              |
| 10th Grade                     | 13.2            | 13.1        | 14.9        | 15.1        | 17.4        | 17.7        | 17.0        | 16.0        | 15.7        | 15.7        | 16.0        | 14.9        | 13.1        | -1.8s             |
| 12th Grade                     | 15.4            | 13.9        | 15.1        | 15.7        | 15.3        | 15.3        | 16.5        | 16.4        | 16.3        | 15.6        | 16.2        | 16.8        | 14.4        | -2.4ss            |
| Methamphetamine <sup>m,n</sup> |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | —           | —           | —           | —           | 4.5         | 4.2         | 4.4         | 3.5         | 3.9         | +0.4              |
| 10th Grade                     | —               | —           | —           | —           | —           | —           | —           | —           | 7.3         | 6.9         | 6.4         | 6.1         | 5.2         | -0.9              |
| 12th Grade                     | —               | —           | —           | —           | —           | —           | —           | —           | 8.2         | 7.9         | 6.9         | 6.7         | 6.2         | -0.5              |
| Ice <sup>n</sup>               |                 |             |             |             |             |             |             |             |             |             |             |             |             |                   |
| 8th Grade                      | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 10th Grade                     | —               | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —           | —                 |
| 12th Grade                     | 3.3             | 2.9         | 3.1         | 3.4         | 3.9         | 4.4         | 4.4         | 5.3         | 4.8         | 4.0         | 4.1         | 4.7         | 3.9         | -0.8              |

(Table continued on next page)

**TABLE 1 (cont.)**  
**Trends in Lifetime Prevalence of Use of Various Drugs for Eighth, Tenth, and Twelfth Graders**

|                                       | <u>Lifetime</u> |       |      |      |      |      |      |      |      |      |      |      |      | '02-'03 |
|---------------------------------------|-----------------|-------|------|------|------|------|------|------|------|------|------|------|------|---------|
|                                       | 1991            | 1992  | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | change  |
| Sedatives (Barbiturates) <sup>k</sup> |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | —               | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —       |
| 10th Grade                            | —               | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —       |
| 12th Grade                            | 6.2             | 5.5   | 6.3  | 7.0  | 7.4  | 7.6  | 8.1  | 8.7  | 8.9  | 9.2  | 8.7  | 9.5  | 8.8  | -0.7    |
| Methalqualone <sup>e,k</sup>          |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | —               | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —       |
| 10th Grade                            | —               | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —       |
| 12th Grade                            | 1.3             | 1.6   | 0.8  | 1.4  | 1.2  | 2.0  | 1.7  | 1.6  | 1.8  | 0.8  | 1.1  | 1.5  | 1.0  | -0.5    |
| Tranquilizers <sup>b,k</sup>          |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 3.8             | 4.1   | 4.4  | 4.6  | 4.5  | 5.3  | 4.8  | 4.6  | 4.4  | 4.4‡ | 5.0  | 4.3  | 4.4  | +0.1    |
| 10th Grade                            | 5.8             | 5.9   | 5.7  | 5.4  | 6.0  | 7.1  | 7.3  | 7.8  | 7.9  | 8.0‡ | 9.2  | 8.8  | 7.8  | -1.1s   |
| 12th Grade                            | 7.2             | 6.0   | 6.4  | 6.6  | 7.1  | 7.2  | 7.8  | 8.5  | 9.3  | 8.9‡ | 10.3 | 11.4 | 10.2 | -1.2s   |
| Rohypnol <sup>e,o,p</sup>             |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | —               | —     | —    | —    | —    | 1.5  | 1.1  | 1.4  | 1.3  | 1.0  | 1.1  | 0.8  | 1.0  | +0.1    |
| 10th Grade                            | —               | —     | —    | —    | —    | 1.5  | 1.7  | 2.0  | 1.8  | 1.3  | 1.5  | 1.3  | 1.0  | -0.2    |
| 12th Grade                            | —               | —     | —    | —    | —    | 1.2  | 1.8  | 3.0  | 2.0  | 1.5  | 1.7  | —    | —    | —       |
| Alcohol <sup>q</sup>                  |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| Any use                               |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 70.1            | 69.3‡ | 55.7 | 55.8 | 54.5 | 55.3 | 53.8 | 52.5 | 52.1 | 51.7 | 50.5 | 47.0 | 45.6 | -1.5    |
| 10th Grade                            | 83.8            | 82.3‡ | 71.6 | 71.1 | 70.5 | 71.8 | 72.0 | 69.8 | 70.6 | 71.4 | 70.1 | 66.9 | 66.0 | -0.9    |
| 12th Grade                            | 88.0            | 87.5‡ | 80.0 | 80.4 | 80.7 | 79.2 | 81.7 | 81.4 | 80.0 | 80.3 | 79.7 | 78.4 | 76.6 | -1.8    |
| Been Drunk <sup>n</sup>               |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 26.7            | 26.8  | 26.4 | 25.9 | 25.3 | 26.8 | 25.2 | 24.8 | 24.8 | 25.1 | 23.4 | 21.3 | 20.3 | -1.0    |
| 10th Grade                            | 50.0            | 47.7  | 47.9 | 47.2 | 46.9 | 48.5 | 49.4 | 46.7 | 48.9 | 49.3 | 48.2 | 44.0 | 42.4 | -1.6    |
| 12th Grade                            | 65.4            | 63.4  | 62.5 | 62.9 | 63.2 | 61.8 | 64.2 | 62.4 | 62.3 | 62.3 | 63.9 | 61.6 | 58.1 | -3.5    |
| Cigarettes                            |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| Any use                               |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 44.0            | 45.2  | 45.3 | 46.1 | 46.4 | 49.2 | 47.3 | 45.7 | 44.1 | 40.5 | 36.6 | 31.4 | 28.4 | -3.0ss  |
| 10th Grade                            | 55.1            | 53.5  | 56.3 | 56.9 | 57.6 | 61.2 | 60.2 | 57.7 | 57.6 | 55.1 | 52.8 | 47.4 | 43.0 | -4.4sss |
| 12th Grade                            | 63.1            | 61.8  | 61.9 | 62.0 | 64.2 | 63.5 | 65.4 | 65.3 | 64.6 | 62.5 | 61.0 | 57.2 | 53.7 | -3.5ss  |
| Smokeless Tobacco <sup>e,r</sup>      |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 22.2            | 20.7  | 18.7 | 19.9 | 20.0 | 20.4 | 16.8 | 15.0 | 14.4 | 12.8 | 11.7 | 11.2 | 11.3 | +0.1    |
| 10th Grade                            | 28.2            | 26.6  | 28.1 | 29.2 | 27.6 | 27.4 | 26.3 | 22.7 | 20.4 | 19.1 | 19.5 | 16.9 | 14.6 | -2.4s   |
| 12th Grade                            | —               | 32.4  | 31.0 | 30.7 | 30.9 | 29.8 | 25.3 | 26.2 | 23.4 | 23.1 | 19.7 | 18.3 | 17.0 | -1.3    |
| Steroids <sup>n</sup>                 |                 |       |      |      |      |      |      |      |      |      |      |      |      |         |
| 8th Grade                             | 1.9             | 1.7   | 1.6  | 2.0  | 2.0  | 1.8  | 1.8  | 2.3  | 2.7  | 3.0  | 2.8  | 2.5  | 2.5  | 0.0     |
| 10th Grade                            | 1.8             | 1.7   | 1.7  | 1.8  | 2.0  | 1.8  | 2.0  | 2.0  | 2.7  | 3.5  | 3.5  | 3.5  | 3.0  | -0.5    |
| 12th Grade                            | 2.1             | 2.1   | 2.0  | 2.4  | 2.3  | 1.9  | 2.4  | 2.7  | 2.9  | 2.5  | 3.7  | 4.0  | 3.5  | -0.5    |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001.  
 '—' indicates data not available.

‡ indicates some change in the question. See relevant footnote for that drug.

Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

### Footnotes for Table 1 to Table 3

| Approximate Weighted Ns | 1991   | 1992   | 1993   | 1994   | 1995   | 1996   | 1997   | 1998   | 1999   | 2000   | 2001   | 2002   | 2003   |
|-------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 8th Grade               | 17,500 | 18,600 | 18,300 | 17,300 | 17,500 | 17,800 | 18,600 | 18,100 | 16,700 | 16,700 | 16,200 | 15,100 | 16,500 |
| 10th Grade              | 14,800 | 14,800 | 15,300 | 15,800 | 17,000 | 15,600 | 15,500 | 15,000 | 13,600 | 14,300 | 14,000 | 14,300 | 15,800 |
| 12th Grade              | 15,000 | 15,800 | 16,300 | 15,400 | 15,400 | 14,300 | 15,400 | 15,200 | 13,600 | 12,800 | 12,800 | 12,900 | 14,600 |

<sup>a</sup>For 12th graders only: Use of “any illicit drug” includes any use of marijuana, LSD, other hallucinogens, crack, other cocaine, or heroin, or any use of other narcotics, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor’s orders. For 8th and 10th graders: The use of other narcotics and barbiturates has been excluded, because these younger respondents appear to overreport use (perhaps because they include the use of nonprescription drugs in their answers).

<sup>b</sup>In 2001 the question text was changed in half of the questionnaire forms for each grade. “Other psychedelics” was changed to “other hallucinogens” and “shrooms” was added to the list of examples. For the tranquilizer list of examples, Miltown was replaced with Xanax. The 2001 data presented here are based on the changed forms only; N is one-half of N indicated. In 2002 the remaining forms were changed to the new wording. The data are based on all forms beginning in 2002. Data for “any illicit drug other than marijuana” and “hallucinogens” are also affected by these changes and have been handled in a parallel manner.

<sup>c</sup>For 12th graders only: Data based on five of six forms in 1991-98; N is five-sixths of N indicated. Beginning in 1999, data based on three of six forms; N is one-half of N indicated.

<sup>d</sup>Inhalants are unadjusted for underreporting of amyl and butyl nitrites.

<sup>e</sup>For 12th graders only: Data based on one of six forms; N is one-sixth of N indicated.

<sup>f</sup>Hallucinogens are unadjusted for underreporting of PCP.

<sup>g</sup>For 8th and 10th graders only: Data based on one of two forms in 1996; N is one-half of N indicated. In 1997–2001, data based on one-third of N indicated due to changes on the questionnaire forms. Data based on two of four forms beginning in 2002; N is one-half of N indicated. For 12th graders only: Data based on one of six forms in 1996–2001; N is one-sixth of N indicated. Data based on two of six forms beginning in 2002; N is two-sixths of N indicated.

<sup>h</sup>For 12th graders only: Data based on four of six forms; N is four-sixths of N indicated.

<sup>i</sup>In 1995, the heroin question was changed in three of six forms for 12th graders and in one of two forms for 8th and 10th graders. Separate questions were asked for use with injection and without injection. Data presented here represent the combined data from all forms. In 1996, the heroin question was changed in all remaining 8th and 10th grade forms.

<sup>j</sup>For 8th and 10th graders only: Data based on one of two forms in 1995; N is one-half of N indicated. Data based on all forms beginning in 1996. For 12th graders only: Data based on three of six forms; N is one-half of N indicated.

<sup>k</sup>Only drug use not under a doctor’s orders is included here.

<sup>l</sup>In 2002 the question text was changed in half of the questionnaire forms. The list of examples of narcotics other than heroin was updated: Talwin, laudanum, and paregoric—all of which had negligible rates of use by 2001—were replaced with Vicodin, OxyContin, and Percocet. The 2002 data presented here are based on the changed forms only; N is one-half of N indicated. In 2003, the remaining forms were changed to the new wording. The data are based on all forms in 2003.

<sup>m</sup>For 8th and 10th graders only: Data based on one of four forms; N is one-third of N indicated.



<sup>n</sup>For 12th graders only: Data based on two of six forms; N is two-sixths of N indicated.

<sup>o</sup>For 8th and 10th graders only: Data based on one of two forms in 1996; N is one-half of N indicated. Data based on three of four forms in 1997–98; N is two-thirds of N indicated. Data based on two of four forms in 1999–2001; N is one-third of N indicated. Data based on one of four forms beginning in 2002; N is one-sixth of N indicated.

<sup>p</sup>For 12th graders only: Data for Rohypnol for 2001 and 2002 are not comparable due to changes in the questionnaire forms.

<sup>q</sup>In 1993, the question text was changed slightly in half of the forms to indicate that a “drink” meant “more than a few sips.” The 1993 data are based on the changed forms only; N is one-half of N indicated. In 1994 the remaining forms were changed to the new wording. Beginning in 1994, the data are based on all forms.

<sup>r</sup>For 8th and 10th graders only: Data based on one of two forms for 1991–96 and on two of four forms beginning in 1997; N is one-half of N indicated.

<sup>s</sup>For 12th graders only: Data based on two of six forms in 2000; N is two-sixths of N indicated. Data based on three of six forms in 2001; N is one-half of N indicated. Data based on one of six forms beginning in 2002; N is one-sixth of N indicated.

<sup>t</sup>For 12th graders only: Data based on two of six forms in 2000; N is two-sixths of N indicated. Data based on three of six forms beginning in 2001; N is one-half of N indicated.

<sup>u</sup>Daily use is defined as use on twenty or more occasions in the past thirty days except for cigarettes and smokeless tobacco, for which actual daily use is measured, and for 5+ drinks, for which the prevalence of having five or more drinks in a row in the last two weeks is measured.

**TABLE 2**  
**Trends in Annual and 30-Day Prevalence of Use of Various Drugs**  
**for Eighth, Tenth, and Twelfth Graders**

|  | Annual |      |      |      |      |      |      |      |      |       |      |      |      | '02-'03<br>change | 30-Day |      |      |      |      |      |      |      |      |       |      |      |      | '02-'03<br>change |
|--|--------|------|------|------|------|------|------|------|------|-------|------|------|------|-------------------|--------|------|------|------|------|------|------|------|------|-------|------|------|------|-------------------|
|  | 1991   | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000  | 2001 | 2002 | 2003 |                   | 1991   | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000  | 2001 | 2002 | 2003 |                   |
| Any Illicit Drug <sup>a</sup>                        | 11.3   | 12.9 | 15.1 | 18.5 | 21.4 | 23.6 | 22.1 | 21.0 | 20.5 | 19.5  | 19.5 | 17.7 | 16.1 | -1.7s             | 5.7    | 6.8  | 8.4  | 10.9 | 12.4 | 14.6 | 12.9 | 12.1 | 12.2 | 11.9  | 11.7 | 10.4 | 9.7  | -0.7              |
| 8th Grade  | 11.3   | 12.9 | 15.1 | 18.5 | 21.4 | 23.6 | 22.1 | 21.0 | 20.5 | 19.5  | 19.5 | 17.7 | 16.1 | -1.7s             | 5.7    | 6.8  | 8.4  | 10.9 | 12.4 | 14.6 | 12.9 | 12.1 | 12.2 | 11.9  | 11.7 | 10.4 | 9.7  | -0.7              |
| 10th Grade   | 21.4   | 20.4 | 24.7 | 30.0 | 33.3 | 37.5 | 38.5 | 35.0 | 35.9 | 36.4  | 37.2 | 34.8 | 32.0 | -2.8s             | 11.6   | 11.0 | 14.0 | 18.5 | 20.2 | 23.2 | 23.0 | 21.5 | 22.1 | 22.5  | 22.7 | 20.8 | 19.5 | -1.3              |
| 12th Grade   | 29.4   | 27.1 | 31.0 | 35.8 | 39.0 | 40.2 | 42.4 | 41.4 | 42.1 | 40.9  | 41.4 | 41.0 | 39.3 | -1.7              | 16.4   | 14.4 | 18.3 | 21.9 | 23.8 | 24.6 | 26.2 | 25.6 | 25.9 | 24.9  | 25.7 | 25.4 | 24.1 | -1.2              |
| Any Illicit Drug Other Than Marijuana <sup>a,b</sup> | 8.4    | 9.3  | 10.4 | 11.3 | 12.6 | 13.1 | 11.8 | 11.0 | 10.5 | 10.2‡ | 10.8 | 8.8  | 8.8  | 0.0               | 3.8    | 4.7  | 5.3  | 5.6  | 6.5  | 6.9  | 6.0  | 5.5  | 5.5  | 5.6‡  | 5.5  | 4.7  | 4.7  | 0.0               |
| 8th Grade  | 8.4    | 9.3  | 10.4 | 11.3 | 12.6 | 13.1 | 11.8 | 11.0 | 10.5 | 10.2‡ | 10.8 | 8.8  | 8.8  | 0.0               | 3.8    | 4.7  | 5.3  | 5.6  | 6.5  | 6.9  | 6.0  | 5.5  | 5.5  | 5.6‡  | 5.5  | 4.7  | 4.7  | 0.0               |
| 10th Grade   | 12.2   | 12.3 | 13.9 | 15.2 | 17.5 | 18.4 | 18.2 | 16.6 | 16.7 | 16.7‡ | 17.9 | 15.7 | 13.8 | -2.0ss            | 5.5    | 5.7  | 6.5  | 7.1  | 8.9  | 8.9  | 8.8  | 8.6  | 8.6  | 8.5‡  | 8.7  | 8.1  | 6.9  | -1.2s             |
| 12th Grade   | 16.2   | 14.9 | 17.1 | 18.0 | 19.4 | 19.8 | 20.7 | 20.2 | 20.7 | 20.4‡ | 21.6 | 20.9 | 19.8 | -1.1              | 7.1    | 6.3  | 7.9  | 8.8  | 10.0 | 9.5  | 10.7 | 10.7 | 10.4 | 10.4‡ | 11.0 | 11.3 | 10.4 | -1.0              |
| Any Illicit Drug Including Inhalants <sup>a,c</sup>  | 16.7   | 18.2 | 21.1 | 24.2 | 27.1 | 28.7 | 27.2 | 26.2 | 25.3 | 24.0  | 23.9 | 21.4 | 20.4 | -0.9              | 8.8    | 10.0 | 12.0 | 14.3 | 16.1 | 17.5 | 16.0 | 14.9 | 15.1 | 14.4  | 14.0 | 12.6 | 12.1 | -0.6              |
| 8th Grade  | 16.7   | 18.2 | 21.1 | 24.2 | 27.1 | 28.7 | 27.2 | 26.2 | 25.3 | 24.0  | 23.9 | 21.4 | 20.4 | -0.9              | 8.8    | 10.0 | 12.0 | 14.3 | 16.1 | 17.5 | 16.0 | 14.9 | 15.1 | 14.4  | 14.0 | 12.6 | 12.1 | -0.6              |
| 10th Grade   | 23.9   | 23.5 | 27.4 | 32.5 | 35.6 | 39.6 | 40.3 | 37.1 | 37.7 | 38.0  | 38.7 | 36.1 | 33.5 | -2.7s             | 13.1   | 12.6 | 15.5 | 20.0 | 21.6 | 24.5 | 24.1 | 22.5 | 23.1 | 23.6  | 23.6 | 21.7 | 20.5 | -1.2              |
| 12th Grade   | 31.2   | 28.8 | 32.5 | 37.6 | 40.2 | 41.9 | 43.3 | 42.4 | 42.8 | 42.5  | 42.6 | 42.1 | 40.5 | -1.6              | 17.8   | 15.5 | 19.3 | 23.0 | 24.8 | 25.5 | 26.9 | 26.6 | 26.4 | 26.4  | 26.5 | 25.9 | 24.6 | -1.3              |
| Marijuana/Hashish                                    | 6.2    | 7.2  | 9.2  | 13.0 | 15.8 | 18.3 | 17.7 | 16.9 | 16.5 | 15.6  | 15.4 | 14.6 | 12.8 | -1.9ss            | 3.2    | 3.7  | 5.1  | 7.8  | 9.1  | 11.3 | 10.2 | 9.7  | 9.7  | 9.1   | 9.2  | 8.3  | 7.5  | -0.8              |
| 8th Grade  | 6.2    | 7.2  | 9.2  | 13.0 | 15.8 | 18.3 | 17.7 | 16.9 | 16.5 | 15.6  | 15.4 | 14.6 | 12.8 | -1.9ss            | 3.2    | 3.7  | 5.1  | 7.8  | 9.1  | 11.3 | 10.2 | 9.7  | 9.7  | 9.1   | 9.2  | 8.3  | 7.5  | -0.8              |
| 10th Grade   | 16.5   | 15.2 | 19.2 | 25.2 | 28.7 | 33.6 | 34.8 | 31.1 | 32.1 | 32.2  | 32.7 | 30.3 | 28.2 | -2.1              | 8.7    | 8.1  | 10.9 | 15.8 | 17.2 | 20.4 | 20.5 | 18.7 | 19.4 | 19.7  | 19.8 | 17.8 | 17.0 | -0.8              |
| 12th Grade   | 23.9   | 21.9 | 26.0 | 30.7 | 34.7 | 35.8 | 38.5 | 37.5 | 37.8 | 36.5  | 37.0 | 36.2 | 34.9 | -1.4              | 13.8   | 11.9 | 15.5 | 19.0 | 21.2 | 21.9 | 23.7 | 22.8 | 23.1 | 21.6  | 22.4 | 21.5 | 21.2 | -0.3              |
| Inhalants <sup>c,d</sup>                             | 9.0    | 9.5  | 11.0 | 11.7 | 12.8 | 12.2 | 11.8 | 11.1 | 10.3 | 9.4   | 9.1  | 7.7  | 8.7  | +1.1s             | 4.4    | 4.7  | 5.4  | 5.6  | 6.1  | 5.8  | 5.6  | 4.8  | 5.0  | 4.5   | 4.0  | 3.8  | 4.1  | +0.3              |
| 8th Grade  | 9.0    | 9.5  | 11.0 | 11.7 | 12.8 | 12.2 | 11.8 | 11.1 | 10.3 | 9.4   | 9.1  | 7.7  | 8.7  | +1.1s             | 4.4    | 4.7  | 5.4  | 5.6  | 6.1  | 5.8  | 5.6  | 4.8  | 5.0  | 4.5   | 4.0  | 3.8  | 4.1  | +0.3              |
| 10th Grade   | 7.1    | 7.5  | 8.4  | 9.1  | 9.6  | 9.5  | 8.7  | 8.0  | 7.2  | 7.3   | 6.6  | 5.8  | 5.4  | -0.3              | 2.7    | 2.7  | 3.3  | 3.6  | 3.5  | 3.3  | 3.0  | 2.9  | 2.6  | 2.6   | 2.4  | 2.4  | 2.2  | -0.1              |
| 12th Grade   | 6.6    | 6.2  | 7.0  | 7.7  | 8.0  | 7.6  | 6.7  | 6.2  | 5.6  | 5.9   | 4.5  | 4.5  | 3.9  | -0.6              | 2.4    | 2.3  | 2.5  | 2.7  | 3.2  | 2.5  | 2.5  | 2.3  | 2.0  | 2.2   | 1.7  | 1.5  | 1.5  | +0.1              |
| Nitrites <sup>e</sup>                                | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 |
| 8th Grade  | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 |
| 10th Grade   | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 | —      | —    | —    | —    | —    | —    | —    | —    | —    | —     | —    | —    | —    | —                 |
| 12th Grade   | 0.9    | 0.5  | 0.9  | 1.1  | 1.1  | 1.6  | 1.2  | 1.4  | 0.9  | 0.6   | 0.6  | 1.1  | 0.9  | -0.1              | 0.4    | 0.3  | 0.6  | 0.4  | 0.4  | 0.7  | 0.7  | 1.0  | 0.4  | 0.3   | 0.5  | 0.6  | 0.7  | +0.1              |
| Hallucinogens <sup>b,f</sup>                         | 1.9    | 2.5  | 2.6  | 2.7  | 3.6  | 4.1  | 3.7  | 3.4  | 2.9  | 2.8‡  | 3.4  | 2.6  | 2.6  | 0.0               | 0.8    | 1.1  | 1.2  | 1.3  | 1.7  | 1.9  | 1.8  | 1.4  | 1.3  | 1.2‡  | 1.6  | 1.2  | 1.2  | -0.1              |
| 8th Grade  | 1.9    | 2.5  | 2.6  | 2.7  | 3.6  | 4.1  | 3.7  | 3.4  | 2.9  | 2.8‡  | 3.4  | 2.6  | 2.6  | 0.0               | 0.8    | 1.1  | 1.2  | 1.3  | 1.7  | 1.9  | 1.8  | 1.4  | 1.3  | 1.2‡  | 1.6  | 1.2  | 1.2  | -0.1              |
| 10th Grade   | 4.0    | 4.3  | 4.7  | 5.8  | 7.2  | 7.8  | 7.6  | 6.9  | 6.9  | 6.1‡  | 6.2  | 4.7  | 4.1  | -0.6              | 1.6    | 1.8  | 1.9  | 2.4  | 3.3  | 2.8  | 3.3  | 3.2  | 2.9  | 2.3‡  | 2.1  | 1.6  | 1.5  | -0.2              |
| 12th Grade   | 5.8    | 5.9  | 7.4  | 7.6  | 9.3  | 10.1 | 9.8  | 9.0  | 9.4  | 8.1‡  | 9.1  | 6.6  | 5.9  | -0.7              | 2.2    | 2.1  | 2.7  | 3.1  | 4.4  | 3.5  | 3.9  | 3.8  | 3.5  | 2.6‡  | 3.3  | 2.3  | 1.8  | -0.5              |
| LSD  | 1.7    | 2.1  | 2.3  | 2.4  | 3.2  | 3.5  | 3.2  | 2.8  | 2.4  | 2.4   | 2.2  | 1.5  | 1.3  | -0.2              | 0.6    | 0.9  | 1.0  | 1.1  | 1.4  | 1.5  | 1.5  | 1.1  | 1.1  | 1.0   | 1.0  | 0.7  | 0.6  | -0.1              |
| 8th Grade  | 1.7    | 2.1  | 2.3  | 2.4  | 3.2  | 3.5  | 3.2  | 2.8  | 2.4  | 2.4   | 2.2  | 1.5  | 1.3  | -0.2              | 0.6    | 0.9  | 1.0  | 1.1  | 1.4  | 1.5  | 1.5  | 1.1  | 1.1  | 1.0   | 1.0  | 0.7  | 0.6  | -0.1              |
| 10th Grade   | 3.7    | 4.0  | 4.2  | 5.2  | 6.5  | 6.9  | 6.7  | 5.9  | 6.0  | 5.1   | 4.1  | 2.6  | 1.7  | -0.9ss            | 1.5    | 1.6  | 1.6  | 2.0  | 3.0  | 2.4  | 2.8  | 2.7  | 2.3  | 1.6   | 1.5  | 0.7  | 0.6  | -0.1              |
| 12th Grade   | 5.2    | 5.6  | 6.8  | 6.9  | 8.4  | 8.8  | 8.4  | 7.6  | 8.1  | 6.6   | 6.6  | 3.5  | 1.9  | -1.6ssss          | 1.9    | 2.0  | 2.4  | 2.6  | 4.0  | 2.5  | 3.1  | 3.2  | 2.7  | 1.6   | 2.3  | 0.7  | 0.6  | -0.1              |
| Hallucinogens Other Than LSD <sup>b</sup>            | 0.7    | 1.1  | 1.0  | 1.3  | 1.7  | 2.0  | 1.8  | 1.6  | 1.5  | 1.4‡  | 2.4  | 2.1  | 2.1  | +0.1              | 0.3    | 0.4  | 0.5  | 0.7  | 0.8  | 0.9  | 0.7  | 0.7  | 0.6  | 0.6‡  | 1.1  | 1.0  | 1.0  | 0.0               |
| 8th Grade  | 0.7    | 1.1  | 1.0  | 1.3  | 1.7  | 2.0  | 1.8  | 1.6  | 1.5  | 1.4‡  | 2.4  | 2.1  | 2.1  | +0.1              | 0.3    | 0.4  | 0.5  | 0.7  | 0.8  | 0.9  | 0.7  | 0.7  | 0.6  | 0.6‡  | 1.1  | 1.0  | 1.0  | 0.0               |
| 10th Grade   | 1.3    | 1.4  | 1.9  | 2.4  | 2.8  | 3.3  | 3.3  | 3.4  | 3.2  | 3.1‡  | 4.3  | 4.0  | 3.6  | -0.5              | 0.4    | 0.5  | 0.7  | 1.0  | 1.0  | 1.0  | 1.2  | 1.4  | 1.2  | 1.2‡  | 1.4  | 1.4  | 1.2  | -0.2              |
| 12th Grade   | 2.0    | 1.7  | 2.2  | 3.1  | 3.8  | 4.4  | 4.6  | 4.6  | 4.3  | 4.4‡  | 5.9  | 5.4  | 5.4  | -0.1              | 0.7    | 0.5  | 0.8  | 1.2  | 1.3  | 1.6  | 1.7  | 1.6  | 1.6  | 1.7‡  | 1.9  | 2.0  | 1.5  | -0.5ss            |

(Table continued on next page)

**TABLE 2 (cont.)**  
**Trends in Annual and 30-Day Prevalence of Use of Various Drugs**  
**for Eighth, Tenth, and Twelfth Graders**

|                                | <u>Annual</u> |      |      |      |      |      |      |      |      |      |      |      |      | <u>30-Day</u>       |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
|--------------------------------|---------------|------|------|------|------|------|------|------|------|------|------|------|------|---------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|---------------------|
|                                | 1991          | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03<br>change   | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03<br>change   |
| PCP <sup>e</sup>               |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 10th Grade                     | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 12th Grade                     | 1.4           | 1.4  | 1.4  | 1.6  | 1.8  | 2.6  | 2.3  | 2.1  | 1.8  | 2.3  | 1.8  | 1.1  | 1.3  | +0.2                | 0.5  | 0.6  | 1.0  | 0.7  | 0.6  | 1.3  | 0.7  | 1.0  | 0.8  | 0.9  | 0.5  | 0.4  | 0.6  | +0.2                |
| MDMA (Ecstasy) <sup>f</sup>    |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | —    | 2.3  | 2.3  | 1.8  | 1.7  | 3.1  | 3.5  | 2.9  | 2.1  | -0.8 <sub>ss</sub>  | —    | —    | —    | —    | —    | 1.0  | 1.0  | 0.9  | 0.8  | 1.4  | 1.8  | 1.4  | 0.7  | -0.7 <sub>sss</sub> |
| 10th Grade                     | —             | —    | —    | —    | —    | 4.6  | 3.9  | 3.3  | 4.4  | 5.4  | 6.2  | 4.9  | 3.0  | -1.8 <sub>sss</sub> | —    | —    | —    | —    | —    | 1.8  | 1.3  | 1.3  | 1.8  | 2.6  | 2.6  | 1.8  | 1.1  | -0.7 <sub>ss</sub>  |
| 12th Grade                     | —             | —    | —    | —    | —    | 4.6  | 4.0  | 3.6  | 5.6  | 8.2  | 9.2  | 7.4  | 4.5  | -2.9 <sub>sss</sub> | —    | —    | —    | —    | —    | 2.0  | 1.6  | 1.5  | 2.5  | 3.6  | 2.8  | 2.4  | 1.3  | -1.1 <sub>sss</sub> |
| Cocaine                        |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | 1.1           | 1.5  | 1.7  | 2.1  | 2.6  | 3.0  | 2.8  | 3.1  | 2.7  | 2.6  | 2.5  | 2.3  | 2.2  | -0.1                | 0.5  | 0.7  | 0.7  | 1.0  | 1.2  | 1.3  | 1.1  | 1.4  | 1.3  | 1.2  | 1.2  | 1.1  | 0.9  | -0.2                |
| 10th Grade                     | 2.2           | 1.9  | 2.1  | 2.8  | 3.5  | 4.2  | 4.7  | 4.7  | 4.9  | 4.4  | 3.6  | 4.0  | 3.3  | -0.8                | 0.7  | 0.7  | 0.9  | 1.2  | 1.7  | 1.7  | 2.0  | 2.1  | 1.8  | 1.8  | 1.3  | 1.6  | 1.3  | -0.3                |
| 12th Grade                     | 3.5           | 3.1  | 3.3  | 3.6  | 4.0  | 4.9  | 5.5  | 5.7  | 6.2  | 5.0  | 4.8  | 5.0  | 4.8  | -0.1                | 1.4  | 1.3  | 1.3  | 1.5  | 1.8  | 2.0  | 2.3  | 2.4  | 2.6  | 2.1  | 2.1  | 2.3  | 2.1  | -0.2                |
| Crack                          |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | 0.7           | 0.9  | 1.0  | 1.3  | 1.6  | 1.8  | 1.7  | 2.1  | 1.8  | 1.8  | 1.7  | 1.6  | 1.6  | -0.1                | 0.3  | 0.5  | 0.4  | 0.7  | 0.7  | 0.8  | 0.7  | 0.9  | 0.8  | 0.8  | 0.8  | 0.8  | 0.7  | -0.1                |
| 10th Grade                     | 0.9           | 0.9  | 1.1  | 1.4  | 1.8  | 2.1  | 2.2  | 2.5  | 2.4  | 2.2  | 1.8  | 2.3  | 1.6  | -0.7 <sub>sss</sub> | 0.3  | 0.4  | 0.5  | 0.6  | 0.9  | 0.8  | 0.9  | 1.1  | 0.8  | 0.9  | 0.7  | 1.0  | 0.7  | -0.2 <sub>ss</sub>  |
| 12th Grade                     | 1.5           | 1.5  | 1.5  | 1.9  | 2.1  | 2.1  | 2.4  | 2.5  | 2.7  | 2.2  | 2.1  | 2.3  | 2.2  | -0.1                | 0.7  | 0.6  | 0.7  | 0.8  | 1.0  | 1.0  | 0.9  | 1.0  | 1.1  | 1.0  | 1.1  | 1.2  | 0.9  | -0.3                |
| Other Cocaine <sup>h</sup>     |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | 1.0           | 1.2  | 1.3  | 1.7  | 2.1  | 2.5  | 2.2  | 2.4  | 2.3  | 1.9  | 1.9  | 1.8  | 1.6  | -0.2                | 0.5  | 0.5  | 0.6  | 0.9  | 1.0  | 1.0  | 0.8  | 1.0  | 1.1  | 0.9  | 0.9  | 0.8  | 0.7  | -0.2                |
| 10th Grade                     | 2.1           | 1.7  | 1.8  | 2.4  | 3.0  | 3.5  | 4.1  | 4.0  | 4.4  | 3.8  | 3.0  | 3.4  | 2.8  | -0.6                | 0.6  | 0.6  | 0.7  | 1.0  | 1.4  | 1.3  | 1.6  | 1.8  | 1.6  | 1.6  | 1.2  | 1.3  | 1.1  | -0.3                |
| 12th Grade                     | 3.2           | 2.6  | 2.9  | 3.0  | 3.4  | 4.2  | 5.0  | 4.9  | 5.8  | 4.5  | 4.4  | 4.4  | 4.2  | -0.1                | 1.2  | 1.0  | 1.2  | 1.3  | 1.3  | 1.6  | 2.0  | 2.0  | 2.5  | 1.7  | 1.8  | 1.9  | 1.8  | -0.1                |
| Heroin <sup>i</sup>            |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | 0.7           | 0.7  | 0.7  | 1.2  | 1.4  | 1.6  | 1.3  | 1.3  | 1.4  | 1.1  | 1.0  | 0.9  | 0.9  | 0.0                 | 0.3  | 0.4  | 0.4  | 0.6  | 0.6  | 0.7  | 0.6  | 0.6  | 0.6  | 0.5  | 0.6  | 0.5  | 0.4  | 0.0                 |
| 10th Grade                     | 0.5           | 0.6  | 0.7  | 0.9  | 1.1  | 1.2  | 1.4  | 1.4  | 1.4  | 1.4  | 0.9  | 1.1  | 0.7  | -0.3 <sub>sss</sub> | 0.2  | 0.2  | 0.3  | 0.4  | 0.6  | 0.5  | 0.6  | 0.7  | 0.7  | 0.5  | 0.3  | 0.5  | 0.3  | -0.2                |
| 12th Grade                     | 0.4           | 0.6  | 0.5  | 0.6  | 1.1  | 1.0  | 1.2  | 1.0  | 1.1  | 1.5  | 0.9  | 1.0  | 0.8  | -0.2                | 0.2  | 0.3  | 0.2  | 0.3  | 0.6  | 0.5  | 0.5  | 0.5  | 0.5  | 0.7  | 0.4  | 0.5  | 0.4  | -0.1                |
| With a needle <sup>j</sup>     |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | 0.9  | 1.0  | 0.8  | 0.8  | 0.9  | 0.6  | 0.7  | 0.6  | 0.6  | 0.0                 | —    | —    | —    | —    | 0.4  | 0.5  | 0.4  | 0.5  | 0.4  | 0.3  | 0.4  | 0.3  | 0.3  | 0.0                 |
| 10th Grade                     | —             | —    | —    | —    | 0.6  | 0.7  | 0.7  | 0.8  | 0.6  | 0.5  | 0.4  | 0.6  | 0.5  | -0.1                | —    | —    | —    | —    | 0.3  | 0.3  | 0.3  | 0.4  | 0.3  | 0.3  | 0.2  | 0.3  | 0.2  | -0.1                |
| 12th Grade                     | —             | —    | —    | —    | 0.5  | 0.5  | 0.5  | 0.4  | 0.4  | 0.4  | 0.3  | 0.4  | 0.4  | +0.1                | —    | —    | —    | —    | 0.3  | 0.4  | 0.3  | 0.2  | 0.2  | 0.2  | 0.2  | 0.3  | 0.3  | 0.0                 |
| Without a needle <sup>j</sup>  |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | 0.8  | 1.0  | 0.8  | 0.8  | 0.9  | 0.7  | 0.6  | 0.6  | 0.6  | 0.0                 | —    | —    | —    | —    | 0.3  | 0.4  | 0.4  | 0.3  | 0.4  | 0.3  | 0.4  | 0.3  | 0.3  | -0.1                |
| 10th Grade                     | —             | —    | —    | —    | 0.8  | 0.9  | 1.1  | 1.0  | 1.1  | 1.1  | 0.7  | 0.8  | 0.5  | -0.3 <sub>s</sub>   | —    | —    | —    | —    | 0.3  | 0.3  | 0.4  | 0.5  | 0.5  | 0.4  | 0.2  | 0.4  | 0.2  | -0.1                |
| 12th Grade                     | —             | —    | —    | —    | 1.0  | 1.0  | 1.2  | 0.8  | 1.0  | 1.6  | 0.8  | 0.8  | 0.8  | -0.1                | —    | —    | —    | —    | 0.6  | 0.4  | 0.6  | 0.4  | 0.4  | 0.7  | 0.3  | 0.5  | 0.4  | 0.0                 |
| Other Narcotics <sup>k,l</sup> |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 10th Grade                     | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 12th Grade                     | 3.5           | 3.3  | 3.6  | 3.8  | 4.7  | 5.4  | 6.2  | 6.3  | 6.7  | 7.0  | 6.7‡ | 9.4  | 9.3  | -0.2                | 1.1  | 1.2  | 1.3  | 1.5  | 1.8  | 2.0  | 2.3  | 2.4  | 2.6  | 2.9  | 3.0‡ | 4.0  | 4.1  | +0.2                |
| OxyContin <sup>m,n</sup>       |               |      |      |      |      |      |      |      |      |      |      |      |      |                     |      |      |      |      |      |      |      |      |      |      |      |      |      |                     |
| 8th Grade                      | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 1.3  | 1.7  | +0.4                | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 10th Grade                     | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 3.0  | 3.6  | +0.6                | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |
| 12th Grade                     | —             | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 4.0  | 4.5  | +0.5                | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                   |

(Table continued on next page)

**TABLE 2 (cont.)**  
**Trends in Annual and 30-Day Prevalence of Use of Various Drugs**  
**for Eighth, Tenth, and Twelfth Graders**

|                                       | <u>Annual</u> |      |      |      |      |      |      |      |      |                  |                  |      |      | <u>30-Day</u>      |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
|---------------------------------------|---------------|------|------|------|------|------|------|------|------|------------------|------------------|------|------|--------------------|------|------|------|------|------|------|------|------|------|------------------|------|------|------|--------------------|---|
|                                       | 1991          | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000             | 2001             | 2002 | 2003 | '02-'03<br>change  | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000             | 2001 | 2002 | 2003 | '02-'03<br>change  |   |
| Vicodin <sup>m,n</sup>                |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | 2.5  | 2.8  | +0.2               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | 6.9  | 7.2  | +0.3               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | 9.6  | 10.5 | +0.9               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| Amphetamines <sup>k</sup>             |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | 6.2           | 6.5  | 7.2  | 7.9  | 8.7  | 9.1  | 8.1  | 7.2  | 6.9  | 6.5              | 6.7              | 5.5  | 5.5  | 0.0                | 2.6  | 3.3  | 3.6  | 3.6  | 4.2  | 4.6  | 3.8  | 3.3  | 3.4  | 3.4              | 3.2  | 2.8  | 2.7  | -0.1               |   |
| 10th Grade                            | 8.2           | 8.2  | 9.6  | 10.2 | 11.9 | 12.4 | 12.1 | 10.7 | 10.4 | 11.1             | 11.7             | 10.7 | 9.0  | -1.7 <sub>ss</sub> | 3.3  | 3.6  | 4.3  | 4.5  | 5.3  | 5.5  | 5.1  | 5.1  | 5.0  | 5.4              | 5.6  | 5.2  | 4.3  | -0.9 <sub>ss</sub> |   |
| 12th Grade                            | 8.2           | 7.1  | 8.4  | 9.4  | 9.3  | 9.5  | 10.2 | 10.1 | 10.2 | 10.5             | 10.9             | 11.1 | 9.9  | -1.3 <sub>s</sub>  | 3.2  | 2.8  | 3.7  | 4.0  | 4.0  | 4.1  | 4.8  | 4.6  | 4.5  | 5.0              | 5.6  | 5.5  | 5.0  | -0.5               |   |
| Ritalin <sup>m,n</sup>                |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | 2.9              | 2.8  | 2.6  | -0.2               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | 4.8              | 4.8  | 4.1  | -0.8               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | 5.1              | 4.0  | 4.0  | 0.0                | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| Methamphetamine <sup>m,n</sup>        |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | 3.2  | 2.5              | 2.8              | 2.2  | 2.5  | +0.4               | —    | —    | —    | —    | —    | —    | —    | —    | 1.1  | 0.8              | 1.3  | 1.1  | 1.2  | +0.1               |   |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | 4.6  | 4.0              | 3.7              | 3.9  | 3.3  | -0.6               | —    | —    | —    | —    | —    | —    | —    | —    | 1.8  | 2.0              | 1.5  | 1.8  | 1.4  | -0.4               |   |
| 12th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | 4.7  | 4.3              | 3.9              | 3.6  | 3.2  | -0.5               | —    | —    | —    | —    | —    | —    | —    | —    | 1.7  | 1.9              | 1.5  | 1.7  | 1.7  | +0.1               |   |
| Ice <sup>n</sup>                      |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | 1.4           | 1.3  | 1.7  | 1.8  | 2.4  | 2.8  | 2.3  | 3.0  | 1.9  | 2.2              | 2.5              | 3.0  | 2.0  | -1.1 <sub>ss</sub> | 0.6  | 0.5  | 0.6  | 0.7  | 1.1  | 1.1  | 0.8  | 1.2  | 0.8  | 1.0              | 1.1  | 1.2  | 0.8  | -0.4               |   |
| Sedatives (Barbiturates) <sup>k</sup> |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | 3.4           | 2.8  | 3.4  | 4.1  | 4.7  | 4.9  | 5.1  | 5.5  | 5.8  | 6.2              | 5.7              | 6.7  | 6.0  | -0.7               | 1.4  | 1.1  | 1.3  | 1.7  | 2.2  | 2.1  | 2.1  | 2.6  | 2.6  | 3.0              | 2.8  | 3.2  | 2.9  | -0.3               |   |
| Methaqualone <sup>e,k</sup>           |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | —                | —                | —    | —    | —                  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | 0.5           | 0.6  | 0.2  | 0.8  | 0.7  | 1.1  | 1.0  | 1.1  | 1.1  | 0.3              | 0.8              | 0.9  | 0.6  | -0.3               | 0.2  | 0.4  | 0.1  | 0.4  | 0.4  | 0.6  | 0.3  | 0.6  | 0.4  | 0.2              | 0.5  | 0.3  | 0.4  | 0.0                |   |
| Tranquilizers <sup>b,k</sup>          |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | 1.8           | 2.0  | 2.1  | 2.4  | 2.7  | 3.3  | 2.9  | 2.6  | 2.5  | 2.6 <sub>‡</sub> | 2.8              | 2.6  | 2.7  | +0.1               | 0.8  | 0.8  | 0.9  | 1.1  | 1.2  | 1.5  | 1.2  | 1.2  | 1.1  | 1.4 <sub>‡</sub> | 1.2  | 1.2  | 1.4  | +0.3               |   |
| 10th Grade                            | 3.2           | 3.5  | 3.3  | 3.3  | 4.0  | 4.6  | 4.9  | 5.1  | 5.4  | 5.6 <sub>‡</sub> | 7.3              | 6.3  | 5.3  | -1.0 <sub>s</sub>  | 1.2  | 1.5  | 1.1  | 1.5  | 1.7  | 1.7  | 2.2  | 2.2  | 2.2  | 2.5 <sub>‡</sub> | 2.9  | 2.9  | 2.4  | -0.5 <sub>s</sub>  |   |
| 12th Grade                            | 3.6           | 2.8  | 3.5  | 3.7  | 4.4  | 4.6  | 4.7  | 5.5  | 5.8  | 5.7 <sub>‡</sub> | 6.9              | 7.7  | 6.7  | -1.0 <sub>s</sub>  | 1.4  | 1.0  | 1.2  | 1.4  | 1.8  | 2.0  | 1.8  | 2.4  | 2.5  | 2.6 <sub>‡</sub> | 2.9  | 3.3  | 2.8  | -0.5 <sub>s</sub>  |   |
| Rohypnol <sup>e,o,p</sup>             |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | 1.0  | 0.8  | 0.8  | 0.5  | 0.5              | 0.7              | 0.3  | 0.5  | +0.2               | —    | —    | —    | —    | —    | 0.5  | 0.3  | 0.4  | 0.3  | 0.3              | 0.4  | 0.2  | 0.1  | -0.1               |   |
| 10th Grade                            | —             | —    | —    | —    | —    | 1.1  | 1.3  | 1.2  | 1.0  | 0.8              | 1.0              | 0.7  | 0.6  | -0.1               | —    | —    | —    | —    | —    | 0.5  | 0.5  | 0.4  | 0.5  | 0.4              | 0.2  | 0.4  | 0.2  | -0.1               |   |
| 12th Grade                            | —             | —    | —    | —    | —    | 1.1  | 1.2  | 1.4  | 1.0  | 0.8              | 0.9 <sub>‡</sub> | 1.6  | 1.3  | -0.3               | —    | —    | —    | —    | —    | 0.5  | 0.3  | 0.3  | 0.3  | 0.4              | 0.3  | —    | —    | —                  |   |
| GHB <sup>m,s</sup>                    |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | 1.2              | 1.1              | 0.8  | 0.9  | +0.1               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | 1.1              | 1.0              | 1.4  | 1.4  | 0.0                | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | 1.9              | 1.6              | 1.5  | 1.4  | -0.1               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| Ketamine <sup>m,t</sup>               |               |      |      |      |      |      |      |      |      |                  |                  |      |      |                    |      |      |      |      |      |      |      |      |      |                  |      |      |      |                    |   |
| 8th Grade                             | —             | —    | —    | —    | —    | —    | —    | —    | —    | 1.6              | 1.3              | 1.3  | 1.1  | -0.2               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 10th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | 2.1              | 2.1              | 2.2  | 1.9  | -0.2               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |
| 12th Grade                            | —             | —    | —    | —    | —    | —    | —    | —    | —    | 2.5              | 2.5              | 2.6  | 2.1  | -0.6               | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                | —    | —    | —    | —                  | — |

(Table continued on next page)

**TABLE 2 (cont.)**  
**Trends in Annual and 30-Day Prevalence of Use of Various Drugs**  
**for Eighth, Tenth, and Twelfth Graders**

|   | <u>Annual</u> |       |      |      |      |      |      |      |      |      |      |      |      | <u>30-Day</u>     |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
|---|---------------|-------|------|------|------|------|------|------|------|------|------|------|------|-------------------|--------|-------|------|------|------|------|------|------|------|------|------|------|------|-------------------|
|   | 1991          | 1992  | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03<br>change | 1991   | 1992  | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03<br>change |
| Alcohol <sup>a</sup>                                      |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| Any use   |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | 54.0          | 53.7‡ | 45.4 | 46.8 | 45.3 | 46.5 | 45.5 | 43.7 | 43.5 | 43.1 | 41.9 | 38.7 | 37.2 | -1.6              | 25.1   | 26.1‡ | 24.3 | 25.5 | 24.6 | 26.2 | 24.5 | 23.0 | 24.0 | 22.4 | 21.5 | 19.6 | 19.7 | +0.1              |
| 10th Grade  | 72.3          | 70.2‡ | 63.4 | 63.9 | 63.5 | 65.0 | 65.2 | 62.7 | 63.7 | 65.3 | 63.5 | 60.0 | 59.3 | -0.7              | 42.8   | 39.9‡ | 38.2 | 39.2 | 38.8 | 40.4 | 40.1 | 38.8 | 40.0 | 41.0 | 39.0 | 35.4 | 35.4 | 0.0               |
| 12th Grade  | 77.7          | 76.8‡ | 72.7 | 73.0 | 73.7 | 72.5 | 74.8 | 74.3 | 73.8 | 73.2 | 73.3 | 71.5 | 70.1 | -1.4              | 54.0   | 51.3‡ | 48.6 | 50.1 | 51.3 | 50.8 | 52.7 | 52.0 | 51.0 | 50.0 | 49.8 | 48.6 | 47.5 | -1.0              |
| Flavored alcoholic<br>beverages ("alcopops") <sup>e</sup> |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 10th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 12th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 55.6 | —                 | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| Been Drunk <sup>b</sup>                                   |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | 17.5          | 18.3  | 18.2 | 18.2 | 18.4 | 19.8 | 18.4 | 17.9 | 18.5 | 18.5 | 16.6 | 15.0 | 14.5 | -0.5              | 7.6    | 7.5   | 7.8  | 8.7  | 8.3  | 9.6  | 8.2  | 8.4  | 9.4  | 8.3  | 7.7  | 6.7  | 6.7  | +0.1              |
| 10th Grade  | 40.1          | 37.0  | 37.8 | 38.0 | 38.5 | 40.1 | 40.7 | 38.3 | 40.9 | 41.6 | 39.9 | 35.4 | 34.7 | -0.8              | 20.5   | 18.1  | 19.8 | 20.3 | 20.8 | 21.3 | 22.4 | 21.1 | 22.5 | 23.5 | 21.9 | 18.3 | 18.2 | -0.1              |
| 12th Grade  | 52.7          | 50.3  | 49.6 | 51.7 | 52.5 | 51.9 | 53.2 | 52.0 | 53.2 | 51.8 | 53.2 | 50.4 | 48.0 | -2.4              | 31.6   | 29.9  | 28.9 | 30.8 | 33.2 | 31.3 | 34.2 | 32.9 | 32.9 | 32.3 | 32.7 | 30.3 | 30.9 | +0.6              |
| Cigarettes  |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| Any use   |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | 14.3   | 15.5  | 16.7 | 18.6 | 19.1 | 21.0 | 19.4 | 19.1 | 17.5 | 14.6 | 12.2 | 10.7 | 10.2 | -0.5              |
| 10th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | 20.8   | 21.5  | 24.7 | 25.4 | 27.9 | 30.4 | 29.8 | 27.6 | 25.7 | 23.9 | 21.3 | 17.7 | 16.7 | -1.0              |
| 12th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | 28.3   | 27.8  | 29.9 | 31.2 | 33.5 | 34.0 | 36.5 | 35.1 | 34.6 | 31.4 | 29.5 | 26.7 | 24.4 | -2.3s             |
| Bidis <sup>m,n</sup>                                      |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 3.9  | 2.7  | 2.7  | 2.0               | -0.7   | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 10th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 6.4  | 4.9  | 3.1  | 2.8               | -0.3   | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 12th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 9.2  | 7.0  | 5.9  | 4.0               | -1.8ss | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| Kreteks <sup>m,n</sup>                                    |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 2.6  | 2.6  | 2.0  | -0.5              | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 10th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 6.0  | 4.9  | 3.8  | -1.0              | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| 12th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | 10.1 | 8.4  | 6.7  | -1.8s             | —      | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 |
| Smokeless Tobacco <sup>o,r</sup>                          |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | 6.9    | 7.0   | 6.6  | 7.7  | 7.1  | 7.1  | 5.5  | 4.8  | 4.5  | 4.2  | 4.0  | 3.3  | 4.1  | +0.9              |
| 10th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | 10.0   | 9.6   | 10.4 | 10.5 | 9.7  | 8.6  | 8.9  | 7.5  | 6.5  | 6.1  | 6.9  | 6.1  | 5.3  | -0.8              |
| 12th Grade  | —             | —     | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —                 | —      | 11.4  | 10.7 | 11.1 | 12.2 | 9.8  | 9.7  | 8.8  | 8.4  | 7.6  | 7.8  | 6.5  | 6.7  | +0.2              |
| Steroids <sup>n</sup>                                     |               |       |      |      |      |      |      |      |      |      |      |      |      |                   |        |       |      |      |      |      |      |      |      |      |      |      |      |                   |
| 8th Grade   | 1.0           | 1.1   | 0.9  | 1.2  | 1.0  | 0.9  | 1.0  | 1.2  | 1.7  | 1.7  | 1.6  | 1.5  | 1.4  | -0.1              | 0.4    | 0.5   | 0.5  | 0.5  | 0.6  | 0.4  | 0.5  | 0.5  | 0.7  | 0.8  | 0.7  | 0.8  | 0.7  | -0.1              |
| 10th Grade  | 1.1           | 1.1   | 1.0  | 1.1  | 1.2  | 1.2  | 1.2  | 1.2  | 1.7  | 2.2  | 2.1  | 2.2  | 1.7  | -0.5ss            | 0.6    | 0.6   | 0.5  | 0.6  | 0.6  | 0.5  | 0.7  | 0.6  | 0.9  | 1.0  | 0.9  | 1.0  | 0.8  | -0.3s             |
| 12th Grade  | 1.4           | 1.1   | 1.2  | 1.3  | 1.5  | 1.4  | 1.4  | 1.7  | 1.8  | 1.7  | 2.4  | 2.5  | 2.1  | -0.4              | 0.8    | 0.6   | 0.7  | 0.9  | 0.7  | 0.7  | 1.0  | 1.1  | 0.9  | 0.8  | 1.3  | 1.4  | 1.3  | -0.1              |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001.

— indicates data not available.

‡ indicates some change in the question. See relevant footnote for that drug.

Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

**TABLE 3**  
**Trends in 30-Day Prevalence of Daily Use of Various Drugs for Eighth, Tenth, and Twelfth Graders**

|   | <u>Daily</u> |             |             |             |             |             |             |             |             |             |             |             |             | '02-'03       |
|---|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|---------------|
|   | <u>1991</u>  | <u>1992</u> | <u>1993</u> | <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> | <u>1998</u> | <u>1999</u> | <u>2000</u> | <u>2001</u> | <u>2002</u> | <u>2003</u> | <u>change</u> |
| Marijuana/Hashish, daily <sup>u</sup>   |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 0.2          | 0.2         | 0.4         | 0.7         | 0.8         | 1.5         | 1.1         | 1.1         | 1.4         | 1.3         | 1.3         | 1.2         | 1.0         | -0.2          |
| 10th Grade                              | 0.8          | 0.8         | 1.0         | 2.2         | 2.8         | 3.5         | 3.7         | 3.6         | 3.8         | 3.8         | 4.5         | 3.9         | 3.6         | -0.3          |
| 12th Grade                              | 2.0          | 1.9         | 2.4         | 3.6         | 4.6         | 4.9         | 5.8         | 5.6         | 6.0         | 6.0         | 5.8         | 6.0         | 6.0         | 0.0           |
| Alcohol <sup>q,u</sup>                  |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| Any daily use                           |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 0.5          | 0.6‡        | 1.0         | 1.0         | 0.7         | 1.0         | 0.8         | 0.9         | 1.0         | 0.8         | 0.9         | 0.7         | 0.8         | +0.1          |
| 10th Grade                              | 1.3          | 1.2‡        | 1.8         | 1.7         | 1.7         | 1.6         | 1.7         | 1.9         | 1.9         | 1.8         | 1.9         | 1.8         | 1.5         | -0.3          |
| 12th Grade                              | 3.6          | 3.4‡        | 3.4         | 2.9         | 3.5         | 3.7         | 3.9         | 3.9         | 3.4         | 2.9         | 3.6         | 3.5         | 3.2         | -0.3          |
| Been Drunk, daily <sup>n,u</sup>        |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 0.1          | 0.1         | 0.2         | 0.3         | 0.2         | 0.2         | 0.2         | 0.3         | 0.4         | 0.3         | 0.2         | 0.3         | 0.2         | 0.0           |
| 10th Grade                              | 0.2          | 0.3         | 0.4         | 0.4         | 0.6         | 0.4         | 0.6         | 0.6         | 0.7         | 0.5         | 0.6         | 0.5         | 0.5         | 0.0           |
| 12th Grade                              | 0.9          | 0.8         | 0.9         | 1.2         | 1.3         | 1.6         | 2.0         | 1.5         | 1.9         | 1.7         | 1.4         | 1.2         | 1.6         | +0.4          |
| 5+ drinks in a row<br>in last 2 weeks   |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 12.9         | 13.4        | 13.5        | 14.5        | 14.5        | 15.6        | 14.5        | 13.7        | 15.2        | 14.1        | 13.2        | 12.4        | 11.9        | -0.5          |
| 10th Grade                              | 22.9         | 21.1        | 23.0        | 23.6        | 24.0        | 24.8        | 25.1        | 24.3        | 25.6        | 26.2        | 24.9        | 22.4        | 22.2        | -0.3          |
| 12th Grade                              | 29.8         | 27.9        | 27.5        | 28.2        | 29.8        | 30.2        | 31.3        | 31.5        | 30.8        | 30.0        | 29.7        | 28.6        | 27.9        | -0.7          |
| Cigarettes                              |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| Any daily use                           |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 7.2          | 7.0         | 8.3         | 8.8         | 9.3         | 10.4        | 9.0         | 8.8         | 8.1         | 7.4         | 5.5         | 5.1         | 4.5         | -0.6          |
| 10th Grade                              | 12.6         | 12.3        | 14.2        | 14.6        | 16.3        | 18.3        | 18.0        | 15.8        | 15.9        | 14.0        | 12.2        | 10.1        | 8.9         | -1.2          |
| 12th Grade                              | 18.5         | 17.2        | 19.0        | 19.4        | 21.6        | 22.2        | 24.6        | 22.4        | 23.1        | 20.6        | 19.0        | 16.9        | 15.8        | -1.1          |
| 1/2 pack+/day                           |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 3.1          | 2.9         | 3.5         | 3.6         | 3.4         | 4.3         | 3.5         | 3.6         | 3.3         | 2.8         | 2.3         | 2.1         | 1.8         | -0.3          |
| 10th Grade                              | 6.5          | 6.0         | 7.0         | 7.6         | 8.3         | 9.4         | 8.6         | 7.9         | 7.6         | 6.2         | 5.5         | 4.4         | 4.1         | -0.2          |
| 12th Grade                              | 10.7         | 10.0        | 10.9        | 11.2        | 12.4        | 13.0        | 14.3        | 12.6        | 13.2        | 11.3        | 10.3        | 9.1         | 8.4         | -0.8          |
| Smokeless Tobacco, daily <sup>q,r</sup> |              |             |             |             |             |             |             |             |             |             |             |             |             |               |
| 8th Grade                               | 1.6          | 1.8         | 1.5         | 1.9         | 1.2         | 1.5         | 1.0         | 1.0         | 0.9         | 0.9         | 1.2         | 0.8         | 0.8         | 0.0           |
| 10th Grade                              | 3.3          | 3.0         | 3.3         | 3.0         | 2.7         | 2.2         | 2.2         | 2.2         | 1.5         | 1.9         | 2.2         | 1.7         | 1.8         | +0.1          |
| 12th Grade                              | —            | 4.3         | 3.3         | 3.9         | 3.6         | 3.3         | 4.4         | 3.2         | 2.9         | 3.2         | 2.8         | 2.0         | 2.2         | +0.2          |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001.  
 '—' indicates data not available.

‡ indicates some change in the question. See relevant footnote for that drug.

Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

TABLE 4

Trends in Harmfulness of Drugs as Perceived by Eighth and Tenth Graders, 1991–2003

| How much do you think people risk harming themselves (physically or in other ways), if they . . .  | Percentage saying “great risk” <sup>a</sup> |      |      |      |      |      |      |      |      |      |      |      |      |   |      |      |      |      |      |      |      |      |      |      |      |      |      |                |
|--|---|------|------|------|------|------|------|------|------|------|------|------|------|---|------|------|------|------|------|------|------|------|------|------|------|------|------|----------------|
|  | 8th Grade                                   |      |      |      |      |      |      |      |      |      |      |      |      | 10th Grade  |      |      |      |      |      |      |      |      |      |      |      |      |      |                |
|  | 1991  | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02–'03 change  | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02–'03 change |
| Try marijuana once or twice  | 40.4  | 39.1 | 36.2 | 31.6 | 28.9 | 27.9 | 25.3 | 28.1 | 28.0 | 29.0 | 27.7 | 28.2 | 30.2 | +2.0s   | 30.0 | 31.9 | 29.7 | 24.4 | 21.5 | 20.0 | 18.8 | 19.6 | 19.2 | 18.5 | 17.9 | 19.9 | 21.1 | +1.2           |
| Smoke marijuana occasionally   | 57.9  | 56.3 | 53.8 | 48.6 | 45.9 | 44.3 | 43.1 | 45.0 | 45.7 | 47.4 | 46.3 | 46.0 | 48.6 | +2.6s   | 48.6 | 48.9 | 46.1 | 38.9 | 35.4 | 32.8 | 31.9 | 32.5 | 33.5 | 32.4 | 31.2 | 32.0 | 34.9 | +2.9ss         |
| Smoke marijuana regularly  | 83.8  | 82.0 | 79.6 | 74.3 | 73.0 | 70.9 | 72.7 | 73.0 | 73.3 | 74.8 | 72.2 | 71.7 | 74.2 | +2.5s   | 82.1 | 81.1 | 78.5 | 71.3 | 67.9 | 65.9 | 65.9 | 65.8 | 65.9 | 64.7 | 62.8 | 60.8 | 63.9 | +3.1ss         |
| Try inhalants once or twice <sup>b</sup>   | 35.9  | 37.0 | 36.5 | 37.9 | 36.4 | 40.8 | 40.1 | 38.9 | 40.8 | 41.2 | 45.6 | 42.8 | 40.3 | -2.5  | 37.8 | 38.7 | 40.9 | 42.7 | 41.6 | 47.2 | 47.5 | 45.8 | 48.2 | 46.6 | 49.9 | 48.7 | 47.7 | -1.0           |
| Try inhalants regularly <sup>b</sup>   | 65.6  | 64.4 | 64.6 | 65.5 | 64.8 | 68.2 | 68.7 | 67.2 | 68.8 | 69.9 | 71.6 | 69.9 | 67.4 | -2.5  | 69.8 | 67.9 | 69.6 | 71.5 | 71.8 | 75.8 | 74.5 | 73.3 | 76.3 | 75.0 | 76.4 | 73.4 | 72.2 | -1.2           |
| Take LSD once or twice <sup>c</sup>  | —   | —    | 42.1 | 38.3 | 36.7 | 36.5 | 37.0 | 34.9 | 34.1 | 34.0 | 31.6 | 29.6 | 27.9 | -1.7  | —    | —    | 48.7 | 46.5 | 44.7 | 45.1 | 44.5 | 43.5 | 45.0 | 43.0 | 41.3 | 40.1 | 40.8 | +0.7           |
| Take LSD regularly <sup>c</sup>  | —   | —    | 68.3 | 65.8 | 64.4 | 63.6 | 64.1 | 59.6 | 58.8 | 57.5 | 52.9 | 49.3 | 48.2 | -1.1  | —    | —    | 78.9 | 75.9 | 75.5 | 75.3 | 73.8 | 72.3 | 73.9 | 72.0 | 68.8 | 64.9 | 63.0 | -1.9           |
| Try MDMA (Ecstasy) once or twice <sup>d</sup>  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | 35.8 | 38.9 | 41.9 | +3.0  | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 39.4 | 43.5 | 49.7 | +6.1sss        |
| Take MDMA (Ecstasy) occasionally <sup>d</sup>  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | 55.5 | 61.8 | 65.8 | +4.0s   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 64.8 | 67.3 | 71.7 | +4.3ss         |
| Try crack once or twice <sup>b</sup>   | 62.8  | 61.2 | 57.2 | 54.4 | 50.8 | 51.0 | 49.9 | 49.3 | 48.7 | 48.5 | 48.6 | 47.4 | 48.7 | +1.3  | 70.4 | 69.6 | 66.6 | 64.7 | 60.9 | 60.9 | 59.2 | 58.0 | 57.8 | 56.1 | 57.1 | 57.4 | 57.6 | +0.2           |
| Take crack occasionally <sup>b</sup>   | 82.2  | 79.6 | 76.8 | 74.4 | 72.1 | 71.6 | 71.2 | 70.6 | 70.6 | 70.1 | 70.0 | 69.7 | 70.3 | +0.6  | 87.4 | 86.4 | 84.4 | 83.1 | 81.2 | 80.3 | 78.7 | 77.5 | 79.1 | 76.9 | 77.3 | 75.7 | 76.4 | +0.7           |
| Try cocaine powder once or twice <sup>b</sup>  | 55.5  | 54.1 | 50.7 | 48.4 | 44.9 | 45.2 | 45.0 | 44.0 | 43.3 | 43.3 | 43.9 | 43.2 | 43.7 | +0.6  | 59.1 | 59.2 | 57.5 | 56.4 | 53.5 | 53.6 | 52.2 | 50.9 | 51.6 | 48.8 | 50.6 | 51.3 | 51.8 | +0.5           |
| Take cocaine powder occasionally <sup>b</sup>  | 77.0  | 74.3 | 71.8 | 69.1 | 66.4 | 65.7 | 65.8 | 65.2 | 65.4 | 65.5 | 65.8 | 64.9 | 65.8 | +0.9  | 82.2 | 80.1 | 79.1 | 77.8 | 75.6 | 75.0 | 73.9 | 71.8 | 73.6 | 70.9 | 72.3 | 71.0 | 71.4 | +0.5           |
| Try heroin once or twice without using a needle <sup>c</sup>                                       | —   | —    | —    | —    | 60.1 | 61.3 | 63.0 | 62.8 | 63.0 | 62.0 | 61.1 | 62.6 | 62.7 | +0.1  | —    | —    | —    | —    | 70.7 | 72.1 | 73.1 | 71.7 | 73.7 | 71.7 | 72.0 | 72.2 | 70.6 | -1.6           |
| Take heroin occasionally without using a needle <sup>c</sup>                                       | —   | —    | —    | —    | 76.8 | 76.6 | 79.2 | 79.0 | 78.9 | 78.6 | 78.5 | 78.5 | 77.8 | -0.7  | —    | —    | —    | —    | 85.1 | 85.8 | 86.5 | 84.9 | 86.5 | 85.2 | 85.4 | 83.4 | 83.5 | +0.1           |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)                                | 11.0  | 12.1 | 12.4 | 11.6 | 11.6 | 11.8 | 10.4 | 12.1 | 11.6 | 11.9 | 12.2 | 12.5 | 12.6 | +0.2  | 9.0  | 10.1 | 10.9 | 9.4  | 9.3  | 8.9  | 9.0  | 10.1 | 10.5 | 9.6  | 9.8  | 11.5 | 11.5 | 0.0            |
| Take one or two drinks nearly every day  | 31.8  | 32.4 | 32.6 | 29.9 | 30.5 | 28.6 | 29.1 | 30.3 | 29.7 | 30.4 | 30.0 | 29.6 | 29.9 | +0.3  | 36.1 | 36.8 | 35.9 | 32.5 | 31.7 | 31.2 | 31.8 | 31.9 | 32.9 | 32.3 | 31.5 | 31.0 | 30.9 | -0.1           |
| Have five or more drinks once or twice each weekend  | 59.1  | 58.0 | 57.7 | 54.7 | 54.1 | 51.8 | 55.6 | 56.0 | 55.3 | 55.9 | 56.1 | 56.4 | 56.5 | 0.0   | 54.7 | 55.9 | 54.9 | 52.9 | 52.0 | 50.9 | 51.8 | 52.5 | 51.9 | 51.0 | 50.7 | 51.7 | 51.6 | -0.1           |
| Smoke one or more packs of cigarettes per day <sup>c</sup>   | 51.6  | 50.8 | 52.7 | 50.8 | 49.8 | 50.4 | 52.6 | 54.3 | 54.8 | 58.8 | 57.1 | 57.5 | 57.7 | +0.2  | 60.3 | 59.3 | 60.7 | 59.0 | 57.0 | 57.9 | 59.9 | 61.9 | 62.7 | 65.9 | 64.7 | 64.3 | 65.7 | +1.3           |
| Use smokeless tobacco regularly  | 35.1  | 35.1 | 36.9 | 35.5 | 33.5 | 34.0 | 35.2 | 36.5 | 37.1 | 39.0 | 38.2 | 39.4 | 39.7 | +0.4  | 40.3 | 39.6 | 44.2 | 42.2 | 38.2 | 41.0 | 42.2 | 42.8 | 44.2 | 46.7 | 46.2 | 46.9 | 48.0 | +1.1           |
| Take steroids <sup>f</sup>   | 64.2  | 69.5 | 70.2 | 67.6 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —   | 67.1 | 72.7 | 73.4 | 72.5 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —              |
| <i>Approx. N (in thousands) = 17.4 18.7 18.4 17.4 17.5 17.9 18.8 18.1 16.7 16.7 16.2 15.1 16.5</i> |   |      |      |      |      |      |      |      |      |      |      |      |      | <i>14.7 14.8 15.3 15.9 17.0 15.7 15.6 15.0 13.6 14.3 14.0 14.3 15.8</i> |      |      |      |      |      |      |      |      |      |      |      |      |      |                |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ‘—’ indicates data not available. Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

<sup>b</sup>Beginning in 1997, data based on two-thirds of N indicated due to changes in questionnaire forms.

<sup>c</sup>Data based on one of two forms in 1993–96; N is one-half of N indicated. Beginning in 1997, data based on one-third of N indicated due to changes in questionnaire forms.

<sup>d</sup>Data based on one-third of N indicated due to changes in questionnaire forms.

<sup>e</sup>Beginning in 1999, data based on two-thirds of N indicated due to changes in questionnaire forms.

<sup>f</sup>Data based on two forms in 1991 and 1992. Data based on one of two forms in 1993 and 1994; N is one-half of N indicated.

**TABLE 5**  
**Long-Term Trends in Harmfulness of Drugs as Perceived by Twelfth Graders**

| <i>How much do you think people risk harming themselves (physically or in other ways), if they . . .</i> | Percentage saying "great risk" <sup>a</sup> |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|--|---|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|  | <u>12th Grade</u>                           |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|  | 1975  | 1976 | 1977 | 1978 | 1979 | 1980 | 1981 | 1982 | 1983 | 1984 | 1985 | 1986 | 1987 | 1988 | 1989 |
| Try marijuana once or twice  | 15.1  | 11.4 | 9.5  | 8.1  | 9.4  | 10.0 | 13.0 | 11.5 | 12.7 | 14.7 | 14.8 | 15.1 | 18.4 | 19.0 | 23.6 |
| Smoke marijuana occasionally   | 18.1  | 15.0 | 13.4 | 12.4 | 13.5 | 14.7 | 19.1 | 18.3 | 20.6 | 22.6 | 24.5 | 25.0 | 30.4 | 31.7 | 36.5 |
| Smoke marijuana regularly  | 43.3  | 38.6 | 36.4 | 34.9 | 42.0 | 50.4 | 57.6 | 60.4 | 62.8 | 66.9 | 70.4 | 71.3 | 73.5 | 77.0 | 77.5 |
| Try LSD once or twice  | 49.4  | 45.7 | 43.2 | 42.7 | 41.6 | 43.9 | 45.5 | 44.9 | 44.7 | 45.4 | 43.5 | 42.0 | 44.9 | 45.7 | 46.0 |
| Take LSD regularly   | 81.4  | 80.8 | 79.1 | 81.1 | 82.4 | 83.0 | 83.5 | 83.5 | 83.2 | 83.8 | 82.9 | 82.6 | 83.8 | 84.2 | 84.3 |
| Try PCP once or twice  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 55.6 | 58.8 | 56.6 |
| Try MDMA (Ecstasy) once or twice   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try cocaine once or twice  | 42.6  | 39.1 | 35.6 | 33.2 | 31.5 | 31.3 | 32.1 | 32.8 | 33.0 | 35.7 | 34.0 | 33.5 | 47.9 | 51.2 | 54.9 |
| Take cocaine occasionally  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 54.2 | 66.8 | 69.2 | 71.8 |
| Take cocaine regularly   | 73.1  | 72.3 | 68.2 | 68.2 | 69.5 | 69.2 | 71.2 | 73.0 | 74.3 | 78.8 | 79.0 | 82.2 | 88.5 | 89.2 | 90.2 |
| Try crack once or twice  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 57.0 | 62.1 | 62.9 |
| Take crack occasionally  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 70.4 | 73.2 | 75.3 |
| Take crack regularly   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 84.6 | 84.8 | 85.6 |
| Try cocaine powder once or twice   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 45.3 | 51.7 | 53.8 |
| Take cocaine powder occasionally   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 56.8 | 61.9 | 65.8 |
| Take cocaine powder regularly  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 81.4 | 82.9 | 83.9 |
| Try heroin once or twice   | 60.1  | 58.9 | 55.8 | 52.9 | 50.4 | 52.1 | 52.9 | 51.1 | 50.8 | 49.8 | 47.3 | 45.8 | 53.6 | 54.0 | 53.8 |
| Take heroin occasionally   | 75.6  | 75.6 | 71.9 | 71.4 | 70.9 | 70.9 | 72.2 | 69.8 | 71.8 | 70.7 | 69.8 | 68.2 | 74.6 | 73.8 | 75.5 |
| Take heroin regularly  | 87.2  | 88.6 | 86.1 | 86.6 | 87.5 | 86.2 | 87.5 | 86.0 | 86.1 | 87.2 | 86.0 | 87.1 | 88.7 | 88.8 | 89.5 |
| Try heroin once or twice without using a needle  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take heroin occasionally without using a needle  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try amphetamines once or twice   | 35.4  | 33.4 | 30.8 | 29.9 | 29.7 | 29.7 | 26.4 | 25.3 | 24.7 | 25.4 | 25.2 | 25.1 | 29.1 | 29.6 | 32.8 |
| Take amphetamines regularly  | 69.0  | 67.3 | 66.6 | 67.1 | 69.9 | 69.1 | 66.1 | 64.7 | 64.8 | 67.1 | 67.2 | 67.3 | 69.4 | 69.8 | 71.2 |
| Try crystal meth. (ice) once or twice  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try barbiturates once or twice   | 34.8  | 32.5 | 31.2 | 31.3 | 30.7 | 30.9 | 28.4 | 27.5 | 27.0 | 27.4 | 26.1 | 25.4 | 30.9 | 29.7 | 32.2 |
| Take barbiturates regularly  | 69.1  | 67.7 | 68.6 | 68.4 | 71.6 | 72.2 | 69.9 | 67.6 | 67.7 | 68.5 | 68.3 | 67.2 | 69.4 | 69.6 | 70.5 |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)                                      | 5.3   | 4.8  | 4.1  | 3.4  | 4.1  | 3.8  | 4.6  | 3.5  | 4.2  | 4.6  | 5.0  | 4.6  | 6.2  | 6.0  | 6.0  |
| Take one or two drinks nearly every day  | 21.5  | 21.2 | 18.5 | 19.6 | 22.6 | 20.3 | 21.6 | 21.6 | 21.6 | 23.0 | 24.4 | 25.1 | 26.2 | 27.3 | 28.5 |
| Take four or five drinks nearly every day  | 63.5  | 61.0 | 62.9 | 63.1 | 66.2 | 65.7 | 64.5 | 65.5 | 66.8 | 68.4 | 69.8 | 66.5 | 69.7 | 68.5 | 69.8 |
| Have five or more drinks once or twice each weekend  | 37.8  | 37.0 | 34.7 | 34.5 | 34.9 | 35.9 | 36.3 | 36.0 | 38.6 | 41.7 | 43.0 | 39.1 | 41.9 | 42.6 | 44.0 |
| Smoke one or more packs of cigarettes per day  | 51.3  | 56.4 | 58.4 | 59.0 | 63.0 | 63.7 | 63.3 | 60.5 | 61.2 | 63.8 | 66.5 | 66.0 | 68.6 | 68.0 | 67.2 |
| Use smokeless tobacco regularly  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 25.8 | 30.0 | 33.2 | 32.9 |
| Take steroids  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 63.8 |

*Approx. N = 2804 2918 3052 3770 3250 3234 3604 3557 3305 3262 3250 3020 3315 3276 2796*

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

(Table continued on next page)



**TABLE 5 (cont.)**  
**Long-Term Trends in Harmfulness of Drugs as Perceived by Twelfth Graders**

| <i>How much do you think people risk harming themselves (physically or in other ways), if they . . .</i> | Percentage saying "great risk" <sup>a</sup> |      |      |      |      |      |      |      |      |      |      |      |      |      | '02-'03<br>change |
|--|---|------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------|
|  | <u>12th Grade</u>                           |      |      |      |      |      |      |      |      |      |      |      |      |      |                   |
|  | 1990  | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 |                   |
| Try marijuana once or twice  | 23.1  | 27.1 | 24.5 | 21.9 | 19.5 | 16.3 | 15.6 | 14.9 | 16.7 | 15.7 | 13.7 | 15.3 | 16.1 | 16.1 | 0.0               |
| Smoke marijuana occasionally   | 36.9  | 40.6 | 39.6 | 35.6 | 30.1 | 25.6 | 25.9 | 24.7 | 24.4 | 23.9 | 23.4 | 23.5 | 23.2 | 26.6 | +3.4s             |
| Smoke marijuana regularly  | 77.8  | 78.6 | 76.5 | 72.5 | 65.0 | 60.8 | 59.9 | 58.1 | 58.5 | 57.4 | 58.3 | 57.4 | 53.0 | 54.9 | +1.9              |
| Try LSD once or twice  | 44.7  | 46.6 | 42.3 | 39.5 | 38.8 | 36.4 | 36.2 | 34.7 | 37.4 | 34.9 | 34.3 | 33.2 | 36.7 | 36.2 | -0.5              |
| Take LSD regularly   | 84.5  | 84.3 | 81.8 | 79.4 | 79.1 | 78.1 | 77.8 | 76.6 | 76.5 | 76.1 | 75.9 | 74.1 | 73.9 | 72.3 | -1.6              |
| Try PCP once or twice  | 55.2  | 51.7 | 54.8 | 50.8 | 51.5 | 49.1 | 51.0 | 48.8 | 46.8 | 44.8 | 45.0 | 46.2 | 48.3 | 45.2 | -3.1              |
| Try MDMA (Ecstasy) once or twice   | —   | —    | —    | —    | —    | —    | —    | 33.8 | 34.5 | 35.0 | 37.9 | 45.7 | 52.2 | 56.3 | +4.1s             |
| Try cocaine once or twice  | 59.4  | 59.4 | 56.8 | 57.6 | 57.2 | 53.7 | 54.2 | 53.6 | 54.6 | 52.1 | 51.1 | 50.7 | 51.2 | 51.0 | -0.2              |
| Take cocaine occasionally  | 73.9  | 75.5 | 75.1 | 73.3 | 73.7 | 70.8 | 72.1 | 72.4 | 70.1 | 70.1 | 69.5 | 69.9 | 68.3 | 69.1 | +0.8              |
| Take cocaine regularly   | 91.1  | 90.4 | 90.2 | 90.1 | 89.3 | 87.9 | 88.3 | 87.1 | 86.3 | 85.8 | 86.2 | 84.1 | 84.5 | 83.0 | -1.4              |
| Try crack once or twice  | 64.3  | 60.6 | 62.4 | 57.6 | 58.4 | 54.6 | 56.0 | 54.0 | 52.2 | 48.2 | 48.4 | 49.4 | 50.8 | 47.3 | -3.5              |
| Take crack occasionally  | 80.4  | 76.5 | 76.3 | 73.9 | 73.8 | 72.8 | 71.4 | 70.3 | 68.7 | 67.3 | 65.8 | 65.4 | 65.6 | 64.0 | -1.6              |
| Take crack regularly   | 91.6  | 90.1 | 89.3 | 87.5 | 89.6 | 88.6 | 88.0 | 86.2 | 85.3 | 85.4 | 85.3 | 85.8 | 84.1 | 83.2 | -0.9              |
| Try cocaine powder once or twice   | 53.9  | 53.6 | 57.1 | 53.2 | 55.4 | 52.0 | 53.2 | 51.4 | 48.5 | 46.1 | 47.0 | 49.0 | 49.5 | 46.2 | -3.2              |
| Take cocaine powder occasionally   | 71.1  | 69.8 | 70.8 | 68.6 | 70.6 | 69.1 | 68.8 | 67.7 | 65.4 | 64.2 | 64.7 | 63.2 | 64.4 | 61.4 | -2.9              |
| Take cocaine powder regularly  | 90.2  | 88.9 | 88.4 | 87.0 | 88.6 | 87.8 | 86.8 | 86.0 | 84.1 | 84.6 | 85.5 | 84.4 | 84.2 | 82.3 | -1.9              |
| Try heroin once or twice   | 55.4  | 55.2 | 50.9 | 50.7 | 52.8 | 50.9 | 52.5 | 56.7 | 57.8 | 56.0 | 54.2 | 55.6 | 56.0 | 58.0 | +2.0              |
| Take heroin occasionally   | 76.6  | 74.9 | 74.2 | 72.0 | 72.1 | 71.0 | 74.8 | 76.3 | 76.9 | 77.3 | 74.6 | 75.9 | 76.6 | 78.5 | +1.9              |
| Take heroin regularly  | 90.2  | 89.6 | 89.2 | 88.3 | 88.0 | 87.2 | 89.5 | 88.9 | 89.1 | 89.9 | 89.2 | 88.3 | 88.5 | 89.3 | +0.9              |
| Try heroin once or twice without using a needle  | —   | —    | —    | —    | —    | 55.6 | 58.6 | 60.5 | 59.6 | 58.5 | 61.6 | 60.7 | 60.6 | 58.9 | -1.7              |
| Take heroin occasionally without using a needle  | —   | —    | —    | —    | —    | 71.2 | 71.0 | 74.3 | 73.4 | 73.6 | 74.7 | 74.4 | 74.7 | 73.0 | -1.7              |
| Try amphetamines once or twice   | 32.2  | 36.3 | 32.6 | 31.3 | 31.4 | 28.8 | 30.8 | 31.0 | 35.3 | 32.2 | 32.6 | 34.7 | 34.4 | 36.8 | +2.4              |
| Take amphetamines regularly  | 71.2  | 74.1 | 72.4 | 69.9 | 67.0 | 65.9 | 66.8 | 66.0 | 67.7 | 66.4 | 66.3 | 67.1 | 64.8 | 65.6 | +0.8              |
| Try crystal meth. (ice) once or twice  | —   | 61.6 | 61.9 | 57.5 | 58.3 | 54.4 | 55.3 | 54.4 | 52.7 | 51.2 | 51.3 | 52.7 | 53.8 | 51.2 | -2.6              |
| Try barbiturates once or twice   | 32.4  | 35.1 | 32.2 | 29.2 | 29.9 | 26.3 | 29.1 | 26.9 | 29.0 | 26.1 | 25.0 | 25.7 | 26.2 | 27.9 | +1.7              |
| Take barbiturates regularly  | 70.2  | 70.5 | 70.2 | 66.1 | 63.3 | 61.6 | 60.4 | 56.8 | 56.3 | 54.1 | 52.3 | 50.3 | 49.3 | 49.6 | +0.3              |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)                                      | 8.3   | 9.1  | 8.6  | 8.2  | 7.6  | 5.9  | 7.3  | 6.7  | 8.0  | 8.3  | 6.4  | 8.7  | 7.6  | 8.4  | +0.7              |
| Take one or two drinks nearly every day  | 31.3  | 32.7 | 30.6 | 28.2 | 27.0 | 24.8 | 25.1 | 24.8 | 24.3 | 21.8 | 21.7 | 23.4 | 21.0 | 20.1 | -0.9              |
| Take four or five drinks nearly every day  | 70.9  | 69.5 | 70.5 | 67.8 | 66.2 | 62.8 | 65.6 | 63.0 | 62.1 | 61.1 | 59.9 | 60.7 | 58.8 | 57.8 | -1.0              |
| Have five or more drinks once or twice each weekend  | 47.1  | 48.6 | 49.0 | 48.3 | 46.5 | 45.2 | 49.5 | 43.0 | 42.8 | 43.1 | 42.7 | 43.6 | 42.2 | 43.5 | +1.3              |
| Smoke one or more packs of cigarettes per day  | 68.2  | 69.4 | 69.2 | 69.5 | 67.6 | 65.6 | 68.2 | 68.7 | 70.8 | 70.8 | 73.1 | 73.3 | 74.2 | 72.1 | -2.1              |
| Use smokeless tobacco regularly  | 34.2  | 37.4 | 35.5 | 38.9 | 36.6 | 33.2 | 37.4 | 38.6 | 40.9 | 41.1 | 42.2 | 45.4 | 42.6 | 43.3 | +0.8              |
| Take steroids  | 69.9  | 65.6 | 70.7 | 69.1 | 66.1 | 66.4 | 67.6 | 67.2 | 68.1 | 62.1 | 57.9 | 58.9 | 57.1 | 55.0 | -2.1              |

*Approx. N = 2553 2549 2684 2759 2591 2603 2449 2579 2564 2306 2130 2173 2198 2466*

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

**TABLE 6**  
**Trends in Disapproval of Drug Use by Eighth and Tenth Graders, 1991–2003**

| Do you disapprove of people who . . .   | Percentage who “disapprove” or “strongly disapprove” <sup>a</sup> |      |      |      |      |      |      |      |      |      |      |      |                   |        |      |      |      |      |      |      |      |      |      |      |      |      |                   |        |
|---|---|------|------|------|------|------|------|------|------|------|------|------|-------------------|--------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------|--------|
|   | 8th Grade   |      |      |      |      |      |      |      |      |      |      |      | 10th Grade        |        |      |      |      |      |      |      |      |      |      |      |      |      |                   |        |
|   | 1991  | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003              | change | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003              | change |
| Try marijuana once or twice   | 84.6  | 82.1 | 79.2 | 72.9 | 70.7 | 67.5 | 67.6 | 69.0 | 70.7 | 72.5 | 72.4 | 73.3 | 73.8              | +0.5   | 74.6 | 74.8 | 70.3 | 62.4 | 59.8 | 55.5 | 54.1 | 56.0 | 56.2 | 54.9 | 54.8 | 57.8 | 58.1              | +0.3   |
| Smoke marijuana occasionally  | 89.5  | 88.1 | 85.7 | 80.9 | 79.7 | 76.5 | 78.1 | 78.4 | 79.3 | 80.6 | 80.6 | 80.9 | 81.5              | +0.6   | 83.7 | 83.6 | 79.4 | 72.3 | 70.0 | 66.9 | 66.2 | 67.3 | 68.2 | 67.2 | 66.2 | 68.3 | 68.4              | +0.2   |
| Smoke marijuana regularly   | 92.1  | 90.8 | 88.9 | 85.3 | 85.1 | 82.8 | 84.6 | 84.5 | 84.5 | 85.3 | 84.5 | 85.3 | 85.7              | +0.4   | 90.4 | 90.0 | 87.4 | 82.2 | 81.1 | 79.7 | 79.7 | 80.1 | 79.8 | 79.1 | 78.0 | 78.6 | 78.8              | +0.2   |
| Try inhalants once or twice <sup>b</sup>  | 84.9  | 84.0 | 82.5 | 81.6 | 81.8 | 82.9 | 84.1 | 83.0 | 85.2 | 85.4 | 86.6 | 86.1 | 85.1              | -1.0   | 85.2 | 85.6 | 84.8 | 84.9 | 84.5 | 86.0 | 86.9 | 85.6 | 88.4 | 87.5 | 87.8 | 88.6 | 87.7              | -0.9   |
| Take inhalants regularly <sup>b</sup>   | 90.6  | 90.0 | 88.9 | 88.1 | 88.8 | 89.3 | 90.3 | 89.5 | 90.3 | 90.2 | 90.5 | 90.4 | 89.8              | -0.7   | 91.0 | 91.5 | 90.9 | 91.0 | 90.9 | 91.7 | 91.7 | 91.1 | 92.4 | 91.8 | 91.3 | 91.8 | 91.0              | -0.8   |
| Take LSD once or twice <sup>c</sup>   | —   | —    | 77.1 | 75.2 | 71.6 | 70.9 | 72.1 | 69.1 | 69.4 | 66.7 | 64.6 | 62.6 | 61.0              | -1.6   | —    | —    | 82.1 | 79.3 | 77.9 | 76.8 | 76.6 | 76.7 | 77.8 | 77.0 | 75.4 | 74.6 | 74.4              | -0.2   |
| Take LSD regularly <sup>c</sup>   | —   | —    | 79.8 | 78.4 | 75.8 | 75.3 | 76.3 | 72.5 | 72.5 | 69.3 | 67.0 | 65.5 | 63.5              | -2.0   | —    | —    | 86.8 | 85.6 | 84.8 | 84.5 | 83.4 | 82.9 | 84.3 | 82.1 | 80.8 | 79.4 | 77.6              | -1.9   |
| Try MDMA (Ecstasy) once or twice <sup>d</sup>   | —   | —    | —    | —    | —    | —    | —    | —    | —    | 69.0 | 74.3 | 77.7 | +3.5 <sub>s</sub> | —      | —    | —    | —    | —    | —    | —    | —    | —    | —    | 72.6 | 77.4 | 81.0 | +3.6 <sub>s</sub> |        |
| Take MDMA (Ecstasy) occasionally <sup>d</sup>   | —   | —    | —    | —    | —    | —    | —    | —    | —    | 73.6 | 78.6 | 81.3 | +2.7 <sub>s</sub> | —      | —    | —    | —    | —    | —    | —    | —    | —    | —    | 81.0 | 84.6 | 86.3 | +1.7              |        |
| Try crack once or twice <sup>b</sup>  | 91.7  | 90.7 | 89.1 | 86.9 | 85.9 | 85.0 | 85.7 | 85.4 | 86.0 | 85.4 | 86.0 | 86.2 | 86.4              | +0.1   | 92.5 | 92.5 | 91.4 | 89.9 | 88.7 | 88.2 | 87.4 | 87.1 | 87.8 | 87.1 | 86.9 | 88.0 | 87.6              | -0.4   |
| Take crack occasionally <sup>b</sup>  | 93.3  | 92.5 | 91.7 | 89.9 | 89.8 | 89.3 | 90.3 | 89.5 | 89.9 | 88.8 | 89.8 | 89.6 | 89.8              | +0.2   | 94.3 | 94.4 | 93.6 | 92.5 | 91.7 | 91.9 | 91.0 | 90.6 | 91.5 | 90.9 | 90.6 | 91.0 | 91.0              | +0.1   |
| Try cocaine powder once or twice <sup>b</sup>   | 91.2  | 89.6 | 88.5 | 86.1 | 85.3 | 83.9 | 85.1 | 84.5 | 85.2 | 84.8 | 85.6 | 85.8 | 85.6              | -0.2   | 90.8 | 91.1 | 90.0 | 88.1 | 86.8 | 86.1 | 85.1 | 84.9 | 86.0 | 84.8 | 85.3 | 86.4 | 85.9              | -0.5   |
| Take cocaine powder occasionally <sup>b</sup>   | 93.1  | 92.4 | 91.6 | 89.7 | 89.7 | 88.7 | 90.1 | 89.3 | 89.9 | 88.8 | 89.6 | 89.9 | 89.8              | -0.1   | 94.0 | 94.0 | 93.2 | 92.1 | 91.4 | 91.1 | 90.4 | 89.7 | 90.7 | 89.9 | 90.2 | 89.9 | 90.4              | +0.5   |
| Try heroin once or twice without using a needle <sup>c</sup>  | —   | —    | —    | —    | 85.8 | 85.0 | 87.7 | 87.3 | 88.0 | 87.2 | 87.2 | 87.8 | 86.9              | -0.9   | —    | —    | —    | —    | 89.7 | 89.5 | 89.1 | 88.6 | 90.1 | 90.1 | 89.1 | 89.2 | 89.3              | +0.1   |
| Take heroin occasionally without using a needle <sup>c</sup>  | —   | —    | —    | —    | 88.5 | 87.7 | 90.1 | 89.7 | 90.2 | 88.9 | 88.9 | 89.6 | 89.0              | -0.6   | —    | —    | —    | —    | 91.6 | 91.7 | 91.4 | 90.5 | 91.8 | 92.3 | 90.8 | 90.7 | 90.6              | -0.1   |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)   | 51.7  | 52.2 | 50.9 | 47.8 | 48.0 | 45.5 | 45.7 | 47.5 | 48.3 | 48.7 | 49.8 | 51.1 | 49.7              | -1.4   | 37.6 | 39.9 | 38.5 | 36.5 | 36.1 | 34.2 | 33.7 | 34.7 | 35.1 | 33.4 | 34.7 | 37.7 | 36.8              | -0.9   |
| Take one or two drinks nearly every day   | 82.2  | 81.0 | 79.6 | 76.7 | 75.9 | 74.1 | 76.6 | 76.9 | 77.0 | 77.8 | 77.4 | 78.3 | 77.1              | -1.2   | 81.7 | 81.7 | 78.6 | 75.2 | 75.4 | 73.8 | 75.4 | 74.6 | 75.4 | 73.8 | 73.8 | 74.9 | 74.2              | -0.7   |
| Have five or more drinks once or twice each weekend   | 85.2  | 83.9 | 83.3 | 80.7 | 80.7 | 79.1 | 81.3 | 81.0 | 80.3 | 81.2 | 81.6 | 81.9 | 81.9              | +0.1   | 76.7 | 77.6 | 74.7 | 72.3 | 72.2 | 70.7 | 70.2 | 70.5 | 69.9 | 68.2 | 69.2 | 71.5 | 71.6              | +0.1   |
| Smoke one or more packs of cigarettes per day <sup>c</sup>  | 82.8  | 82.3 | 80.6 | 78.4 | 78.6 | 77.3 | 80.3 | 80.0 | 81.4 | 81.9 | 83.5 | 84.6 | 84.6              | 0.0    | 79.4 | 77.8 | 76.5 | 73.9 | 73.2 | 71.6 | 73.8 | 75.3 | 76.1 | 76.7 | 78.2 | 80.6 | 81.4              | +0.8   |
| Use smokeless tobacco regularly   | 79.1  | 77.2 | 77.1 | 75.1 | 74.0 | 74.1 | 76.5 | 76.3 | 78.0 | 79.2 | 79.4 | 80.6 | 80.7              | +0.1   | 75.4 | 74.6 | 73.8 | 71.2 | 71.0 | 71.0 | 72.3 | 73.2 | 75.1 | 75.8 | 76.1 | 78.7 | 79.4              | +0.7   |
| Take steroids <sup>f</sup>  | 89.8  | 90.3 | 89.9 | 87.9 | —    | —    | —    | —    | —    | —    | —    | —    | —                 | —      | 90.0 | 91.0 | 91.2 | 90.8 | —    | —    | —    | —    | —    | —    | —    | —    | —                 | —      |
| <i>Approx. N (in thousands) = 17.4 18.5 18.4 17.4 17.6 18.0 18.8 18.1 16.7 16.7 16.2 15.1 16.5 14.8 14.8 15.3 15.9 17.0 15.7 15.6 15.0 13.6 14.3 14.0 14.3 15.8</i> |   |      |      |      |      |      |      |      |      |      |      |      |                   |        |      |      |      |      |      |      |      |      |      |      |      |      |                   |        |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ‘—’ indicates data not available. Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two years is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

<sup>a</sup>Answer alternatives were: (1) Don’t disapprove, (2) Disapprove, (3) Strongly disapprove, and (4) Can’t say, drug unfamiliar.

<sup>b</sup>Beginning in 1997, data based on two-thirds of N indicated due to changes in questionnaire forms.

<sup>c</sup>Data based on one of two forms in 1993–96; N is one-half of N indicated. Beginning in 1997, data based on one-third of N indicated due to changes in questionnaire forms.

<sup>d</sup>Data based on one-third of N indicated due to changes in questionnaire forms.

<sup>e</sup>Beginning in 1999, data based on two-thirds of N indicated due to changes in questionnaire forms.

<sup>f</sup>Data based on two forms in 1991 and 1992 and on one of two forms in 1993 and 1994; N is one-half of N indicated.

**TABLE 7**  
**Long-Term Trends in Disapproval of Drug Use by Twelfth Graders**

| <i>Do you disapprove of people (who are 18 or older) doing each of the following?<sup>a</sup></i> | Percentage “disapproving” <sup>b</sup>  |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|---|---|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|   | <u>12th Grade</u>   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|   | 1975  | 1976 | 1977 | 1978 | 1979 | 1980 | 1981 | 1982 | 1983 | 1984 | 1985 | 1986 | 1987 | 1988 | 1989 |
| Try marijuana once or twice   | 47.0  | 38.4 | 33.4 | 33.4 | 34.2 | 39.0 | 40.0 | 45.5 | 46.3 | 49.3 | 51.4 | 54.6 | 56.6 | 60.8 | 64.6 |
| Smoke marijuana occasionally  | 54.8  | 47.8 | 44.3 | 43.5 | 45.3 | 49.7 | 52.6 | 59.1 | 60.7 | 63.5 | 65.8 | 69.0 | 71.6 | 74.0 | 77.2 |
| Smoke marijuana regularly   | 71.9  | 69.5 | 65.5 | 67.5 | 69.2 | 74.6 | 77.4 | 80.6 | 82.5 | 84.7 | 85.5 | 86.6 | 89.2 | 89.3 | 89.8 |
| Try LSD once or twice   | 82.8  | 84.6 | 83.9 | 85.4 | 86.6 | 87.3 | 86.4 | 88.8 | 89.1 | 88.9 | 89.5 | 89.2 | 91.6 | 89.8 | 89.7 |
| Take LSD regularly  | 94.1  | 95.3 | 95.8 | 96.4 | 96.9 | 96.7 | 96.8 | 96.7 | 97.0 | 96.8 | 97.0 | 96.6 | 97.8 | 96.4 | 96.4 |
| Try MDMA (Ecstasy) once or twice  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try cocaine once or twice   | 81.3  | 82.4 | 79.1 | 77.0 | 74.7 | 76.3 | 74.6 | 76.6 | 77.0 | 79.7 | 79.3 | 80.2 | 87.3 | 89.1 | 90.5 |
| Take cocaine regularly  | 93.3  | 93.9 | 92.1 | 91.9 | 90.8 | 91.1 | 90.7 | 91.5 | 93.2 | 94.5 | 93.8 | 94.3 | 96.7 | 96.2 | 96.4 |
| Try crack once or twice   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take crack occasionally   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take crack regularly  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try cocaine powder once or twice  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take cocaine powder occasionally  | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take cocaine powder regularly   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try heroin once or twice  | 91.5  | 92.6 | 92.5 | 92.0 | 93.4 | 93.5 | 93.5 | 94.6 | 94.3 | 94.0 | 94.0 | 93.3 | 96.2 | 95.0 | 95.4 |
| Take heroin occasionally  | 94.8  | 96.0 | 96.0 | 96.4 | 96.8 | 96.7 | 97.2 | 96.9 | 96.9 | 97.1 | 96.8 | 96.6 | 97.9 | 96.9 | 97.2 |
| Take heroin regularly   | 96.7  | 97.5 | 97.2 | 97.8 | 97.9 | 97.6 | 97.8 | 97.5 | 97.7 | 98.0 | 97.6 | 97.6 | 98.1 | 97.2 | 97.4 |
| Try heroin once or twice without using a needle   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Take heroin occasionally without using a needle   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
| Try amphetamines once or twice  | 74.8  | 75.1 | 74.2 | 74.8 | 75.1 | 75.4 | 71.1 | 72.6 | 72.3 | 72.8 | 74.9 | 76.5 | 80.7 | 82.5 | 83.3 |
| Take amphetamines regularly   | 92.1  | 92.8 | 92.5 | 93.5 | 94.4 | 93.0 | 91.7 | 92.0 | 92.6 | 93.6 | 93.3 | 93.5 | 95.4 | 94.2 | 94.2 |
| Try barbiturates once or twice  | 77.7  | 81.3 | 81.1 | 82.4 | 84.0 | 83.9 | 82.4 | 84.4 | 83.1 | 84.1 | 84.9 | 86.8 | 89.6 | 89.4 | 89.3 |
| Take barbiturates regularly   | 93.3  | 93.6 | 93.0 | 94.3 | 95.2 | 95.4 | 94.2 | 94.4 | 95.1 | 95.1 | 95.5 | 94.9 | 96.4 | 95.3 | 95.3 |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)                               | 21.6  | 18.2 | 15.6 | 15.6 | 15.8 | 16.0 | 17.2 | 18.2 | 18.4 | 17.4 | 20.3 | 20.9 | 21.4 | 22.6 | 27.3 |
| Take one or two drinks nearly every day   | 67.6  | 68.9 | 66.8 | 67.7 | 68.3 | 69.0 | 69.1 | 69.9 | 68.9 | 72.9 | 70.9 | 72.8 | 74.2 | 75.0 | 76.5 |
| Take four or five drinks nearly every day   | 88.7  | 90.7 | 88.4 | 90.2 | 91.7 | 90.8 | 91.8 | 90.9 | 90.0 | 91.0 | 92.0 | 91.4 | 92.2 | 92.8 | 91.6 |
| Have five or more drinks once or twice each weekend   | 60.3  | 58.6 | 57.4 | 56.2 | 56.7 | 55.6 | 55.5 | 58.8 | 56.6 | 59.6 | 60.4 | 62.4 | 62.0 | 65.3 | 66.5 |
| Smoke one or more packs of cigarettes per day   | 67.5  | 65.9 | 66.4 | 67.0 | 70.3 | 70.8 | 69.9 | 69.4 | 70.8 | 73.0 | 72.3 | 75.4 | 74.3 | 73.1 | 72.4 |
| Take steroids   | —   | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    |
|   | <i>Approx. N = 2677 2957 3085 3686 3221 3261 3610 3651 3341 3254 3265 3113 3302 3311 2799</i> |      |      |      |      |      |      |      |      |      |      |      |      |      |      |

<sup>a</sup>The 1975 question asked about people who are “20 or older.”

<sup>b</sup>Answer alternatives were: (1) Don’t disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

(Table continued on next page)

**TABLE 7 (cont.)**  
**Long-Term Trends in Disapproval of Drug Use by Twelfth Graders**

| <i>Do you disapprove of people (who are 18 or older) doing each of the following?<sup>a</sup></i> | Percentage "disapproving" <sup>b</sup>   |      |      |      |      |      |      |      |      |      |      |      |      |      | '02-'03<br>change |
|---|--|------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------|
|   | <u>12th Grade</u>  |      |      |      |      |      |      |      |      |      |      |      |      |      |                   |
|   | 1990   | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 |                   |
| Try marijuana once or twice   | 67.8   | 68.7 | 69.9 | 63.3 | 57.6 | 56.7 | 52.5 | 51.0 | 51.6 | 48.8 | 52.5 | 49.1 | 51.6 | 53.4 | +1.8              |
| Smoke marijuana occasionally  | 80.5   | 79.4 | 79.7 | 75.5 | 68.9 | 66.7 | 62.9 | 63.2 | 64.4 | 62.5 | 65.8 | 63.2 | 63.4 | 64.2 | +0.8              |
| Smoke marijuana regularly   | 91.0   | 89.3 | 90.1 | 87.6 | 82.3 | 81.9 | 80.0 | 78.8 | 81.2 | 78.6 | 79.7 | 79.3 | 78.3 | 78.7 | +0.4              |
| Try LSD once or twice   | 89.8   | 90.1 | 88.1 | 85.9 | 82.5 | 81.1 | 79.6 | 80.5 | 82.1 | 83.0 | 82.4 | 81.8 | 84.6 | 85.5 | +0.9              |
| Take LSD regularly  | 96.3   | 96.4 | 95.5 | 95.8 | 94.3 | 92.5 | 93.2 | 92.9 | 93.5 | 94.3 | 94.2 | 94.0 | 94.0 | 94.4 | +0.3              |
| Try MDMA (Ecstasy) once or twice  | —  | —    | —    | —    | —    | —    | —    | 82.2 | 82.5 | 82.1 | 81.0 | 79.5 | 83.6 | 84.7 | +1.1              |
| Try cocaine once or twice   | 91.5   | 93.6 | 93.0 | 92.7 | 91.6 | 90.3 | 90.0 | 88.0 | 89.5 | 89.1 | 88.2 | 88.1 | 89.0 | 89.3 | +0.4              |
| Take cocaine regularly  | 96.7   | 97.3 | 96.9 | 97.5 | 96.6 | 96.1 | 95.6 | 96.0 | 95.6 | 94.9 | 95.5 | 94.9 | 95.0 | 95.8 | +0.8              |
| Try crack once or twice   | 92.3   | 92.1 | 93.1 | 89.9 | 89.5 | 91.4 | 87.4 | 87.0 | 86.7 | 87.6 | 87.5 | 87.0 | 87.8 | 86.6 | -1.2              |
| Take crack occasionally   | 94.3   | 94.2 | 95.0 | 92.8 | 92.8 | 94.0 | 91.2 | 91.3 | 90.9 | 92.3 | 91.9 | 91.6 | 91.5 | 90.8 | -0.7              |
| Take crack regularly  | 94.9   | 95.0 | 95.5 | 93.4 | 93.1 | 94.1 | 93.0 | 92.3 | 91.9 | 93.2 | 92.8 | 92.2 | 92.4 | 91.2 | -1.1              |
| Try cocaine powder once or twice  | 87.9   | 88.0 | 89.4 | 86.6 | 87.1 | 88.3 | 83.1 | 83.0 | 83.1 | 84.3 | 84.1 | 83.3 | 83.8 | 83.6 | -0.3              |
| Take cocaine powder occasionally  | 92.1   | 93.0 | 93.4 | 91.2 | 91.0 | 92.7 | 89.7 | 89.3 | 88.7 | 90.0 | 90.3 | 89.8 | 90.2 | 88.9 | -1.3              |
| Take cocaine powder regularly   | 93.7   | 94.4 | 94.3 | 93.0 | 92.5 | 93.8 | 92.9 | 91.5 | 91.1 | 92.3 | 92.6 | 92.5 | 92.2 | 90.7 | -1.5              |
| Try heroin once or twice  | 95.1   | 96.0 | 94.9 | 94.4 | 93.2 | 92.8 | 92.1 | 92.3 | 93.7 | 93.5 | 93.0 | 93.1 | 94.1 | 94.1 | 0.0               |
| Take heroin occasionally  | 96.7   | 97.3 | 96.8 | 97.0 | 96.2 | 95.7 | 95.0 | 95.4 | 96.1 | 95.7 | 96.0 | 95.4 | 95.6 | 95.9 | +0.4              |
| Take heroin regularly   | 97.5   | 97.8 | 97.2 | 97.5 | 97.1 | 96.4 | 96.3 | 96.4 | 96.6 | 96.4 | 96.6 | 96.2 | 96.2 | 97.1 | +0.9              |
| Try heroin once or twice without using a needle   | —  | —    | —    | —    | —    | 92.9 | 90.8 | 92.3 | 93.0 | 92.6 | 94.0 | 91.7 | 93.1 | 92.2 | -0.9              |
| Take heroin occasionally without using a needle   | —  | —    | —    | —    | —    | 94.7 | 93.2 | 94.4 | 94.3 | 93.8 | 95.2 | 93.5 | 94.4 | 93.5 | -0.8              |
| Try amphetamines once or twice  | 85.3   | 86.5 | 86.9 | 84.2 | 81.3 | 82.2 | 79.9 | 81.3 | 82.5 | 81.9 | 82.1 | 82.3 | 83.8 | 85.8 | +2.0              |
| Take amphetamines regularly   | 95.5   | 96.0 | 95.6 | 96.0 | 94.1 | 94.3 | 93.5 | 94.3 | 94.0 | 93.7 | 94.1 | 93.4 | 93.5 | 94.0 | +0.4              |
| Try barbiturates once or twice  | 90.5   | 90.6 | 90.3 | 89.7 | 87.5 | 87.3 | 84.9 | 86.4 | 86.0 | 86.6 | 85.9 | 85.9 | 86.6 | 87.8 | +1.2              |
| Take barbiturates regularly   | 96.4   | 97.1 | 96.5 | 97.0 | 96.1 | 95.2 | 94.8 | 95.3 | 94.6 | 94.7 | 95.2 | 94.5 | 94.7 | 94.4 | -0.3              |
| Try one or two drinks of an alcoholic beverage (beer, wine, liquor)                               | 29.4   | 29.8 | 33.0 | 30.1 | 28.4 | 27.3 | 26.5 | 26.1 | 24.5 | 24.6 | 25.2 | 26.6 | 26.3 | 27.2 | +0.9              |
| Take one or two drinks nearly every day   | 77.9   | 76.5 | 75.9 | 77.8 | 73.1 | 73.3 | 70.8 | 70.0 | 69.4 | 67.2 | 70.0 | 69.2 | 69.1 | 68.9 | -0.3              |
| Take four or five drinks nearly every day   | 91.9   | 90.6 | 90.8 | 90.6 | 89.8 | 88.8 | 89.4 | 88.6 | 86.7 | 86.9 | 88.4 | 86.4 | 87.5 | 86.3 | -1.3              |
| Have five or more drinks once or twice each weekend   | 68.9   | 67.4 | 70.7 | 70.1 | 65.1 | 66.7 | 64.7 | 65.0 | 63.8 | 62.7 | 65.2 | 62.9 | 64.7 | 64.2 | -0.5              |
| Smoke one or more packs of cigarettes per day   | 72.8   | 71.4 | 73.5 | 70.6 | 69.8 | 68.2 | 67.2 | 67.1 | 68.8 | 69.5 | 70.1 | 71.6 | 73.6 | 74.8 | +1.2              |
| Take steroids   | 90.8   | 90.5 | 92.1 | 92.1 | 91.9 | 91.0 | 91.7 | 91.4 | 90.8 | 88.9 | 88.8 | 86.4 | 86.8 | 86.0 | -0.8              |
|   | <i>Approx. N = 2566 2547 2645 2723 2588 2603 2399 2601 2545 2310 2150 2144 2160 2442</i> |      |      |      |      |      |      |      |      |      |      |      |      |      |                   |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

TABLE 8

Trends in Perceived Availability of Drugs by Eighth and Tenth Graders, 1992–2003

| How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some? | Percentage saying “fairly easy” or “very easy” to get <sup>a</sup> |      |      |      |      |      |      |      |      |      |      |      |                |      |      |      |      |      |      |      |      |      |      |      |      |                |
|---|--|------|------|------|------|------|------|------|------|------|------|------|----------------|------|------|------|------|------|------|------|------|------|------|------|------|----------------|
|   | 8th Grade  |      |      |      |      |      |      |      |      |      |      |      | 10th Grade     |      |      |      |      |      |      |      |      |      |      |      |      |                |
|   | 1992   | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03 change | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | '02-'03 change |
| Marijuana   | 42.3   | 43.8 | 49.9 | 52.4 | 54.8 | 54.2 | 50.6 | 48.4 | 47.0 | 48.1 | 46.6 | 44.8 | -1.8           | 65.2 | 68.4 | 75.0 | 78.1 | 81.1 | 80.5 | 77.9 | 78.2 | 77.7 | 77.4 | 75.9 | 73.9 | -2.1s          |
| LSD   | 21.5   | 21.8 | 21.8 | 23.5 | 23.6 | 22.7 | 19.3 | 18.3 | 17.0 | 17.6 | 15.2 | 14.0 | -1.2           | 33.6 | 35.8 | 36.1 | 39.8 | 41.0 | 38.3 | 34.0 | 34.3 | 32.9 | 31.2 | 26.8 | 23.1 | -3.7sss        |
| PCP <sup>b</sup>  | 18.0   | 18.5 | 17.7 | 19.0 | 19.6 | 19.2 | 17.5 | 17.1 | 16.0 | 15.4 | 14.1 | 13.7 | -0.4           | 23.7 | 23.4 | 23.8 | 24.7 | 26.8 | 24.8 | 23.9 | 24.5 | 25.0 | 21.6 | 20.8 | 19.4 | -1.4           |
| MDMA (Ecstasy) <sup>b</sup>   | —  | —    | —    | —    | —    | —    | —    | —    | —    | 23.8 | 22.8 | 21.6 | -1.2           | —    | —    | —    | —    | —    | —    | —    | —    | —    | 41.4 | 41.0 | 36.3 | -4.7sss        |
| Crack   | 25.6   | 25.9 | 26.9 | 28.7 | 27.9 | 27.5 | 26.5 | 25.9 | 24.9 | 24.4 | 23.7 | 22.5 | -1.2           | 33.7 | 33.0 | 34.2 | 34.6 | 36.4 | 36.0 | 36.3 | 36.5 | 34.0 | 30.6 | 31.3 | 29.6 | -1.7           |
| Cocaine powder  | 25.7   | 25.9 | 26.4 | 27.8 | 27.2 | 26.9 | 25.7 | 25.0 | 23.9 | 23.9 | 22.5 | 21.6 | -0.9           | 35.0 | 34.1 | 34.5 | 35.3 | 36.9 | 37.1 | 36.8 | 36.7 | 34.5 | 31.0 | 31.8 | 29.6 | -2.2s          |
| Heroin  | 19.7   | 19.8 | 19.4 | 21.1 | 20.6 | 19.8 | 18.0 | 17.5 | 16.5 | 16.9 | 16.0 | 15.6 | -0.4           | 24.3 | 24.3 | 24.7 | 24.6 | 24.8 | 24.4 | 23.0 | 23.7 | 22.3 | 20.1 | 19.9 | 18.8 | -1.1           |
| Other narcotics <sup>b</sup>  | 19.8   | 19.0 | 18.3 | 20.3 | 20.0 | 20.6 | 17.1 | 16.2 | 15.6 | 15.0 | 14.7 | 15.0 | +0.3           | 26.9 | 24.9 | 26.9 | 27.8 | 29.4 | 29.0 | 26.1 | 26.6 | 27.2 | 25.8 | 25.4 | 23.5 | -1.9           |
| Amphetamines  | 32.2   | 31.4 | 31.0 | 33.4 | 32.6 | 30.6 | 27.3 | 25.9 | 25.5 | 26.2 | 24.4 | 24.4 | 0.0            | 43.4 | 46.4 | 46.6 | 47.7 | 47.2 | 44.6 | 41.0 | 41.3 | 40.9 | 40.6 | 39.6 | 36.1 | -3.5sss        |
| Crystal meth. (Ice) <sup>b</sup>  | 16.0   | 15.1 | 14.1 | 16.0 | 16.3 | 15.7 | 16.0 | 14.7 | 14.9 | 13.9 | 13.3 | 14.1 | +0.8           | 18.8 | 16.4 | 17.8 | 20.7 | 22.6 | 22.9 | 22.1 | 21.8 | 22.8 | 19.9 | 20.5 | 19.0 | -1.5           |
| Barbiturates  | 27.4   | 26.1 | 25.3 | 26.5 | 25.6 | 24.4 | 21.1 | 20.8 | 19.7 | 20.7 | 19.4 | 19.3 | -0.1           | 38.0 | 38.8 | 38.3 | 38.8 | 38.1 | 35.6 | 32.7 | 33.2 | 32.4 | 32.8 | 32.4 | 28.8 | -3.6sss        |
| Tranquilizers   | 22.9   | 21.4 | 20.4 | 21.3 | 20.4 | 19.6 | 18.1 | 17.3 | 16.2 | 17.8 | 16.9 | 17.3 | +0.3           | 31.6 | 30.5 | 29.8 | 30.6 | 30.3 | 28.7 | 26.5 | 26.8 | 27.6 | 28.5 | 28.3 | 25.6 | -2.8ss         |
| Alcohol   | 76.2   | 73.9 | 74.5 | 74.9 | 75.3 | 74.9 | 73.1 | 72.3 | 70.6 | 70.6 | 67.9 | 67.0 | -0.9           | 88.6 | 88.9 | 89.8 | 89.7 | 90.4 | 89.0 | 88.0 | 88.2 | 87.7 | 87.7 | 84.8 | 83.4 | -1.3s          |
| Cigarettes  | 77.8   | 75.5 | 76.1 | 76.4 | 76.9 | 76.0 | 73.6 | 71.5 | 68.7 | 67.7 | 64.3 | 63.1 | -1.2           | 89.1 | 89.4 | 90.3 | 90.7 | 91.3 | 89.6 | 88.1 | 88.3 | 86.8 | 86.3 | 83.3 | 80.7 | -2.6sss        |
| Steroids  | 24.0   | 22.7 | 23.1 | 23.8 | 24.1 | 23.6 | 22.3 | 22.6 | 22.3 | 23.1 | 22.0 | 21.7 | -0.3           | 37.6 | 33.6 | 33.6 | 34.8 | 34.8 | 34.2 | 33.0 | 35.9 | 35.4 | 33.1 | 33.2 | 30.6 | -2.6ss         |

Approx. N = 8355 16775 16119 15496 16318 16482 16208 15397 15180 14804 13972 15583 7014 14652 15192 16209 14887 14856 14423 13112 13690 13518 13694 15225

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ‘—’ indicates data not available. Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.  
 SOURCE: The Monitoring the Future Study, the University of Michigan.

<sup>a</sup>Answer alternatives were: (1) Probably impossible, (2) Very difficult, (3) Fairly difficult, (4) Fairly easy, (5) Very easy, and (6) Can't say, drug unfamiliar.  
<sup>b</sup>Beginning in 1993, data based on half of forms; N is one-half of N indicated.

**TABLE 9**  
**Long-Term Trends in Perceived Availability of Drugs by Twelfth Graders**

*How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some?*

Percentage saying “fairly easy” or “very easy” to get<sup>a</sup>

|   | <u>12th Grade</u> |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      | '02-'03 |      |       |      |      |      |                     |      |
|---|-------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|---------|------|-------|------|------|------|---------------------|------|
|   | 1975              | 1976 | 1977 | 1978 | 1979 | 1980 | 1981 | 1982 | 1983 | 1984 | 1985 | 1986 | 1987 | 1988 | 1989 | 1990 | 1991 | 1992 | 1993 | 1994 | 1995 | 1996 | 1997 | 1998    | 1999 | 2000  | 2001 | 2002 | 2003 | change              |      |
| Marijuana   | 87.8              | 87.4 | 87.9 | 87.8 | 90.1 | 89.0 | 89.2 | 88.5 | 86.2 | 84.6 | 85.5 | 85.2 | 84.8 | 85.0 | 84.3 | 84.4 | 83.3 | 82.7 | 83.0 | 85.5 | 88.5 | 88.7 | 89.6 | 90.4    | 88.9 | 88.5  | 88.5 | 87.2 | 87.1 | 0.0                 |      |
| Amyl/butyl nitrites   | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 23.9 | 25.9 | 26.8 | 24.4 | 22.7 | 25.9 | 25.9 | 26.7 | 26.0 | 23.9 | 23.8 | 25.1    | 21.4 | 23.3  | 22.5 | 22.3 | 19.7 | -2.7                |      |
| LSD   | 46.2              | 37.4 | 34.5 | 32.2 | 34.2 | 35.3 | 35.0 | 34.2 | 30.9 | 30.6 | 30.5 | 28.5 | 31.4 | 33.3 | 38.3 | 40.7 | 39.5 | 44.5 | 49.2 | 50.8 | 53.8 | 51.3 | 50.7 | 48.8    | 44.7 | 46.9  | 44.7 | 39.6 | 33.6 | -5.9 <sup>sss</sup> |      |
| Some other psychedelic/hallucinogen <sup>b</sup>  | 47.8              | 35.7 | 33.8 | 33.8 | 34.6 | 35.0 | 32.7 | 30.6 | 26.6 | 26.6 | 26.1 | 24.9 | 25.0 | 26.2 | 28.2 | 28.3 | 28.0 | 29.9 | 33.5 | 33.8 | 35.8 | 33.9 | 33.9 | 35.1    | 29.5 | 34.5‡ | 48.5 | 47.7 | 47.2 | -0.5                |      |
| PCP   | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 22.8 | 24.9 | 28.9 | 27.7 | 27.6 | 31.7 | 31.7 | 31.4 | 31.0 | 30.5 | 30.0 | 30.7    | 26.7 | 28.8  | 27.2 | 25.8 | 21.9 | -3.8 <sup>ss</sup>  |      |
| MDMA (Ecstasy)  | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 21.7 | 22.0 | 22.1 | 24.2 | 28.1 | 31.2 | 34.2 | 36.9 | 38.8 | 38.2    | 40.1 | 51.4  | 61.5 | 59.1 | 57.5 | -1.6                |      |
| Cocaine   | 37.0              | 34.0 | 33.0 | 37.8 | 45.5 | 47.9 | 47.5 | 47.4 | 43.1 | 45.0 | 48.9 | 51.5 | 54.2 | 55.0 | 58.7 | 54.5 | 51.0 | 52.7 | 48.5 | 46.6 | 47.7 | 48.1 | 48.5 | 51.3    | 47.6 | 47.8  | 46.2 | 44.6 | 43.3 | -1.4                |      |
| Crack   | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 41.1 | 42.1 | 47.0 | 42.4 | 39.9 | 43.5 | 43.6 | 40.5 | 41.9 | 40.7 | 40.6 | 43.8    | 41.1 | 42.6  | 40.2 | 38.5 | 35.3 | -3.2                |      |
| Cocaine powder  | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 52.9 | 50.3 | 53.7 | 49.0 | 46.0 | 48.0 | 45.4 | 43.7 | 43.8 | 44.4 | 43.3 | 45.7    | 43.7 | 44.6  | 40.7 | 40.2 | 37.4 | -2.8                |      |
| Heroin  | 24.2              | 18.4 | 17.9 | 16.4 | 18.9 | 21.2 | 19.2 | 20.8 | 19.3 | 19.9 | 21.0 | 22.0 | 23.7 | 28.0 | 31.4 | 31.9 | 30.6 | 34.9 | 33.7 | 34.1 | 35.1 | 32.2 | 33.8 | 35.6    | 32.1 | 33.5  | 32.3 | 29.0 | 27.9 | -1.1                |      |
| Some other narcotic (including methadone)   | 34.5              | 26.9 | 27.8 | 26.1 | 28.7 | 29.4 | 29.6 | 30.4 | 30.0 | 32.1 | 33.1 | 32.2 | 33.0 | 35.8 | 38.3 | 38.1 | 34.6 | 37.1 | 37.5 | 38.0 | 39.8 | 40.0 | 38.9 | 42.8    | 40.8 | 43.9  | 40.5 | 44.0 | 39.3 | -4.6 <sup>s</sup>   |      |
| Amphetamines  | 67.8              | 61.8 | 58.1 | 58.5 | 59.9 | 61.3 | 69.5 | 70.8 | 68.5 | 68.2 | 66.4 | 64.3 | 64.5 | 63.9 | 64.3 | 59.7 | 57.3 | 58.8 | 61.5 | 62.0 | 62.8 | 59.4 | 59.8 | 60.8    | 58.1 | 57.1  | 57.1 | 57.4 | 55.0 | -2.4                |      |
| Crystal meth. (Ice)   | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 24.1 | 24.3 | 26.0 | 26.6 | 25.6 | 27.0 | 26.9 | 27.6 | 29.8    | 27.6 | 27.8  | 28.3 | 28.3 | 26.1 | -2.1                |      |
| Barbiturates  | 60.0              | 54.4 | 52.4 | 50.6 | 49.8 | 49.1 | 54.9 | 55.2 | 52.5 | 51.9 | 51.3 | 48.3 | 48.2 | 47.8 | 48.4 | 45.9 | 42.4 | 44.0 | 44.5 | 43.3 | 42.3 | 41.4 | 40.0 | 40.7    | 37.9 | 37.4  | 35.7 | 36.6 | 35.3 | -1.3                |      |
| Tranquilizers   | 71.8              | 65.5 | 64.9 | 64.3 | 61.4 | 59.1 | 60.8 | 58.9 | 55.3 | 54.5 | 54.7 | 51.2 | 48.6 | 49.1 | 45.3 | 44.7 | 40.8 | 40.9 | 41.1 | 39.2 | 37.8 | 36.0 | 35.4 | 36.2    | 32.7 | 33.8  | 33.1 | 32.9 | 29.8 | -3.1                |      |
| Alcohol   | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —       | —    | 95.0  | 94.8 | 94.3 | 94.7 | 94.2                | -0.5 |
| Steroids  | —                 | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | —    | 46.7 | 46.8 | 44.8 | 42.9 | 45.5 | 40.3 | 41.7 | 44.5    | 44.6 | 44.8  | 44.4 | 45.5 | 40.7 | -4.8 <sup>ss</sup>  |      |
| <i>Approx. N = 2627 2865 3065 3598 3172 3240 3578 3602 3385 3269 3274 3077 3271 3231 2806 2549 2476 2586 2670 2526 2552 2340 2517 2520 2215 2095 2120 2138 2391</i> |                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |         |      |       |      |      |      |                     |      |

NOTES: Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ‘—’ indicates data not available.

‡ indicates some change in the question. See relevant footnote.

Any apparent inconsistency between the change estimate and the prevalence of use estimates for the two most recent classes is due to rounding error.

SOURCE: The Monitoring the Future Study, the University of Michigan.

<sup>a</sup>Answer alternatives were: (1) Probably impossible, (2) Very difficult, (3) Fairly difficult, (4) Fairly easy, and (5) Very easy.

<sup>b</sup>In 2001 the question text was changed from “other psychedelics” to “other hallucinogens” and “shrooms” was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

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