



HIV and Risk Reduction Research: Implications for Outpatient Care

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Objectives

- Discuss background information about patient population
- Discuss risk reduction in the outpatient population
- Identify research-practice link from Latina women study (Peragallo, N. et al.) to current research setting
- Provide an overview of Evidenced Based Nursing
- Discuss methods for applying this type of research to the clinical setting
- Identify future direction

Background

Patient population

- Research
- Primary care
- Origin
- Gender
- Ethnicity
- Sexuality


HIV Risk Profile

- Education level
- Social situation
- High risk sexual behavior
- Incarceration history
- Substance abuse

**Current Risk Reduction
Education by Clinical Staff**

- Informed consent
- Routine patient teaching
- STD education
- Communication with primary providers
- Social Work involvement
- Low threshold for psychiatry consult

The Research-Practice Link



Research-Practice Link

Compare/Contrast Latina Women Study to Outpatient Population

	Latina Women Study	Outpatient Clinic
Population	Latina Women	Varied
Ethnicity	Hispanic	Multicultural
Education level	Majority 7-11 years	Varied
Income	Majority near poverty	Majority middle class
Empowerment	Low	Moderate to high
Cultural Sensitivity	Trained facilitators	Translators, language line
Communication	Speak same language	Rely on others or technology
Recruitment	Time, broad, multiple avenues	Time, broad, multiple avenues, contract agency
Interventions	Specific educational sessions	Varied

Evidence Based Nursing



Evidence Based Nursing

Evidence Based Nursing is the process by which nurses make clinical decisions using the best available research evidence, their clinical expertise and patient preferences. Three areas of research competence are: interpreting and using research, evaluating practice, and conducting research. These three competencies are important to EBN.

Source: <http://evidence.ahc.umn.edu/ebn.htm>

Evidence Based Nursing

To carry out EBN the following factors must be considered:

- sufficient research must have been published on the specific topic
- the nurse must have skill in accessing and critically analyzing research
- the nurse's practice must allow him/her to implement changes based on EBN

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Applying Research to the Clinical Setting

- Identify areas of lacking knowledge
- Journal Club
- Expand nurses' knowledge of nursing research
- Involve the multi-disciplinary team
- Share expertise from within the care team
- Enable nurses to conduct research and use EBN

Moving Forward

- ? Risk reduction education in research setting different than primary care
- ? Constants that are present regardless of geographical location and demographics
- ? Applicability of this research to our current practice
- ? Making it happen

