HEART DISEASE LIVER DAMAGE **DEPRESSION HOSTILITY & AGGRESSION** STUNTED HEIGHT BEARD ACNE **RISK OF HIV**

STERQIDS

Pump Iron, Not Risks. Don't Use Anabolic Steroids.

If you use anabolic (muscle-building) steroids, you risk heart damage, stunted growth, liver damage, severe acne, balding if you're a guy, and facial hair if you're a girl. You're also at risk for HIV and other blood-borne infections if you inject steroids or other drugs.

For more facts, in English and Spanish, go to **steroidabuse.gov**.

Comments or inquiries? Email: information@nida.nih.gov To order free copies of this postcard, call 1-800-729-6686 and request NIDACRD07.



National Institutes of Health

J.S. Department of Health and Human Service