

**Join us for a
FREE program
and feel
healthier:**

October 2

*The Mind and Memory:
Understanding Alzheimer's
Disease*

DR. RICK MARTINEZ

October 9

*Nutrition: Eating Right for
Healthy Living*

MAUREEN LESER, R.D.

October 16

*Depression: It's More
Common Than You Think and
Drug Abuse and Addic-
tion: What the Research
Tells Us*

DR. DON VEREEN

October 23

*Alcoholism: The Disease
as We Know It*

DR. THEODORE GEORGE

*Hypertension and Coronary
Artery Disease: Can They be
Prevented?*

DR. CHARLES CURRY

Time:

10 a.m. to noon

Location:

Metropolitan Baptist Church
1225 R Street, NW
Washington, D.C. 20009

The National Institutes of Health,
Barney Neighborhood House, and
Metropolitan Baptist Church

are pleased to present



**an NIH Mini-Med School
specially designed for seniors**

Program organizers:

Ms. Cassandra Isom, program director at NIH

Mr. Fred Brown, NIDDK training coordinator at NIH

Mr. Ron McLean, exec. dir. at Barney Neighborhood House

Rev. Keith Kitchen, minister at Metropolitan Baptist Church