# ELAM Program:

# Mentoring at the Senior Level

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## ELAM Goals

- 1. Increase *number* of women faculty in leadership positions in academic health centers and related institutions
- 2.Ensure *sustained success* of women faculty in leadership positions
- 3. Change the culture of these institutions to value the contributions of all members



## Profile of ELAM Fellows

- Fellows from 90% of U.S. SOM, 50% of SOD and now SPH → nearly 525 Fellows to date
- 48 Fellows/year
  - Full or Associate Professors
  - Associate/Assistant Deans, Chairs, Vice-Chairs, Section Chiefs, Center Directors
  - 80% clinical sciences, 10% basic sciences, 10% social sciences/health policy
- Diversity Fellows, Faculty

## ELAM Program

- Year-long part-time program – 48 Fellows
- 3 separate weeks of intensive study on site
- Nationally recognized faculty & adult learning strategies
- Application of learning at home institution
- Learning community

- Summer pre-program reading and other assignments
- Fall Session I (Philadelphia)
- Winter Session II (and AAMC)
- Virtual Session: Learning community; institutional project, Benchmarks developmental plan, interviews with key administrators
- Spring Session III (Philadelphia)
- Post-ELAM skills application, development, network and mentor expansion
- SELAM



## ELAM Curriculum

### Traditional MBA topics

- Financial management
- Strategic planning and organizational transformation

#### Emerging Issues in Academic Medicine

- Converging academic and corporate leadership paradigms
- Information technology
- Developing inclusive community
- Whole system planning methods

#### Personal Professional Development

- Close community
- Myers-Briggs
- Benchmarks 360<sup>o</sup>
- Personal dimensions of leadership
- Communication
- Career strategies
- Network development
- Working with mentors

#### Dean's Forum

# ELAM National Outcomes at 13 Years



### **ELAM Alumnae**

- Deans of US medical/dental/PH schools: 24% (11/46)
- University: Chief Academic Officer, VPs, Provosts, and Deans
- Hospital: President & CEO, Chief Medical Officer
- VA: Chief of Staff
- Foundation: Executive Director
- Association: Associate VP
   As of Jan 2007

### **Benefits to Institution**

- Broadened knowledge & perspective:
   leadership and management skills to address AHC challenges
- Action project:
   to advance a goal or address a
   need of AHC, adding value to
   school, department, committees
- Access: to national network of skilled leaders

# ELAM National Outcomes at 13 Years

### Impact on Programs & Institutions

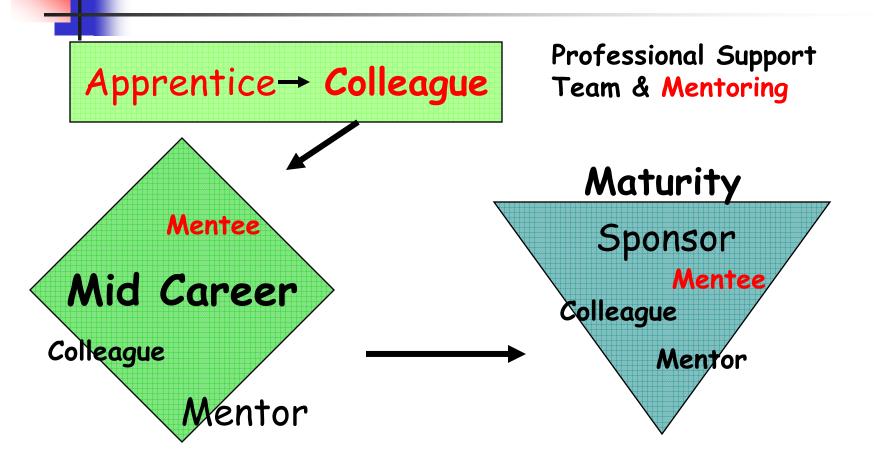
- ■LAM → other programs
  - Foundation for Advancement of International Medical Education and Research (FAIMER) Institute
  - Bryn Mawr College's Nonprofit Executive Leadership Institute (NELI)
  - ELAM Mediterranean planning project (Hadassah College Jerusalem)
- Consultation
  - AAMC and ADEA
  - NIH ORWH (AXXS); OWH (CoE Women's Health Leadership); Fogarty Internatl Ctr
  - Bishop Fellowship Program
  - NSF ADVANCE programs
- Consultation on positions/advancement

#### **Research & Evaluation**

- Longitudinal within group study
  - pre-post surveys, in-depth interviews
- Analysis of written statements
  - application, listserv
- Comparison surveys
  - AAMC matched women, non-accepted women
  - Organizational climate interview & survey
    - Deans



# Mentoring Through the Career: Entry, Establishment, Maturity



Why?
To counter

Isolation

(Achilles Heel of Leaders)



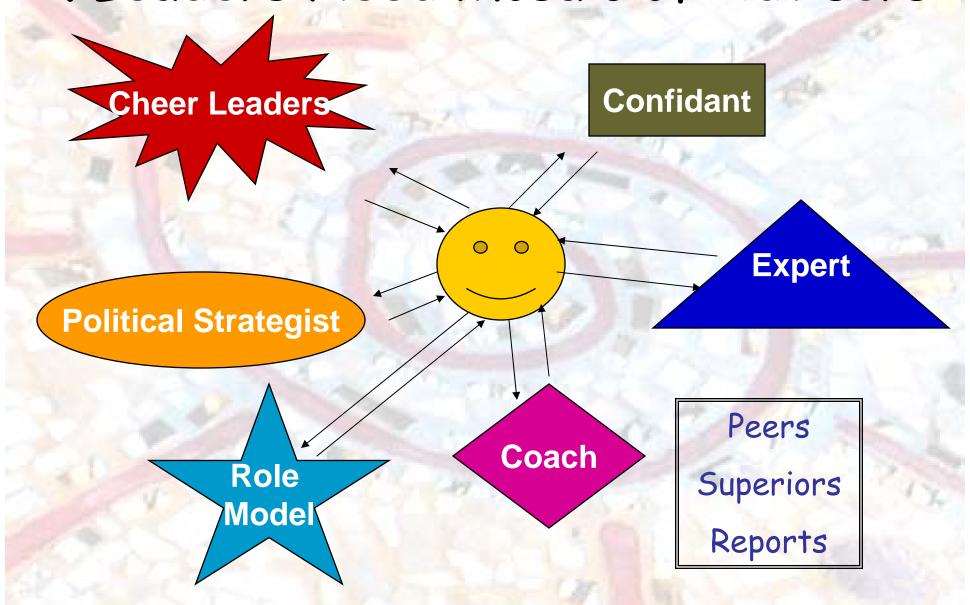
## A Classification of Advisers



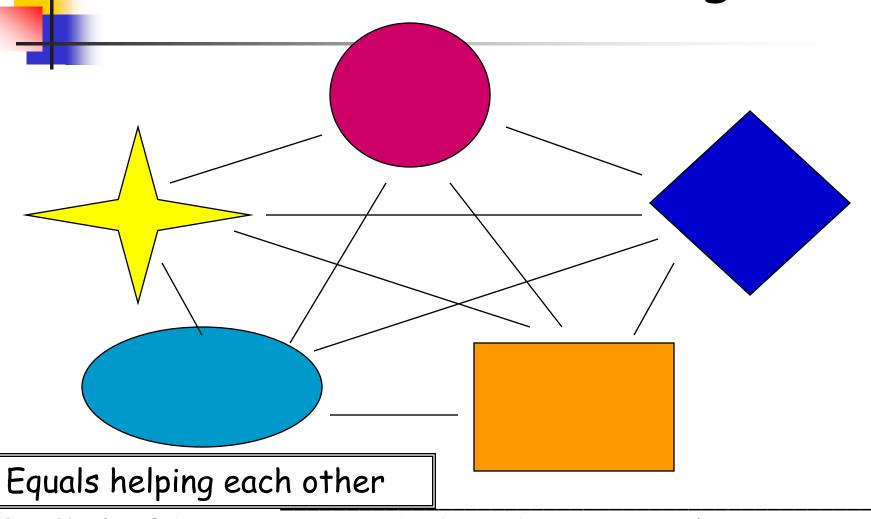
Peter Senge, Saj-Nicole Joni, Deborah Merrill-Sands, Reflections, Vol 6, 2005

- 1st Opinion own internal inquiry
- 2<sup>nd</sup> Opinion others
  - Great expertise and insight
  - Interest and stake in outcomes
- 3<sup>rd</sup> Opinion outside insight
  - Independent, dispassionate sounding board – no vested interest
  - Trusted thinking partner
  - Challenger questioner of assumptions, norms, "truths"
  - Frank and introspective reflection

## 1. Leaders Need Mosaic of Advisers



# 2. Power of Peer Network Mentoring



## 3. Senior Woman Mentoring Others



Nancy Gary mentoring fellow alumnae of Woman's Medical College

## Overall Lessons Learned: Teaching Leadership to Women

### Skills & Knowledge

- Assessment
- Expert instruction, adult learning principles
- In-depth skill development
- Networking

### **Close Community**

- Prolonged contact via
  - Learning teams, action learning projects (real)
  - Repeated meetings & follow up connection

### **Increased Self-efficacy**

- Reflection/self-discovery
- Coaching, mentoring
- Increased visibility
- ■Working with bosses