## NATIONAL INSTITUTES OF HEALTH WARREN GRANT MAGNUSON CLINICAL CENTER

# PAIN INTENSITY INSTRUMENTS JULY 2003

### FLACC Scale (page 1 of 1)

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DATE/TIME				
Face				
0 - No particular expression or smile				
1 - Occasional grimace or frown, withdrawn, disinterested				
2 - Frequent to constant quivering chin, clenched jaw				
Legs				
0 – Normal position or relaxed				
1 – Uneasy, restless, tense				
2 – Kicking, or legs drawn up				
Activity				
<b>0 –</b> Lying quietly, normal position, moves easily				
1 – Squirming, shifting back and forth, tense				
2 – Arched, rigid or jerking				
Cry				
0 – No cry (awake or asleep)				
1 – Moans or whimpers; occasional complaint				
2 - Crying steadily, screams or sobs, frequent complaints				
Consolability				
0 - Content, relaxed				
<b>1 –</b> Reassured by occasional touching, hugging or being talked to, distractible				
2 - Difficult to console or comfort				
TOTAL SCORE				

**Indications**: Infants and children (2 months -7 years) unable to validate the presence of or quantify the severity of pain.

### Instructions:

- 1. Each of the five (5) categories is scored from 0-2, which results in a total score between 0 and 10.
  - (F) Faces
  - (L) Legs
  - (A) Activity
  - (C) Cry
  - (C) Consolability
- 2. The interdisciplinary team in collaboration with the patient/family (if appropriate), can determine appropriate interventions in response to FLACC Scale scores.

#### Reference

Merkel, SI, Voepel-Lewis, T., Shayevitz, JR, & Malviya, S. (1997). The FLACC: a behavioral scale for scoring postoperative pain in young children. <u>Pediatric Nursing</u>, 23(3): 293-297.