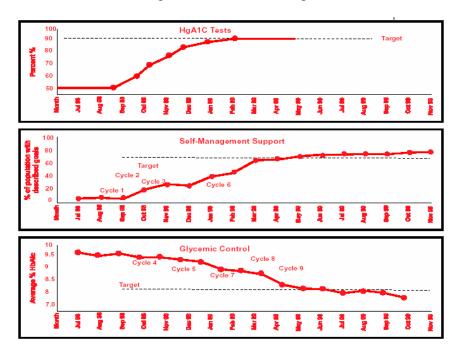
MAKING SYSTEMS CHANGES FOR

Better Diabetes Care

www.BetterDiabetesCare.nih.gov

Examples of Annotated Run Chart of PDSA Cycles

Run Charts are used to plot the progress of PDSA cycles over time. Each data point is annotated to understand the effect of each small change on the desired change measure.



Information System:

- Cycle 1: Establish registry
- Cycle 2: Begin summarizing measures monthly
- Cycle 3: Begin tracking progress
- Cycle 4: Developed registry reports to pro-actively follow-up with patients

Practice Re-design

- Cycle 1: Regular meetings of the diabetes care team have begun.
- Cycle 2: Offer choices for location and group visits
- Cycle 3: Implement new procedure for diabetes foot exam
- Cycle 4: Begin intervention program for foot exam for at risk patients

Patient Self-Management

- Cycle 1: Begin Collaborative goal-setting on visits with diabetes patients
- Cycle 2: Enroll appropriate patients in community weight loss programs

Clinical Decision Support

• Cycle 1: Communicate new guidelines for aspirin use

Community Resources

• Cycle 1: Link diabetes patients with community smoking cessation support groups

Summary of Results: Making good progress in practice redesign, but need to start grouping patients by similar complaints. Community Resources need a lot of work, will be discussing this at next team meeting.