

# OSH Recovery Times

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## Project seeks stakeholder comment, hires contractors

A six-year state project to build two new psychiatric facilities in Salem and Junction City has engaged a project manager, an architectural-engineering firm and a general contractor.

DHS has contracted with CH2MHill, Inc., an international engineering and construction firm for project management. CH2M-Hill was founded in 1946 in Corvallis and does business worldwide in engineering, consulting, construction and operations.

The architect-engineer is St. Louis-based Hellmuth, Obata and Kassabaum Inc., which was awarded a contract jointly with the Portland-based firm SRG Partnership. The companies are highly ranked nationally among comparable enterprises.

The project's general contractor is Hoffman Construction Co. Hoffman's past projects include Southwest Washington Medical Center in Vancouver and the Oregon Health & Science University's Biomedical Research Building and Center for Health and Healing.

Construction of the first of the two psychiatric facilities is expected to begin in Salem during spring 2009. These are other examples of progress in replacing Oregon State Hospital:

✦ A Replacement Project Web site delivering updates and containing key documents has been added at [www.oregon.gov/DHS/HRP/](http://www.oregon.gov/DHS/HRP/).

✦ Stakeholders Group meetings were held in October, November and January. The group will continue to meet

quarterly until the Junction City facility opens in October 2013.

✦ DHS is hosting a Community Forum to provide information and solicit public input about the project from 5 to 8 p.m., Wednesday, Feb. 13 at the Salem Conference Center.

The Replacement Project team has its offices in ward 41A on the hospital's Salem campus.

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*OSH Recovery Times* is edited by Jeffrey Jessel. You can contact Jeffrey at 503-945-2892 with questions, comments or suggestions.

## Diversity Spotlight

By Jennifer Rogers

The Cultural Diversity Activities Committee (CDAC) is planning its next event: "Women's History Month." Committee members are looking for artists and musicians to help us recognize famous and notable women who have contributed or changed the course of history.

Artwork will be displayed in the visitors area of the 50 Building. The committee is also considering a mixture of entertainment from patients and staff.

Yes, a talent show! So, put your thinking caps on, pull out your paint brushes and practice your talents! The CDAC is planning for another exciting afternoon for all to enjoy, 12:30 to 3:30 p.m.,

March 13. For more information, contact Jennifer Rogers, CDAC chairwoman, (48B) at 503-945-9287 or by email. Committee meetings are held at 3:15 p.m. on Thursdays in the Callen Room of the Administration Building.

Please attend if you are interested in volunteering. Look for fliers posted around both OSH and POSH to learn more.

## B-HIP Update: It's all in the details

By Ben Kahn, Information Services Manager, OSH Replacement Project

Before we can begin to think about purchasing a state-of-the-art Management Information System (MIS) for use in the new state psychiatric facilities planned for Salem and Junction City, as well as in the community, we need to better define exactly what we need.

To do this, we have identified experts at Oregon State Hospital and Blue Mountain Recovery Center to assist us. We contracted with Fox Systems, Inc., to conduct interviews with key staff over the past few months.

Our focus was to find out more about what should go into an electronic health record, and better understand the needs of Pharmacy. We also focused on Scheduling,

Admit/Discharge/Transfer, Finance and Billing, Dietary, Medical and Laboratory Services.

More than 100 individuals were interviewed! This included staff in Forensic Psychiatric Services, Geriatric Treatment Services, Community Reintegration Program, and Psychiatric Recovery Services. We interviewed psychiatrists, psychologists, social workers, nurses, therapists, mental health specialists, dental workers, and other staff members in Pharmacy, Lab, Dietary, Medical Records and Education & Training.

The information staff provided during these interviews was invaluable. Thank you! We will update our Functional

Requirements document with the information from the interviews. We appreciate those of you who participated.

### So, what's next?

Once the requirements are well defined, we will release a request for proposal to secure a software solution. In October and November we held a vendor product demonstration, or vendor fair. This helped us understand what is available from vendors in the market and help us evaluate our requirements document.

If you have questions, comments, or suggestions for the new data system, you may address them to [bhip.project@state.or.us](mailto:bhip.project@state.or.us).

## Replacement Project Teams

By Karen Brazeau, Project Specialist, OSH Replacement Project

The Replacement Project, governed by the Oregon Department of Human Services, is managed by three groups: the policy team, the project management team and the programming team.

The **policy team** is made up of the top management from DHS, the Addictions and Mental Health Division, Oregon State Hospital and the project. This team meets monthly to review the project's budget and timelines and resolve any issues that other groups have been unable to resolve.

*OSH's representative on this team is Interim Superintendent Maynard Hammer. (Prior to his retirement, Superintendent Marvin Fickle was also a member of this team.) This team will continue to be supported by Laura Segrest.*

The **management team** meets every Monday morning on campus to review the project schedule, review the schedule for the coming week and deal with the regular and ongoing project issues. Members include OSH management, project management and project contractors such as the professional project management firm, CH2M-Hill, that is assisting OSH in managing the project and HOK/SRG the architectural design firm for the project. The construction firm that will build the Salem facility will soon be added to this group.

*The OSH representative is Interim Superintendent Maynard Hammer. This team will continue to be supported by Nichole Bathke with Laura Segrest providing assistance as needed.*

The **programming team** meets every Thursday morning to plan and review schedules that provide opportunities for OSH staff, patients and families to provide input about their respective needs for the new facility. This group is also developing plans to move to a new treatment-mall delivery system prior to moving into the new facility. It's a very busy group!

*From the state hospital, the programming team includes Arthur Tolan, John Keogh, Nena Strickland, Nancy Frantz-Geddes, and Dr. John Bischof. Interim Superintendent Maynard Hammer and replacement project specialist Karen Brazeau also meet with the team; Sharon*

**"RPT" continued on page 4...**

## Questionnaire

What do you want to see in new state-operated psychiatric facilities?

Most people on most jobs have ideas about how things might be done better.

"I expect we could be more effective if only...."

"I think we could streamline this by...."

"I saw it done this way once and it worked really well...."

Now, you are being asked.

As members of the Oregon State Hospital Replacement Team work with professionals to design two new state-operated psychiatric facilities in Salem and Junction City, they are seeking the best thinking of hospital employees.

"Even if you think we've already heard something five times," says state project administrator Linda Hammond, "tell us again. Make sure we've heard it."

Just write an e-mail message containing your best

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continued on page 6...**

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*Anderson from the replacement project provides research support; and Elena Cam provides support to the team.*

DHS has also convened a diverse Stakeholders Group made up of about 80 individuals and groups with an interest in Oregon’s mental health system and in development of the two new psychiatric facilities. This group includes representatives from the Legislature, cities of Salem and Junction City, district attorneys and attorneys providing defense, the Oregon Advocacy Center, NAMI, individual consumers and others.

Twenty percent of the group is made up of consumers, including two current state hospital patients. SEIU staff are represented by Leslie Frane and Lew Cronenberg and AFSCME staff are represented by Ken Allen, Joseph Thurman and Lorraine Skach, M.D.

The purpose of the Stakeholders Group is to provide a two-way communication vehicle for DHS and the replacement project team throughout the life of the project. Although the project also will use other means of communication, this group allows the agency to hear from a diverse body, from across the state, over a six-year period. It also allows members of the group to be regularly updated on the project, provide input and to hear from others.

**“RPT” continued on page 6**

## **Research OSH**

*By Aaron Dunn*

This is an exciting time to be at the Oregon State Hospital. There are new developments, progress, and change around every corner. One of these developments will be a new focus on research.

First, let me introduce myself. My name is Aaron Dunn, and I have recently joined the Oregon State Hospital through the hospital’s contract with OHSU.

Although I recently moved here from North Carolina, I am no stranger to Oregon, having moved here when I was 5 and remaining until graduating from high school.

My background includes a master’s degree in public health and eight years of psychiatric study coordination at Wake Forest University Health Sciences.

My role here at OSH is to assist in developing a research program that will include program evaluation aimed at quality improvement initiatives as well as clinical research. Let’s learn some more about research!

### **What is research?**

Research is a study that is done to answer a question. Scientists

**“RESEARCH”  
continued on page 5**

## **OSH newsletter continues**

The *OSH Recovery Times Newsletter* has been a tradition at OSH for many years, but it has not been published since August of 2007 due to the vacancy of the OSH Director of Volunteer Services, the editor of the newsletter.

My name is Jeff Jessel, and I’m the new OSH Director of Volunteer Services. I’m working toward getting the OSH Recovery Times Newsletter back into routine publishing and distribution. The newsletter provides a current look at hospital events, activities, departmental updates, employee information, special interests, calendars and other OSH-related information. If you would like to contribute to the newsletter, please contact me at 503-945-2892. Article deadline is the 15th of each month for the next month’s issue.

**“RESEARCH” continued from page 4...**

do research because they don’t know for sure what works best to help a problem or disease. Some other words that describe research are clinical trial, protocol, survey, or experiment. Research is not the same as treatment.

Why is research important? Research has led to important discoveries that make our lives better. Some examples are new drugs to treat cancer, diabetes, and mental illness, ultrasound and X-ray machines, vaccines, ways to stop smoking, and improved medical procedures and services.

So, what does this mean at OSH? We hope to do research on a variety of topics and in a variety of areas. Research could mean projects involving the staff, patients, or services provided by the hospital.

All research at OSH will focus on improving the hospital and our services for our clients and staff.

**2008 Governor’s Food Drive**

*By Jeff Jessel*

The Oregon Food Bank distributes emergency food to thousands of families every year and it relies on the Governor’s State Employees’ Food Drive for a major portion of that food.

Last year, OSH employees collected 87,281 pounds of food, or the equivalent of \$14,547. State employees in 2007 donated 4.5 million pounds of food.

The 2008 Food Drive campaign begins February 1 and will go through February 29.

There are many families in need of food each year. You can help by donating money, participating in payroll deduction, bringing non-perishable food or participating in one (or

**“FOOD DRIVE” continued from page 7...**

**What are a participant’s rights?**

Participation in a research study is voluntary (not required) and should a participant decide to opt out during the course of the research study, there will be no consequences to them.

If you were to be approached about volunteering for a research study, you will be given details about the study.

You will be given a chance to ask questions and learn as much as you can about the study, pros and cons.

It is only after this information is shared that you will be asked if you want to participate in the study.

There are some points that you may want to consider before participating:

- 1) A research study may or may not help you personally.
- 2) In the future, the results could help others.
- 3) Taking part in research is voluntary.

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**"FOOD DRIVE" continued  
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more) of the many OSH Food Drive fundraisers happening this month.

A complete calendar of events will be distributed hospital-wide via Group Wise email throughout the month of February.

There are many OSH staff members from various departments and programs who have graciously volunteered to be area coordinators to guide and direct our campaign.

These folks are working very hard to plan, organize and implement activities and events throughout the entire month to generate outstanding fundraising and fun for all.

They really need your support and enthusiasm to make this benefit Food Drive the biggest "Giving" year ever.

The deadline for your donations to count toward the OSH total is Friday, February 29. However, any contribution you can make at any time to the Food Bank is always appreciated.

For additional information, or to find out who the coordinator is in your work area, please contact Jeff Jessel, Director of Volunteer Services at 503-945-2892.

## **EDD on the Move**

*By Christopher Wilson, Director,  
Education and Development Department*

**H**ello everyone, my name is Christopher Wilson and I am the new director of the Education and Development Department.

It is my pleasure to be able to work with such competent, expert employees within EDD and learners who receive training from EDD. I am in awe at the compassion that is exhibited by staff regarding the work to heal our patients.

I want to thank everyone at the hospital for welcoming me into your organization and I want you to know my goal as the director of EDD is to make sure we can create the environment for OSH staff to receive the tools for them to create better outcomes for patients to heal. We want education to be welcomed by all OSH employees. To accomplish this, we want and need your input in our department.

Please make sure that when you experience our trainings and educational opportunities, whether it is ASAM, ED day, or nursing education, you take the time to fill out an evaluation form.

We in EDD are trying to make sure your learning experience is always in a state of improvement. If you have any questions, comments, or concerns about any activity or issue within the Education and Development Department, please do not hesitate to contact me and I will do my best to address your issue. Once again, thank you for the warm welcome.

**"RPT" continued from page 3...**

The group will normally meet on a quarterly basis. However, during the intense programming and planning phase that is currently under way, additional meetings have been scheduled.

Bob Nikkel, DHS assistant director for addictions and mental health, leads the meetings. Laura Segrest provides support to the group. OSH staff and project staff are not part of the group but may attend as presenters or to provide assistance.

**“RESEARCH” continued from page 5...**

In addition to these rights, there are other protections in place regarding research. The OSH Institutional Review Board (IRB) will review all studies before they are started here at the hospital.

The purpose of the OSH IRB is to “protect the safety, rights and welfare of humans, with special attention to vulnerable subjects, who are participants in research.

The safety, rights and welfare of research subjects is the most important consideration and prevails over interests of science and society.”

The IRB will make sure that all federal regulations regarding research are followed here at the hospital, and will work to ensure that your identity and confidential health information are protected according to OSH, state, and federal regulations.

**What is happening now?**

Currently we are hard at work examining our IRB, including its policies and procedures, to ready ourselves for this new emphasis on research at the Oregon State Hospital.

We are also looking at developing a hospital wide Research Committee whose responsibility would be to promote internal research projects, recruit outside groups to do research here (such as area universities), and guide research through our process.

In addition, I am working with the hospital staff on a variety of things such as our Risk Review and Involuntary Consent processes, Continuous Improvement Plan projects, as well as Hospital Replacement and Centralized Services research projects.

If you have any thoughts, ideas, or questions about research please contact me at aaron.dunn@state.or.us or at 503-947-1029.

*(This article borrowed from the OHRP pamphlet titled: Becoming A Research Volunteer – It’s Your Decision)*

**“QUESTIONNAIRE” continued from page 3...**

thinking, and send it to Interim Superintendent Maynard Hammer or his executive assistant, Nichole Bathke. Hammer says all suggestions will be shared with the architects on the hospital replacement project.

Among the subjects on which you might comment are patient assessments, treatment services, medication management, medical and physical care, discharge planning and staffing.


Example: Among the suggestions already submitted are to install kitchens on wards for patients to practice cooking skills before discharge and building walking paths for patients who have grounds privileges.

“We can’t get 1,200 people into a room to hear your ideas,” Hammer says. “But we can ask for and carefully consider the recommendations of people who have daily experience about what will work best to best treat and care for patients.”

Although there is no deadline to respond, Hammer recommends sending ideas as soon as possible to ensure adequate time for consideration.

# Education and Development Department

## EDD FEBRUARY EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 General Orientation 40C Conf Room 1  OSH Drivers Training 40C Conf Room 2 8a-10a or 2p-4p	2
3	4  General Orientation 40C Conf Room 1	5  General Orientation 40C Conf Room 1  CMA Pharmacology Class 40A MA Lab 8a-12n	6  General Orientation 40C Conf Room 1  OSH Drivers Training 40C Conf Room 2 8a-10a	7  General Orientation 40C Conf Room 1  OSH Drivers Training 40C Conf Room 2 2p-4p	8  General Orientation 40C Conf Room 1	9
10	11  Motivational Interviewing 40C Conf Room 1 8a-5p  OSH Drivers Training 40C Conf Room 2 2p-4p	12  ED Day 40C Conf Room 2	13  CMA Pharmacology Class 40A MA Lab 1p-5p  OSH Drivers Training 40C Conf Room 2 8a-10a or 2p-4p	14  ProACT Refresher Training 40C Conf Room 2 8a-5p	15  CMA Pharmacology Class 40A MA Lab 8a-12n  ProACT Refresher Training 40C Conf Room 2 8a-12n  Strength-Based TX Planning 40C Conf Room 3 8a-5p	16
17	18 PRESIDENTS DAY 	19  ProACT Refresher Training 40C Conf Room 2 8a-5p	20  ProACT Refresher Training 40C Conf Room 2 8a-12n  OSH Drivers Training 40C Conf Room 2 2p-4p	21  ProACT Refresher Training 40C Conf Room 2 8a-5p  ASAM 40C Conf Room 3 8a-5p	22  ProACT Refresher Training 40C Conf Room 2 8a-12n	23
24	25  General Orientation 40C Conf Room 1	26  General Orientation 40C Conf Room 1  ED Day 40C Conf Room 2	27  General Orientation 40C Conf Room 1  Co-Occurring Disorders 40C Conf Room 3 8a-5p	28  General Orientation 40C Conf Room 1  Co-Occurring Disorders 40C Conf Room 3 8a-12n	29  General Orientation 40C Conf Room 1  OSH Drivers Training 40C Conf Room 2 8a-10a or 2p-4p	

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