

**Governor’s Mental Health Task Force
Examples of Successful Local and Regional Programs**

Appendix C

Mid-Columbia Center for Living [MCCFL] [Regional CMHP]	Yamhill County Mental Health Program
a. Services promote prevention and recovery, and honor individual persons.	
Consumer Drop in Center: Governed by consumers, staffed by consumer peer counselors. Clients adopt rules, set schedules and activities, funding-raise to support activities and participate in community events.	Staff are trained in the Strengths Based (SB) approach and have participated with OMHAS in using the Person Centered Planning Model. A range of supported housing and supported employment resources promotes access to recovery oriented resources. Provide a range of recovery classes through Abacus program. Teamed with local NAMI group to begin using the In Our Own Voice program locally.
Family Support and Youth Support Groups are self-governed and allow a safe environment for families and youth to participate in all levels of services including policy boards and treatment design.	
b. Services are readily available and include outreach services such as assertive community treatment, school clinics, and services provided in senior centers.	
Outreach staff to programs in four counties including schools, juvenile departments, child welfare and self-sufficiency programs, corrections, hospitals, regional jail and home visits.	Outreach services such as assertive community treatment, school clinics, and services provided in senior centers. Have a school clinic in Willamina.
	Assembling an ACT team and working through the fidelity scale to specify the modifications that will need to be made to have the model work in a small, rural community.
c. There is integration of primary care, mental health, and substance abuse services.	
Two office sites are co-located in medical clinics for consultations and communications. MCCFL sends copies of all psychiatrists’ notes to primary care physicians. Psychiatrists provide free consults to primary care community regardless of whether the client is enrolled with MCCFL.	The MCBCN has worked closely with Dr. Minkhoff on co-occurring disorders (COD). A full mental health and addictions assessment is routinely given to all adolescents entering services. Our new Sunnyside supported housing complex (16 units) is a recovery program for adults with mental illness and alcohol/drug problems.

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<p>d. The community has the capability and culture to routinely divert people with mental illness from the criminal justice system to appropriate community resources.</p>	
<p>One full-time staff is located at the regional jail and juvenile detention facility to manage clients with mental health and/or addictions disorders. Recently added a case manager to work with clients for post-discharge needs and help to keep them stabilized once released. MCCFL, NORCOR (4 county regional jail) and the courts are partnering to develop additional programs and resources. Wasco County has a drug court and Hood River is developing one.</p>	<p>Routinely divert mentally ill individuals from the criminal justice system to appropriate community using the only federally funded MH Court program in Oregon. Also have MH psychiatrist, MH nursing, and QMHP services contracted within county jail.</p>
<p>e. The community has and supports adequate housing and community support facilities, including vocational training and employment opportunities, for persons with mental illness.</p>	
<p>Developed several independent supported housing placements through intensive case management program. These are located throughout the community and rely heavily on maintaining relations with the local landlords. Wrap around case management is provided and MCCFL through flexible funds helps meet the needs of the client and during times of crisis maintain the placement. Two apartment complexes have been developed for transitional housing for clients with severe mental illness and one facility is drug-free housing for recovering addicts with co-occurring disorders.</p>	<p>Adequate housing and community support facilities, including vocational training and employment opportunities for mentally ill individuals. Three supported housing apartment complexes (33 units) developed by the local Housing Authority (HA). The HA has also received set asides for Section 8 certificates for people with disabilities.</p>
<p>f. Services are age and culturally relevant.</p>	
<p>Senior peer counseling program that operates from the senior centers. This program allows seniors to be paired with peers trained by MCCFL and cases are monitored by a therapist. [Temporarily suspended]</p>	<p>Theraplay with preschool age children and their families provide age and culturally relevant services. Oregon Children’s Plan award is allowing Yamhill County to expand this program to reach out to early childhood providers to help identify behavioral health concerns in young children.</p>
<p>Life Skills (EBP) program for middle school youth in Wasco County at the schools. This program addresses skills necessary to resist drugs, develop positive self-management skills, and social skills e.g., communications, conflict resolution.</p>	

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<p>Several staff are bilingual and/or bicultural to meet the needs of the Hispanic/Latino population. Receptionists are also bilingual to assist our clients in accessing services.</p>	
<p>g. The community proactively seeks to identify and help individuals of all ages who are prone to suicide and self injury.</p>	
<p>24-hour crisis service that allows community partners and/or an individual to speak with a professionally trained therapist after normal operation hours. If there is a need for a face-to-face assessment and intervention, staff respond and meet the client at the emergency room in the hospital.</p>	<p>The first county to use the Columbia Teen Screen program and have been able to secure funds to enter 5th year of operation.</p>
<p>MCCFL has partnered with the state and local community college to sponsor Applied Suicide Intervention Skills Training (ASIST).</p>	
<p>h. The community accepts responsibility for assisting individuals to return to the community from acute care and forensic hospitalizations.</p>	
<p>MCCFL accepts and actively works with the hospitals for post-discharge plans and services.</p>	<p>The BCN has been working on a regional approach to post hospital care. While many of our individual county programs lack one or another resource, the region as a whole has the full range of post hospital supports. Through this approach people exiting the hospital will have a broader range of resources to meet their individual needs as they return to the community.</p>
<p>i. Service providers are accountable for outcomes, both individual and societal, including clear lines of accountability for case management and financial responsibility for continuity of care.</p>	
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