Preventing CO poisoning: Tracking the impact of legislative and regulatory changes in New York City

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Katie Wheeler,* Daniel Kass,* Robert Hoffman,* Andrea Allocca,† Michael Vecchi,† Jessica Leighton*

*NYC Department of Health and Mental Hygiene (DOHMH) † Fire Department of New York City (FDNY)



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 - New York Statewide Planning and Research Cooperative System (SPARCS)
 - Fire Department of NYC (FDNY)



Background Public Health Burden of CO in NYC



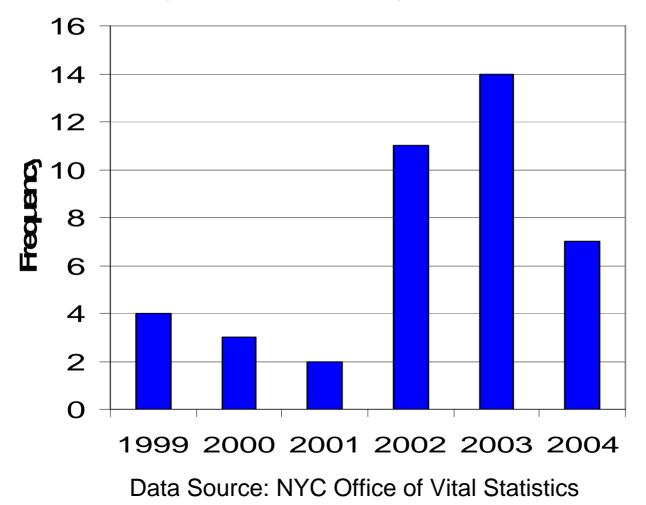
Visible toll of CO in recent years

- Summer 2003: Blackout-related deaths
- Winter 2003-2004: Heating-related deaths
- 2003-2004: Rise in the frequency of underground fires (can generate high levels of CO) and mass evacuations of NYC residents



CO Poisoning Surveillance: Unintentional deaths

Annual deaths of NYC residents due to accidental exposure to other gases/vapors including CO (ICD10 Code X-47)

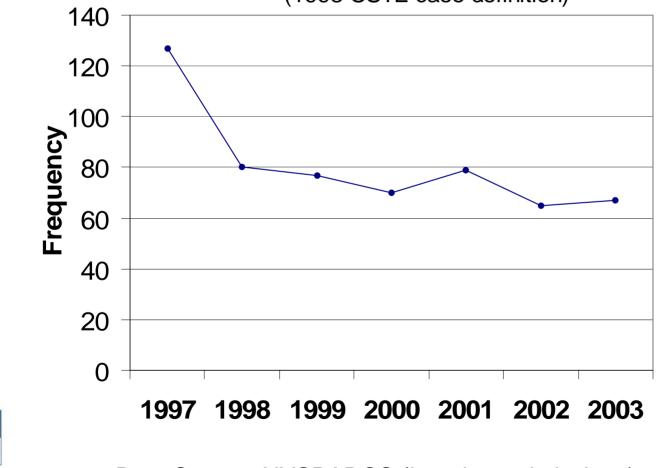


NYC

Health

CO Poisoning Surveillance: Unintentional hospitalizations

Hospitalization of NYC residents for confirmed CO poisoning (1998 CSTE case definition)





Data Source: NYSPARCS (Inpatient admissions)

CO Poisoning Surveillance: Unintentional ED Visits

- NYSPARCS outpatient data to be available late 2006
- DOHMH conducted chart reviews at a sample of Emergency Departments (EDs)
 - Week-long quarterly data abstraction, 6 total quarters (mid-2003 through end of 2004)
 - 23/70 NYC EDs sampled
 - Cases identified on basis of chief complaint
 - Total of 14 unintentional cases identified
 - Crude estimation of annual total throughout NYC = 315 cases



CO Poisoning Surveillance: Characteristics of morbidity

| | Hospitalizations | ED visits (from <i>sample</i>) |
|------------|------------------|---------------------------------|
| | 1997-2003 | 2003-04 |
| | N=552 | N=12* |
| Gender | | |
| Male | 316 (57%) | 7 (58%) |
| Female | 235 (43%) | 5 (42%) |
| Age | | |
| Under 18 | 81 (15%) | 2 (17%) |
| 18 + Years | 471 (85%) | 10 (83%) |

*Limited sample size, estimated proportions may not be reliable.



CO Poisoning Surveillance: Characteristics of morbidity

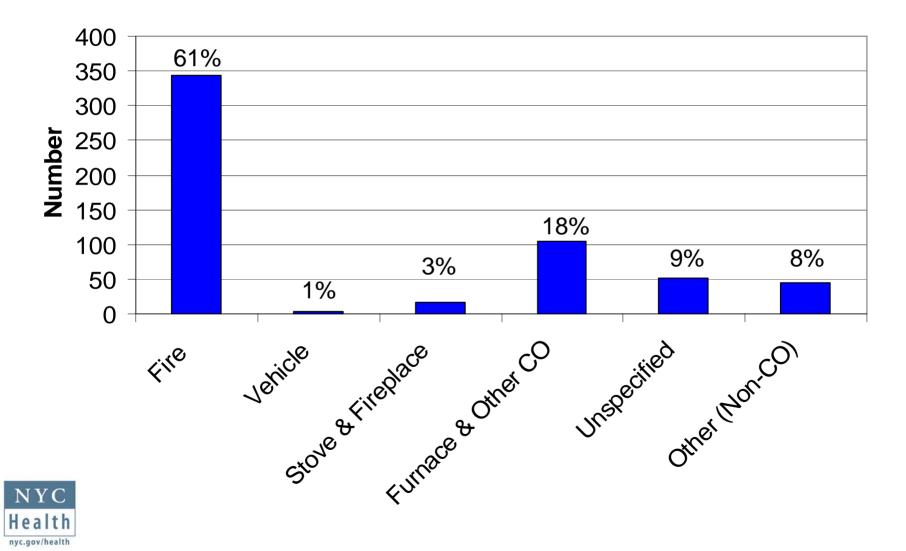
| | Hospitalizations | ED visits (from sample) |
|----------------|------------------|-------------------------|
| | 1997-2003 | 2003-04 |
| | N=552 | N=12* |
| Place | | |
| Home | 435 (78%) | 5 (42%) |
| Workplace | N/A** | 4 (33%) |
| Other | 88 (16%) | 0 |
| Unspec/Missing | 29 (5%) | 3 (25%) |
| | | |
| Workers comp | 52 (9%) | N/A |
| | | |
| | | |



*Limited sample size, estimated proportions may not be reliable.

**Not directly captured, however "industrial" category = 18 cases (3%)

Source of accidental exposure: Evidence from hospitalizations



CO Poisoning Surveillance: Exposure and Event Data

- CO Tracking program includes surveillance of exposure reports to the NYC Poison Control Center and Fire Department investigations of CO events
 - Evaluation follows trends in these indicators
- Burden of long term health impacts of acute poisoning and potential effects of chronic subacute exposure largely unknown
 - Comprehensive surveillance of poisoning cases and events may provide an opportunity to explore



Evaluation of impact of legislative and regulatory initiatives



NYC's CO Detector Law November 1, 2004

City Council passed, and Mayor signed Local Law 7 of 2004, requiring:

- Building owners required to install CO detectors
 At least 1 w/in 15 feet of any bedroom entrance
- Includes homes, hotels, schools, libraries, hospitals, and nursing homes
- Exemptions for buildings w/o or non-adjacent:
 - Fossil fuel burning furnaces, boilers, water heaters
 - Fireplaces
 - Enclosed parking spaces
 - Commercial gas ranges



NYC Health Code Update November 20, 2004

- Purpose: relay sentinel cases
- NYC Board of Health approved Health Code amendments (Section 11.03, subsections a, c)
 - Updated definition includes all COHb >10%
 - Requires immediate referral
 - Healthcare providers (HCPs) to Poison Control Center (PCC)
 - PCC relays information to Fire Department (FDNY) for investigation



Objectives of evaluation

Assess impact of recent policies on:

- 1. Reporting of CO poisoning cases
- 2. Provision of address by providers
- 3. Detection of potentially hazardous and hazardous CO events



Methods

Data sources

– NYC-PCC January 2000-April 2005

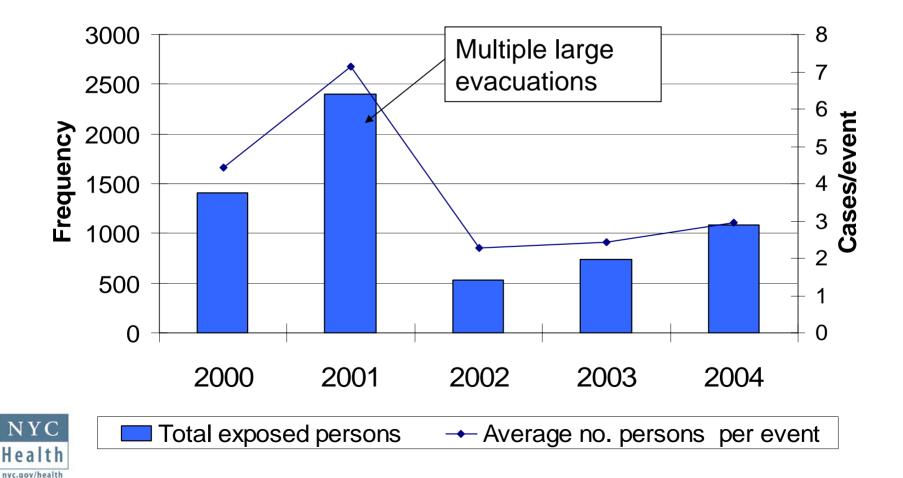
- Calls placed by healthcare provider or facility
- CO-related calls abstracted by PCC
- Cases coded by PCC specialist as "exposure"
- Compared proportion of reports made by healthcare providers in months of Nov-April
- FDNY January 2004-December 2005
 - CO incident investigations data



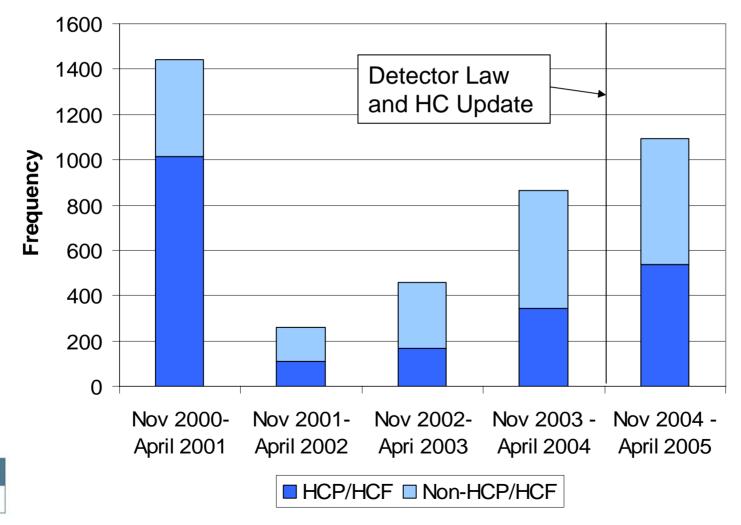
1. CO Exposure Reporting



500-2500 annual exposure reports annually in NYC (Average of 4 cases per event)



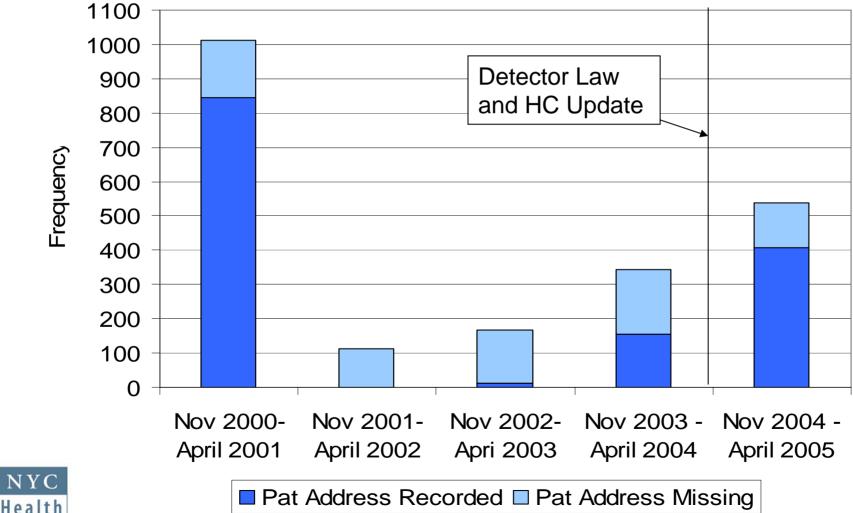
Reporting by public and Healthcare Providers before and after November 2004



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Provision of patient address by healthcare providers before and after November 2004



nyc.gov/health

Summary of CO Exposure Reporting

- Frequency of exposure reports and proportion made by providers variable over time
 - Influenced by mass evacuation events
 - No clear impact of health code or CO detector laws on number of exposures reported or occurring
- Suggestive evidence of an increase in providers supplying patient address after Health Code update in 2004



2. CO Investigations

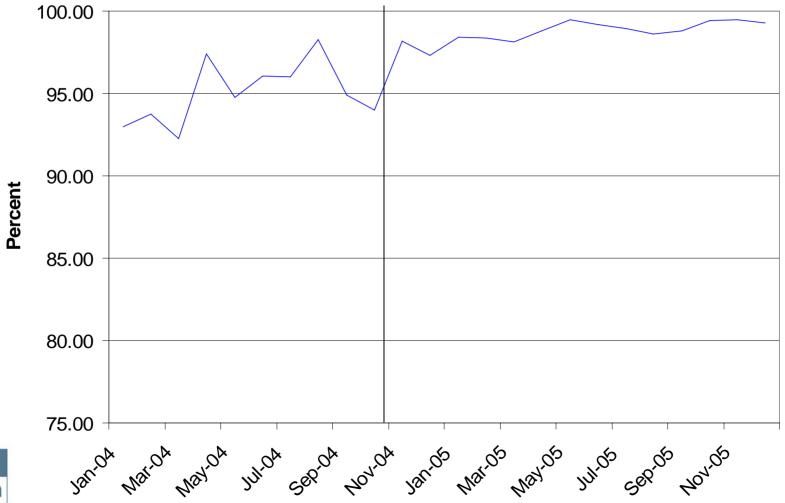


Types of CO events investigated by FDNY

- Detector activated at scene
 - No CO found upon arrival
 - 1-9 PPM CO found upon arrival
 - ->9 PPM CO found upon arrival
- No detector activated (absent or failed)
 1+ PPM CO found upon arrival



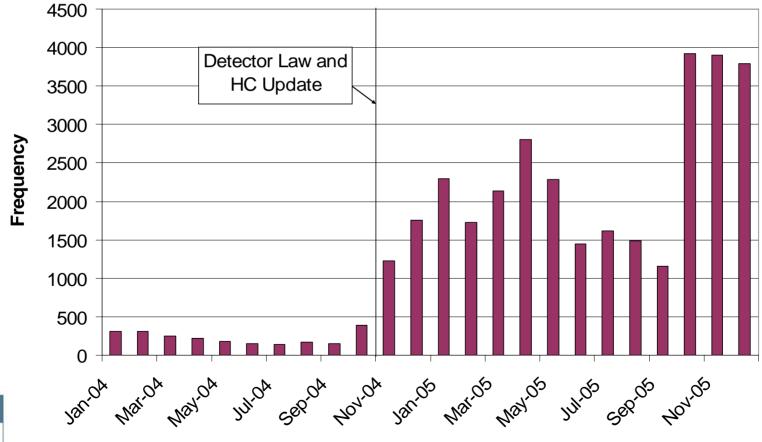
Percent of CO investigations where a detector activated, before and after November 2004



nvc.gov/health

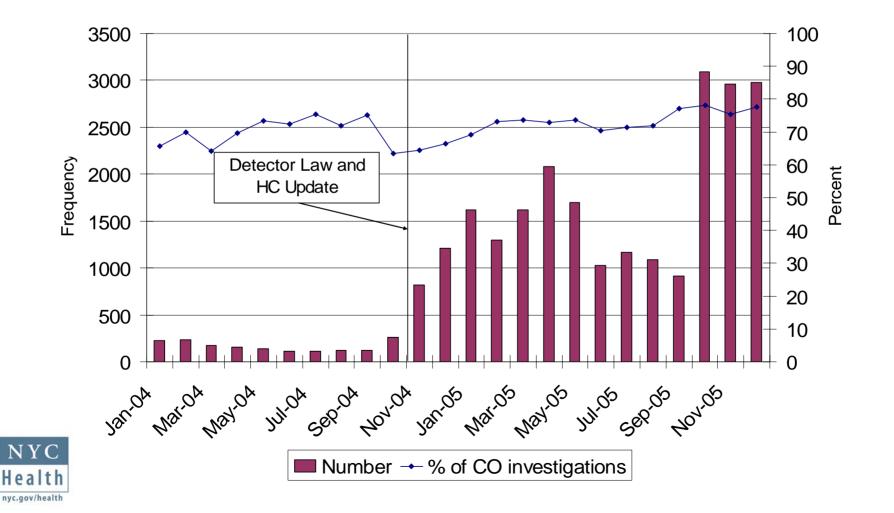
Number of investigations where a CO detector activated before and after November 2004

Total investigations where a CO detector activated

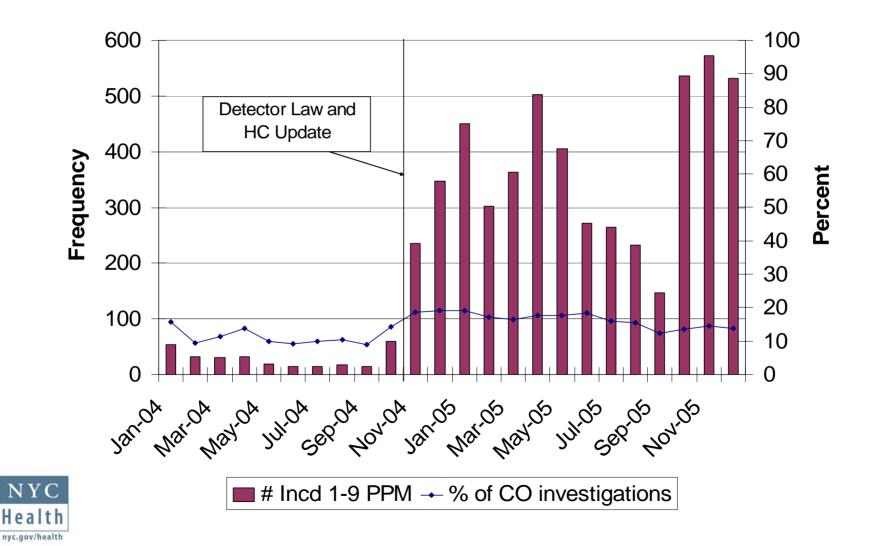




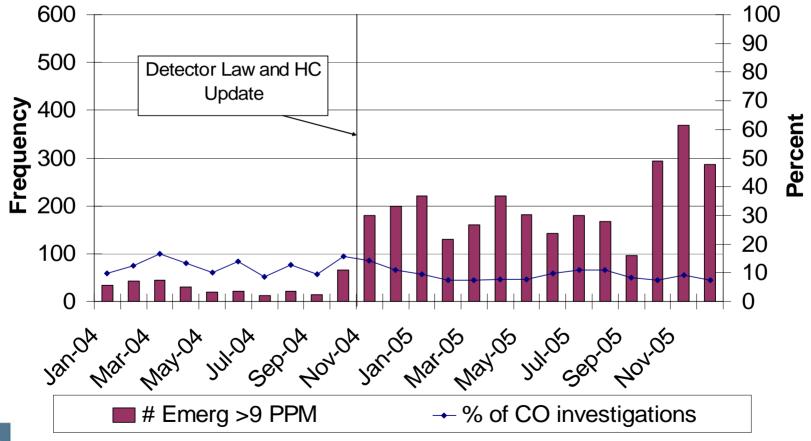
Investigations where detector activated, 0 PPM found on scene



Investigations where detector activated, 1-9 PPM found on scene



Investigations where detector activated, >9 PPM found on scene





Summary of CO Investigations

- Evidence of increased use of CO detectors since Local Law 7 and Health Code Change
- Five-fold increase in number of investigations where CO detector activated
 - Total 2004 = 5,249
 - Total 2005 = 28,569
- Increase in the number of investigations is not explained by disproportionate increase in "false alarms"
 - No changes in proportion of types of events (0 ppm, 1-9, >9 ppm)

