



YRBSS

National Youth Risk Behavior Survey: 1991-2005

Trends in the Prevalence of Alcohol Use

What Is the National Youth Risk Behavior Survey (YRBS)?

The national YRBS monitors priority health risk behaviors that contribute to the leading causes of death, disability, and social problems among youth and adults in the United States. The national YRBS is conducted every two years during the spring semester and provides data representative of 9th through 12th grade students in public and private schools throughout the United States.

| 1991 | 1993 | 1995 | 1997 | 1999 | 2001 | 2003 | 2005 | Changes from 1991 - 2005 ¹ | Change from 2003 - 2005 ² |
|------------------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------------------------------|--------------------------------------|
| Lifetime alcohol use (Had at least one drink of alcohol on ≥ 1 day during their life.) | | | | | | | | | |
| 81.6 (± 2.1) ³ | 80.9 (± 1.4) | 80.4 (± 1.9) | 79.1 (± 2.0) | 81.0 (± 2.0) | 78.2 (± 1.7) | 74.9 (± 2.7) | 74.3 (± 3.1) | No change, 1991-1999 Decreased, 1999-2005 | No change |
| Current alcohol use (Had at least one drink of alcohol on ≥ 1 of the 30 days preceding the survey.) | | | | | | | | | |
| 50.8 (± 2.8) | 48.0 (± 2.1) | 51.6 (± 2.3) | 50.8 (± 2.8) | 50.0 (± 2.5) | 47.1 (± 2.2) | 44.9 (± 2.4) | 43.3 (± 2.7) | No change, 1991 - 1999 Decreased, 1999 - 2005 | No change |
| Episodic heavy drinking (Had ≥ 5 drinks of alcohol in a row on ≥ 1 of the 30 days preceding the survey.) | | | | | | | | | |
| 31.3 (± 2.6) | 30.0 (± 1.8) | 32.6 (± 3.0) | 33.4 (± 2.1) | 31.5 (± 1.9) | 29.9 (± 2.0) | 28.3 (± 2.0) | 25.5 (± 2.2) | No change, 1991 - 1997 Decreased, 1997 - 2005 | No change |
| Drank alcohol on school property (At least one drink of alcohol ≥ 1 of the 30 days preceding the survey.) | | | | | | | | | |
| NA ⁴ | 5.2 (± 0.8) | 6.3 (± 0.8) | 5.6 (± 0.7) | 4.9 (± 0.8) | 4.9 (± 0.5) | 5.2 (± 0.9) | 4.3 (± 0.6) | Decreased, 1993 - 2005 | No change |

¹ Based on linear and quadratic trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade.

² Based on t-test analyses.

³ 95% confidence interval.

⁴ Not available.

Where can I get more information? Visit <http://www.cdc.gov/yrbss> or call 800-CDC-INFO (800-232-4636).



DEPARTMENT OF HEALTH AND HUMAN SERVICES
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