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PUBLIC HEALTH SERVICE
CENTERS FOR DISEASE CONTROL AND PREVENTION
NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH

convenes the

TOWN HALL MEETING

NORA

NATIONAL OCCUPATIONAL

RESEARCH AGENDA

The verbatim transcript of the
Town Hall Meeting of the National Occupational
Research Agenda held in Lowell, Massachusetts, on
March 20, 2006.

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-- "uh-huh" represents an affirmative response, and "uh-uh" represents a negative response.

-- "*" denotes a spelling based on phonetics, without reference available.

-- (inaudible)/ (unintelligible) signifies speaker failure, usually failure to use a microphone.

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PROCEEDINGS

(9:00 a.m.)

OPENING REMARKS**DAVID WEGMAN, UNIVERSITY OF MASSACHUSETTS LOWELL**

DR. WEGMAN: It's exciting for us to be hosting Harvard and UMASS Lowell, this New England region NORA town meeting. These town meetings have been an important input to the NORA process. And a number of you here were present at the meeting, I guess, almost ten years ago when NORA 1 was being created, and still have memories of that meeting and the knowledge of its impact. So we're looking forward to these presentations today.

I'd like to begin by introducing Chancellor William Hogan who is the Chancellor of the University of Massachusetts Lowell to welcome us.

MR. HOGAN: Good morning. On behalf of the University of Massachusetts Lowell, I'd like to welcome all of you, wish you a thoroughly enjoyable and pleasant stay for the town meeting here in New England. We are pleased together with Harvard to be able to host it. We think it is a very productive process. The Lowell Campus of the University of

1 Massachusetts has for a quarter of a century a
2 simple focus on regional, economic, and social
3 development in a sustainable fashion. So you
4 can imagine how close to our heart you people
5 are. We have appreciated the funding over the
6 years that we have received from the National
7 Institute for Occupational Health and Safety,
8 Safety and Health. We appreciate it, and it
9 has helped enormously to carry out our own
10 mission here at Lowell. And so we welcome you
11 to the city and to the campus. And I hope it's
12 a very pleasant and productive day.

13 **DR. WEGMAN:** And on behalf of the Harvard
14 School of Public Health Educational Research
15 Center, Susan Duty.

16 **MS. DUTY:** So first I'd like to thank NIOSH for
17 providing such a personal venue for which we
18 can share our hopes and desires for the next
19 research agenda. And I hope that what we say
20 today can be brought to the table as they do
21 their considerations. I'm Susan Duty from
22 Harvard School of Public Health, and I am the
23 co-director of the Occupational Health Nursing
24 Core between Simmons and Harvard.

25 As one of the nation's 16 ERCs we represent the

1 northeast region of Maine, New Hampshire,
2 Vermont, Massachusetts, Connecticut, and Rhode
3 Island. And the ERC provides very important
4 infrastructure and funding source for the
5 research that we need done, not only on the
6 eight sectors of the new format, but also on
7 issues that cross all sectors, like ergonomics
8 and noise-induced hearing loss, as well as
9 issues with vulnerable populations of the
10 understudied workers.

11 So I'd like to talk a little bit about the
12 Harvard ERC. Environmental health and
13 specifically occupational health have been very
14 important to Harvard since 1913. In fact, the
15 first industrial hygiene, and toxicology, and
16 industrial medicine work has originated at
17 Harvard.

18 The research center also has an important and
19 distinguished record in producing a lot of
20 research that has been published in national
21 and international journals, and has been used
22 by regulatory bodies and advisory panels in
23 making their decisions on recommendations. We
24 also have a record of producing leaders in the
25 field. Our graduates work in industry and

1 labor, in unions, in governments, in academia
2 as a consultant, and in teaching.

3 We provide graduate education in occupational
4 health nursing, industrial hygiene, industrial
5 medicine, injury management, occupational
6 health services and research, hazardous
7 materials training, and we have a large
8 outreach program, as well as a continuing
9 professional education.

10 The school's role as a synthesizer of the
11 efforts of scientists in many fields is perhaps
12 our greatest strength. We work a lot with
13 collaborations. We have a talented group of
14 faculty and students who together make a lot of
15 research happen. And our students -- The NIOSH
16 funds that support the ERC also supports our
17 students. And a lot of student research in on
18 issues important to the NORA agenda.

19 An example of some of the work we've done in
20 this sector is on the outreach program, which
21 has worked with reducing entanglements in
22 fisherman, and I hear they're here to talk to
23 you today so I won't steal their thunder. We
24 also -- Dr. Melissa Perry is working with the
25 farm youth in Vermont, looking at their

1 prevalence of hearing loss and at their rates
2 of exposure to ototoxic drugs and the possible
3 synergy of the two. Dr. Jack Denolyn (*) works
4 with looking to explore the forces involved in
5 keyboarding and mouse use, trying to reduce the
6 burden of musculoskeletal diseases in the
7 service industry. We also work with asphalt
8 workers exploring their polycyclic aromatic
9 hydrocarbon exposures, trying to reduce their
10 risks.

11 Another thrust is the under-served. Some of
12 the under-served populations that we study in
13 this case would be the bicycle messengers in
14 Boston. They have a very high injury rate,
15 about 15 times higher than the national
16 average, and we're working at creative
17 solutions for that. And with truckers, we're
18 exploring how to reduce the hazards associated
19 with combustion byproducts and their health.
20 So as you can see, the Harvard ERC has been
21 very busy for the last ten years helping with
22 the priorities set by NORA, and we look forward
23 today to hearing your thoughts on what should
24 be shaping the next NORA agenda. And I thank
25 you on behalf of David Christiani and the rest

1 of the Harvard faculty for letting me speak.

2 **DR. MAX LUM, NIOSH**

3 **DR. LUM:** Good morning, and welcome to the New
4 England town hall meeting. I'm Max Lum. I'm
5 the communication lead for NIOSH. And we've
6 been conducting, I guess, this is -- Let me get
7 this straight, this is our eleventh town hall
8 meeting. We have one more to go in Jackson,
9 Mississippi, which we'll be doing on Friday,
10 and then we'll be allowed to unpack, I think,
11 at that point and get ready for the NORA
12 symposium, which is our research symposium,
13 which will happen in Washington D.C., the 18th,
14 19th, and 20th of April. I know we'll be
15 seeing some of you at that meeting.

16 Ten years ago, I think, it became clear to
17 NIOSH that we needed a framework, really, to
18 think about how to organize research, and it
19 wasn't just for the nation -- just for the
20 Institute itself. Really, we took on the
21 responsibility of trying to figure out a
22 guidance mechanism that would look at what is
23 needed in a national sense for occupational
24 safety and health.

25 So NORA, actually, in its first ten years was a

1 national occupational research agenda. And
2 that's important, it's a very important focus
3 for us to remember, it's a very important focus
4 for us not to lose because that national focus
5 allows us to leverage our funds. Our funds are
6 leveraged for program support for other federal
7 agencies and for partnerships.

8 So NORA, really, is occupational safety and
9 health research through partnerships. And
10 that's going to preserve -- be preserved, I
11 think, through this next decade of NORA. And
12 as a part of that, I think the town hall
13 process is extremely important for us as an
14 Institute, particularly now in these times; not
15 only in shrinking resources, but the commitment
16 to occupational safety and health programs.
17 So we've been essentially traveling around the
18 country, listening to folks tell us a little
19 bit about their concerns, their problems, areas
20 of interest that they think that the Institute
21 should focus on, and we'll be hearing a lot
22 about that here today, and it is an important
23 process.

24 I can remember I had just started at NIOSH ten
25 years ago, and Linda Rosenstock (*), our

1 director, said well, we're going to do these
2 town hall meetings and, you know, figure it
3 out, go do them. And, I think we did three or
4 four of those, and we did one here in Boston.
5 And I can recall, I think, to me it was the one
6 at Washington D.C. that we did, that there was
7 a group of nurses that came, and they presented
8 a very moving testimony and brought a patient
9 with them who was also a nurse, debilitated,
10 and talked about latex allergy. And latex
11 allergy was on NIOSH's screen, but it wasn't a
12 priority. It certainly wasn't an area that
13 we'd given a great deal of attention to at that
14 point.

15 And that was one of the things we immediately
16 -- even before I think we had the formal agenda
17 set up that we took on. And in a very short
18 time, as probably most of you know, we were
19 able to alert just about every hospital in the
20 country about this issue and it still goes on
21 with us at NIOSH.

22 We were in Salt Lake City, a meeting really
23 that we did with the Chamber of Commerce. It
24 was focused mainly on business, but we had a
25 speaker there, the director of the ERC, talk

1 about the importance of NORA in his own life in
2 terms of his own research agenda, but also how
3 important it was in musculoskeletal disease at
4 that point to pull those studies together.

5 Again, we had a strong push at the town hall
6 meetings we did ten years ago on that and to
7 kind of work on that area.

8 And, I guess that's again, what we're hearing
9 around the country, just as a summary kind of
10 -- not able to do this at the beginning
11 meetings, but I can just give you a little bit
12 of a flavor.

13 You know, we're still hearing the three Es,
14 essentially, the importance of engineering
15 controls, the importance of education, really,
16 and I think the -- and enforcement. We still
17 hear about those three Es, but we're also
18 hearing a lot more about economies, economies
19 of scale taken to the other issues of
20 efficiency, and evaluation; three more Es I
21 think that we're hearing more of.

22 And one of the new factors of NORA, the second
23 round of NORA, is the research-to-practice
24 focus. It's to really take on some of these
25 issues of efficiency, economy, and evaluation

1 that we've been alerted to and to tie it into
2 our research to practice activity. So we'll
3 talk -- Sid Soderholm, our NORA Coordinator is
4 here to talk a little bit about what the second
5 decade of NORA might look like in terms of our
6 governance.

7 Again, I want to thank you very much for being
8 here today. This is a meeting that we -- I say
9 we didn't exactly plan a meeting in New
10 England, but there was an outpouring of
11 interest, let's put it that way, to have it
12 here. And we're excited about being here. We
13 want to hear your testimony, and again, thanks
14 for coming today.

15 **DR. WEGMAN:** Thank you, Max. I just wanted to
16 make one comment because I think, although I
17 could be mistaken, that with regional pride it
18 was the Massachusetts that the nurses made that
19 presentation, and it was very compelling as I
20 recall.

21 We want to go ahead and just before we begin
22 the process, I'd like to ask Craig Slatin to do
23 a little bit of housekeeping, letting you know
24 some of the details of today's meeting.

25 **DR. SLATIN:** Anyway, thank you all for coming

1 and thank you all for everybody's participating
2 in pulling this together. I just want to
3 acknowledge that Petra Miesmaa worked with us
4 from the very beginning -- thanks to NIOSH
5 helping us get some funding to do this, to
6 organize the whole thing. And I know she's
7 been in touch with many of you by e-mail and
8 she's been involved in many meetings to try and
9 coordinate this. So Petra, thank you so much.
10 If you haven't seen the signs, there are
11 restrooms here, and they're out past the little
12 lobby where you came into this area and to the
13 right. And I think everybody knows, but we're
14 going to have lunch served here at lunchtime
15 and it's \$8 because that's your contribution.
16 And you have to get a lunch ticket from the
17 registration desk if you haven't already.
18 And Christy Boles, who was just making the
19 announcement here, has worked really hard at
20 NIOSH to pull all this together with Max. And
21 she's been sending e-mails back and forth, and
22 getting everything together, so... I don't see
23 where Christy went, but thank you to Christy.
24 Anybody have any other questions about details
25 about the meeting? Okay, move on. Thanks.

1 **DR. WEGMAN:** So, we should begin. Sid?

2 **INTRODUCTION TO RESEARCH AGENDA PROCESS**

3 **SID SODERHOLM, NIOSH**

4 **DR. SODERHOLM:** Thank you, Dr. Wegman. I'm Sid
5 Soderholm. I'm a NORA Coordinator at NIOSH,
6 and I wanted to talk a little bit about what
7 we're doing here today and then we'll get to
8 the business of the day, when NIOSH will sit
9 down and you get to speak.

10 So we are here as NORA. You'll see that it's
11 not just NIOSH at the podium. NORA is a
12 partnership effort, and we try to reflect that
13 in the way the town hall meetings go.

14 So the NORA vision is a partnership effort to
15 define and conduct priority research. Some of
16 the main components of that vision are seeking
17 stakeholder input. We did it ten years ago and
18 we're doing it now. We take that input very
19 seriously in the NORA process.

20 The idea is to identify research priorities for
21 the nation, as has already been emphasized.

22 And then, not just to have a set of priorities
23 out there, but to work together, NIOSH, other
24 government partners, the university partners,
25 labor, industry, to all work together to have

1 that research be done and then to have it
2 adopted, have the solutions that are found
3 adopted and used in the workplace to really
4 make a difference.

5 One of the main parts of NORA is to not only
6 feel that we have the funds that congress
7 allocates to NIOSH, but that there are other
8 agencies, there are other parts of the other
9 partners in the country who have a mission that
10 really meshes with ours, and to find those
11 cross points, those points of common interest,
12 and to be able to benefit from the resources of
13 other partners in the country, and bring that
14 to occupational safety and health research to
15 be able to do even more for the worker. So
16 that's what NORA has been and what it will be.
17 So what's changing in the second decade of
18 NORA? The additional focus in the second
19 decade of NORA is really to move research to
20 practice through sector-based partnerships. So
21 the sector-based approach is focused on
22 addressing the most important problems in the
23 sector. It's one of the criteria for helping
24 to set something as a priority.
25 We're talking about one or more research

1 strategies for each sector. It may be -- I'll
2 talk about what we've defined as the sectors;
3 the eight sector groups here in a minute. But
4 it could be that there are such different parts
5 of a sector that there may need to be two or
6 three research strategies in a sector. We're
7 talking about a real strategy that has overall
8 goals and intermediate goals, a plan for
9 getting the research done, and a plan for that
10 research to be adopted.

11 As the sector-based approach goes forward we're
12 not losing the cross-sector issues as has
13 already been mentioned. I mean, the
14 cross-sector issues are the issues that the
15 workers are facing. And many of them -- the
16 basic science of those issues really goes
17 across all sectors, certainly, and many other
18 aspects do, too. So, we're not losing the fact
19 that we need research in injuries and
20 musculoskeletal disorders, and special
21 populations, and hearing loss, and dust
22 exposures, and all of those areas; that's not
23 lost.

24 We're building on the success of the first
25 decade of NORA that had the cross-sector focus

1 by trying to bring in additional partners who
2 think of themselves in terms of the sectors, in
3 terms of the workplaces; the industrial
4 partners, the labor partners, who maybe weren't
5 involved as much as they could've been in the
6 first decade of NORA.

7 So the sector-based approach -- we went this
8 way because workplaces are organized by sector,
9 workers and industries, corporations identify
10 with sectors. Many research needs differ by
11 sector, especially in the application. If we
12 have a general approach that will solve a
13 problem, having that approach adopted
14 successfully certainly involves getting the
15 sector partners involve. The communication
16 channels differ by sector, the way that people
17 need to talk about things, the historical
18 context in which the changes are made; these
19 all differ by sector. So especially when we're
20 talking about adoption, it's very important to
21 have the sector focus.

22 And as we've learned, when you start the
23 research, you need to have partners involved
24 who are going to use the results of the
25 research. If you don't do that you'll end up

1 going off in some interesting direction that
2 doesn't necessarily serve the need of the
3 worker in the end.

4 So we think the sector-based approach through
5 the research strategies that, as I said, have
6 the goals and the intermediate goals and
7 focuses on getting the results addressed or the
8 results used, is going to be a good way to go.
9 It's going to facilitate new partners that need
10 to be brought into this, to an even greater
11 extent than in the past, and we think it's
12 going to be an efficient approach.

13 The structure that we're setting up to do this,
14 you may be familiar with the 20 NORA teams that
15 handle the 21 priority areas in the first
16 decade of NORA. This concept of having teams
17 that have a co-leader from inside NIOSH and a
18 co-leader from outside of NIOSH, team members,
19 both from inside and outside, working together
20 to work out the details of what these
21 priorities are and how to address them and how
22 to get the results adopted; this has been a
23 good approach. And so we are now moving that
24 into the sector approach by having eight sector
25 research councils and you can see in some

1 abbreviated version we've actually taken the 20
2 or so North American Industrial Classification
3 System sectors and we've grouped them into
4 eight sector groups that seem to make sense in
5 an occupational safety and health view of
6 things.

7 So you see, you know, agriculture, forestry,
8 and fishing, which is a census bureau, a NAICS
9 sector; construction is a NAICS sector. And
10 then services for example, are a group of a
11 number of the NAICS sectors. So these eight
12 councils will be the focus of developing these
13 agendas, and I'll talk a little bit more about
14 them in a moment.

15 The NIOSH role is one of stewardship and
16 providing some of the infrastructure. We know
17 NORA isn't going forward without NIOSH, and yet
18 we don't own NIOSH -- excuse me, we don't own
19 NORA, we don't manage the NORA teams. It's
20 really a partnership effort, and we set some
21 kind of broad boundaries as to where -- you
22 know, what is NORA? And, what if somebody
23 wants to do it? It's fine, but it's not part
24 of NORA. And within those boundaries, these
25 teams will do what needs to be done for their

1 sector.

2 The councils will have diverse input and we
3 feel this will lead to robust and successful
4 research strategies. So the initial work of
5 the research councils will be to take a variety
6 of input, and front and center is the
7 stakeholder input received through the website.
8 If you've visited the NIOSH website and gone to
9 the NORA portion of it you'll see there's been
10 an opportunity for several months now to either
11 type or cut and paste in text and talk about
12 what you feel is the most important issue, the
13 problems that need to be solved in occupational
14 safety and health, and the approaches that can
15 make a difference.

16 So that stakeholder input has been captured,
17 and that is added to the stakeholder input from
18 the NORA town hall meeting. I'll talk a little
19 bit more about that in a moment. And that will
20 be delivered to the research councils. But of
21 course, we're not starting from scratch, we
22 have surveillance data, we have a lot of
23 knowledge as to what the problems are. So the
24 research councils, of course, will bring that
25 to the table, we'll have that available, and

1 any time you get a group of individuals
2 together they have their own expertise.
3 So with these inputs the research council will
4 initially go through a priority-setting process
5 and come up with a draft research agenda or
6 draft research strategy for their sector. And
7 following on the concepts of NORA, as being an
8 open and an inclusive process, these
9 individuals are really working for the sector.
10 So this draft strategy will be put on the
11 website.

12 And one of the things we're asking if people
13 can volunteer to be on the research council,
14 that's great. If they can't devote that amount
15 of time, if they can just tell us that they
16 would like to be notified when these draft
17 strategies in a particular sector are
18 available, we'll let you know. And then we'd
19 like comments, the research council would like
20 your comments to see whether they've really --
21 the directions of the research strategy are the
22 directions it ought to have.

23 So this is the initial work of the research
24 council, and then they'll be working to keep
25 this research strategy up to date and to move

1 it along, to try to get the partners together
2 who can actually conduct the research and use
3 the results.

4 So let's get to -- move a little closer to
5 today. How can you participate? Certainly,
6 through volunteering to join the process and
7 providing your input. So your input will be
8 entered into the NORA docket. This, as I said,
9 the material coming in through the website, you
10 can also e-mail material. Shane Cox is over
11 here, he's having a workday today as we all
12 are. Shane is preparing -- will prepare a
13 transcript of everything that's said today.
14 And then Christy, who's doing the slides, will
15 parse the transcript and actually put it in
16 through the same website. So your comments
17 will be entered into one of the ten boxes on
18 the website; the eight sectors, plus there's a
19 place to enter cross-sector comments and a
20 place to comment on the process.

21 That information all goes together into the
22 docket. The docket will be provided to the
23 sector research councils and it'll be provided
24 in context, every comment will be in context,
25 and the verbatim comments will be available to

1 the research council. But, of course, just
2 handing, you know, reams of paper to the
3 research council isn't going to be very useful.
4 So we are in the process of cataloguing or
5 indexing the comments. So they're going --
6 We've got about 60 search terms that so far
7 seem to be very successful in allowing us to
8 talk about -- to pull out or show the research
9 councils where comments are in a particular
10 subject. Whether it's construction or hearing
11 loss in construction, and the need for PPE for
12 hearing loss in construction, you know,
13 whatever kind of research, whatever kind of
14 problem is being discussed, we can index that.
15 So this is what's going to happen to your input
16 today.
17 Christy already did a brief preliminary summary
18 of the input we'd received by early March at
19 the Washington, D.C. meeting. And as Max was
20 alluding to, there are many issues of course
21 that are similar to ten years ago, and there
22 are certainly new things that are coming up;
23 new approaches, new emphasis on the approaches
24 of having successful interventions in the
25 workplace, and new emphasis, even more emphasis

1 on work organization issues and some of those
2 issues.

3 So in addition at the symposium, as Max
4 mentioned, it's the end of April in Washington,
5 D.C. The last day we're going to have a series
6 of workshops. The symposium is to celebrate
7 what's been accomplished the first ten years of
8 NORA. It's to also celebrate the 35th
9 anniversary of the Occupational Safety and
10 Health Act that formed NIOSH and OSHA.
11 And as we're making the transition from
12 celebration of the first ten years to the
13 second ten years, the last day will be a series
14 of workshops. We'll have two-hour workshops in
15 the morning, concurrently, one on each sector.
16 And then in the afternoon we picked out ten of
17 the most popular cross-sector areas, and they
18 will have a workshop in the afternoon.
19 So in the morning there'll be some initial --
20 actually multi-voting and priority setting of
21 the group that's there; just a snapshot in time
22 in that group of what they feel the priorities
23 are. That will be additional input to the
24 research councils and then in the afternoon the
25 cross-sector areas of hearing loss, work

1 organization, will have heard which sectors
2 feel their issues are very important. And they
3 will then look at the research in that field,
4 the comments, a summary of the comments that
5 have come in in their area, and they will talk
6 about what the next steps are in their
7 cross-sector area in order to make progress,
8 meet the priority needs of the sectors. So I
9 think that's going to be a very exciting set of
10 workshops at the symposium, and will be another
11 place where your input will be summarized, made
12 available, and worked on.

13 So let's get to today. What do we think we're
14 here to hear about? What we're asking for is
15 that you tell us about top problems. What are
16 the issues? It might be formulated in terms of
17 diseases, or injuries, or exposures, or
18 populations at risk, or failures of the system.
19 It may be the types -- the research methods
20 that need to be improved. So there are a
21 number of different ways that you may formulate
22 the description of what you feel the top issues
23 are that ought to be part of the priority in
24 NORA.

25 But beyond that, if you have some ideas about

1 who are the key partners. Who can really work
2 together to not only get the research done, but
3 to have it adopted? We'd love to have that
4 information in the docket so we can pass it on
5 to the research councils.
6 And finally, what kinds of research are going
7 to make a difference? There are all kinds of
8 research that can be done. What's going to be
9 the key -- What are going to be the key
10 approaches that are going to get the
11 information that's needed? So we're looking
12 for brief presentations. Christy's going to
13 change hats and become timekeeper here. And
14 with a very full schedule, we'll be asking
15 people to keep their presentations to five
16 minutes. I think Christy will probably give
17 you a one-minute warning, and then tell you
18 your five minutes is up. I don't know what
19 Christy's style is, one of the other people who
20 does it, does the one minute, and then you're
21 done. So people talk about, oops, I just got
22 the fist. So we'll see what Christy's style
23 is.
24 But, the idea of the brief presentation here is
25 not that you can do justice to the issue, but

1 that you can hit the highlights and really boil
2 it down to what's most important. And then
3 please do go to the website and put in more
4 details, more information. If you have more
5 information written up or even the presentation
6 you're making today, if you have it written up
7 and are willing to share it, we'll give it to
8 Shane to help him make sure he's got spellings
9 right and so on. And then he'll give it to us
10 and we'll enter the whole document into the
11 website, into the NORA docket. So the five
12 minutes is meant to share the highlights, and
13 then please do give us the details. We really
14 need that information for the research
15 councils.

16 And then the final point is that we're all here
17 to listen. It's a very full schedule, but I
18 hope we'll have time to call -- to ask people
19 to come up from the floor, even if they haven't
20 signed up to have to share something they're
21 thinking. And in general we ask that we all
22 listen, that we avoid criticizing something
23 else we've heard. But, if you want to offer,
24 you know, the opposite opinion or a very
25 different opinion, please do that. We're here

1 to hear everyone.

2 So with that let me wrap up here. My final
3 take-home message is if you aren't already
4 registered for NIOSH eNews, please do that.

5 It's a monthly newsletter that comes to your
6 inbox. And if you're too busy, you can delete
7 it like all those others, but we hope you'll
8 take time and read the 100 or 200-word
9 summaries of what's happening in NIOSH, in
10 different aspects of what's occurring. And
11 particularly, there's a summary every month
12 about the new developments in NORA.

13 So if you can afford to read a couple hundred
14 words a month, you can keep up on at least the
15 basic things that are happening in NORA, and we
16 encourage you to do that.

17 Provide input through the website. And in case
18 of any questions, my card's out on the front
19 table, if you like the low-tech and reliable
20 way of keeping in touch with people, and
21 there's an e-mail address on there, or
22 noracoordinator@cdc.gov works.

23 Please have a low threshold for contacting me
24 with any questions, or issues, or thoughts that
25 you want to share about the process and I'll

1 certainly try to respond. I think I'll
2 actually be in my office occasionally now,
3 although I haven't been much in the last three
4 months. So I'd love to hear from you.
5 So with that I'll turn it over to Dr. Wegman
6 and we can begin.

7 **REGIONAL AND LOCAL STAKEHOLDER PRESENTATIONS**

8 **MODERATOR: DAVID WEGMAN**

9 **DR. WEGMAN:** Great. Thank you very much, Sid.
10 And he's kept us perfectly on schedule, so
11 let's see if we can emulate him and move as
12 quickly as we can through a series. I counted
13 it as we were making these presentations and if
14 we stick to the five minutes everybody will get
15 to speak and we will be able to finish on time.
16 But there is no slack in this schedule, so let
17 me begin by asking Thomas St. Louis from the
18 Connecticut Department of Public Health.
19 Okay, I'm going to hold that position and cycle
20 it down to the bottom and have Christine Miara
21 from Educational Development Corporation.
22 Come on up here, Chris. Everybody who's
23 supposed to be in this first group come on up
24 front.

25 **MS. MIARA:** Thank you. I really appreciate

1 this opportunity to speak with you today. I
2 work at the nonprofit Education Development
3 Center where I co-direct the National Young
4 Worker Safety Resource Center, which is funded
5 by OSHA to increase the state capacity to
6 provide occupational safety and health training
7 to high school students. And prior to that in
8 collaboration with the Massachusetts Department
9 of Public Health, I worked on several NIOSH
10 funded projects. One, to work with community
11 groups looking for ways that they could
12 increase the safety and health of teen workers,
13 and then another NIOSH project to work with
14 state agencies to help them look for ideas for
15 resources and activities that would better
16 protect young workers.

17 So I'd like to speak today about the need for
18 NIOSH to maintain a focus on the safety of
19 young workers. Although I think teen safety
20 can be considered within specific industry
21 sectors, it's important that it remain an
22 important cross-cutting issue.

23 Teen workers are a unique population and
24 deserve special attention from NIOSH. Between
25 200,000 and 300,000 14 to 17 year olds seek

1 emergency department treatment every year for
2 injuries they suffered at work. And teen
3 workers have a higher rate of injury than adult
4 workers, despite the fact that they're
5 protected by child labor laws from working in
6 the most dangerous occupations. And then
7 tragically between 60 to 70 young people are
8 killed on the job every year.

9 So having worked on this issue for over a
10 decade it's clear that a lot of progress has
11 been made, especially in our knowledge about
12 the types and locations of injuries, about
13 potential prevention strategies. And much of
14 the credit for this project is really due to
15 NIOSH for having conducted and sponsored
16 research in this area. Nevertheless, it's also
17 clear that a lot of progress needs to be made.
18 So I'd like to suggest three general areas in
19 which research is needed.

20 The first is the unique risk factors associated
21 with adolescent growth and development. Some
22 collaboration with experts in adolescent health
23 and injury prevention, research should be
24 conducted on the roles that size, strength,
25 bone maturation, motor coordination, sleep

1 needs, judgment, and cognitive ability play in
2 work injuries. Particularly concerned are the
3 large numbers of back injuries suffered among
4 teen workers, and this can result in long-term
5 disability.

6 And also, NIOSH should complete the initiative
7 it began in 2002 where they were doing research
8 to recommend updates to the child labor laws by
9 determining which tasks that are being done by
10 teens that are prohibited by teens should
11 continue to be prohibited and which needed to
12 be added to the prohibited list.

13 The second main area of research that's needed
14 is in training and health communication.
15 Professionals in the field of substance abuse,
16 injury prevention, health promotion for
17 adolescence have made great strides in
18 understanding how to best frame and deliver
19 messages to teens and to those responsible for
20 their health and safety.

21 This research may or may not translate to the
22 field of occupational safety. So research is
23 needed to answer questions such as what
24 education and training methods are most
25 effective with youth. What strategies are

1 being used now, especially by employers? What
2 information to parents, healthcare providers,
3 educators, and employers need to know about
4 young worker safety and what's the best way to
5 deliver that information to those groups?
6 The last general area of research that's needed
7 is an intervention effectiveness. It's
8 important to examine whether the kinds of
9 prevention strategies being used in other
10 disciplines are relevant to occupational health
11 and safety. And programs that are already
12 being implemented and those that are suggested
13 in documents such as the Institutes of
14 Medicines' Protecting Youth at Work report,
15 need to be piloted and evaluated. Some of
16 these interventions include teaching safety as
17 part of job readiness programs, passing and
18 enforcing stronger child labor laws, awarding
19 safety certificates for youth who have received
20 training, implementing worksite safety programs
21 tailored to youth workers, and delivering
22 occupational safety training to teachers and
23 job placement professionals.
24 NIOSH has been a leader in fostering research
25 to protect young workers. It's essential that

1 its emphasis on industry-sector research not
2 diminish its focus on the vulnerable population
3 of teen workers who need our protection today
4 and our help in preparing them to become adult
5 workers of tomorrow. Thank you.

6 **DR. WEGMAN:** Thank you, Chris. I'm going to
7 substitute Bob Prezioso to speak because he's
8 from the Massachusetts Department of Safety and
9 we're going to get the Connecticut Department
10 of Public Health to speak later. So Bob...

11 **MR. PREZIOSO:** Thank you, Dr. Wegman, and thank
12 you for taking me out of turn. I'm here today
13 to talk about non-friable asbestos. And the
14 Massachusetts Division of Occupational Safety
15 respectfully suggests that the NIOSH research
16 agenda include an examination of asbestos
17 hazards associated with commonly conducted
18 renovation and demolition activities that
19 disrupt non-friable asbestos-containing
20 materials.

21 Assuming the asbestos exposure hazards are
22 demonstrated by the studies, we'd further
23 recommend that NIOSH develop model-safe work
24 practices that can be broadly applied to
25 control exposures in a manner that is both

1 effective and economically feasible.
2 Since the publication of landmark studies on
3 asbestos exposure in human illness over 25
4 years ago, the federal government and virtually
5 all state governments have instituted
6 regulations aimed at limiting asbestos exposure
7 for workers and the general public. Because
8 friable asbestos materials pose a high risk of
9 exposure due to their tendency to release
10 fibers when crumbled, most regulations were
11 initially focused on them.
12 Friable asbestos, of course, is commonly found
13 in pipe coverings, boiler coverings, and
14 spray-on insulation. In recent years, however,
15 the use of more sophisticated analytical
16 techniques has demonstrated the presence of
17 asbestos in a wide array of so-called
18 non-friable materials where the asbestos fibers
19 are more or less encased in a hardened
20 non-asbestos matrix. These materials include
21 floor tile, joint compound, mastics, and window
22 glazing compounds, just to name a few.
23 It's been widely assumed that the tendency of
24 these non-friable materials to release asbestos
25 fibers is low as compared to friable materials.

1 Nevertheless, the requirements of state and
2 federal asbestos regulations are increasingly
3 being extended to work operations involving
4 these non-friable materials. In many cases,
5 particularly those involving renovation and
6 demolition work, the asbestos content of
7 non-friable materials is never tested and the
8 work proceeds with a total absence of any
9 asbestos controls. Such a scenario routinely
10 occurs during painting operations, when window
11 glazing compound, for instance, is disturbed
12 during sash painting and during interior
13 renovation and demolition work.

14 In other cases, non-friable materials are found
15 to contain asbestos in advance of the work
16 taking place and the owner or contractor is
17 required to utilize an asbestos contractor to
18 perform very expensive, but questionably
19 cost-effective abatement. Because of these
20 anomalous situations, there's a need for
21 research on asbestos exposure potential
22 occasioned by renovation and demolition work
23 involving these non-friable asbestos materials,
24 and where risk has demonstrated the development
25 of model work practices, which will adequately

1 control these risks.

2 DOS suggests that NIOSH focus on one or two of

3 these materials, such as joint compound or

4 window glazing. The current don't ask/don't

5 tell approach toward the treatment of these

6 materials is not acceptable, both from a public

7 health and from a public polity perspective.

8 Here in Massachusetts, over 138,000 workers are

9 employed in the construction industry.

10 Nationwide, this figure is over 6.9 million.

11 These workers and many workers in other

12 industries who conduct renovation work in

13 structures where non-friable asbestos materials

14 are present are potentially impacted by this

15 issue. Property owners are also impacted if

16 they own structures that potentially contain

17 non-friable materials as well.

18 We feel this issue has broad implications, both

19 in terms of cost containment and worker safety.

20 We surmise that appropriately scaled controls

21 for renovation and demolition work that

22 disrupts non-friable asbestos-containing

23 materials lie somewhere between the existing

24 framework established for friable materials and

25 the complete absence of controls found on most

1 projects.

2 The basis of our recommendation is that the
3 measurement of the actual asbestos hazards
4 involved with this work should form a
5 foundation for the consideration of appropriate
6 controls for the protection of workers, the
7 public, and the environment. Thank you.

8 **MS. LESSIN:** We're going to do two small group
9 activities in my five minutes. Thank you. My
10 name is Nancy Lessin. I'm health and safety
11 coordinator for the Massachusetts ALF-CIO, and
12 a proud member of the Steel Workers' Union.
13 I've worked in the field of health and safety
14 for over 25 years. I've served on NACOSH, and
15 I served for five years on the NIOSH NORA team
16 on organization of work. I've worked with
17 workers in unions in all sectors of the
18 economy, both private and public sector,
19 nationally and internationally.
20 Fifteen or 20 years ago when I asked workers
21 and union representatives what's happening in
22 your workplaces that's causing workers to be
23 injured, made ill, or stressed on their jobs.
24 The list they created included many traditional
25 health and safety hazards.

1 In the last decade, the responses to this
2 question have changed. The answers invariably
3 begin with downsizing, under staffing,
4 mandatory overtime, push for production, job
5 combinations, multitasking, speed up, work
6 overload. It doesn't matter the industry and
7 it doesn't matter whether it's public or
8 private sector.

9 Workplaces have been undergoing massive changes
10 in the way in which work is organized, often
11 made possible by innovations and information
12 and communications technologies. New forms of
13 work organization are being introduced with
14 very little attention to their potential to
15 hurt workers. However, we do know that these
16 forms of work restructuring can increase
17 workers' risk of injury, illness, stress, and
18 death.

19 Work's being restructured by management to
20 achieve the goals of standardization of work,
21 which in turn is used by management to increase
22 their control over the work. And in many
23 workplaces undergoing changes, worker knowledge
24 about the production and service process is
25 gathered through employee involvement and

1 management then leans out and standardizes the
2 process. This has resulted in job loss for
3 some, while increasing the workload and work
4 pace for others.

5 And I turn your attention to the first
6 activity, which is called basic principles of
7 continuous improvement. This is from a
8 multi-national corporation. And you look at
9 the job that's being documented here, the left
10 hand isn't doing very much, the right hand is
11 doing all the work.

12 If you turn the page over, you'll see the new
13 improved job where the left hand and the right
14 hand are working equally hard. This
15 multi-national corporation says it's an
16 ergonomic improvement because workload impact
17 is spread across more body muscles instead of
18 being isolated to only the right arm and hand.
19 The first way of doing the job is a recipe for
20 repetitive-strain injury. And the right hand,
21 the second way, is a recipe for bilateral
22 carpal tunnel syndrome or something like that.
23 Workers are experiencing increased injury,
24 illness, and stress from downsizing, mandatory
25 overtime, 12-hour shifts, increased workload,

1 and increased work pace. And to hide this
2 increase, employers are implementing
3 blame-the-worker behavior-based safety
4 approaches that discourage workers from
5 reporting injuries, illnesses, and hazards.
6 These programs and priority in policies and
7 practices blame workers who have or report
8 injuries for committing unsafe acts and
9 engaging in unsafe behaviors. They include
10 safety incentive programs that provide prizes
11 to workers who don't report injury discipline
12 policies that provide discipline or threat of
13 discipline to those who do report. Programs
14 that focus on OSHA recordables and lost work
15 days as key measures and milestones in
16 attaining a safe workplace and full-blown
17 behavioral observation programs that focus away
18 from hazardous conditions and blame workers for
19 being inattentive or working carelessly when
20 they suffer injuries.

21 We've tracked the rise of behavior-based safety
22 programs and linked them with the increase in
23 employers' work restructuring efforts. These
24 blame-the-worker schemes are hazards in and of
25 themselves. When workers are discouraged from

1 reporting their injuries, not only do they risk
2 not getting the care they need, but the hazards
3 causing those injuries don't get identified and
4 addressed. It's hard enough to fix the
5 problems we know about, it's impossible to fix
6 the problems we don't.

7 I want to call your attention to the second
8 small group activity. It's an accident report
9 form from another multi-national corporation.
10 The injury in this case was a bee sting. The
11 question on the form says what did the effected
12 employee do or not do that contributed to the
13 accident? Why do you feel their actions
14 contributed to the accident? The response on
15 the form is the employee should have been aware
16 that a bee had landed on his shirt and taken
17 the appropriate steps to remove the bee without
18 being stung. There is no injury or illness
19 that a worker can have at a workplace like this
20 that is not their fault.

21 The letter I received from NIOSH about this
22 meeting stated the meeting is a key part of a
23 national effort to keep working people,
24 business, and the U.S. economy strong and vital
25 in the next decade by reducing worker injuries

1 and illnesses. Right now the perception is
2 that workplaces are getting safer, except
3 perhaps for nonunion mines, and that workplace
4 injury and illness rates are down. Employers
5 are working hard to create that perception as
6 they discourage the reporting of work-related
7 injuries and illnesses.

8 If NIOSH truly wants to meet the goal of
9 reducing worker injuries and illnesses there
10 will need to be concerted effort on the part of
11 NIOSH, OSHA, and the Bureau of Labor Statistics
12 to cut through the fairytale figures that too
13 many employers are passing off as their OSHA
14 recordables and find ways to understand and
15 document what is really going on regarding
16 injury and illness experience in this nation's
17 workplace. Thank you very much.

18 **DR. WEGMAN:** Thank you. Craig Slatin from the
19 University of Massachusetts Lowell.

20 **DR. SLATIN:** Thank you. Working conditions in
21 the U.S. have changed greatly over the past
22 several decades, as Nancy's been detailing.
23 More people work in the service sectors and
24 fewer in unionized manufacturing settings.
25 Precarious employment is a more common

1 experience in the U.S. workforce than it was in
2 the early decades of NIOSH's history. The U.S.
3 now has more immigrant workers who often work
4 under hazardous conditions for low wages and
5 may be politically and legally insecure.
6 Work has changed and so our understanding of
7 health and safety risks and prevention programs
8 are probably out of date and not sufficient to
9 address the needs of many U.S. workers.
10 NIOSH needs to support and promote new and
11 creative research designs and approaches that
12 will help us to discovery the occupational
13 health and safety conditions and issues that
14 have resulted from these changes in the U.S.
15 economy.
16 I have a background in work environment policy,
17 using qualitative and case study research
18 approaches, worker health and safety training
19 programs, and have been the PI for the past
20 five years of a study of health disparities
21 among healthcare workers that was funded by
22 NIOSH. Early in that study, we learned that
23 employers are fearful of employees knowing
24 enough about health and safety issues to
25 complain.

1 We also learned that workers were mistrustful
2 that we were working in collusion with
3 employers. Employees didn't have the time to
4 participate in the research because they either
5 had to work multiple jobs or were juggling
6 shared work/family schedules with their spouses
7 so that the kids were taken care of, the chores
8 were done, and both parents got to work on
9 time. The many single parents in these
10 facilities had to manage all of that on their
11 own.

12 Despite these challenges, our research has
13 succeeded largely because of the integration of
14 multiple qualitative and quantitative research
15 designs; epidemiology, ergonomic exposure
16 assessments, and political economic case
17 studies. We also incorporated participatory
18 research approaches midway through the study,
19 successfully overcoming some of the barriers we
20 were facing. In addition, we have had an
21 interdisciplinary team that's broadened our
22 scope and perspectives about the research.
23 We've been conducting case study research to
24 understand the context of health and safety in
25 these settings. We interviewed managers,

1 conducted focus groups with workers, examined
2 years of employee newsletters, reviewed media
3 reports about each facility. We've learned
4 that through case study research we have a
5 better sense of the questions that we need to
6 ask in all our data collection efforts.
7 If research is to be put into practice then
8 data collected must be valid and reliable.
9 Increasingly we are going to need to use
10 community-based participatory research
11 approaches to attain good data. A more varied
12 set of approaches and designs are needed to
13 learn what hazards are presented in new work
14 arrangements and how to prevent the risks,
15 exposures, and the associated adverse health
16 outcomes.
17 If we want our research to help advance the
18 prevention of morbidity and mortality then our
19 research has to start with the people who can
20 make that happen; workers, unions, employers,
21 and communities, and not simply give the
22 results to them when we are done. That takes
23 time and NIOSH will need to provide resources
24 that support such relationship building.
25 When it comes to learning about the conditions

1 of low-wage and precarious work, and work in
2 the so-called informal sector, we would rarely
3 be able to conduct studies with the permission
4 of employers. Study of the health and safety
5 of minority and immigrant workers in these
6 settings must carefully aim to protect them
7 from jeopardizing their livelihoods.
8 These conditions are going to require new
9 approaches. Hester Lipskum (*) and her
10 colleagues wonderful study of poultry workers
11 in North Carolina is an example of how
12 excellent work can be done without gaining
13 access to the workplace. Of course, neither
14 researchers nor workers have the immediate
15 ability to improve working conditions, but
16 working together just might make us stronger
17 than working apart.
18 Lastly, for bringing research to practice,
19 NIOSH has supported intervention research. But
20 I would like to suggest a different model. We
21 could call this new strategies research. The
22 idea would be to promote work environment
23 improvements through research that doesn't just
24 address one issue or set of issues, but
25 develops the capacity of workers, communities,

1 and employers to make continual workplace
2 health and safety improvements.

3 Using community-based participatory approaches,
4 the changes can be informed by the knowledge
5 and experience of local actors. Their
6 involvement at all stages of the research will
7 establish a foundation for not just an
8 intervention, but for the ability to learn
9 about improving the work environment in ways
10 that can be sustained over time and through
11 whatever market and technology changes affect
12 the production process.

13 NIOSH should look to the National Institute of
14 Environmental Health Sciences success with
15 funding community outreach and education
16 programs as core components of research
17 projects. Workplaces are different from
18 community settings, but to put research into
19 practice it's going to require education and
20 training, and change networks will help sustain
21 local action.

22 The economy has changed, work is changing, and
23 work environments are changing. NIOSH is
24 needed to promote new research approaches for
25 the prevention of workplace injuries,

1 illnesses, and deaths. Thank you.

2 **DR. WEGMAN:** Scott Patterson from Liberty
3 Mutual Agency Markets.

4 **MR. PATTERSON:** Good morning. The mission of
5 Liberty Mutual Agency Markets is the same as
6 our parent group, which is to help people live
7 safer more secure lives. We do that by
8 providing insurance services to small and
9 medium-sized enterprises.

10 We have approximately 125 consultants and
11 industrial hygienists, the majority of which
12 our customers have between ten and 50
13 employees. We're making around 25,000 visits a
14 year to those customers.

15 The U.S. Small Business Administration
16 estimates that 95 percent of all new businesses
17 are small businesses. They may not end up that
18 way, they certainly start that way. So we
19 would request that NIOSH and NORA focus on
20 occupational injuries and illnesses for small
21 and medium-sized enterprises.

22 Certainly, we would also want to continue the
23 focus on occupational injuries versus illness.
24 Illness is important, but injuries are what we
25 see in our market as the major problem.

1 Also research partnering. We have partnered
2 with our industry association, the PCI,
3 Property Casualty Insurers, as well as OSHA to
4 provide small business training for safety and
5 health. We welcome partnerships on the
6 research end as well. Thank you very much.

7 **DR. WEGMAN:** Charles Levenstein for the
8 Massachusetts Teachers Association.

9 **MR. LEVENSTEIN:** My name is Chuck Levenstein.
10 I'm a professor emeritus here at the University
11 of Massachusetts Lowell, but I am also the
12 co-chair now of the MTA Health and Safety
13 Committee. And unfortunately Cathy Boudreau,
14 who's the head of the MTA was not able to be
15 here, but she asked if I would present
16 testimony for her.

17 So the Massachusetts Teachers Association
18 represents 93,000 workers in Massachusetts,
19 including faculty and staff in K-12 schools, as
20 well as higher education. We are the largest
21 union in the Commonwealth, and we are
22 affiliated with the National Education
23 Association.

24 Surveillance. We have joined with a coalition
25 of public employees unions in this state to

1 petition the legislature for public employees
2 OSHA, in order to ensure that the most basic
3 protection that is guaranteed to employees in
4 the private sector also apply to our members.
5 Perhaps most important is that the absence of
6 federal OSHA surveillance and reporting
7 requirements; there is no systematic collection
8 of data on the occupational injuries and
9 illnesses of teachers. Our members have been
10 exposed to hazardous work environments and
11 building materials, including asbestos, but
12 there's scant data available to inform policy
13 and prevention.

14 Second, indoor air quality. We are supporting
15 separate state legislation concerning indoor
16 air quality in public buildings because we have
17 innumerable complaints from our members, as
18 well as data collected by the State Department
19 of Public Health about mold and other air
20 contaminants that threaten the respiratory
21 health of teachers, staff, and students.

22 We understand the current OSHA standards do not
23 deal adequately with such indoor air issues.
24 We are deeply concerned about the health of
25 children who spend their days in contaminated

1 schools, as well as the large number of staff
2 who report one form or another of respiratory
3 illness. We would welcome research that
4 examined the relationship between respiratory
5 health of teachers and the variety of indoor
6 air contaminants in schools.

7 Third, construction and renovation hazards. At
8 a recent meeting, the MTA Environmental Health
9 and Safety Committee heard complaints from
10 members about the difficulties of working in
11 the midst of deteriorating physical plant
12 renovation projects and new building
13 construction. Noise and unidentified dusts
14 were the principle hazards mentioned. We are
15 concerned about these conditions which may pose
16 serious threats to the health of educational
17 personnel, but are considered mere nuisances by
18 public officials. Investigation of such
19 circumstances is warranted and would be very,
20 very helpful.

21 Next, breast cancer. We would also welcome
22 investigation of the already identified problem
23 of excess breast cancer in teachers. We've
24 been able to find only on paper that examines
25 environmental hazards that may be related to

1 this problem. This is a serious issue that
2 warrants attention from researchers.
3 Job stress and violence. Teachers report that
4 job stress and violence in the schools are
5 problems that warrant attention. In
6 particular, we would like to know if there are
7 identifiable health effects of the level of
8 stress that teachers experience, and we would
9 like to know about the efficacy of
10 interventions to reduce stress and violence.
11 These are issues that addressed by occupational
12 health researchers concerned with the
13 healthcare industry; there has been inadequate
14 attention to the education sector.
15 Infectious disease. We know that the Centers
16 for Disease Control recently recommended flu
17 vaccination for children under seven years of
18 age. As the New York Times commented in an
19 editorial, it is important to make available
20 vaccination for school-age children in order to
21 protect them, their teachers, and the
22 community.
23 A recent pilot study of faculty and school
24 personnel by the Mass. Department of Public
25 Health suggests that a third of these staff

1 suffer from respiratory disease. A larger
2 study of school-age children in Massachusetts
3 suggests that about 25 percent have asthma, not
4 in infectious disease, but one which could be
5 exacerbated by a flu epidemic.

6 We need NIOSH research to examine the school
7 environment as a promoter, if not the sole
8 cause of illness. And we need studies to
9 establish effective intervention to prevent the
10 spread of disease among staff and children.

11 School siting. We are concerned that
12 localities are induced for economic reasons to
13 site new schools on or near wetlands and
14 landfills, which may then pose a variety of
15 hazards for children and teachers. We believe
16 that the mold problem in many schools, even new
17 ones, is related to this unfortunate siting.

18 It would be desirable to study the long term
19 health effects of schools sited on contaminated
20 property, particularly those on or near
21 landfills that leak. Some of the schools on
22 landfills have monitoring systems, but we have
23 no information on how frequently they are
24 calibrated or otherwise monitored, or how often
25 the bells go off. It would be useful to have

1 studies of the health effects of such
2 environmental conditions since they have
3 profound effects on children, as well as
4 teachers and other school personnel.
5 And finally, the economics of health and
6 safety. We believe that many of the
7 occupational health problems experienced by
8 teachers are the result of inadequate and
9 inequitable funding of public schools.
10 Maintenance of buildings and staffing levels
11 are serious issues. Low-bid requirements for
12 maintenance, renovation, and school
13 construction are a threat to safety and health
14 of teachers and children.
15 There is virtually no research on the cost
16 effectiveness of interventions to protect
17 school health and safety. NIOSH's previous
18 interest in social and economic dimensions of
19 health and safety could well be applied to the
20 investigation of problems in the education
21 sector. Thank you.

22 **DR. WEGMAN:** Youcheng Liu from Yale University
23 School of Medicine.

24 **MR. LIU:** Good morning. Mine is not a formal
25 presentation, rather a few questions. When I

1 read the NIOSH web pages, I thought about it
2 and I had some questions and wanted to present
3 it here.

4 I'm on the Harvard ERC Advisory Board or
5 Committee. I wondered, you know, how NIOSH is
6 going to support all the ERC, you know, develop
7 new centers for research and training in the
8 future?

9 Second one is, NIOSH research agenda for the
10 next ten years; is that for research support
11 for outside research, I mean, you know,
12 contracted, et cetera, or also for their own
13 research so that, you know, in the past we have
14 so-called agreement, a cooperative agreement
15 from schools or public health associations and
16 associations of medical schools. I wonder if
17 it's still the case to support this kind of
18 research.

19 And the third one is the basic research areas,
20 I think, some of them have been addressed by
21 other presenters like indoor air research,
22 exposure assessment methodologies, and also PPE
23 affects this research. I think these are very
24 important areas, but they don't really fall
25 into the major industry sectors or categories.

1 And the last one is the small business
2 addressed already by Scott. I think, you know,
3 small businesses like auto body industries,
4 they have less financial resources to support
5 exposure control, but they also are less
6 regulated by OSHA. So I think, you know, their
7 concerns should be addressed as well. Thank
8 you.

9 **DR. WEGMAN:** Noreen Hogan, from the
10 Massachusetts Nurses Association.

11 **MS. HOGAN:** Good morning. I'm Noreen Hogan.
12 I'm a Registered Nurse. I'm here representing
13 the Massachusetts Nurses Association. The Mass
14 Nurses Association represents over 22,000
15 nurses in the State of Massachusetts. We've
16 also taken the leadership in looking at the
17 issue of workplace violence. I am also on the
18 Task Force for Workplace Violence and Abuse
19 Prevention, and we have -- I'll talk a little
20 more, I guess, as I go on about some of the
21 things that we have done.

22 The issue that I want to address today is
23 preventing and reporting workplace violence in
24 healthcare settings. As we all know, violence
25 has increased everywhere in our world, and

1 healthcare facilities previously known as
2 caring places and once considered immune from
3 this are now frequently the site of violence.
4 In fact, violence in healthcare settings
5 continues to rise.

6 The violence often is assault on the healthcare
7 personnel, nurses in particular. Some of the
8 Bureau of Labor Statistics show that nurses are
9 being assaulted and hurt and victims of
10 violence at a much higher rate than other
11 healthcare professionals and at a much higher
12 rate than workers in other industries.

13 From studies we know that there are multiple
14 risk factors for this rise in the violence in
15 healthcare settings. This includes the low
16 nurse staffing levels, inadequate security in
17 hospitals, unrestricted access to most hospital
18 areas, and lack of staff training in
19 recognizing and managing potentially violent
20 situations.

21 And we believe on our task force, the Mass
22 Nurses Association in total believes that
23 workplace violence is not getting addressed
24 because nurses and other healthcare providers
25 fear being blamed and retaliated against, and

1 this is much of the feedback we get from our
2 members of why assaults and other violent acts
3 aren't being reported.

4 In fact, what happens in many settings, in many
5 agencies, that the victim is the one that is
6 blamed for the action and for the violence and
7 is often retaliated against and they often end
8 up leaving; either are forced to leave or leave
9 because they feel that things are just so
10 uncomfortable in the setting. Another reason
11 for not getting reported and getting addressed
12 is inadequate reporting systems and a lack of
13 effective response and aftercare programs.

14 One of the things that the Mass Nurses
15 Association Task Force has come out with is a
16 position statement where we recommend that all
17 healthcare employees implement a workplace
18 violence prevention program that's consistent
19 with OSHA guidelines for preventing workplace
20 violence to healthcare and social service
21 workers.

22 We also really felt strongly and have come out
23 strongly in our position paper that each
24 facility should develop a defined plan for the
25 agency's response to any incident of violence,

1 including the right and protection to call the
2 police and file criminal charges against
3 assailants.

4 Part of the work we do on our task force in the
5 Mass Nurses Association is a big piece of
6 education. The position paper is just part of
7 it. We've also come out with guidelines on how
8 individual nurses can respond if they're
9 assaulted in the workplace. We have addressed
10 -- We've had speakers come to our conventions
11 the last couple of years. We have also
12 presented several day-long and sometimes
13 half-day workshops on prevention and response
14 to workplace violence. So again, as I said,
15 we've taken the leadership in the State of
16 Massachusetts.

17 What we would like NIOSH to look at for us is
18 to research the effect of improved reporting
19 systems because we feel one of the big, big
20 issues, again, is the under-reporting that
21 there's a much higher percentage of assaults
22 that are occurring that never get reported.
23 We'd like help in developing appropriate
24 reporting tools and best practice formats so
25 that the information can be readily utilized

1 and replicated in healthcare facilities and
2 agencies across the country.

3 This information will be useful in helping to
4 change the culture of the healthcare industry
5 to embrace worker safety with the same
6 commitment as they do patient safety. Thank
7 you for this opportunity to share my concerns
8 and those of the Mass Nurses Association.

9 **DR. WEGMAN:** And the last presentation we'll
10 have in this section is from Jennie Belsanti,
11 also for the Massachusetts Nurses Association.

12 **MS. BELSANTI:** I'm going to talk about
13 environmental occupational asthma. Asthma is a
14 serious chronic disease, which is a critical
15 public health issue in the United States.
16 Morbidity and mortality linked with asthma has
17 markedly increased. Adult new-onset asthma
18 that is work related has risen to between five
19 and 29 percent of the workforce.

20 Mandatory reporting of occupational asthma
21 became a requirement in Massachusetts on March
22 1st, 1992. This reporting requirement does not
23 provide a complete account because it is known
24 that many cases are not reported.

25 Cases are identified using doctor's reports of

1 workers they have treated. Hospital discharge
2 data are also used by identifying those workers
3 with asthma and participating on workmen's
4 compensation.

5 The Massachusetts program distributes research
6 information gathered for the SENSOR program.

7 This surveillance system gathers information
8 for healthcare providers about specific
9 occupational diseases in the state.

10 One of the diseases of interest in this system
11 is occupational asthma. In 1988,
12 Massachusetts, New Jersey, and Michigan
13 received funding to establish this surveillance
14 system, and in 1992 California also received
15 funding.

16 The concept of this model is that occupational
17 asthma is a preventable disease and disability,
18 or untimely death serves as a signal that
19 prevention efforts have failed and others could
20 be at risk. With surveillance data,
21 work-related exposures are identified and
22 marked for intervention.

23 All four states describe a rise in reported
24 cases of occupational asthma and new agents are
25 being discovered. Workers' compensation could

1 be obtained if pre-existing condition was
2 exacerbated by workplace exposure.

3 Occupational asthma is caused by exposure to
4 substances in the workplace. Many substances
5 found in the healthcare industry fall in this
6 category, and they are pharmaceuticals, animal
7 dander, proteins, enzymes, and other low and
8 high molecular weight molecules.

9 Over ten percent of the workforce is employed
10 in the healthcare industry, which has been
11 growing steadily since the 1990's. Most of the
12 reported cases are new-onset asthma due to
13 exposure to hazardous chemicals. A large
14 percentage of occupational asthma occurs after
15 exposure to sensitizing agents.

16 Another form of work-related asthma is reactive
17 airways dysfunction syndrome, or RADS, which
18 occurs after a single exposure to high levels
19 of an irritating vapor, fume, or smoke.

20 Symptoms develop minutes to hours after
21 exposure, and they can persist for more than a
22 year. Clinical manifestations of this
23 condition are obstructive symptoms and airway
24 hyperactivity.

25 The onset of RADS can be usually specifically

1 timed and dated. These symptoms usually are
2 evident after a dramatic event, such as an
3 accident, such as a spill involving a vapor,
4 gas, high level of smoke or dust exposure.
5 This is why the worker is able to identify the
6 substance by where exposed to and exactly when
7 the exposure took place.

8 Causes of workplace or occupational asthma in
9 the healthcare industry are triggered by many
10 toxic chemicals; environmental cleansing agents
11 contain bleach and/or ammonia. If these are
12 accidentally mixed together they produce
13 chloramine gas. The fumes from this mixture
14 cause tearing, rhino rhea, cough, dyspnea, and
15 it can also be deadly.

16 Cleaning agents contain chemicals that are
17 known sensitizers and respiratory irritants.
18 Disinfectants such as chloramines,
19 chlorhexidine, formaldehyde, are known
20 allergens and these products have safer
21 alternatives and are available and are in use
22 today.

23 This information will be helpful in helping to
24 change the culture of the healthcare industry
25 to embrace worker safety with the same

1 commitment as they do patient safety. Thank
2 you.

3 **DR. WEGMAN:** Has Thomas St. Louis arrived?
4 Okay. We have room in the schedule later.
5 This completes the first section and we do have
6 wonderfully timely presentations, therefore we
7 have time for a break. So I think I will ask
8 us to take a ten-minute break. Please, come
9 back immediately after that.

10 And in the future units, to try to get some
11 order here, why don't the first five come up
12 and then when they're finished the next four
13 come up so that we can work through this with
14 some kind of efficiency in terms of seating?
15 Everybody's being efficient in terms of
16 presentations. Thank you very much.

17 (Whereupon, a recess was taken from 10:35 a.m.
18 to 10:45 a.m.)

19 **DR. WEGMAN:** We should begin again, and I
20 already know of one additional person. So I do
21 want to move with continued efficiency. This
22 is great, and I know the input is leading to
23 good thoughts for NIOSH, but I think it's
24 stimulating for those who have a chance to hear
25 some of these ideas. Next presentation will be

1 from Susan Woskie of the University of
2 Massachusetts Lowell.

3 **MS. WOSKIE:** Hello. Thank you for the
4 opportunity to address the meeting and to see
5 all of my colleagues out there. It's nice to
6 see you all here. I'm at the University of
7 Massachusetts Department of Work Environment
8 here in Lowell. I was trained at an ERC. I'm
9 in a training grant center now, and have been
10 doing research in occupational health and
11 safety for many years.
12 I'd written a bunch more extensive comments
13 that I'm going to submit, so I'm just hoping to
14 highlight a few things. And I want to focus on
15 what was highlighted as one of the new Es,
16 evaluation, by Max Lum in his introduction.
17 My first point in the topic of evaluation is to
18 point out or to remind people that the TOSCA
19 inventory contains about 80,000 chemicals
20 currently, and of those about 2,800 are
21 considered high-production volume chemicals.
22 EPA has done a survey of those high-production
23 chemicals and found that only 43 percent of
24 them have toxicity information on them and only
25 seven percent of them have any OSHA standards.

1 So I guess my first point is that I think that
2 these -- at least these high production volume
3 chemicals should be a focus for examination of
4 human health effects. They're in use out in
5 industry and we know very little about the
6 human health effects of these chemicals. So
7 epidemiologic studies and so on, I feel, are a
8 high priority for this group of chemicals.
9 My second point is that over the past several
10 years there seems to have been a move away from
11 exposure surveillance and quantitative
12 assessment and towards this concept called
13 controlled banding. And although on the face
14 of it, I think, controlled banding is a useful
15 tool in the public health arsenal of
16 prevention. I also want to point out that
17 there's been very little work done to validate
18 this approach across a range of industries, and
19 jobs, and tasks. And so I would strongly
20 encourage NIOSH to put some effort into an
21 extensive validation of the controlled banding
22 approach before it is -- before encouraging its
23 wholesale acceptance.
24 And I guess the last area that I'd like to
25 comment on is the role that NIOSH has played in

1 the development of exposure assessment methods.
2 I personally have come to depend on the basic
3 research that NIOSH does in analytical
4 chemistry and aerosol science, clinical lab
5 science and toxicology. Over the years, they
6 have been the backbone of my research that I
7 have used and applied; the applied research
8 that I do.

9 And so I feel that it's vitally important that
10 NIOSH continue to focus its resources in the
11 area of exposure assessment, and some of the
12 topics that I would like to see them focus on
13 are the development of new analytical and
14 exposure assessment methods to identify and
15 characterize exposures to those chemicals that
16 are currently in commerce, and especially those
17 chemicals that are in new products and
18 processes such as nanotechnology, as well as
19 helping us identify some of the hazardous
20 components of some of the older technologies
21 like metal-working fluids.

22 A focus on methods development should also
23 include a collaboration between toxicologists
24 and analytical chemists, and together,
25 hopefully, they can identify classes of

1 compounds with similar biological activity.
2 And then the analytical chemists can work to
3 develop methods to measure these classes of
4 compounds, rather than having to develop
5 methods for each individual compound,
6 separately. A good example of this kind of
7 development might be looking at isocyanates and
8 measuring the active NCO group in isocyanates,
9 rather than developing methods to measure each
10 individual isocyanate separately. This kind of
11 an approach to classes of chemicals would also
12 help in validating the controlled banding idea,
13 which focuses on the concept of risk groups for
14 chemicals.

15 Also, I'd like to see development of new direct
16 reading or portable and expedient measurement
17 methods that could be used in the field. There
18 are lots of situations where field personnel
19 could use these instruments for a quick
20 assessment to determine the level of control
21 needed. And so I would like to see NIOSH focus
22 on exposure assessment, the basic sciences, in
23 the future. Thank you.

24 **DR. WEGMAN:** Marlene Freeley from Partners
25 Healthcare.

1 **MS. FREELEY:** Thank you. Good morning,
2 everybody. My name is Marlene Freeley and I'm
3 an occupational health nurse practitioner, and
4 I have worked in the healthcare industry for 20
5 years. Healthcare has been faced with
6 increased costs, but more importantly the loss
7 of knowledgeable technically-expert experienced
8 nurses due to work-related injuries. Back
9 injuries are the most common problem associated
10 with nurses' injuries due to the type of work
11 we do; the manual patient handling. And going
12 forward, we expect to see that this trend will
13 increase because we have issues with an aging
14 workforce, but we also have issues where
15 there's more obese patients in the hospital
16 than ever before, and there's more dependent
17 patients in the hospital with multi-system
18 problems. And what this does is it puts more
19 physical work on the nurse who's doing the
20 care.

21 Let me give you a quick picture. If you were a
22 construction worker and you were told by your
23 boss to go and move a 200-pound block of
24 cement, you would say certainly, and you would
25 get your forklift and you would go and you

1 would move that block of cement.

2 If you are a nurse and you are told to go move
3 a 200-pound patient, you would say certainly,
4 and you would go into that room and try to move
5 or reposition that patient by yourself or maybe
6 with the help of another nurse, and that's the
7 reality for nursing.

8 Job tasks that are associated with
9 musculoskeletal injuries, mostly back injuries,
10 are lifting, transferring, and repositioning
11 patients; tasks that nurses do, not once a
12 shift, but constantly every hour throughout
13 their shift. The magnitude of this problem is
14 absolutely huge. We have about eight million
15 healthcare workers and we make up less than ten
16 percent of the workforce, but nurses lead most
17 other occupations in terms of injury rates.
18 And as other industries have tried to figure
19 out ways to decrease their injuries, in the
20 healthcare industry we've struggled with
21 increasing injury rates. Between 1980 and 1990
22 there was a 40-percent increase in injury rates
23 among nursing personnel. Right now, the rate
24 for a nurse in a hospital -- the rate of injury
25 is 9.8 per 100 FTE, which makes nursing the

1 fourth highest injury rate for all occupations.
2 So the magnitude of injuries in nursing is well
3 substantiated, both from research in this
4 country as well as international research.
5 The healthcare industry hasn't been sitting
6 around, not trying to address this problem.
7 First of all, there's been body-mechanic
8 training that we focus on. And body-mechanic
9 training has actually had its founding in
10 people living vertically from the floor to the
11 waist level. But as you know, nurses don't --
12 hopefully, we're not lifting a lot of people
13 from the floor, we tend to lift horizontally.
14 And so the body-mechanic training that we force
15 on nurses has absolutely no application to
16 nursing; it doesn't work, it cannot be applied
17 to nursing.
18 And yet we make nurses feel guilty when they
19 have a back injury, and we say did you use
20 proper body mechanics? We also have had in
21 some places nurses are told to wear back belts,
22 which again we know is not effective at all.
23 So traditional methods the healthcare industry
24 has used; absolutely not effective at all.
25 But, what's really exciting for me is that

1 there are some new technology that's emerging,
2 some safe patient handling technology that
3 looks really hopeful. And this new technology
4 goes from the high-tech stuff, which are like
5 ceiling lifts and portable patient lifts to low
6 tech stuff, such as friction-reducing sheets.
7 And we know from studies that are just coming
8 out that this technology reduces the amount of
9 work that nurses have to do. Studies are
10 showing that this new safe patient handling
11 technology decreases costs between 20 and 80
12 percent. And now we're also finding that it
13 increases patient satisfaction because they
14 have more dignity, being moved up in bed
15 instead of being hoisted. And we're seeing
16 better patient outcomes because instead of
17 getting out of bed maybe once a day, nurses are
18 able to get patients out of bed four or five
19 times a day, which again leads to better
20 outcomes.

21 So we need help. We need research to be done
22 to study this new safe patient handling
23 technology. We need to see what the cost
24 benefit is so we can convince administrators
25 that this is the way to go. We want to measure

1 the health outcomes of patients who are being
2 transferred by this safe patient handling
3 technology and also the satisfaction in
4 healthcare workers. Thank you.

5 **DR. WEGMAN:** Evelyn Bain, of the Massachusetts
6 Nurses Association.

7 **MS. BAIN:** Thank you. I appreciate this
8 opportunity to bring the concern of the nurses
9 and the Massachusetts Nurses Association.
10 We're talking here about nurses' exposure to
11 hazardous drugs.

12 The use of hazardous drugs as identified in the
13 NIOSH publication "Alert: Preventing
14 Occupational Exposure to Hazardous
15 Antineoplastic and Other Hazardous Drugs in
16 Healthcare Settings" is extensive. Today, many
17 drugs have multiple uses, and while they may be
18 recognized as anitneoplastic agents, thus
19 hazardous in a chemotherapy unit, they are not
20 recognized as such in other settings.

21 Immuno-suppressive drugs, gonadotropins,
22 estrogens, estrogen agonists and antagonists,
23 and antiviral's are all classified as drugs
24 considered hazardous according to NIOSH.

25 New drugs come to the market almost daily with

1 little or no recognition of the damage that can
2 be done to the health and well being of nurses
3 and others who work with these drugs on a daily
4 basis. Since the healthcare industry is still
5 recognized as the fastest growing industrial
6 segment in this country, millions of workers
7 have the potential for exposure and disease in
8 the future.

9 The NIOSH publication classified many of these
10 drugs in use today as actual or suspected
11 cancer causing agents, others as contributing
12 to adverse reproductive events, such as
13 infertility and miscarriages. Many other drugs
14 are known to have properties that cause or
15 exacerbate asthma.

16 As nurses we could count off on our fingers the
17 number of our friends and colleagues who have
18 had cancers and who have had adverse
19 reproductive events. Today, I know at the MNA
20 we have three -- nurses in three hospitals who
21 are concerned about clusters, either of breast
22 cancer or brain cancer. And we really have no
23 way to research or to look for research to find
24 causative agents.

25 While the extent of the adverse health effects

1 of many drugs are recognized and have been
2 known for years, in some cases the extent to
3 which nurses are informed of the hazards is not
4 well understood. As nurses, we learn the
5 intended action of drugs on patients and
6 diseases. We also learn to recognize adverse
7 effects of drugs as they're administered to the
8 patients and how to respond in the event of an
9 adverse reaction to protect the patient from
10 harm.

11 Historically, nurses have not been taught about
12 the potential effect of these drugs on
13 themselves or their coworkers. Nurses are
14 seldom trained to select and utilize
15 appropriate personal protective equipment other
16 than gloves or to carry out appropriate
17 disposal or spill clean-up methods. Protective
18 equipment that is utilized is often for the
19 protection of the patient.

20 While nurses in specialty practice or with
21 advanced education may have been provided with
22 this information, the majority of nurses at the
23 bedside, in outpatient clinics, in home care,
24 or office settings have not had this
25 opportunity to learn why and how to protect

1 themselves.

2 OSHA requires that chemical hazard
3 communication is the employers' responsibility,
4 and there are very specific requirements for
5 that training. Drugs and pharmaceuticals are
6 exempted from hazard communication training,
7 only if the drug is administered in a pill
8 form. Once the pill is crushed or the drug is
9 administered through a vein as a liquid or
10 inhaled as a mist, the drug falls under the
11 requirement of the OSHA Hazard Communication
12 Standard. This standard also requires the
13 employer to identify and provide engineering
14 controls and appropriate personal protective
15 equipment.

16 Also poorly understood is the type of
17 protective equipment that is appropriate for
18 protection against exposures, both to nurses
19 and other workers. It would be valuable to
20 have research that identifies nurses' knowledge
21 related to the hazards of the drugs that they
22 use and the personal protective measures that
23 are necessary.

24 It would also be valuable to have research
25 related to hazard communication programs that

1 are in use in hospitals today that provide
2 training related to preventing exposure to
3 hazardous drugs. We would like to see examples
4 of hazard recognition, selection of personal
5 protective equipment, engineering controls,
6 recognition of exposures; that is spills,
7 releases, contact with patients' blood or waste
8 materials, post-exposure reporting, and
9 follow-up protocols and medical surveillance.
10 This information then could be transferred into
11 fact sheets and information bulletins that are
12 so useful in educating nurses and other
13 healthcare workers, including doctors and
14 hospital managers, and administrators. This
15 information will be useful in helping to change
16 the culture of the healthcare industry to
17 embrace worker safety with the same commitment
18 as they do patient safety. Thank you very
19 much.

20 **DR. WEGMAN:** Margaret Quinn from the Department
21 of Work Environment at the University, here.

22 **MS. QUINN:** Thank you for this opportunity to
23 address this group today. I have had a number
24 of years now in occupational safety and health,
25 and have the privilege of engaging in NIOSH

1 funded research, including under the NIOSH NORA
2 umbrella for a project we call the Sustainable
3 Hospitals Project, and now a project on blood
4 exposure and sharp injuries among home
5 healthcare workers. And this latter project
6 we're very excited about because it's located
7 both here at the University of Massachusetts
8 Lowell, together with our collaborators at the
9 Massachusetts Department of Public Health, and
10 we work with both labor partners through the
11 Massachusetts Nurses Association, the SEIU
12 Local 2020, and a number of private home
13 healthcare agencies. So it's really a
14 partnership that we're quite excited about.
15 Many of the colleagues have already spoken
16 about issues related to healthcare. And so
17 what I would like to do is focus on a
18 cross-sector strategy, a cross-cutting issue
19 and apply it to two of the NORA sectors.
20 The cross-cutting strategy is one that we've
21 been working on here at the University of
22 Massachusetts Lowell in many capacities, which
23 is to develop and apply methods to substitute
24 or eliminate hazards through the identification
25 and design of safer and healthier products,

1 materials, and work practices.
2 At University of Mass. Lowell, we're calling
3 this Alternatives Assessment and Design, or
4 Redesign. And the alternative being to finding
5 alternatives to conventional materials,
6 products, and all the associated work processes
7 and practices that go with them.
8 I'd like to talk about applying these to the
9 healthcare sector and also to the sector of
10 manufacturing, in particular the manufacturing
11 of nanotechnologies. It's been a top priority
12 of the occupational hygiene hierarchy of
13 controls that we should substitute or eliminate
14 hazards. But really, more of the focus over
15 the past decade has been controlling hazards
16 through engineering controls, administrative
17 controls, and we hope as a last resort but
18 often not, personal protective equipment.
19 Yet, many products, materials, and their
20 associated processes are introduced into the
21 workplace and then eventually communities,
22 without any input from occupational health and
23 safety researchers or professionals. That is,
24 materials and products are produced as a given.
25 Occupational health researchers, workers,

1 community members are not assumed to have any
2 role in saying what those products should look
3 like and how they should be made.

4 But, thanks to decades of important research in
5 occupational safety and health, including much
6 of it funded by NIOSH, we actually now know a
7 great deal about many substances of their
8 hazards of exposures. And I think it's time
9 that we begin to develop methods to reduce
10 those exposures or eliminate them, in addition
11 to measuring and controlling those hazards.
12 And I know that's been a focus of our field,
13 but I'm proposing that we try to actually
14 become involved in the design and redesign of
15 processes and materials, and even products.
16 And applied to the healthcare sector, that
17 might look like something we engaged in in the
18 Sustainable Hospitals Project to have
19 occupational health and safety researchers,
20 along with clinicians and administrators in
21 hospitals identify hazardous products like
22 needles and getting safe needle devices, as in
23 new drug delivery systems, and seeing if we
24 could identify alternatives to those and if
25 those alternatives did not exist actually

1 suggesting ways to redesign them.

2 And one of the things that we became involved
3 in is actually starting to work with
4 manufacturers around their product design,
5 especially when hospitals and other clinics
6 decided that their purchasing power was enough
7 to get them to influence how they might
8 actually design their products in a healthier
9 and safer way.

10 I just wanted to touch on this issue related to
11 nanotechnologies because we're getting a whole
12 new, very widely disbursed technology
13 introduced here. And I think that occupational
14 safety and health researchers and professionals
15 could be on the design teams for these new
16 products, not just waiting for them to come off
17 the line and then the rest of the world saying
18 well, how are you going to make these safe for
19 us once they've already been produced?

20 We should ask do we need to take these hazards
21 as a given or can we design them? This
22 approach, I think, is cross-cutting and can be
23 applied to other areas, especially these two
24 sectors. And I think that it can help to
25 expand the scope of occupational health and

1 safety research and also the role of
2 professionals in their practice. And I hope
3 that we can grow our field in addition to
4 deepening the research in the field.

5 In addition, I think that it's a way that we
6 could lead to innovation. Occupational safety
7 and health can be innovative in addition to
8 measuring and controlling. Thank you.

9 **DR. WEGMAN:** Thank you. I believe Karen Hopcia
10 is not here yet. So we'll move on to Christine
11 Pontus, if she's here. Why don't we switch the
12 group and the next group come on up? And while
13 they're doing that, I will remind you because
14 neither NIOSH, nor Harvard, nor UMASS Lowell
15 can afford to give you lunch, you're
16 responsible for buying your lunch, and
17 unfortunately with this location, I'd advise
18 you to buy the lunch we have to offer because
19 getting a lunch by walking out's going to be a
20 little bit time consuming. So that reminder
21 being, buy your lunch tickets. They're at the
22 front desk. Christine?

23 **MS. PONTUS:** My name's Chris Pontus, I'm from
24 Mass Nurses Association. My topic and title of
25 comments are mandatory overtime, safe patient

1 handling devices, workplace violence and the
2 relationship to administrative policies and
3 procedure. And my last question is is there a
4 need for best practice model in each of these
5 arenas?

6 My basic premise is that in the proper
7 environment many accidents and injuries can be
8 prevented. I will briefly discuss the issues
9 and concerns of each category, and then suggest
10 that each healthcare facility have policies,
11 procedures, and most importantly the key
12 personnel in place to work towards prevention
13 and decreasing the amount of these injuries.
14 In the current healthcare system, health and
15 safety professionals need to be empowered to
16 create environments for healthcare personnel to
17 deliver patient-care services. It has been my
18 experience through various healthcare systems
19 that there is a lack of consistent practices in
20 place to ensure safe working conditions.
21 A disconnect exists from the health and safety
22 policies in place to the actual implementation
23 of getting the needed or anticipated result.
24 When it comes to the health and safety of the
25 worker, there are pockets or voids of

1 misunderstanding and department through most
2 healthcare organizations. I find that some
3 departments have a sense of what health and
4 safety provisions are necessary and other
5 departments do not. For example, some medical
6 centers are not even equipped with the
7 appropriate equipment or knowledge base to
8 implement a basic safety action plan.
9 A recent actual example is an ICU nurse attends
10 a seminar. She was interested in obtaining
11 safe patient handling equipment and training
12 for her unit. When she returned to work she
13 was unable to communicate the lessons learned
14 during the seminar. Her workload interfered
15 with transferring the critical information to
16 her associates. Consequently, the proper safe
17 patient handling equipment was never acquired.
18 On the frontline is the lack of support from
19 the immediate supervisor and director of
20 nursing due to a misunderstanding or lack of
21 understanding the problem when the nurse
22 attempts to bring a solution to one of the
23 nation's leading causes of injury in
24 healthcare. This lack of response from the
25 working infrastructure to provide a pathway for

1 a dialogue to be initiated and reach someone
2 within that facility who could and should
3 understand the need to respond is an issue
4 often not provided.

5 We as occupational health nurses know that
6 repeated and overuse of the body without rest
7 periods and/or the use of ergonomic equipment
8 to help with certain tasks can lead to a
9 breakdown of the body for many workers. Recent
10 studies indicate that those working in jobs
11 with overtime schedules experience a 61 percent
12 higher injury rate in comparison to those
13 working the same positions without overtime.
14 Individuals working 12 hours per day are
15 associated with an increase injury rate of 37
16 percent. Those working 60 hours per week
17 experienced an increased injury rate of 23
18 percent.

19 Substantial efforts should be made to create an
20 in-house pool of nurses employed part-time that
21 understand they could be on call for a certain
22 day of the week. There are many practical
23 solutions that could be implemented before the
24 use of mandatory overtime. Mandatory overtime
25 should be a last choice of action.

1 Strategies to prevent workplace injuries should
2 consider changes in scheduling, practices, job
3 redesign, health protection programs for people
4 working in jobs involving overtime or extended
5 hours.

6 Last, the incidents of physical violence is
7 increasing in America. Healthcare providers
8 are exposed to violent incidents due to
9 neighborhoods that city hospitals are often
10 located in, the population served, such as
11 mental health or forensics, meaning violent
12 patients, a family member sometimes upset or
13 out of control, an operational environment that
14 is open to the public at all times.

15 We at MNA believe that there are procedures
16 that can be taken to prevent violent incidents
17 and proactive measures that can be implemented
18 when an incident occurs that can lessen
19 traumatic effects. We also believe that the
20 incidents of workplace violence is under
21 reported. Additionally, there are cultural and
22 organizational acceptances of inappropriate
23 behaviors that contribute towards violent
24 incidents.

25 The researchable issues of the sectors just

1 spoken to are healthcare facilities that have
2 established effective workplace prevention
3 policies procedures need to be identified. Is
4 there a best practice model in healthcare that
5 we can follow? And that there is a breakdown
6 of organizational communication interfering
7 with health and safety issues and is
8 perpetuating preventable occupational injuries
9 in most facilities. Thank you.

10 **DR. WEGMAN:** Thomas Fuller from the Mass Nurses
11 Association.

12 **MR. FULLER:** Hello. Thank you for the
13 opportunity to speak here today. I have about
14 26 years of experience in nuclear power plant
15 biotechnology healthcare and academia. But
16 relevant to my proposal today I am a member of
17 the Pandemic Flu Project Team of the American
18 Industrial Hygiene Association, and I'm the
19 Infection Control Team Leader of the AAHA newly
20 created Healthcare Working Group. I'm
21 representing the Massachusetts Nurses
22 Association today.

23 During the 2002 SARS outbreak there were 8,450
24 reported cases in 33 countries on five
25 continents. The eventual death rate was 9.6

1 percent; 774 people, worldwide. The elderly
2 rate was over 40 percent. It was also noted
3 that in Toronto, 42 percent of the cases were
4 healthcare workers; in Vietnam, 57 percent.
5 It's assumed that most of these were nosocomial
6 or transferred within the hospital; work
7 acquired. They were infected at work, and it's
8 also a concern that the nurse to doctor ratio
9 was ten to three, SARS death rate.

10 After the SARS outbreak, several shortcomings
11 became evident in the healthcare incident
12 response. These included the inability to
13 identify and contain agents, inadequate worker
14 protection and surveillance, misunderstanding
15 of transmission. It was also determined that
16 after the fact workers had inadequate
17 understanding of personal protective equipment
18 and there was a shortage of isolation
19 equipment.

20 Information about the disease was unavailable
21 or poorly integrated, and there were few
22 monitoring capabilities to survey the agent in
23 the environment or the workplace. Other
24 hospital management and industrial hygiene
25 shortcomings included the failure to track

1 patient contact history, the failure to track
2 visitor contacts, and an overall lack of
3 preparedness and an inability to prevent the
4 spread of the disease.

5 Much of the system failures mentioned here were
6 due to a general lack of consensus in infection
7 control in healthcare. In the past, infection
8 control emphasis has been on patient care.

9 Infection control professionals tend to
10 emphasize medical and administrative controls
11 and are not thoroughly aware of industrial
12 hygiene rubrics. Industrial hygiene and safety
13 professionals have to deal with rapidly
14 changing conditions for which the risks, the
15 transmissions, the viability, and other issues
16 are not well understood.

17 Lastly, there remains a general attitude that
18 healthcare workers should continue to accept
19 workplace risks that would be unacceptable in
20 other industries. As an example, in a recent
21 document published by the World Health
22 Organization they showed this overwhelming
23 acceptance of risk in healthcare workers by
24 issuing the following statement with regards to
25 when a respirator may be warranted instead of a

1 surgical mask, quote, serological surveys in
2 close contacts of patients, communities where
3 clusters of cases have occurred, or high risk
4 populations, such as healthcare workers, will
5 provide early alerts to changes in the behavior
6 of the virus, unquote. With the future
7 outbreak potential still looming, and the last
8 I checked the World Health Organization has us
9 in a Pandemic Alert Three, meaning human
10 infections with a new subtype but no human to
11 human spread are at most rare instances of
12 spread to a close contact. If this virus
13 mutates in such a way that the disease can be
14 transmissible from human to human like SARS did
15 a serious pandemic could become a reality,
16 unquote. So that's the WHO.

17 So to summarize, the needs for increased
18 industrial hygiene research in infection
19 control are evident. The following topics
20 should be prioritized. Determination of
21 acceptable environmental levels for various
22 agents, the development of air/surface
23 monitoring capabilities and other evaluation
24 techniques, better abilities for industrial
25 hygienists to describe how agents may move

1 through or exist in the environment to expose
2 workers, better ways for the medical community
3 and industrial hygiene to communicate about
4 diseases. And then, just naturally,
5 development of better engineering controls,
6 ventilation filtration disinfection, isolation,
7 administrative controls, the needs for clear
8 and concise programs and procedures, policies
9 planning, techniques for tracking worker
10 exposures and monitoring materials in the
11 environment, job rotation access control, and
12 when to administer a prophylactics.
13 And lastly, but not least, going back to the
14 respiratory protection issue is clear and
15 concise directions for personal protective
16 equipment. Thank you.

17 **DR. WEGMAN:** Kathlene Sperrazza, from
18 University of Massachusetts Lowell.

19 **MS. SPERRAZZA:** Hello. I'm going to speak
20 today about hazardous drug exposure in the
21 healthcare environment. I'm a registered nurse
22 with more than 30 years of direct-care provider
23 experience in major Boston teaching facilities,
24 and I'm a member of the MNA, and in the
25 Congress on Health and Safety. I'm here on

1 their behalf today, as well as UMASS Lowell,
2 where I am a student in the work environment
3 policy program and also research assistant in
4 the PHASE healthcare study, which is Promoting
5 Healthy and Safe Employment in Healthcare. I'm
6 also an injured worker.
7 Currently, more than 5.5 million healthcare
8 workers may handle hazardous drugs like
9 chemotherapeutic agents, antibiotics,
10 antivirals, hormones, bio-engineered drugs, and
11 other miscellaneous drugs. Serious health
12 effects have been reported in healthcare
13 workers exposed to these hazardous agents, and
14 Evie actually went through those effects.
15 Hospital staff, particularly nursing and
16 pharmacy personnel may be exposed to hazardous
17 drugs by breathing them, ingesting them, or
18 having skin contact with these agents while
19 preparing, which includes counting the pills,
20 crushing them, breaking tablets, administering
21 and/or disposing of the hazardous agents, the
22 equipment that's used to administered them, and
23 linens patients may come in contact with, or
24 the patient's body fluids or feces.
25 The healthcare industry has been recognized as

1 one of the fastest growing segments in the
2 economy. In the future, more and more workers
3 will have the potential for work-related
4 exposure to the myriad of hazardous drugs found
5 in the complex healthcare environment.
6 A 2004 NIOSH conference was entitled Alert on
7 Reducing Occupational Exposures to Hazardous
8 Drugs in Healthcare, Converting Theory to
9 Practice. Unfortunately, while we have made
10 strides in recognizing these hazardous
11 exposures and the potential health effects
12 facing healthcare workers, we have not gone far
13 enough. Converting theory to practice, even in
14 large teaching facilities, has not been
15 consistently accomplished.
16 We would like NIOSH to focus on prevention by
17 conducting research in facilities that have
18 successfully designed, implemented, and are
19 practicing comprehensive hazardous drug
20 exposures prevention programs or aspects of
21 programs, which reach workers in all potential
22 exposure areas.
23 Information on the types, frequency, and
24 circumstances of exposure to hazardous drugs
25 among healthcare workers will assist in

1 prevention efforts and also help occupational
2 health professionals monitor exposure and
3 resulting health effects, detect emerging
4 problems related to hazardous drug exposure,
5 for instance, the occupational health and
6 safety implications of nanotechnology in
7 hazardous drug administration, and monitor
8 prevention program impact.

9 We have made progress in identifying and
10 focusing on a wide variety of exposures found
11 in the healthcare environment since the last
12 NORA agenda was set. I am very proud to have
13 been part of that last NORA meeting. This
14 invaluable work should not only continue, but
15 be expanded.

16 Additional focus should be placed on research
17 and education that will provide support to the
18 healthcare workforce directly, particularly for
19 direct-care providers who are most at risk.

20 Aspects of the work environment that serve as
21 barriers to training and the ability to carry
22 out what has been learned, like staffing, are
23 also integral to effective preventive efforts.
24 These barriers should be researched and
25 solutions supported by the occupational health

1 community, as well as hospital administrators.
2 We would like to have this research translated
3 into fact sheets and best practice formats so
4 the information can be readily replicated and
5 utilized in healthcare facilities and agencies
6 across the country. This information will be
7 useful in helping to change the culture of the
8 healthcare industry to embrace worker safety.
9 Thank you for this opportunity to share my
10 concerns and those of the MNA and the UMass
11 Lowell community.

12 **DR. WEGMAN:** Elizabeth O'Conner from Mass
13 Nurses Association.

14 **MS. O'CONNER:** Good morning, my name is
15 Elizabeth O'Conner and I'm here on behalf of
16 the Massachusetts Nurses Association. And I am
17 the last nurse to speak to you this morning,
18 but certainly not the least. I also am a
19 member of the Congress on Health and Safety at
20 our Mass Nurses Association, as is Kathy as she
21 mentioned, and also Chris and Tom.

22 I am speaking to you today on the topic and the
23 title of my comments is preventing needle-stick
24 and sharps injuries. I'm a registered nurse
25 and have been providing bedside care for 29

1 years now at a major teaching hospital in
2 Boston. I'm also a member of the Needlestick
3 Advisory Board of the Massachusetts Department
4 of Public Health.

5 I appreciate this opportunity to bring forward
6 to you the concern of continued exposure of
7 nurses and other healthcare workers, including
8 doctors, to blood and body fluid through
9 needle-stick and sharps injuries. This blood
10 and body fluid can transmit HIV, Hepatitis B,
11 Hepatitis C Virus, as well as viruses that
12 cause West Nile Fever. Many of these injuries
13 occur because healthcare facilities and
14 agencies purchase and provide workers,
15 unknowingly in some cases, with unsafe devices,
16 although there are safer alternatives on the
17 market that may have not been researched by the
18 facilities.

19 The healthcare industry continues to be
20 recognized as the fastest growing segment in
21 the U.S. economy. And for this reason, more
22 and more workers will have the potential for
23 exposure in the future. A few years ago, OSHA
24 estimated close to one million needle-stick
25 injuries in this country occur each year. We

1 quote the number as an estimate since it is
2 recognized that probably 50 percent of these
3 injuries go underreported, yearly.

4 The hospital I work in had a proactive approach
5 to preventing needle-stick and sharps injuries.
6 Prior to the changes in the OSHA Blood Borne
7 Pathogens standard and the Massachusetts
8 legislation which followed that requires
9 reporting of needle-stick injuries and sharps
10 injuries by healthcare agencies and facilities
11 to the Department of Public Health. Before
12 those -- Prior to these changes, a committee
13 was formed at my hospital and monthly meetings
14 were held to discuss the needs to research and
15 test engineered safety devices that would be
16 appropriate for specific departments in our
17 facility.

18 These meetings included hospital management and
19 were attended by representatives from nursing,
20 pharmacy, surgery, radiology, anesthesia, and
21 medicine. As safety devices appeared on the
22 market they began to be utilized. Problems
23 were identified with certain products, and
24 alternatives were selected.

25 I feel that my hospital has been ahead of the

1 curve in working to prevent needle-stick and
2 sharps injuries. As a member of the
3 Needlestick Advisory Board at the Department of
4 Public Health, I realize that not all nurses,
5 such as myself and other workers are as
6 protected and not all facilities and agencies
7 are as proactive. Injuries continue because of
8 a lack of commitment to assure that only
9 engineered safety needles and other sharps are
10 provided for their workers. I have learned
11 that unsafe devices are still available due to
12 several factors.

13 The first factor is backdoor purchasing, a term
14 that describes how specific departments can
15 order equipment outside of the regular
16 purchasing channels. This allows them to
17 bypass the system that would only purchase
18 safety devices and lets them order whatever
19 they choose, or whatever they have been used to
20 using. That was the case at my facility in
21 certain instances.

22 The second factor is procedural kits that
23 include unsafe needles and/or sharps. These
24 kits contain all the supplies and equipment in
25 one sterile package to accomplish a medical

1 procedure. The suppliers who fill these kits
2 are not held to the same requirement as that of
3 the employer in relation to protecting workers
4 from exposure. Thus, unsafe devices often
5 costing less and in great supply from the
6 manufacturers are placed in the kits, posing a
7 hazard to the workers using these kits unless
8 the safer alternatives are chosen and they are
9 instructed to do so from their facilities.
10 And thirdly, purchasing contracts. A hospital
11 or agency may be included in a purchasing
12 agreement with a supplier to allow lower costs
13 for bulk purchasing of medical equipment and
14 supplies. And I must be speaking very slowly.
15 Just to summarize, those three factors are a
16 major reason why we feel that there needs to be
17 further research in this area so that we could
18 develop fact sheets, as has been stated earlier
19 this morning, and best practice formats to
20 provide information to other healthcare
21 providers in this country so that they will not
22 be injured. And the information would be
23 useful in helping to change the culture of the
24 healthcare industry, as also was mentioned
25 earlier today. Thank you very much for

1 allowing me to speak at this time.

2 **DR. WEGMAN:** Going to fill in a blank here
3 because Cora Roelofs has asked to speak since
4 she'll be teaching this afternoon. So Cora
5 Roelofs from the University of Massachusetts
6 Lowell.

7 **MS. ROELOFS:** Good morning. I'm research
8 faculty here in the Department of Work
9 Environment at the University of Massachusetts
10 Lowell, which means that 100 percent of my time
11 is spent on occupational health and safety
12 research, most of it funded by NIOSH.
13 I was trained in occupational health and safety
14 research at Hunter College and here in the
15 Department of Work Environment, and most of
16 that training was also supported by NIOSH.
17 I'm currently the principle investigator on a
18 NIOSH-K or career development grant to
19 investigate methods for evaluating nail salon
20 hazards and health effects. And this work was
21 motivated in part by interest in the apparent
22 need for new ways of reaching immigrant
23 workers, non-English speaking workers, and
24 workers in very small businesses, all of which
25 have generally been underserved by research

1 money in the past.

2 And there is good reasons for this lack of
3 attention to these working populations. These
4 workers are hard to reach, there are cultural
5 and linguistic barriers between them and
6 university researchers, and often times they
7 are alienated from mainstream institutions, be
8 that universities or unions, or professional
9 associations, or government.

10 So I've worked hard over the past few years to
11 form relationships with and to collaborate with
12 my research partners in the Vietnamese
13 community from which nail salon workers
14 generally come. And this focus was inspired in
15 part by NORA's focus on special populations,
16 and I've gotten a lot of guidance from that
17 committee on my approaches.

18 Together with the Vietnamese -- my partners in
19 the Vietnamese community, we've conducted
20 community-based occupational health and safety
21 survey and designed a unique culturally and
22 linguistically appropriate outreach tool; the
23 Nail Salon Health and Safety Calendar.

24 I'm now co-investigator on a research
25 application to continue our department's work

1 with Hispanic construction workers. This
2 proposed project links many of the current --
3 the existing NORA's goals, especially the
4 targeting of at-risk special populations and
5 the prevention of falls; a leading cause of
6 death for construction workers.

7 We believe that in order to be successful we
8 have to work closely with the entire affected
9 community, including more than the contractors
10 and the workers, but also their families, local
11 government, and even the religious community.
12 I urge NIOSH to recognize the challenges and
13 the rewards of such research/community links
14 and to support through the next NORA research
15 with special populations and the methods
16 required to work with them; qualitative
17 inquiry, community-based participatory
18 research, and time. Thank you.

19 **DR. WEGMAN:** Can we have the next group come
20 up? Pamela Quinlan, Judy Sehnal, Laura
21 Punnett, John Egan, and Raphael Moure?

22 **MS. QUINLAN:** I'm Pam Quinlan. I'm a senior
23 occupational health nurse for Tyco Electronics
24 M/A-COM division, here in Lowell. I'm here to
25 talk about repetitive-motion injuries as they

1 relate to our worker population.

2 I manage the workers' compensation for M/A-COM
3 facilities across the country and also the
4 disability. What we are seeing is an injury
5 that has probably been focused on quite a bit
6 already. I'm sure lots of research has been
7 done. We did have an ergonomic standard
8 provided, but I don't think it was ever put in
9 place. And, we really need more guidance in
10 this area.

11 We're finding that workers, not only who are
12 doing the manufacturing -- We have FABs across
13 the country. We have workers who are doing
14 project management working at computers for
15 eight hours a day. We have people who are in
16 the IT programs, SAP programs, entering data
17 for eight hours a day. And what we need is
18 more guidance to teach them about ergonomics,
19 and also guide us in the rest periods; how many
20 breaks they should take, what the exercises
21 should be.

22 We've taught all this, we know. We've done the
23 ergonomic evaluations. We have a very good
24 safety record. Our environmental health and
25 safety committee is very active. We're

1 proactive in educating our employees to set up
2 their work stations so they do work in neutral
3 positions.

4 We know the value of administrative controls,
5 engineering controls, and changing jobs.

6 But in this economic environment, we can't
7 really change jobs because if a person cannot
8 do their job chances are they won't have one.
9 And especially now in the electronics field,
10 much of our business is being transferred to
11 China and other countries, actually where we
12 also have many plants.

13 So I'm asking that NIOSH go back to this
14 diagnosis, it's an old injury, you know,
15 repetitive-motion injury has had a lot of work
16 done, but I don't want to keep it on the back
17 burner. I'd like to see it come to the front
18 burner again and have a lot of research done on
19 it, as to how we can prevent these injuries.

20 Because I not only manage the claims in
21 dollars, and half of the dollars spent on all
22 our claims are spent on repetitive-motion
23 injuries. I also manage the case; the
24 individual's healthcare from the time that they
25 report the injury until they either return to

1 work full-duty or are totally disabled. Yes,
2 some of our people are totally disabled across
3 the country, whether it's California, Virginia,
4 Maryland, here in Massachusetts, we have plants
5 all over this country and it is causing a
6 disability, even today.

7 So thank you very much. And I would just like
8 to say that I'm on the Board of Directors for
9 the Greater Boston Association of Occupational
10 Health Nurses. So I am an employee advocate,
11 and that's what I'm here for today. Thank you.

12 **DR. WEGMAN:** Judy Sehnal from The Hartford.

13 **MS. SEHNAL:** Thank you. I'm a certified
14 professional agronomist, and I am also a
15 registered occupational therapist licensed in
16 the State of Connecticut. I've worked in
17 ergonomics for the last 15 years for a large
18 property casualty insurer in Connecticut in the
19 loss control department. My role is to be a
20 resource to our field staff and also to work
21 directly with our insured on various aspects of
22 ergonomics. Prior to that, I worked for many
23 years in the healthcare industry as an
24 occupational therapist.

25 I'd like to address three topics briefly. The

1 first, I'd like to support the trend toward
2 addressing occupational safety and health by
3 industry group. This approach is inline with
4 trends in the business community, including the
5 insurance industry, where aggressive efforts
6 are currently underway to produce
7 industry-specific insurance products and
8 associated occupational safety and health
9 programs and products, such as ergonomics and
10 occupational safety and health programs and
11 materials, including training programs. Such a
12 coordinated approach would promote greater
13 effectiveness in employee-based occupational
14 safety and health programs and practices.
15 Secondly, focused outcome-oriented research on
16 the advocacy and cost effectiveness of
17 ergonomic interventions would help those of us
18 who work directly with employers in the field
19 on various aspects of occupational safety and
20 health, and would also help safety directors
21 and risk managers in those companies who face
22 the challenge of developing effective safety
23 and health programs, selling those programs to
24 senior management, and implementing those
25 programs effectively.

1 The employers that I work with want to know --
2 They want to hear about practical solutions to
3 ergonomic exposures. They want to know what
4 those solutions will cost and what the return
5 on investment will be. They're asking for
6 training programs and materials, and in
7 particular, time-efficient training programs;
8 the time available for training in the
9 workplace is just shrinking rapidly.
10 They want to know more about how effective
11 training programs -- Excuse me. They want to
12 know more about how effective those training
13 programs are and what the most effective
14 training approaches will be.
15 As a previous speaker stated, back injuries
16 continue to be a major exposure in the
17 workplace and certainly a major challenge in
18 the healthcare industry. Material handling
19 continues to be a challenge in other
20 industries, as well. Recently, for example,
21 I've received many requests from the retail
22 industry. Employers want to address issues
23 associated with loading and unloading trucks,
24 stacking shelves, delivering products to
25 customers down narrow flights of stairs and in

1 and out of various buildings.

2 In the spirit of the NORA research-to-practice
3 agenda, can we identify and utilize those, who
4 like me are in the position to pass research
5 and best practices onto employers effectively?
6 And lastly, the other issue I briefly want to
7 address is older workers. Employers attempting
8 to implement ergonomic programs are recognizing
9 the aging of their employee populations. They
10 want to know what they need to do, what they
11 can do, to support the health and productivity
12 of their workers. What's different with the
13 older worker? What works with the older
14 worker? Thank you.

15 **DR. WEGMAN:** Laura Punnett from the University
16 of Massachusetts Lowell.

17 **MS. PUNNETT:** Good morning. I'm Laura Punnett
18 on the faculty of the Department of Work
19 Environment at UMass Lowell. Musculoskeletal
20 disorders of the back, upper, and lower
21 extremities represent a continuing major source
22 of morbidity in all sectors of the U.S.
23 economy; we've just been hearing about some of
24 that. It's very important that NIOSH not
25 permit political events, such as the

1 overturning of the OSHA rule to push
2 musculoskeletal disorders off of the research
3 agenda. We should also note that recent
4 changes in the BLS record-keeping rules
5 eliminated the repetitive trauma category of
6 illness. And NIOSH also has a special
7 responsibility to make sure that this -- the
8 resulting artifact in reporting is not confused
9 with a true decrease in the magnitude of these
10 problems.

11 Unlike diseases that are eventually fatal or
12 acute injuries that can be witnessed by others,
13 medical surveillance of musculoskeletal
14 disorders relies primarily upon monitoring the
15 behaviors of individuals, such as when they
16 seek medical attention or tell their employers
17 about their problems. These behaviors, of
18 course, are influenced by circumstances both
19 within and outside the workplace. For example,
20 if I don't believe that my employer will or can
21 take steps to help me recover, then I'll be
22 unlikely to report the problem.

23 Anecdotally, the availability of support
24 systems and appropriate employer responses
25 varies by socioeconomic status and possibly

1 also by gender, and race or ethnicity. NIOSH
2 should support more research to examine the
3 magnitude of reasons for and distribution of
4 under reporting, as well as the extent of
5 work-related morbidity that remains obscured in
6 the general population for the same reasons.
7 There's substantial epidemiologic evidence
8 demonstrating the musculoskeletal effects of
9 exposure to physical stressors at work.
10 Recently with WHO researchers we estimated that
11 over one third of back pain globally is
12 explained by occupational demands. Of course,
13 still there are gaps in knowledge.
14 Musculoskeletal research could better inform
15 preventive efforts if we had more longitudinal
16 studies generating data on the natural history
17 and the latency of effect for different
18 exposure profiles, including combinations of
19 physical and psychosocial exposures.
20 There's been little examination of how
21 occupational experience might affect disease
22 risks or progression even after leaving work.
23 We need outcomes research to examine the long
24 term impact on health, as well as on employment
25 and economic status, especially the vicious

1 cycle of worse outcomes in low-status workers
2 who are injured.

3 We also need more laboratory studies on
4 patho-mechanisms that are relevant to the forms
5 of mechanical load that occur occupationally.
6 Such research can inform the development of
7 more etiologically relevant exposure indicators
8 and of better diagnostic instruments. The
9 available examination techniques do not
10 adequately serve for many of the symptoms and
11 syndromes that are commonly reported in
12 workplace settings.

13 The challenge of analyzing non-routinized jobs
14 has become more pressing as fewer people than
15 ever work on traditional manufacturing assembly
16 lines. Certified nursing assistant, hotel room
17 cleaner, bus driver, legal secretary,
18 construction laborer; these are only a few
19 examples of jobs that are repetitive in their
20 fundamental motion patterns, but are not
21 routinized to the extent that they can be
22 described completely by observation of only a
23 few minutes of work time.

24 As ergonomic exposure assessment becomes more
25 time consuming and more labor intensive, the

1 trade-off between the precision of direct
2 measurement and the need to describe exposure
3 variability over time also becomes more
4 challenging to optimize.

5 Ergonomic exposure methods are almost as
6 numerous as ergonomists. Worker self-report,
7 investigator observation, direct measurement;
8 they each have utility, but the lack of
9 standardized exposure metrics severely limits
10 our ability to compile findings across studies.
11 While the epidemiologic literature has
12 consistently implicated a common set of
13 physical exposures, the magnitude of specific
14 exposure outcome associations often vary
15 substantially. Besides differences in
16 operational definitions of exposure, variation
17 in quantitative findings may also result from
18 differences in case definitions,
19 exposure-dependent latency periods,
20 correlations among risk factors or the ranges
21 of exposure available for analysis.

22 Similar to the important role that NIOSH has
23 played with respect to standardization of
24 chemical exposure assessment methods, NIOSH
25 could play a similar role here with regard to

1 ergonomic exposures. And it's badly needed in
2 order to facilitate the meta-analytic tasks
3 such as quantifying exposure/response
4 relationships and defining permissible exposure
5 levels.

6 There have been some highly counter-productive
7 arguments in recent years about how to
8 partition musculoskeletal disorder risks
9 between physical and psychosocial exposures.

10 It's important to appreciate that many of these
11 job features have common upstream determinants
12 rooted in the way that work is organized. More
13 studies should utilize multi-level analysis to
14 identify those work organization features that
15 explain variability in both physical and
16 psychosocial conditions.

17 And finally, I would urge that there be more
18 research on the role that occupation plays in
19 socioeconomic disparities in health. NIOSH
20 could enter more fully into the mainstream
21 public health conversation by stimulating and
22 supporting more research that examines the way
23 in which worse working conditions among lower
24 status workers form part of the mechanism of
25 socioeconomic disparities in health. Thank

1 you.

2 **DR. WEGMAN:** John Eagan with NStar Gas and
3 Electric.

4 **MR. EAGAN:** Thank you for the opportunity to
5 speak. My name is John Eagan. I'm an employee
6 of NStar Gas and Electric. I am a member of
7 the Local U, WUA-369 Joint Safety Committee. I
8 represent the overhead line workers at NStar.
9 My reason for being here today is I am the
10 blue-collar worker that you hear about. I have
11 36 years of experience in line work. I on a
12 daily basis rubber-glove 8,000 volts, which
13 means I put on a pair of 20,000 volt gloves and
14 go up and put my hands on the conductor.
15 I work with many individuals that have a
16 tremendous need for training in this field.
17 Unfortunately, as Nancy Lessin got your
18 attention earlier today explaining the
19 fairytale that is in the work environment today
20 of training and lack of training. The company
21 that I work for has a tremendous amount of
22 paper that shows training, but the actual field
23 training is very lacking.
24 I can give you an example of what the younger
25 workforce, those with less experience than

1 myself, must deal with on a daily basis. They
2 are exposed to the similar risks that I am.
3 It's a very unforgiving commodity. You do not
4 get a second opportunity if you make a mistake
5 in the work that I do.

6 What happens, unfortunately, is individuals are
7 sent out into the field under my guidance as an
8 example, and I'm instructed to give them what
9 they need. It's a very difficult task to
10 monitor that and to do what needs to be done.
11 What I'm requesting and what I would love to
12 see is some kind of monitoring research so that
13 some agency outside of the individual utilities
14 is responsible for what goes on. These
15 companies, not just the one that I work for,
16 have the ability to hide many, many statistics.
17 As has been mentioned earlier, those
18 individuals that are injured do not come
19 forward with injuries, even though there is a
20 mechanism and a method to do such, they're
21 afraid.

22 Also, I will tell you some of the circumstances
23 that I've worked under recently, and this is
24 just a brief example. There was a storm on
25 Cape Cod on December 9th; it was termed a

1 wintercane or a bombogenesis. On December 9th,
2 I reported to work at 7:30 a.m. I was
3 instructed to work for the day in a storm.
4 From that point, we were instructed to drive to
5 Cape Cod. Under the direction of the state
6 police, they closed Route 495 to allow us to
7 assemble and continue to the Cape. Then
8 continued to work all night, all day Saturday,
9 and was given rest at 11:00 p.m. Saturday
10 night. Without doing the math, I'm sure you
11 people understand how long a time period that
12 is. Under that time frame, we were
13 rubber-gloving 8,000 volts, alive. Now
14 continue that whole process to the point that I
15 returned to my home on Tuesday afternoon. I
16 was there Friday, Saturday, Sunday, Monday, and
17 most of the day Tuesday. Now, would you like
18 to be facing me coming down the road if I've
19 worked under those conditions when I'm driving
20 a huge bucket truck on the major highways of
21 this state? I don't think so, but that's
22 what's going on every day.
23 So on the premise that we could get training
24 that would allow others to be in a great spot
25 because we're going to be doing this regardless

1 of what happens, because of downsizing, because
2 of economic issues with power companies now,
3 deregulation, the DTE demanding reliability,
4 we're going to be doing this. I request
5 training and monitoring of that training which
6 allows other individuals to be at the top of
7 their game so when I'm not then they can take
8 their own ownership of what they're doing.
9 Thank you.

10 **DR. WEGMAN:** Raphael Moure, from the University
11 of Massachusetts Lowell.

12 **MR. MOURE:** Thank you. My name is Raphael
13 Moure-Araso. I am the chair of the Department
14 of Work Environment of the School of Health and
15 Environment of the University of Massachusetts
16 Lowell. And I would like to give my remarks
17 about NIOSH research to understand and prevent
18 hazards arising from emerging technologies.
19 NIOSH has been committed to understanding and
20 preventing hazards arising from emerging
21 technologies for very many years. For example,
22 ergonomics issues on BDTs in the '70's, indoor
23 air contamination in the '80's, and impacts of
24 new drug manufacturing on the skin and
25 respiratory systems in the '90's. In 1996,

1 NIOSH through NORA recognized emergency
2 technology as one of the 21 priority research
3 topics for the next decade.

4 The first nine years of NORA have demonstrated
5 the importance of strategic research
6 partnerships in providing safe and healthy
7 workplaces. NORA now seeks to build on past
8 successes while preparing for new challenges in
9 designing research to address the 20th-century
10 workplace. Framework to integrate emerging
11 technologies research in each of the nine
12 proposed sectors will provide guideposts for
13 research directions and to develop partnerships
14 in support of those pursuits.

15 The sectors that you heard from early this
16 morning -- I recall mining, constructions,
17 manufacturing, retail, transportation services,
18 healthcare, and an additional one that is
19 cross-sector research. I am aiming to that
20 cross-sector research perhaps, but also to all
21 the different sectors that definitely have
22 emerging technologies.

23 The original approach to emerging technologies
24 was the creation of a team that anticipated the
25 elimination of occupational hazards associated

1 with new technologies. NIOSH convened a
2 multi-disciplinary team and applied consensus
3 and (inaudible) assessments techniques to
4 identify research gaps. The challenge was to
5 apply knowledge to emerging occupational
6 hazards before they become ingrained in
7 workplace technology. The vision was of a
8 proactive design of emerging technologies that
9 incorporated principles to eliminate hazards
10 rather than just controlling them.
11 The team met from 1997 to 2002 and it
12 identified four areas of research and
13 development to address perspective emerging
14 technologies. I will discuss three of those
15 four areas, modify my own analysis -- As a
16 matter of fact I don't pretend to represent the
17 team; I have this opportunity to tell you my
18 piece of it. And I'm going to propose that
19 this consideration of research be applied to
20 the nine sectors of future NIOSH/NORA research
21 work.
22 The first area is to identify and prioritize
23 emerging technologies by sectors. The need to
24 identify and prioritize the emerging
25 technologies that must deserve attention with

1 regard to their potential positive or negative
2 consequence of occupational health in these
3 nine sectors was considered during the
4 deliberations of the team. The suggestion was
5 a two-tier approach to fill this identification
6 and surveillance gap. The first tier will use
7 existing sources of information to identify
8 relevant emerging technologies, and the second
9 tier will prioritize which applications of
10 these technologies could potentially harm or
11 benefit occupational health.

12 We discussed the specific needs of research,
13 like to determine the minimum data needed to
14 identify technologies and their hazards. We
15 also need to periodically evaluate the emerging
16 technology literature, specifically the NIOSH
17 Health Hazard Evaluations Database for
18 potential reported effects on workers health.
19 We also talk about the need to conduct
20 prospective analysis, specifically promoting
21 the use of alternative analysis that will apply
22 prospectively a framework for the search of
23 optimal technology. And then, analyzing each
24 alternative of emerging technologies by
25 interactive risk assessment.

1 The third sector was apply the concept of
2 inherently safety processes. We believe that
3 the design of emerging technologies and their
4 deployment is needed that will resort in safer
5 workplaces. This new approach of inheriting
6 safer process, considered (inaudible) and
7 processes that are inherently safer for the
8 workers. We make specific recommendation of
9 where to look at the published literature in
10 inherently safer process to apply in the
11 development of new technologies.
12 Finally, it is important that we create an
13 integrated process for adopting beneficial
14 emerging technologies and avoiding potential
15 safety and health problems with these
16 technologies in all sectors. This process
17 needs to integrate identification, and
18 knowledge, and design of emerging technologies.
19 It must also encourage collaboration between
20 safety and health professionals and technology
21 developers in all the sector areas identified
22 by NORA. Thank you.

23 **DR. WEGMAN:** Can I have the last group from
24 this morning come up? Steven Schrag, Angela
25 San Philipo, Christopher Witkowski, Franklin

1 Dalembert, and Karen Hopcia. I'm sneaking one
2 extra one in.

3 **MR. SCHRAG:** Good morning. My name is Steve
4 Schrag, and I work for the Service Employees
5 International Union in our HAZMAT training
6 program. I want to thank NORA for the
7 opportunity to give my input on the proposed
8 research for the next ten years.
9 Since 1985, I've worked for SCIU and I've
10 either facilitated or conducted workshops for
11 over 20,000 workers in a variety of workplaces:
12 hospitals, nursing homes, homecare workers,
13 Department of Transportation both on the road
14 and in their facilities, and for building
15 maintenance workers. What I see is a lot of
16 holes in training programs that most employers
17 put together. I see workers who get a HAZCOM
18 training that's 15 minutes, and it's a video,
19 and go back to work.
20 What I see as operations-level training, or
21 what's called operations-level training where
22 people get little time to actually use the
23 equipment they're supposed to use, whether it's
24 confined space or whether it's decontaminating
25 a patient. I see lots of situations where

1 workers are asked to sign a sign-in sheet
2 before the class that says yes, I understood
3 everything I learned in the class; a little bit
4 presumptuous. And what I see is for most of
5 those programs there's little impact on what
6 happens to workers in terms of protecting
7 themselves.

8 So I think that what NORA should look at is a
9 couple of questions. One is what is the
10 quality of training that is currently provided
11 to workers, to fulfill OSHA mandates? Second
12 is is the length of that training adequate for
13 workers to assimilate the information that's
14 provided? And third is the frequency of the
15 training sufficient to ensure up-to-date
16 information and skill development using
17 necessary safety equipment and protocols?
18 OSHA mandates dozens of kinds of training in
19 their various standards. Some of them are
20 compliance standards where they just have to
21 check it off that they did the training. Some
22 of them are performance standards where they
23 actually measure what workers know. I find
24 that the use of lecture and PowerPoint and now
25 online training and use of experts dominates

1 many of these programs that employers do in
2 order to fulfill their compliance requirements.
3 What I've seen in the training that we've done
4 is that participatory small groups and the use
5 of peer educators offer the opportunity for
6 greater performance success and that is people
7 actually leave the workshop learning something.
8 Other participatory methods such as using
9 hands-on activities, such as donning and
10 actually doffing personal protective equipment,
11 handling and practicing with specialized safety
12 equipment can increase the retention of
13 information provided and increase their
14 understanding.

15 If you wanted to learn how to ride a bike, you
16 wouldn't listen to an expert to teach you how
17 to do it, you wouldn't watch a video on how to
18 ride a bike, you wouldn't go on an online
19 program to learn how to ride a bike, you'd get
20 on the bike. You'd probably learn it from your
21 older brother or sister or somebody else who's
22 a bike rider. So if we want people to learn,
23 and that's the goal of these mandates, that's
24 the way it needs to play out.

25 And when we look at other people who take care

1 of the health and safety of others, like
2 requirements for professionals, they spend
3 years learning a body of information. Why do
4 some employers think that an hour or two is
5 enough for workers?

6 Emergency medical technician paramedics go to
7 school for at least two years of training,
8 epidemiologist's, four years, industrial
9 hygienists, four years, physicians, eight
10 years. To understand the information in
11 occupational health and safety sufficiently,
12 there needs to be enough time allocated so that
13 students can absorb the information and be able
14 to apply it to real-world situations.

15 It is common for many employers to use the new
16 employee orientation as their basic health and
17 safety training. Unfortunately, a new employee
18 may not have a lot of practical questions on
19 workplace hazards unless they already worked in
20 that industry. So that's not the place for
21 people to get the training.

22 Other kinds of programs require annual
23 performance appraisals; people who get their
24 performance appraisals in terms of their work,
25 corporations in terms of their finances,

1 professionals in terms of continuing education
2 training. If other training and measuring
3 tools are conducted annually, why can't all
4 OSHA mandated training have the same
5 requirements?
6 Knowledge is the first step to help protect
7 workers from occupational hazards. Without
8 adequate knowledge, there is no motivation to
9 change the behaviors of the working conditions.
10 However, knowledge alone will not help reduce
11 exposure to occupational hazards. Workers need
12 to understand the information provided.
13 Understanding comes from a combination of
14 absorbing the information and practicing using
15 it in a combination with their own practical
16 work experience and hands-on activities.
17 There needs to be a greater emphasis on
18 determining the effectiveness of current
19 training practices in order to assess how
20 effective OSHA mandated training is working to
21 help reduce injuries and illnesses on the job.
22 OSHA can issue standards, NIOSH can do terrific
23 research. However, if workers don't understand
24 what needs to be done, then little will change
25 on the worksite. Too many workers are

1 needlessly exposed to hazards every day, and
2 every day that another worker gets sick or ill,
3 we have failed.

4 I hope we stop failing in the future and NORA's
5 research will help in that cause. Thank you.

6 **DR. WEGMAN:** Christopher Witkowski, from the
7 Association of Flight Attendants.

8 **MR. WITKOWSKI:** My name is Chris Witkowski and
9 I'm director of the Air Safety Health and
10 Security Department for the Association of
11 Flight Attendants Labor Union. We represent
12 46,000 flight attendants at 22 airlines, which
13 is about 40 percent of the flight attendants in
14 the United States. Don't forget that about a
15 billion U.S. based passengers shared this
16 workplace last year, alone; that's one person
17 getting on one individual flight leg throughout
18 2005. I'm here today to raise awareness at
19 NIOSH on three points. First, flight
20 attendants have inadequate safety and health
21 protections on the job, making them an at-risk
22 population. Second, flight attendants sustain
23 a significant burden of occupational illness
24 and injury. And third, flight attendants are
25 sorely understudied populations.

1 These three points serve to justify AFA's
2 request to fund some specific and inexpensive
3 air quality-related research that we described
4 in detail at the December 1st NORA meeting in
5 College Park, Maryland. I don't want to waste
6 my time going over again what we presented
7 then, but I want to take the time to put them
8 and the urgency with which they need to be
9 addressed in context.

10 For my first point, flight attendants are
11 particularly at-risk population because no
12 agency has bothered to issue and enforce
13 necessary safety and health regulations for
14 them. Crew members were stripped of their OSHA
15 protections almost 31 years ago with no
16 opportunity to submit comments, no fanfare, no
17 opportunity to engage in discussion about this,
18 just a simple federal registered notice by the
19 Federal Aviation Administration in which they
20 announced that they had exclusive
21 responsibility for regulating the safety of
22 civil aircraft in operation. And they went on
23 to say that you can't take apart the
24 occupational safety and health issues from the
25 aviation safety issues so they have to remain

1 together under the FAA. So they made the
2 announcement, but they did not exercise that
3 jurisdiction. So they didn't issue the
4 occupational safety and health protections in
5 '75, and they haven't done so since.
6 Twenty-five years later, OSHA and FAA signed a
7 memorandum of understanding, committing the
8 agencies to jointly address the safety and
9 health hazards in the aircraft cabin.
10 Unfortunately, all that the MOU has amounted to
11 is that the agencies are inviting airlines to
12 participate in voluntary safety health
13 programs, effectively giving the air lines the
14 message that we'd like you to please issue some
15 protections, but if it's too burdensome or
16 costly, then don't worry about it. Well,
17 according to the Bureau of Labor statistics on
18 occupational illness and injury data, the
19 airlines have not worried.
20 This takes me to my second point, that flight
21 attendants sustain a significant burden of
22 occupational illness and injury. You might
23 wonder how that can be so, after all how
24 dangerous can it be to tell people to buckle
25 their seatbelts and serve sodas and pretzels?

1 A survey of our AFA safety and health
2 representatives reveals that injuries related
3 to turbulence, poorly designed and maintained
4 carts and galleys, handling or being struck by
5 heavy carry-on baggage, opening and shutting
6 doors on turbo-prop aircraft, falling on icy
7 walkways and galley floors, and getting cuts
8 and burns from oven racks and coffee pots, and
9 in addition, getting their arms crushed by food
10 service elevators from the lower deck to the
11 main deck of wide-body aircraft continue.
12 Flight attendants report poor air quality,
13 aggressive and violent passengers, hearing
14 loss, cold cabins, poor sanitation,
15 malfunctioning equipment, and rigorous flight
16 schedules with short ground times. They are
17 concerned about radiation exposure at altitude
18 and contact with blood, which is a common
19 occurrence, by the way. They report that they
20 routinely work when sick because they fear
21 losing their shift or losing their jobs
22 altogether. Our analysis of the Bureau of
23 Labor statistics data from '98 to 2002
24 identified non-fatal recordable injury and
25 illness rate for flight attendants were at

1 least twice as high as the rates for
2 construction workers, and up to four times as
3 high if you consider that flight attendants
4 only work 20 hours per week. Also, the flight
5 attendant data were three to four times as high
6 as the rates recorded for all private industry,
7 and double that again for hour by hour
8 comparison.

9 For my last point about flight attendants being
10 understudied, it must be said that last round
11 of NORA research did dedicate significant time
12 and money to testing data collection methods
13 for flight attendant cohort studies, and we
14 acknowledge the NIOSH work on contaminant
15 monitoring under normal conditions. However,
16 we since learned that NIOSH has apparently cut
17 funding for their intramural program on
18 aviation health. So we're concerned that the
19 advances in data collection methodology will be
20 left sitting on the shelf.

21 We have also been told that NIOSH has never
22 solicited research specifically for this
23 industry in their extramural requests for
24 applications, despite the many health and
25 safety threats to cabin crew and passengers.

1 So in closing, I want to remind NIOSH about the
2 115,000 U.S. based flight attendants who need
3 research to address specific hazards in their
4 workplace, and we thank NIOSH for providing
5 these forums to identify at-risk populations,
6 and our members are ready to assist to make any
7 research that's proposed a reality. Thank you.

8 **DR. WEGMAN:** Angela San Philipo from Gloucester
9 Fishermen's Wives.

10 **MS. SAN PHILIPO:** Good morning, everyone. My
11 name is Angela San Philipo. I've been the
12 president of the Gloucester Fishermen's Wife
13 Association for the last 29 years. I'm here
14 today to speak to you about the hazards and the
15 health issues of the commercial fishermen of
16 Massachusetts, New England, and our nation. In
17 the past, I've also served as a U.S. Coastguard
18 on Commercial Fishing Vessel Safety Advisory
19 Board. I am the Founder of the Massachusetts
20 Fishermen Health Plan. And I'm also -- I
21 worked with Tufts University in translating
22 medical booklets for the Italian population.
23 Yes, the commercial fishermen in Massachusetts,
24 especially, and around the country, they are
25 immigrants. The Massachusetts Gloucester

1 primarily is Italian-speaking; in New Bedford
2 they are Portuguese-speaking. This is an
3 industry that today has been decreased very
4 much because of fishing regulations and it
5 posed many, many health hazards, not only
6 physically, but also mentally to the fishermen
7 themselves and their families, as well. In the
8 last 20 years since fishing regulations have
9 taken place, we've lost many people, but once
10 the Coast Guard report is filled out, it's put
11 on a shelf.

12 And the next thing is we're going to see
13 enormous tragedy in the fishing industry. And
14 this is why I'm here today because I really
15 would encourage NIOSH to allow some funds to do
16 some good research. Fishing days have been cut
17 to 52 days a year, and on May 1st they will be
18 cut to 25 days a year. There is not much
19 income to keep our boats safe.

20 Fishermen don't have insurance. If you own a
21 boat and you're the captain the insurance
22 company will not insure you. So if you have a
23 medical problem resulting from an accident in
24 your boat, if you have personal insurance you
25 can be treated, if you don't, you will just

1 receive the minimum benefit that you can get
2 from a free-care hospital. And once this
3 injury takes place nobody traces them and
4 nobody knows what happens to them. This is why
5 I repeat again, we need some serious research
6 funding to see what happens to these people.
7 I want to give you two examples that just
8 happened in the last four months in the fishing
9 industry of Gloucester. On November 26th, my
10 husband was fishing in his 47-foot boat alone,
11 as he has done for the last three years,
12 because the fishing regulation he cannot employ
13 other fishermen to help him. On a 47-foot
14 boat, normally would be three people on that
15 boat, but he's fished alone.
16 It was a beautiful day when he saw smoking
17 coming out from his galley. He was smart. He
18 grabbed his survival suit, went to the stern of
19 the boat, put his suit on and then tried to go
20 forward to see what happened. As he did that,
21 fire hit his face and he turned and realized
22 that there was nothing that he could do but
23 just to jump in the water if he wanted to
24 survive.
25 Little did he know that a survival suit, at the

1 cost of \$700, is not fireproof. Nobody knew
2 that until then. He jumped in the water and 20
3 minutes later another fisherman picked him up.
4 And it was after we looked at the survival
5 suit, we saw that the back of his suit was
6 burned. And thank God, not to the degree the
7 water would've got in because if water were to
8 get in he would've never survived. And there's
9 nothing anybody can do about getting the
10 manufacturers to make them fireproof, but the
11 fishermen's wife will make sure that happens.
12 But another incident -- Another incident
13 happened about two weeks ago. A 36-year-old
14 young fisherman -- and we don't have many of
15 those because young people are not getting into
16 fishing because fishing regulation doesn't give
17 them a future. They were fishing on a day
18 where they should not have been fishing because
19 the weather conditions were not that great.
20 But you know there are so many days and at the
21 end of this month, if they don't use those
22 days, they lose them, and they have families
23 and they have boats to keep up.
24 Something came untangled from this wings the
25 boats have so they're stable in the ocean.

1 This thing hit him in the stomach, and he
2 weighs 300 pounds. He was knocked unconscious,
3 airlifted by the Coast Guard, and brought to
4 the hospital, operated, and most of his
5 intestines were removed. That boat doesn't
6 have insurance because he's an owner. Their
7 bill is getting paid by his personal insurance
8 that we created back ten years ago through the
9 Massachusetts Fishermen Health Plan.

10 These are the stories that you don't read in
11 the newspapers or read in magazines. What will
12 happen to this young fisherman? Nobody knows.
13 There is no support groups. They tell you to
14 go to psychiatrists; they don't know nothing
15 about fishing.

16 So these are the things that we need, and I
17 really urge NIOSH that they will work with us
18 so we can study these people who little by
19 little by federal regulations are being wiped
20 out. Remember, we always going to eat fish and
21 we always going to need good and brave
22 fishermen. Thank you.

23 **DR. WEGMAN:** Am I correct that Franklin
24 Dalembert has not been able to arrive yet? So
25 the last speaker this morning will be Karen

1 Hopcia from the Harvard School of Public
2 Health.

3 **MS. HOPCIA:** Hi. My name is Karen Hopcia, and
4 I'm a nurse and a doctoral student at the
5 Harvard School of Public Health. My current
6 research projects include injuries to nurses.
7 Today, I would like to raise awareness of the
8 special circumstances surrounding the work of
9 nurses.

10 There are several points I would like to make.
11 First, despite numerous articles examining
12 nurses' work in organization health, or the
13 impact of workload on patient outcomes, there
14 are few studies that examine the association
15 between nurses' work and their health. Second,
16 nurses sustain significant occupational
17 illnesses and injuries, and this may increase
18 as the mean age of nurses' increases. Third,
19 there are inadequate studies on nurses, despite
20 the large number of practicing nurses in this
21 country. These points justify a looking at
22 increased expenditures on nurses' working
23 conditions.

24 As mentioned, studies involving nurses usually
25 revolve around how nurses impact the

1 organization or patient outcome, such as
2 medical errors. But there are few studies on
3 how nurses' work impact their health. Today's
4 nurses face increased demands in the hospital
5 environment. There is more intensity and a
6 faster pace at work, as the rate of patient
7 turnover continues to increase and patient
8 acuity rises. There are also organizational
9 changes that have increased the demands on
10 nurses. These include enhanced monitoring and
11 surveillance at work, increased sensitivity to
12 reimbursement issues, evidence-based medicine,
13 and an emphasis on improving patient safety.
14 Furthermore, individual care has become more
15 complex with sicker patients, increased
16 technology, increased skill requirements at the
17 bedside, and more multitasking. This change in
18 work creates not only more physical demands,
19 but psychological demands for the nurse.
20 My second point is related to nursing injuries
21 and the increasing age of the workforce.
22 Nursing work is hazardous. Nurses work 24
23 hours a day, seven days a week. Overall,
24 nursing injury rates are substantial with a
25 particularly high rate of sustained back

1 injures, third only to construction and
2 transportation workers.
3 However, our knowledge of nurses' injuries is
4 derived from BLS statistics that are reported
5 per annum across industrial settings and
6 occupations, but exclude organizational data
7 such as staffing, the impact of shift work, and
8 the variability of work in a given setting or
9 in changing settings. It is therefore
10 impossible to understand how the contribution
11 of the organization of work and stress in
12 nurses impacts occupational illnesses and
13 injuries.
14 Additionally, nurses are aging. The average
15 age of a nurse is between 44 and 47, depending
16 on the state where they work. This increase in
17 average age will continue if fewer nurses enter
18 the field due to poor working conditions, the
19 abundance of attractive alternative careers,
20 and general wage suppression relative to the
21 cost of living and inflation. Also, the
22 continued shortage of qualified nurses in an
23 aging population requiring increasing medical
24 care will only continue to exacerbate these
25 issues surrounding nurses' working conditions.

1 Yet, there is almost no data on how the aging
2 nurse workforce responds to injuries, how
3 injuries affect their health, and whether they
4 continue to work or exit the workforce.
5 Finally, the demands in today's work
6 environment are significant and more stressful
7 than ever for the more than 2.9 million nurses
8 in the U.S. However, the relationship between
9 stress, work, and health in nursing is seldom
10 examined. Most studies segregate physical
11 exposures sustained by work from the
12 psychological exposures at work. Studies to
13 date have focused on nurses' health without
14 examining exposures, on work exposures or
15 work-related outcomes without full appreciation
16 of stress or the organization factors.
17 When researchers try to examine the
18 relationship between nurses' stress, their
19 work, and their health, these studies are
20 limited by small sample sizes, varying
21 definitions of stress, or limitations in
22 cross-sectional designs. Furthermore,
23 measuring physical and psychological demands of
24 the job does not take into consideration the
25 interaction of total workload experienced by

1 the nurse or any outside demands experienced in
2 the home.

3 In closing, aims of future research on nurses
4 should include the exploration of the work of
5 nurses, their stress and health outcomes, how
6 reorganization impacts the health of nurses,
7 how aging is impacting the nursing workforce,
8 and the relationship between healthy nurses and
9 the productivity of the healthcare system.

10 I would like to thank NIOSH for providing these
11 forums to discuss this important issue. Thank
12 you.

13 **DR. WEGMAN:** Thank you to everyone this
14 morning. We're going to wrap up this morning's
15 session with a brief summary by Eileen McNeely,
16 from the Harvard School of Public Health, who
17 will sort of recap what happened this morning
18 for us all.

19 **MS. MCNEELY:** Hello and good morning. How do
20 you put it all in a pencil box? I am going to
21 take one opportunity to correct one mistake
22 that was mentioned earlier today. I think
23 Elizabeth had mentioned that the last nurse had
24 spoken at about 11:00 o'clock. It is now about
25 12:30 and we've had two more nurses. From the

1 sounds of things it's the last live uninjured
2 workers around.

3 I think the best way to sum this up is to talk
4 about and acknowledge who the voices are here
5 this morning. In two ways I want to talk about
6 the people and the industries they represented.
7 In particular we heard from industrial sectors
8 and we heard from healthcare education,
9 airline, utility, construction, and fishing.
10 We heard from labor leaders, professional
11 associations, academic researchers, insurers,
12 professional educators and trainers, government
13 and public health officials, healthcare
14 providers, businesses in high-tech and utility,
15 workers and the wives of workers.
16 We talked about -- We heard about five classes
17 of needs for NIOSH to consider. Those needs
18 being particular to exposures, needs to
19 particular to outcomes, particular to methods,
20 particular to special populations, and needs
21 related to systems and supports for health and
22 safety. And I just want to make note of some
23 of the general areas under each of those
24 categories.
25 In the area of need to study particular

1 exposures there was mention of the physical
2 exposures in terms of material handling,
3 infections, including emerging infections. In
4 terms of substances or chemicals in the
5 environment, and in particular in the indoor
6 environment, in buildings, and in airline
7 cabins. In terms of chemicals, we discussed
8 cleaning agents, drugs, we also discussed
9 asbestos. We highlighted psychosocial
10 exposures coming from the way that work is
11 organized in terms of work hours, in terms of
12 violence, exposure to violence, job stress,
13 staffing levels, restructuring.

14 And the second area of needs related to
15 particular outcomes, it was discussed to
16 consider musculoskeletal, breast cancer,
17 stress, respiratory disease, and in particular
18 asthma. And the third area of needs to explore
19 the area of methods, particular methods, the
20 things that were discussed were multilevel --
21 the need for multilevel studies, including
22 consideration of the socioeconomic context to
23 disease, and disease origin -- disease and
24 injury origin and its consequences. The use of
25 multiple approaches, including qualitative and

1 quantitative methods, the use of
2 community-based participatory research to
3 formulate better questions that come from
4 workers and bring a comprehensive approach to
5 promoting change and sustaining it.
6 Intervention studies and intervention
7 effectiveness studies that include studies of
8 training programs, cost-effectiveness studies,
9 studies of analytical methods, particularly in
10 relation to classes of compounds,
11 musculoskeletal loading devices and a study of
12 portable devices for direct measurements in the
13 field, study of the design or redesign of
14 products and processes, and emerging
15 technologies, such as nanotechnology,
16 evaluation of materials that affect
17 service-to-air transmission of infection and
18 longitudinal studies.
19 And the fourth area of need is the need to
20 study particular special populations. The
21 needs were discussed to understand literacy in
22 subpopulations, the need to study the hazards
23 for teens in their work, the needs for small
24 enterprises in particular, the needs for
25 training and training for electrical power

1 workers, immigrant workers, the need to study
2 immigrant workers as a sub high-risk
3 population, Vietnamese nail salons workers,
4 Hispanic construction workers, and older
5 workers.

6 And in the last area of need is the need to
7 develop or augment systems to support health
8 and safety. The things that were discussed
9 were health and safety coverage for public
10 entities and airlines in terms of regulation,
11 standards for ergonomics, continued support for
12 the industrial-sector approach to research,
13 continued support for the ERC model to maintain
14 the quality of research and training, the
15 continued need for worker training programs,
16 the need for validation of control banding
17 policies, the need for better reporting systems
18 that deal with underreporting, and the need to
19 standardize methods of research approaches, and
20 the need to disseminate best practices.

21 I'm sorry if I missed anything, but I'm sure
22 we're hungry.

23 **DR. WEGMAN:** Thank you very much, Eileen.

24 We're going to take a break now for lunch.

25 Given our schedule and the number of people who

1 want to present this afternoon, I'd like to ask
2 that we start again at 1:15 instead of 1:30.
3 And lunch, as you can see for those of you who
4 bought tickets, is sitting out there on the
5 table. So thank you all for participation this
6 morning.

7 (Whereupon, a recess was taken from 12:35 p.m.
8 to 1:20 p.m.)

9 **DR. LUM:** Before we begin this afternoon's
10 session -- Let me try to get everybody's
11 attention and everybody seated. Could
12 everybody over here, please get seated quickly?
13 At every town hall meeting we've asked the
14 following question and we've always gotten an
15 answer so we want to keep this tradition up,
16 okay. This is the question: Is there anyone
17 in the audience who would like to come up and
18 testify who has not signed up, but feels
19 because of either what they heard this morning
20 or that they found out we're not 60 Minutes,
21 and you're among friends, that you want to come
22 and say a few words about a topic or an
23 interest that you have, you want to share with
24 us briefly so we can get it on the docket?
25 We'll ask you one more time after we finished

1 toward the end this afternoon. But if there's
2 anybody right now who would like to come
3 forward? Could I see a show of hands? We have
4 to keep this tradition going. We could call on
5 people, but we'll give you that benefit, here.
6 We will ask you one more time later. Thank
7 you. Thanks very much. Ann?

8 REGIONAL AND LOCAL STAKEHOLDER PRESENTATIONS

9 MODERATOR: ANN BACKUS, HARVARD SCHOOL OF PUBLIC HEALTH

10 **MS. BACKUS:** Good afternoon. My name's Ann
11 Backus. I am the administrator for the
12 Occupational and Environmental Medicine
13 Residency at the Harvard NIOSH ERC, and also
14 the director of outreach for the ERC.
15 So thank you NIOSH for convening us for these
16 town meetings. I was in the Seattle meeting
17 and I enjoyed it very much, and I'm happy to be
18 here again in Lowell and moderating this
19 afternoon's session. So pursuant to what David
20 started this morning, could the first five
21 people please come up? And I think we're
22 missing the first two of them, so from Richard
23 on down could five of you please come forward
24 and sit here with us? So that should be
25 Richard, Davida -- How many folks are here?

1 Davida, Elisa, Susan Connolly, Tom Ouimet, and
2 I think that might take care. I think we're
3 beginning with Richard Rabin from the
4 Massachusetts Division of Occupational Safety.
5 Thank you.

6 **MR. RABIN:** Just a slight correction, I am
7 Richard Rabin, but I'm here as a board member
8 of Massachusetts Coalition for Occupational
9 Safety and Health. What I want to talk about
10 is research that's needed regarding immigrants
11 and other low-wage minority workers.
12 Immigrants are in -- you name the high-hazard
13 industry, and they're probably in it.
14 Construction, services such as hotels,
15 restaurants, beauty salons, healthcare; the
16 list goes on and on. In the lead registries
17 around the nation, Hispanics are found to be in
18 disproportionate numbers in Massachusetts, in
19 Texas, New Jersey, California, of course. And
20 in the Boston area, in the last several years,
21 Brazilians, Brazilian house painters have
22 increased in tremendous numbers of getting very
23 high blood-lead levels. And nationwide,
24 Hispanics who are foreign born have roughly a
25 third higher fatality rate than does the rest

1 of the workforce. So we have the problem.
2 Now, what kinds of research questions do we
3 have? Well, one is in specific industries, why
4 is it that immigrants have these higher rates?
5 Do they have more hazardous jobs within the
6 industry than other people do? Do they lack
7 training? Do they lack environmental controls?
8 Are there language barriers? Fear of
9 retaliation? Do they simply not know where to
10 turn?

11 So what kinds of programs? We want to see
12 research that tells us what kinds of programs
13 and policies can help solve the problem. A
14 more effective OSHA? Do we need bilingual
15 inspectors, training, emphasis programs, local
16 emphasis programs by OSHA where there are large
17 numbers of immigrants in high-hazard
18 industries? And English classes. Can there be
19 programs directed specifically -- much more
20 resources directed at training programs for
21 English so that workers have literacy in
22 hazards and understand what the health hazards
23 and controls need to be? And these could be
24 offered both by employers, because a number of
25 employers have their own training programs in

1 English, and community groups.

2 And lastly, to what extent are immigrants
3 denied benefits, such as workers' compensation?
4 Why are they excluded? Is it simply that they
5 lack the knowledge? Is it that they have a
6 fear of retaliation? Or simply the inability
7 -- even when they know what their rights are --
8 the inability to navigate the bureaucracy of
9 workers' compensation?

10 And again, barriers, programs. What kinds of
11 programs can address these barriers? Thanks.

12 **MS. BACKUS:** Davida? Davida Andelman from
13 Bowdoin Street Health Center.

14 **MS. ANDELMAN:** I'm just going to give a little
15 context to put my remarks in, and also I'll do
16 that before I have five recommendations. My
17 name is Davida Andelman. I'm the director of
18 community health at the Bowdoin Street Health
19 Center in Dorchester, which is a section of
20 Boston. I've been at the Bowdoin Street Health
21 Center for almost 15 years and have been
22 interested in occupational health and safety
23 issues for over 25. I'm also a member and
24 co-chair of the Occupational Health
25 Surveillance Advisory Committee at the Mass

1 DPH.

2 The Bowdoin Street Health Center is a community
3 health center licensed by Beth Israel Deaconess
4 Medical Center. The health center has played
5 an important role in the delivery of medical
6 care and public health programs in Dorchester
7 since 1972. In addition to primary care,
8 public health, and other services, the health
9 center for almost 15 years has had an interest
10 in ensuring that our patients, who are
11 primarily members of immigrant and communities
12 of color, have access to occupational medicine
13 services.

14 The health center has 7,500 patients. There
15 are approximately 40,000 patient visits per
16 year. Our patient population is composed of 40
17 percent Cape Verde, 35 percent African-American
18 and Caribbean Islander, 15 percent Latino, and
19 five percent Vietnamese, and five percent
20 Caucasian.

21 For fourteen years, the Bowdoin Street Health
22 Center had on staff a primary care physician,
23 who had a sub-specialty interest in
24 occupational medicine. While this physician is
25 no longer at Bowdoin Street Health Center, our

1 current medical director maintains a commitment
2 to ensuring our patients receive appropriate
3 occupational medicine services.
4 However, as a community health center, this
5 commitment can be a challenge. In Boston alone
6 there are 27 community health centers. Most
7 have very little understanding of occupational
8 health and medical issues. This is important
9 to note since community health centers serve
10 mostly lower-income and communities of color.
11 A few years ago, the Bowdoin Street Health
12 Center was a part of a project carried out by
13 Mass DPH Occupational Health Surveillance
14 Program. This project was funded by NIOSH to
15 prove the hypothesis that work-related injuries
16 and illnesses are common and disproportionately
17 affect racial and ethnic minorities and
18 lower-income workers.
19 Understanding the occupational health
20 experiences of low-income and minority
21 immigrant workers will inform prevention,
22 intervention, and policy strategies to protect
23 the health of working people. One hundred and
24 eighty-two Bowdoin Street Health Center
25 patients participated in the anonymous survey.

1 Bowdoin Street Health Center was one of five
2 community health centers involved in this
3 project.

4 While there's not enough time to go into the
5 results of the survey, here are some of the
6 results, along with the experience of having
7 been in charge. And here with my five
8 recommendations is some of the experiences and
9 some of the recommendations I have as a result
10 of my involvement in occupational health.
11 One, immigrant workers do not obtain access to
12 occupational medicine services as easily as
13 other workers. Perhaps this might explain the
14 severity of their injuries and illness by the
15 time they have presented to an occupational
16 medicine provider. This was a frequent
17 occurrence at Bowdoin Street Health Center.
18 Two, there are disparities between immigrant
19 workers and others when looking at awareness of
20 OSHA and workers' compensation. There needs to
21 be further analysis throughout the United
22 States as to how information about both of
23 these programs is presented to immigrant
24 workers. Issues associated with language and
25 literacy are barriers to people getting access

1 to this information and how to use the
2 programs.

3 Three, safety training at work is less likely
4 to happen in workplaces where there are
5 immigrant workers, and what safety training
6 there is is conducted often in English or in a
7 language not understood by the immigrant
8 worker. An example of this is training given
9 in Spanish where there are Cape Verde and
10 Creole-speaking workers.

11 Four, family medical leave. The intent of this
12 law is not to undermine the workers'
13 compensation system. However, in far too many
14 instances this is exactly what has happened.
15 When workers are not informed or do not have an
16 understanding about this benefit they are taken
17 advantage of and employers are successful in
18 minimizing their workplace injury and illness
19 experience. There needs to be a nationwide
20 analysis on how FMLA is used when the situation
21 involves work-related injuries and illnesses.
22 What happens when an injured worker -- What
23 happens to an injured worker who has maximized
24 his or her FMLA benefits and then has a family
25 member who becomes seriously ill and the worker

1 needs to spend time with that family member?
2 Five, health insurance. Finally, there are
3 also far too many instances of employers not
4 informing the state workers' compensation
5 departments of workplace injuries and
6 illnesses, and then telling the injured worker
7 to use their own health insurance or to have
8 the bill sent directly to the employer.
9 This also has the effect of undermining the
10 system. Immigrant workers who are not informed
11 and do not understand the system are most
12 vulnerable. This practice has huge
13 implications should the worker become injured
14 or re-injured again. I hope NORA will take
15 these recommendations under consideration.
16 Thank you very much.

17 **MS. BACKUS:** And next we have Elisa Garibaldi
18 from Lowell Community Health Center.

19 **MS. GARIBALDI:** Hi. Good afternoon. My name
20 is Elisa Garibaldi. I work as outreach worker
21 at Lowell Community Health Center in the COBWEB
22 Project. The COBWEB Project means
23 Collaboration for Better Work Environment for
24 Brazilians, and I'm a health educator. I am
25 also physician by training in Brazil. I'm

1 going to talk a little bit about Lowell, Lowell
2 Community Health Center, and culture
3 competency.

4 Today, Lowell has one of the largest Brazilian
5 immigrant communities in Massachusetts. The
6 2000 United States Census Bureau data counted
7 that the population of Lowell as 105,000 people
8 making it the fourth largest city in
9 Massachusetts. Residents in the city come from
10 many parts of the world, including Southeast
11 Asia, the Caribbean, South and Central America,
12 and many countries in Africa.

13 While census data from 2000 does not reflect or
14 clearly categorize the growing Brazilian
15 population in the city, we do have some
16 information that gives a sense of the numbers
17 of Brazilians here in Lowell. Of the 11,000
18 students in the Lowell Public School -- I'm
19 talking about pre-k to eighth grades population
20 -- five percent identified themselves as
21 Brazilians. There is only one high school here
22 in Lowell with a population of 3,700 students;
23 seven percent of these students identify
24 themselves as Portuguese speakers with the vast
25 majority of Brazilians.

1 Indication of the economic impact of the
2 Brazilians in the community includes Brazilian
3 stores through Lowell and other business, like
4 hair dressers, computer stores, and
5 restaurants. Brazilians, as well as other
6 immigrants, clearly contribute to the new
7 workforce and the economy in the Merrimack
8 Valley and the rest of Massachusetts.
9 Based on the history of immigration in Lowell,
10 we know that before this new wave of
11 immigration Lowell welcomed other newcomers,
12 including the Irish, Polish, Greek, and
13 Canadians. The community has responded to the
14 needs of new populations in many ways, as well
15 as being enriched by the contributions of these
16 new neighbors.
17 The Lowell Community Health Center is an agency
18 that's recognized the needs and assets within
19 the community. Created 35 years ago, our
20 mission is to provide caring, quality, and
21 culturally-appropriate health services to the
22 people of Greater Lowell, regardless of their
23 financial status. We are devoted to enhancing
24 the health of our community and to empowering
25 each individual to maximize their overall

1 wellbeing.

2 As with any community health center, we work to
3 identify and then eliminate access barriers.

4 As an example, language and culture can be a
5 barrier for some seeking healthcare. Lowell
6 Community Health Center works to remove this
7 type of obstacle by recruiting a staff
8 reflective of the community we serve. Over 50
9 percent of our staff at Lowell Community Health
10 Center is bilingual/bicultural with many
11 speaking three or four languages.

12 Lowell Community Health Center works with
13 community agencies, including the Brazilian
14 Immigrant Center, Massachusetts Alliance of
15 Portuguese Speakers, the Cambodian Mutual
16 Assistance Association, and the African
17 Assistance Center to help us to build a better
18 relationship with our patients, increasing and
19 improving our skills to meet their needs and
20 strengthen our relationship, thus creating
21 credibility and trust.

22 In 2002 and 2003, Lowell Community Health
23 Center noticed an increase of the number of
24 Brazilian patients. These new patients came
25 not just looking for primary medical care and

1 place to refill medicines, they also came to
2 ask questions about their lives and guidance in
3 dealing with the different way of life and
4 culture in United States. Their concerns
5 included navigating the healthcare system for
6 their children, as well as questions about
7 symptoms and illness that may relate to their
8 new work environment.

9 Prior to that, UMASS Lowell had been working
10 with the Lowell Community Health Center in
11 projects with new immigrants to the city.
12 Eduardo Siqueira approached us with the idea of
13 a partnership between academics, community
14 health providers, health and safety based
15 organizations, and community. This led to the
16 birth of the Collaboration for Better Work
17 Environment for Brazilians, the COBWEB Project,
18 with focus on the Brazilian immigrant workers
19 funded by the National Institute of
20 Environmental Health Sciences.

21 Lowell Community Health Center's previous
22 experience and expertise in ethical and
23 respectful community-based research was clearly
24 an asset to this potential partnership. Our
25 approach to the community research is

1 collaborative. When seeking information, our
2 methods include the development of advisory
3 boards comprised of stakeholders to inform any
4 program development.

5 COBWEB staff at Lowell Community Health Center
6 is often to see Brazilians concerned about or
7 affected by hazards in the work environment.
8 As important first step in the outreach work
9 necessary to inform people of the resources
10 within the Lowell Community Health Center and
11 COBWEB Project. When more investigation of
12 hazardous workplace is necessary, this
13 mediation may be helpful or if it's needed for
14 legal assistance, we refer to the Brazilian
15 Immigrant Center.

16 In summary, our staff became a bridge between
17 Brazilians and providers at Lowell Community
18 Health Center helping us to offer our services
19 in a better way. The COBWEB provides a light
20 in the tunnel for those immigrants who may be
21 overwhelmed and sometimes blinded by the
22 difficulties and complexities in their new
23 lives in the United States. Without the
24 support of agencies such as NIOSH and NIEHS,
25 the fundamental work that combines community

1 research with services that assist communities,
2 our work would not be possible. Thank you.

3 **MS. BACKUS:** Thomas Oiumet from the Yale
4 University.

5 **MR. OIUMET:** Good afternoon. My name is Tom
6 Oiumet, and I'm a certified industrial
7 hygienist and certified safety professional
8 employed by Yale University, and as an
9 independent consultant. And although I work
10 for an ivory tower, I really come from the
11 trenches underneath that tower. I'm a
12 practicing safety and health professional.
13 And I'd like to bring to NIOSH's attention
14 today two areas of research, which if supported
15 could bear, I think, significant fruit for the
16 industrial hygiene profession and worker
17 safety.

18 The first involves the application of Video
19 Exposure Monitoring or VEM. This is a
20 technique that was pioneered by NIOSH and
21 others in the mid to late 1980's. The
22 technique involves a simultaneous display of a
23 worker's activity with real-time exposure
24 monitoring data. It's an extremely useful
25 technique for pinpointing the workers'

1 activities that lead to exposures and the
2 sources of those exposures. And as an
3 industrial hygienist, I always feel that I
4 understand exposure, but whenever I've used
5 that technique, I've proved myself wrong.
6 Armed with this information, very effective
7 exposure controls can be devised.
8 The second very important use of this technique
9 is as a training tool. The video and exposure
10 overlay can be used in real-time in the
11 workplace to demonstrate to workers and
12 management the impact certain activities and
13 controls have on worker exposure. I have found
14 this to be an excellent way to change worker
15 behavior and attain the resources from
16 management necessary to implement effective
17 exposure controls.
18 Despite its potential usefulness to the
19 occupational health and safety profession,
20 adoption of Video Exposure Monitoring has been
21 very slow due to its high costs and the high
22 technical hurdles that must be overcome to get
23 non-standardized equipment to function
24 together. The costs and technical hurdles have
25 made Video Exposure Monitoring inaccessible to

1 most industrial hygiene practitioners and has
2 failed to live up to its potential as an
3 exposure assessment tool.

4 However, recent advantages in two technologies
5 that support video exposure assessment
6 monitoring, real-time sensor technology and
7 digital videography are now making this
8 technique less expensive, the equipment less
9 bulky and wireless, and the data collected more
10 compound or agent specific; all of which will
11 further increase its potential value as an
12 industrial hygiene tool.

13 I'd now like to identify two critical needs
14 that would encourage its use and dissemination
15 of this technique in the industrial hygiene
16 profession. The first, software needs to be
17 developed that can integrate the video signal
18 with several channels of data in real-time on a
19 laptop so that it can be shown and replayed to
20 workers and management in the workplace, as
21 well as studied later in detail. This software
22 must be available to the industrial hygiene
23 community at reasonable cost.

24 Two, suppliers of real-time sensors and
25 instruments must be encouraged to produce

1 equipment with consistent data output so that
2 their equipment can be easily integrated with
3 the Video Exposure Monitoring system. A
4 committee of interested parties should be
5 established to recommend a standard for sensor
6 or instrument output and integration. The
7 community must also discourage a current trend
8 by some real-time instrument manufacturers to
9 produce sensors that only output proprietary
10 digital signals that can not be integrated into
11 Video Exposure Monitoring systems.
12 The VEM could be packaged so that the software
13 and existing video and sensor technology were
14 plug-and-play. It would provide the industrial
15 hygiene profession a powerful new tool to
16 assess and control worker exposures to a wide
17 variety of agents, particularly those for which
18 agent-specific sensors are being developed. It
19 would also be an effective worker/management
20 training tool.
21 In my few remaining moments, I'd also like to
22 make a pitch for NIOSH to begin exploring how
23 new training and communication technologies can
24 be integrated with the existing approaches and
25 used more effectively to train and communicate

1 hazards to workers. I, like many of the
2 speakers this morning, am finding the
3 traditional training methods are not adequate.
4 That training is often not sufficiently
5 assimilated by workers to be useful when it is
6 needed, often months after the training is
7 provided. However, traditional classroom or
8 hands-on training, coupled with web-based tools
9 and resources often referred to after forming
10 support systems, an additional just-in-time
11 e-learning can provide a worker the knowledge
12 needed to perform a complex task or an
13 infrequently performed hazardous task safely.
14 However, no research has been conducted how to
15 effectively integrate traditional training,
16 just-in-time training, and performance support
17 systems. As jobs and the hazards faced by
18 workers get more complex and change quickly,
19 new methods of training, coupled with
20 performance support systems must be utilized in
21 the workplace, and we do not know how to apply
22 them today.

23 Also, the use and effectiveness of multimedia,
24 audio, video, animation, graphics, and even
25 virtual worlds, and training and communication

1 should also be researched and new uses
2 explored. These tools appear to make
3 information more readily understood and
4 assimilated by workers, but today we don't know
5 how to apply them. Thank you very much.

6 **MS. BACKUS:** Karla Armenti from the New
7 Hampshire Division of Health and Human
8 Resources.

9 **MS. ARMENTI:** Thank you. Good afternoon. I'm
10 going to talk to you about occupational health
11 surveillance. I am currently the chief of
12 health statistics and data management for New
13 Hampshire DHHS, Division of Public Health
14 Services. I'm also adjunct professor in the
15 Master of Public Health Program at the
16 University of New Hampshire. Prior to taking
17 the position with the state, I worked as a
18 research consultant in the occupational and
19 environmental health sciences, collaborating
20 with such entities as UMASS Lowell, Rutgers
21 University, New Hampshire COSH, and others on
22 EPA and NIOSH funded research projects.
23 In my capacity as the head of health statistics
24 for the state, and mind you I've only been
25 there for six-and-a-half months so far, I have

1 learned about the importance of administrative
2 public health data in forming occupational
3 health surveillance. Health surveillance data
4 are needed to determine the magnitude of
5 work-related injuries and illnesses, identify
6 workers at greatest risk, and establish
7 prevention priorities. States must be able to
8 measure baseline health of their populations
9 and changes that take place over time.

10 Occupational health surveillance systems would
11 allow for this assessment and monitoring of
12 overall health, and would lead to comprehensive
13 policy development, service planning, and
14 program evaluation. Successful interventions
15 to reduce the burden of occupational injury and
16 disease in any state have to start with good
17 occupational health surveillance.

18 The current nationwide system for surveillance
19 of occupational illnesses and non-fatal
20 occupational injuries has substantial gaps.
21 Many of the public health reporting systems are
22 fragmented, having no consistent or standard
23 system for collecting, analyzing, or
24 interpreting data. Many do not have data
25 compatible systems or systematic methods for

1 coding or linking data sets, and many do not
2 even capture occupational information.
3 Increased funding for the national occupational
4 health surveillance research agenda will help
5 NIOSH reach its goals to identify these gaps
6 and deficiencies and reduce fragmentation among
7 current surveillance programs. It will also
8 provide states and the nation as a whole with
9 the ability to streamline resources, to
10 identify and target high-risk industries,
11 occupations, and worker populations for
12 outreach and intervention, and to measure
13 progress in preventing work-related diseases
14 and injuries.

15 According to the first reports of injury to New
16 Hampshire's Department of Labor, in fiscal year
17 2005, businesses reported over 47,000
18 work-related injuries and disease, involving
19 3,700 lost-time cases, and 1,200
20 permanent-impairment cases, which along total
21 over \$12 million.

22 New Hampshire's workers' compensation data is
23 unique in that the law requires employers to
24 report all work-related injuries and illnesses,
25 regardless of whether or not lost time was

1 involved. Employers understand that reporting
2 in this system has no bearing on acceptance or
3 denial of a workers' compensation claim. As a
4 result, there appears to be fairly complete
5 capture within the occupational injury
6 reporting system, and even some over-reporting
7 as employers err on the side of reporting
8 questionable cases. This is quite different
9 from most other states, where reporting is
10 required only for lost-time cases, or where the
11 employer believes that the condition is
12 definitely work-related.

13 Prior studies using New Hampshire DOL workers'
14 compensation data demonstrated that older
15 workers had significantly more pre-injury
16 co-morbidities and had more severe injuries,
17 requiring more medical care and surgery and
18 chronic medications. Priority groups of older
19 workers include those who are forced into early
20 retirement by their work-related injury and
21 older workers with significant pre-existing
22 health problems. These subgroups are at
23 particularly high risk for adverse post-injury
24 consequences, and should be the focus of
25 further studies using the New Hampshire

1 Department of Labor database.

2 In addition to workers' compensation data, New
3 Hampshire has several administrative data sets
4 that can be used for occupational health
5 surveillance. These include hospital inpatient
6 and discharge data, death data, insurance
7 claims data, cancer data, and behavioral risk
8 factor survey data. Under CDC bioterrorism
9 funding, we are piloting a project to collect
10 live emergency department data from our
11 hospitals on certain syndromes that could be
12 linked to acts of terrorism.

13 All of these data sets of information that can
14 tell us so much about work-related injuries and
15 illnesses; however, there is no systematic
16 method of collecting this data for occupational
17 surveillance purposes. We need better coding,
18 additional fields to discern occupation,
19 employer name, injury at work, and we need
20 better ways to link databases to match exposure
21 data with health outcomes.

22 New Hampshire has a high incidence of
23 high-occupational blood-lead levels. We don't
24 really know why. Is it better surveillance?
25 Is it low numbers? Is it a record-keeping

1 artifact? Is it immigration of out of state
2 workers with high blood-lead levels that get
3 picked up at work in New Hampshire?

4 Asthma is also increasing in our state.
5 Studies indicate that at least ten percent of
6 new asthma cases are occupational asthmas.
7 However, SENSOR data tell us these numbers are
8 very low. There's a disconnect that needs to
9 be explained.

10 In New Hampshire, we're equally constrained
11 under the tightening budget belts of both our
12 federal and state governments. Without NIOSH
13 funding, however, the Division of Public Health
14 Services in New Hampshire is unable to allocate
15 any resources to hire dedicated personnel to do
16 occupational health data collection and
17 analysis. Our public health community relies
18 on surveillance information to set research and
19 prevention priorities.

20 Building capacity to design local occupational
21 safety and health interventions and increasing
22 their quality and effectiveness is an
23 intentional product of an improved surveillance
24 system. Research to enhance surveillance will
25 identify occupational safety and health hazards

1 particularly to New Hampshire, assisting in
2 prioritizing the numerous hazards and issues
3 needing to be addressed and provide key
4 targeting demographics in the design and
5 execution of local interventions and programs.
6 Finally, an improved and integrated
7 occupational health surveillance system will
8 provide information to policy makers who need
9 to understand the magnitude of occupational
10 injury and illness and their costs. The
11 interrelationship of causal factors inside and
12 outside the workplace, and the necessary data
13 to build outcome measures for progress towards
14 state and national goals. Thank you very much.

15 **MS. BACKUS:** Thank you to this panel, and next
16 -- We have a few folks who are not here. Is
17 Susan Connolly here at this point? Okay.
18 So I would like to call Marian Flum, Dina
19 Dickinson, Dora Tovar, and Jeff Champa for the
20 next round in this section. And again, I'll
21 remind you that if you have written testimony
22 that you wish to leave with our stenographer,
23 Shane, please do so as you leave the podium,
24 and it will be on the website. First off is
25 Marian Flum from the University of

1 Massachusetts Lowell.

2 **MS. FLUM:** Good afternoon. I'm going to be
3 talking about negative impacts on worker health
4 of environmental workplace practices. An
5 emerging issue today is the growing risk that
6 environmental decision and practices in the
7 workplace can result in negative impacts on
8 worker health and safety. In a number of
9 cases, in a major manufacturing plant in
10 Massachusetts, in an auto-assembly plant in the
11 automotive repair industry, attempts to reduce
12 or eliminate ozone-depleting chemicals have
13 resulted new hazards for workers.
14 In one plant, CFCs were replaced by flammable
15 chemicals resulting in fire hazards that did
16 not previously exist. In another case, the CFC
17 was replaced by a substance that caused severe
18 dermatitis and did not work well in the
19 process. In both of these cases workers,
20 through their established health and safety
21 committee structure, raised the concern and
22 pushed to have it resolved. In the second case
23 I mentioned, a solution was found using steam
24 as a cleaning agent. This eliminated a toxic
25 chemical and improved both the work and the

1 ambient environments. Workers, industrial
2 hygienists, environmental managers, and process
3 engineers worked together to develop this new
4 solution.

5 In the State of California, automotive repair
6 shops were urged by a state agency to replace
7 methylene chloride, an ozone depletory, with
8 hexane for brake and engine cleaning resulting
9 in debilitating peripheral neuropathy for many
10 workers. In chemical plants in New Jersey,
11 similar instances were reported by workers and
12 managers of unforeseen occupational health
13 impacts resulting from environmentally
14 motivated chemical substitutions.

15 In many cases, elimination of a chemical that
16 is an environmental hazard may improve working
17 conditions; the elimination of hexavalent
18 chromium from a process, for example. But
19 there is also a distinct risk of creating new
20 or worse occupational hazards, including
21 ergonomic hazards when health and safety issues
22 are ignored and occupational health
23 professionals and the workers closest to the
24 operation are not included in the decision
25 making.

1 Military and other government specifications
2 may also be developed for environmental
3 purposes without regard for the work
4 environment. Such specifications affect large
5 numbers of workplaces and workers. The Air
6 Force, for example, provides a list of
7 acceptable substitutes for high VOC products,
8 even though some of these substitutes are toxic
9 or flammable, creating new workplace hazards.
10 Green construction is a growing trend with the
11 laudable goal of creating safer more
12 environmentally friendly and more comfortable
13 buildings. However, many of the new materials
14 are untested or are not examined from a worker
15 health perspective. New types of flooring
16 materials that are promoted as natural may
17 contain significant concentrations of
18 formaldehyde, for example, creating risks for
19 the construction workers. What happens when
20 bamboo or new composite materials are cut,
21 drilled, or sanded? What is the occupational
22 impact?

23 In research I conducted independently and with
24 others, workers were often the first to
25 recognize or to suffer the effects of these new

1 hazards. In one plant, an active joint-labor
2 management health and safety committee has been
3 expanded to include environmental issues, as
4 well as a means of preventing unintended
5 effects of environmental decisions.

6 It is unknown how widespread this problem of
7 risk-shifting from the environment to the
8 worker is because little research has been
9 done. This is a new important area that needs
10 to be explored in a number of ways. NORA needs
11 to recognize the cross impacts of chemical
12 substitution on the work and ambient
13 environments. Research is needed to document
14 the prevalence of this problem, as well as
15 uncovering best practices in the area.

16 Intervention or other research is needed to
17 explore decision-making structures that may
18 prevent cross-over hazards, as well as
19 developing systems which may enhance the
20 wellbeing of workers and the ambient
21 environments simultaneously.

22 A methodology for determining appropriate
23 chemical substitutions and/or process change
24 that take into account both occupational and
25 environmental health concerns is needed. Thank

1 you very much.

2 **MS. BACKUS:** Is it correct that Dina is not in
3 the room? Okay then, we have Dora Tovar from
4 the University of Massachusetts Lowell.

5 **MS. TOVAR:** Good afternoon. I would like to
6 thank NORA for letting me address the issue of
7 health and safety and literacy. The morning
8 sessions and some of the earlier ones prior to
9 myself have spoken about the issue of health
10 and safety training. I've been a trainer for
11 two years and a health educator for three
12 years. So I have seen first-experience what
13 happens when you do training.

14 It's not enough to provide training in the
15 language that the workers speak. I've come
16 with my presentation, my big old folder,
17 PowerPoint slides, translated, ready to do in
18 Spanish or in English to find out 30 minutes
19 later that the workers can't read, which means
20 I have to switch my whole training session
21 appropriately for the workers.

22 We've seen everybody asking for training, but
23 we also have to make sure that the training
24 that is provided to the workers takes into
25 account the literacy level. I'll just give you

1 statistics. According to -- This is the old
2 statistics, but the 1992 National Adult
3 Literacy Survey showed that 40 to 44 million
4 people of the 191 million adults in the United
5 States could not read, could not understand
6 written material that require very basic
7 proficiency in reading. They could not read
8 the instructions on a medication bottle,
9 household cleaning solution, or directions on a
10 map.

11 As some of you are trainers, you've seen what
12 material safety data sheets look like. Those
13 sheets require at least 15 to 17 years of
14 education, which is a college degree. The
15 hazard communications standard was a great move
16 to allow workers to understand what they were
17 being exposed to at work. The problem is is
18 that hazard training can be anything from a
19 material safety data sheet, a fact sheet of
20 best practices guide, ten-hour OSHA training or
21 one hour, and as somebody has explained, it can
22 be part of your employer orientation training.
23 So people have to understand that it takes more
24 than just training in the language in a short
25 time. You need to make sure that the workers

1 understand what you're trying to provide in the
2 training for them.

3 So as I said, my experience -- I believe that
4 more research is needed in the areas of how
5 health and safety literacy affects illness and
6 injuries, the effects of literacy in the
7 workplace in regards to health and safety
8 training, and effective training strategies for
9 workers. What are the best practices? What
10 training? How should training be conducted, so
11 workers can understand and stay safe? Thank
12 you.

13 **MS. BACKUS:** And next Jeff Champa from
14 Aggregate Industries.

15 **MR. CHAMPA:** Good afternoon, and thank you for
16 the opportunity to speak this afternoon.
17 I am a practicing safety manager. I've worked
18 in a large number of industries; heavy
19 industry, construction, and transportation.
20 And I'm here informally today to represent
21 contractors and highway construction workers to
22 advocate for further research into highway
23 work-zone safety, specifically because this is
24 an area that has been well researched over the
25 years.

1 The specific area of emphasis is short-term
2 highway work-zone activity; resurfacing,
3 temporary repair, guardrail repair, activities
4 where workers are exposed in very short-term
5 durations to the work zone that they're
6 operating in.

7 This is a unique problem. In addition to
8 contractor activities and work-zone activities,
9 and worker activities, it also very much
10 depends on public transportation policy that
11 sets the contractual guidelines that
12 contractors and these workers will work under.
13 And it also is very much related to the
14 behavior of the public as they pass through
15 these work zones, which is essential to a
16 significant number of safety issues that occur
17 in these work zones.

18 Short-term presence work-zone activity is very
19 important to focus on. Unlike a lot of heavy
20 highway construction activity where there are
21 engineered barriers and a lot of work goes into
22 isolate passing traffic from the presence of
23 those workers, in short-term work-zone
24 activities, typically, the workforce is
25 isolated from passing traffic only by temporary

1 cones that are very easy for vehicles to come
2 through.

3 Increasingly, this work is scheduled at night
4 to provide a minimum inconvenience to the
5 public that are passing traffic. This creates
6 a significant number of problems in terms of
7 the pressure of working at night, the increased
8 hazards of working in darkness, and the
9 increased speed that is typically encountered
10 by traffic passing at night. And again,
11 there's a very strong interrelationship between
12 the public behavior as they pass through these
13 work zones.

14 On paper and within the literature, this is a
15 well-researched problem. NIOSH has done some
16 great work in terms of the 2001 Building Safer
17 Work Zone Studies, and there were extensive
18 standards that are available, including the
19 Federal Highway Administration's Manual of
20 Uniform Traffic Control Devices.

21 However, there's a significant gap between that
22 documented knowledge and the implementation of
23 that knowledge when you're trying to occupy a
24 roadway. And the research work that exists
25 needs to work on the implementation of that

1 theory, of that documented knowledge.
2 Specifically, needs include practical methods
3 of risk assessment before deployment on a
4 roadway. Typically, there's a contracting
5 document that will indicate from a construction
6 perspective what type of work is supposed to
7 happen and when and maybe set out a work
8 schedule. But there remains to this day --
9 it's very difficult for an industrial safety
10 manager, construction safety manager to assess
11 the hazards that are presented by a particular
12 roadway. The hazards that I speak of are
13 accident frequency, the average speed of
14 traffic, local hazards that may be unique to
15 that particular roadway in terms of its
16 configuration and its type of use.
17 There needs to be increased research into
18 practical and effective methods that calm and
19 control traffic, which is a huge problem. So
20 many of these issues related to injuries to
21 workers, collisions that occur from vehicles
22 passing through work zones, and collisions that
23 occur from vehicles and construction equipment
24 as they mingle trying to get in and out of work
25 zones is related to the speed of traffic. And

1 there needs to be much better research and
2 practical methods to calm and control traffic.
3 I know for the construction activity, which
4 we're about to engage on in the upcoming season
5 in the state of Massachusetts, by our own radar
6 assessments, we're about to enter roadways
7 where we know that the 85th speed percentile of
8 traffic is frequently ten or 15 miles an hour
9 above the posted speed limit. And we're just a
10 few short weeks from having to put workers into
11 this environment to try and restrict the
12 roadway that's available.

13 We know in one unique example -- it's
14 anecdotal, it's not scientific. In one unique
15 example last year, in response to collisions of
16 vehicles entering our work zone, we had speed
17 observations by state police officers. In a
18 single day of cars moving, there were more than
19 100 observations in a single shift of cars
20 moving more than 80 miles an hour in speed
21 within the controlled work-zone area.

22 The problem only gets worse the further you
23 pave the road. Once the damaged roadway that
24 people are used to driving very slowly on -- as
25 you pave the road and your work zone is now at

1 the end of ten miles of pristine, immaculate,
2 high-speed capable roadway, the situation gets
3 worse as the progress goes on.

4 There needs to be much greater research in the
5 management of safety, the practical application
6 of it in terms of risk communication and safety
7 management techniques that work, in terms of
8 how you communicate risks and how you control
9 risks presented by the public, specific
10 contracting policies, which very definitely
11 affect the safety of workers on the road, the
12 management of safety work that contractors
13 employ and the safe work training and
14 preservation training to workers and police
15 agencies that control the traffic. Thank you.

16 **MS. BACKUS:** And we do have Dina Dickinson,
17 here. And she represents UNITE HERE, Local 26.
18 Dina?

19 **MS. DICKINSON:** Good afternoon. My name is
20 Dina Dickinson. I am originally from northern
21 Italy. I don't know how to do this, sorry.
22 When I was in my early 20's, I fell in love
23 with an American boy and follow him here to
24 Boston. For the last 18 years, I am being a
25 single parent. I raise five kids on my own by

1 working as a room attendant at the Logan
2 Airport Hilton Hotel.

3 By working very hard, I was able to keep my
4 family together and give my children a chance
5 to better themselves. I am very proud of my
6 family; all five of my kids went to college.
7 One of my sons is in the Army Reserve and he
8 was recently called for active duty.

9 I have been a room attendant for 18 years, and
10 I am proud of my profession. Our hotel is
11 successful because we don't just clean rooms;
12 we take care of our guests. Hotel management,
13 no respect housekeeping work.

14 My job has always been very physical, active
15 job, but the workload has gotten heavier and
16 heavier. Twin beds have been replaced by queen
17 and king luxury mattress, simple bedding by
18 triple-sheeting, more pillows, duvet, and heavy
19 bedspread. Bathroom and sleeping quarter have
20 more supplies, amenities, and equipment.

21 Also the company expects a higher cleaning
22 standard than they did years ago. This means
23 that me and my sisters in housekeeping have
24 been working with injuries and more and more
25 pain in our bodies from the work.

1 Last year, my hotel introduced a new bed, which
2 greatly increased our workload and strained our
3 body to the limit. I saw a lot of my coworkers
4 getting hurt because of the bed. The new bed
5 has bigger, heavier linens, and much, much
6 heavier mattress and mattress pad. We put
7 three sheets on now, instead of two, and we now
8 stuff up to eight pillows per room.
9 Because we have only about 20 minutes to clean
10 the room, make the bed, and scrub the bathroom,
11 we have to work faster than ever. Most of my
12 coworkers are working with pain, and almost all
13 of us take some sort of pain medication every
14 day. This is not just the situation at my
15 hotel. I have talked to attendants who work
16 and the Sheraton and Westin, and all the major
17 hotel chains. What I'm describing is what room
18 attendants face everywhere, no matter what
19 hotel company.

20 I'm fortunate that I have a union at my hotel.
21 We have ability to fight against and limit the
22 hotel push to increase work at the expense of
23 our health and safety. After the 16-month long
24 fight, we were able to get Hilton Corporation
25 to reduce the number of rooms that we are

1 required to clean in a shift at our hotel. The
2 concession that we won from the Hilton is a
3 step in the right direction, but is not enough.
4 We are just one hotel.

5 Ninety percent of hotel workers in this country
6 don't have union. For most room attendants
7 that means a hard choice. Do the work and ruin
8 your body, health, and often your family life,
9 or lose your job; that is a problem. It's a
10 big problem. Thank you very much.

11 **MS. BACKUS:** At this point, we'll excuse this
12 panel, and I think we are ready for our
13 15-minute break. So if you could reassemble
14 here at about 2:25 that would be great.

15 (Whereupon, a recess was taken from 2:05 p.m.
16 until 2:30 p.m.)

17 **MS. BACKUS:** I'll also mention that Greg
18 provided us with a number of brochures and
19 booklets from NIOSH. They are out on the table
20 out there and along with a pedometer so that if
21 you are anxious to do a little bit more
22 exercising and keep your back strong, you can
23 walk 10,000 steps a day, and you'll do about
24 three miles according to my stride. So please
25 help yourself to those materials which are

1 generously provided for us today.

2 The next group consists of Elise Pechter, Tish
3 Davis, Tim Morse, Ivan Most, and Peter Doran.
4 So leading off this session is Elise Pechter,
5 and she's in the Occupational Health
6 Surveillance Program of the Massachusetts
7 Department of Public Health.

8 **MS. PECHTER:** Thank you for the opportunity to
9 provide input to NORA. As an industrial
10 hygienist, who's worked in this field for 20
11 years, I witness first hand the importance of
12 uncovering hazards in the workplace, using
13 surveillance data to identify problems, and
14 implementing interventions. I would like to
15 address three issues.

16 One, the importance of ongoing, state-based
17 surveillance of work related injuries and
18 illness, two, continuing surveillance of
19 work-related asthma, and three, problems with
20 disinfectants and cleaning products at work.
21 Over the past 19 years, the Occupational Health
22 Surveillance Program in the Massachusetts
23 Department of Public Health has established
24 surveillance systems for several conditions,
25 occupational injuries among teens, occupational

1 lead poisoning, sharps injuries among
2 healthcare workers, traumatic workplace
3 fatalities, and more. With support from NIOSH,
4 we have been able to collect, analyze, and
5 disseminate data that is crucial for
6 prevention.

7 We've used surveillance systems to describe the
8 burden and impact that dangerous workplaces
9 pose for workers and their families. These
10 projects have provided data and life stories
11 that have been used for broad-based education,
12 including a three-hour occupational health and
13 safety curriculum for high school students,
14 training for hospital staff on safe needle
15 devices, and residential construction safety
16 brochures in multiple languages.

17 We have used surveillance findings to promote
18 technological change. For example, a series of
19 burn injuries among teen bakery workers led to
20 a design change in the coffee brewer. Now,
21 these burns can be prevented.

22 We work on policy change. After three
23 Vietnamese floor sanders died in two house
24 fires, we worked with Vietnamese community
25 groups, with MASCOSH, community health centers,

1 floor sanding companies and distributors to
2 promote policy change that will prevent such
3 tragedies in the future.

4 In addition, OHSP has worked to integrate
5 occupational health into mainstream public
6 health. We help bring attention to workplace
7 stress, which is now part of the state plan to
8 prevent cardiovascular disease. In particular,
9 surveillance of work-related asthma has led to
10 improvements in prevention. Our surveillance
11 system was among the first to identify
12 healthcare workers who were developing asthma
13 from latex gloves. These findings were shared
14 with NIOSH at the NORA 1 hearings and used to
15 promote replacement of latex with safer
16 substitutes in hospitals.

17 Another case, a cluster of cases in a chemical
18 manufacturer uncovered a previously unknown
19 asthma-causing chemical, AMT, and helped
20 prevent any further worker exposure. OHSP has
21 also shared data with the three other states
22 that conduct surveillance of work-related
23 asthma and taught others about the risks for
24 healthcare workers from cleaning products. We
25 also recently completed an analysis of the

1 impact of work-related asthma on healthcare
2 utilization. Finding that people with
3 work-related asthma are more likely than those
4 with asthma unrelated to work to have asthma
5 attacks and end up in the emergency room.
6 We need more research about the industries,
7 occupations, and exposures associated with this
8 disease so we can prevent it. We need
9 continued support for state-based surveillance
10 where the data is linked closely with the
11 workplaces where we can make a difference.
12 As Nancy Lessin said earlier today, it's hard
13 to correct health and safety problems. It's
14 even harder to correct problems we don't know
15 about.

16 In our surveillance of work-related asthma,
17 we've seen a growing problem with disinfectants
18 and cleaning products at work. The four states
19 in their work-related asthma surveillance found
20 that 12 percent of all work-related asthma
21 cases were associated with cleaning products.
22 Among healthcare workers, cleaning products
23 were the leading exposure associated with their
24 asthma, and they were the second most
25 frequently reported exposure among people who

1 work in schools. In the survey last December
2 in Miami of cleaning workers at Unico, 47
3 percent reported trouble breathing.

4 With fears about pandemic flu, more and more
5 disinfectants and cleaning products are being
6 used with doubtful success in preventing
7 disease. Indiscriminate use of antibacterial
8 products is being promoted, such as Clorox's
9 anywhere hard-surface daily sanitizing spray,
10 made with very pure water and pure refined
11 bleach. It can be used on anything, from
12 Fido's water bowl to baby's pacifier.

13 We have also heard antidotes that they are
14 distributing disinfectant wipes for regular use
15 on school computer keyboards. Some of these
16 wipes contain quantinary ammonia compounds,
17 which are known to cause asthma. Research is
18 needed on the hazards of cleaning products, on
19 improper promotion of their use, and effective
20 infectious disease prevention.

21 Rather than improve the health of workers one
22 work site at a time, the efforts to conduct
23 surveillance for the purpose of broad-based
24 prevention is crucial for our future. Please,
25 sustain funding in surveillance research so we

1 can apply the lessons for the benefit of all.
2 Thank you.

3 **MS. BACKUS:** Now, Tish Davis, from the
4 Massachusetts Department of Public Health.

5 **MS. DAVIS:** My name is Tish Davis, and I'm
6 Elise's boss. For over 20 years, with help
7 from NIOSH in much support, I have directed the
8 Occupational Health Surveillance Program at the
9 Massachusetts Department of Public Health.
10 And, you've heard about our program from Elise,
11 and as you might predict I'm here today to
12 underscore the importance of surveillance. And
13 frankly, surveillance is historically or
14 typically placed second fiddle to ideologic
15 research in any kind of research or academic
16 environment, and I've been really happy today
17 to hear so many people, beyond my staff,
18 underscore the importance of public health
19 surveillance and really telling the story.
20 We clearly need robust surveillance systems to
21 establish the magnitude of the problem;
22 information that we need to garner the research
23 and intervention resources. We need
24 surveillance to develop a research agenda that
25 is relevant and addresses the most relevant,

1 the most pressing problems.
2 We also need surveillance to identify emerging
3 concerns, and I just want to highlight several
4 from Massachusetts. In the last several years,
5 what we've seen is safety hazards in floor
6 finishing, fatalities associated with the
7 manufacture and installation of granite counter
8 tops, asthma, associated not only the use, but
9 the overuse of cleaning agents that you just
10 heard about, young worker exposure to violence
11 in retail settings and the failure of the
12 workplace movement to address shoplifting. We
13 have a spike in fishing-related deaths in
14 Massachusetts. Massachusetts is second only to
15 Alaska in the number of fishing-related deaths.
16 And we've seen in recent years an increase in
17 Brazilian worker fatalities.
18 Each NORA sector, I think, should be mandated
19 to address surveillance. At the same time, I
20 think it's crucial to establish a coordinated
21 and comprehensive cross-sector surveillance
22 plan with appropriate cross-sector funding
23 mechanisms. This plan should include
24 population-based activities, such as periodic
25 suplets (*) to the National Health Interview

1 Survey, but it also needs our pace-based
2 approach, such as SENSOR and FACE, that link to
3 individual workplaces and provide the detailed
4 information necessary to develop effective
5 interventions. And we've seen a decrease in
6 those programs in the last several years.
7 While I'm very pleased to see that the practice
8 of surveillance is included in the NIOSH
9 program portfolio, I want to emphasize the
10 continuing and I see as distinct need for
11 surveillance research. That is, research to
12 document the biases in the existing
13 surveillance systems and to explore new
14 surveillance methods.
15 Occupational health policy and practice in this
16 country relies heavily on the BLS annual survey
17 of occupational illnesses and injuries. This
18 system not only omits 20 percent of the
19 workforce, including all public sector workers,
20 but research has consistently demonstrated that
21 the system substantially undercounts cases that
22 should be captured by as much as 30 to 40
23 percent. These research findings are
24 strikingly discordant with OSHA record-keeping
25 audits, which suggests that there is relatively

1 little under reporting.

2 How do we explain this discrepancy? How do we
3 explain last year's, one year's, 15 percent
4 decline nationwide in lost-time
5 repetitive-motion cases? There was a 30
6 percent decline in Michigan in
7 repetitive-motion cases in one year. How do we
8 explain that in this system on which we're
9 basing so much policy?

10 I want to call on NIOSH to join with BLS, OSHA,
11 and other research partners to collaborate in
12 developing and implementing a dedicated
13 research plan to document systematic biases in
14 the BLS survey, and the factors, many of which
15 you've heard about today, that lead to under
16 reporting. We need to know which categories of
17 workers establishing events that are being
18 systematically undercounted. We need to
19 understand how OSHA enforcement targeting, how
20 behavioral safety programs, how management
21 evaluation practices influence reporting, and
22 then we need to test interventions to improve
23 the system.

24 We also need to continue to explore innovative
25 approaches to address chronic disease and

1 under-served worker populations, issues that we
2 know will never be adequately addressed in the
3 BLS survey. And I think we need to look at
4 community-based models, some of which are being
5 used in developing countries, that we need to
6 bring back here for application at the
7 community level.

8 I'd like to underscore the importance of
9 NIOSH's state-based programs, and you've heard
10 about that here today. States have access to
11 unique data sources that can fill gaps in
12 national surveillance. Surveillance by
13 definition includes the use of data for action,
14 and states have a very solid track record of
15 linking surveillance to practice at the state
16 and local levels. State health agencies, which
17 historically focus on addressing the needs of
18 under-served groups, can play a particularly
19 important role in identifying and addressing
20 the occupational health needs of under-served
21 worker populations whose occupational health
22 needs have clearly not been addressed.

23 This brings me to my final point, which is
24 needed to document and address the occupational
25 health disparities among population groups.

1 The sector research panels should be mandated
2 to address these disparities. I want to weigh
3 in with others you heard here today to
4 particularly emphasize the need for research to
5 address the needs of young workers and
6 low-income immigrant and minority workers.
7 In Massachusetts in 2005, 37 percent of juniors
8 and seniors in high school were employed,
9 according to the current population survey.
10 And 17 percent of our workforce is
11 foreign-born; double the number or the
12 proportion in 1980. We need research to
13 identify the factors that place these workers
14 at increased risk, and we need intervention
15 research, including community-based
16 participatory research, such as we've seen in
17 the environmental justice partnerships to
18 develop interventions that work.
19 In closing, let me say that for the last 20
20 years I've been involved in tracking every
21 work-related death in Massachusetts and it's
22 grueling. And I have never ceased to be moved
23 by the fact that these workers died doing work
24 that enable me and all of this in this room to
25 lead the lives that we do every day. And I

1 look to Max and the communication folks at
2 NIOSH because I think we also need to learn how
3 to better tell this story. Thank you.

4 **MS. BACKUS:** Tim Morse from the University of
5 Connecticut.

6 **MR. MORSE:** Good afternoon, and happy spring to
7 all of you. Spring rolled in about an hour
8 ago, I think, officially; so it should be about
9 40 degrees warmer out there now than it was
10 this morning. I'm sure you'll be happy to know
11 that.

12 I can use some extra time to talk like this
13 because Tish and all these other speakers have
14 already said all the things that I was planning
15 on saying, so... I'm Tim Morse. I'm with the
16 Ergonomics Center at University of Connecticut
17 Health Center, and also participate in the
18 Connecticut Occupational Disease Surveillance
19 Program, along with Labor Department, Health
20 Department, and Workers' Comp Commission.
21 We've also at UCON do a lot of research looking
22 at under reporting, particularly of
23 musculoskeletal disorders, and I'd like to
24 focus on those issues in particular.
25 Complete accounting of occupational injury and

1 illness is important for several reasons, Tish
2 and some others have pointed out some of those.
3 But, it also goes along with if there's a lot
4 of undercounting of occupational diseases, then
5 it tends to also affect resource allocations.
6 So that if you don't count all of what's going
7 on out there, you don't get as much resources
8 going to solving the problem. It also -- We
9 need surveillance and accurate counting in
10 order to target those resources accurately to
11 make sure that we're addressing the right
12 problems, the right industries, and the right
13 occupations that are at the bulk of the
14 problem.

15 And finally, accurate counting is important for
16 assessing interventions so that, you know, as
17 we move towards more emphasis on intervention
18 research, then we need better counting so that,
19 for example, in ergonomics and musculoskeletal,
20 we find that when we do ergonomics intervention
21 programs in industry, a lot of times the
22 increased awareness leads to increases in
23 reports because they've been so undercounted
24 previously. You intervene and then rates go up
25 and so you need better counting and better ways

1 of figuring out how much is not getting
2 reported in order to understand how effective
3 those interventions are.

4 It's now reasonably well-established that
5 there's extensive undercounting, particularly
6 for occupational disease in the BLS and OSHA
7 surveys. You know, from research that we've
8 done that's both population-based, random
9 digit-dial phone interviews, from
10 capture/recapture analysis of comparing
11 physicians' reports to workers' comp reports,
12 in Connecticut our estimates are only about ten
13 to 20 percent of musculoskeletal disorders
14 actually get reported to workers' comp or to
15 BLS. We used to think that that was -- the
16 situation was much better for acute traumatic
17 injury, but some recent capture/recapture
18 studies that are just starting now to get
19 reported find that even for overall
20 occupational injury and illness we're probably
21 only getting somewhere between 50 to 80 percent
22 of the cases are getting reported to BLS, even
23 for lost-time pretty severe injuries, which
24 you'd expect to be reported pretty well.
25 The Lanora Azerof (*), who's here somewhere has

1 mapped out some of these filters that we see in
2 terms of where things don't get reported and
3 where they don't get recognized. Part of that
4 is physician non-recognition of occupational
5 disease, part of it is workers not reporting to
6 their employers, and part of it is employers
7 not putting it on their records and getting it
8 into the statistics.

9 Our studies have shown that there are
10 characteristics that increase the reporting.
11 For example, more severe conditions are more
12 likely to get reported, more likely to get
13 reported in unionized environments, in
14 manufacturing, and among workers that have
15 access to personal physicians.

16 We need to better understand these mechanisms
17 associated with under-reporting, partly so that
18 we can improve our reporting systems overall,
19 and we also need to know what the extent of the
20 magnitude of that under-reporting is so that we
21 can adjust those known figures to try to
22 compensate for that. And we also need to test
23 interventions that would try to improve
24 reporting characteristics, you know, looking at
25 kind of the negative consequences of safety

1 bingo kinds of programs, looking at what are
2 some positive reinforcers that we can use to
3 get better reporting of those conditions, and
4 therefore help in prevention.
5 For the most part current data's based almost
6 exclusively on employer-based systems, and so
7 those numbers can be impacted by workers not
8 informing their employers, it can be impacted
9 by employers not understanding reporting
10 requirements and categorization, and also by
11 negative incentives such as the employers'
12 perceived -- perception by employers of what
13 the impact is going to be on the OSHA
14 inspections or workers' comp rates. For MSD in
15 particular, current data's also made less
16 available due to the dropping of
17 repetitive-trauma category from the BLS system,
18 which has caused a break in series and also
19 made it more difficult to understand what are
20 the longer term patterns for MSD.
21 Population-based studies, such as phone or mail
22 surveys, web-based surveys, employer-based
23 surveys are highly useful for broadening the
24 scope of the information. We have -- These can
25 be pretty expensive, but they're really the

1 only way that you can get at some of these
2 under-reporting issues and try to understand
3 what community burden is.

4 So I would advocate a few things. One is
5 support for population-based surveys, support
6 for NIOSH to do regular participation in things
7 like National Occupational Exposure Survey,
8 National Health Interview Survey so that we can
9 get population-based systems. And then also
10 link programs between -- funding programs
11 between OSHA and NIOSH for funding intervention
12 programs that are based on surveillance data.
13 And I think the other stuff has been said by
14 Tish, so thanks very much.

15 **MS. BACKUS:** And Ivan Most is here from the
16 Maine Occupational Research Agenda.

17 **MR. MOST:** Thank you, Ann. And I want to thank
18 NORA and NIOSH for giving us the opportunity
19 this afternoon to talk about issues that are
20 important to us. I'd like to bring you spring
21 greetings from Maine, but we don't get spring
22 in Maine. In about a month we'll get mud
23 season, and then six weeks later we get black
24 flies, so... I don't know if you want to be
25 greeted that way, but that's the way it is.

1 I am a past chair of MORA, and have a
2 consulting firm in Maine. I'm also on the
3 faculty of the Masters in Public Health at the
4 University of New England, and I've had some
5 work at the NORA level as part of the
6 Intervention Effectiveness Committee of NORA.
7 What I'd like to talk to you about today is the
8 tie that we can make between state programs
9 like MORA -- and Ann and I were trying to
10 decide how many there are in the country, and
11 it probably is no number that you could count
12 on one hand, and why we have a program like
13 this. And I think one of the keys here are the
14 fact that many of the problems we have are
15 local, and in a state like Maine, which is very
16 large geographically and very small in
17 population, it's very difficult for like-minded
18 individuals in the area of occupational health
19 to find each other. And we've used MORA for
20 the past six years to have a very useful
21 dialogue among practitioners that's been very
22 helpful to us.

23 I'm not going to go into the background of MORA
24 and its startup. My colleague, Peter Doran,
25 will cover that in detail, but we have worked

1 for six years. We've worked for six different
2 areas, which Peter will mention. We've
3 narrowed those areas down most recently to
4 occupational asthma, cost-drivers associated
5 with workers' comp, and better characterizing
6 the incidence of pesticides-effected illnesses.
7 We work well with regional partnerships, and I
8 think this is an extremely important aspect of
9 our program. The ERC has been very helpful to
10 MORA, not only have they assisted us with
11 conferences, which has been very important, but
12 they've also had a pilot project recently and
13 these pilot programs have funded some programs
14 in Maine. They are small dollars, but they go
15 a long way in a state like Maine, and we're
16 able to do quite a bit with them.
17 We really feel that there are opportunities
18 that exist at the local state level that NORA
19 can really take advantage of. One of these is
20 the diffusion of research. It's difficult to
21 reach out into the hinterlands and make sure
22 that you are reaching a lot of companies that
23 exist out there. With a state program like
24 MORA, you are able to reach some of the
25 practitioners with the research and get it

1 defused from the ERCs and the universities into
2 small companies that exist.

3 The other area is the access to small business.
4 A state like Maine has over 90 percent of their
5 businesses are small businesses. And in Maine
6 we define small businesses as less than 100
7 employees, so it's really small. Getting into
8 those small businesses is not easy; NIOSH has a
9 lot of difficulty with that, and so state
10 programs can really provide a way of doing
11 that.

12 We also can leverage research dollars. In one
13 of the pilot projects that we received funding
14 through the ERC at Harvard, we were able to do
15 some really initial-level work. That work has
16 now been funded by the agency in particular
17 that the work was done for as a second level,
18 and it's a survey that was done using
19 participatory methods, which will now go
20 forward this year based on the fact that we had
21 some pilot funding to start. So I think
22 leveraging those small research dollars is an
23 important aspect, and I emphasize small.
24 Small-dollar grants in a state like Maine can
25 go a long, long way.

1 Also, access to field studies. NIOSH has been
2 in Maine studying the schools and asthma
3 induced in schools, which have experienced high
4 levels of mold. This kind of cooperation has
5 been very helpful in solving some problems in
6 Maine.

7 And last, advocacy. There have been many
8 programs like MORA in other agencies in the
9 federal government. And as we discovery with
10 these programs, as you have more people
11 involved at the state level and issues come up
12 that the national level wants to have something
13 done with we have people that can advocate,
14 both with the senators and the congress people
15 in our region.

16 So I think state programs can be helpful in a
17 number of different areas, and I'd like to see
18 NORA and NIOSH consider expanding and
19 supporting those programs. Thank you.

20 **MS. BACKUS:** And Peter Doran, also speaking
21 about MORA.

22 **MR. DORAN:** Thank you, Ann, and thanks for the
23 opportunity to visit with you. And I can
24 assure you that you can get to Maine from here.
25 I want to follow a little bit from Ivan's

1 remarks, and tell you a little more about MORA;
2 what it is and how it functions.
3 MORA promotes safety and health research in
4 Maine. We were spawned in the year 2000 at an
5 occupational health and safety research summit,
6 which was called by the Maine Department of
7 Labor, and we were honored with some guests
8 from NORA at that time who acquainted us with
9 what NORA's all about and how it works. As a
10 result of that we developed a steering
11 committee, that steering committee meets
12 monthly and it maps a strategy with action
13 steps. The Maine Bureau of Standards provides
14 meeting space and staff support, for quite
15 frankly, an entirely voluntary organization.
16 Tell you a little bit about our accomplishments
17 during the last six years. We're data driven,
18 so we assess data sources. We've supported
19 legislation to improve data collection in the
20 Workers' Compensation Medical Only First
21 Reports. We found until we could get medical
22 only reports available to us from all of the
23 insurance companies, we really didn't have good
24 insights into prevention. We recently reported
25 in February to the legislature our

1 recommendations for data collection and injury
2 prevention and that's making a substantial
3 difference in the electronic reporting process.
4 We've convened a symposium in 2003 and 2005
5 with NIOSH support. We received the State
6 Government Team Work Award and we've
7 established six major priority areas. Those
8 priority areas, about which you've heard quite
9 a bit today from other speakers;
10 musculoskeletal disorders, occupational asthma,
11 fatalities, toxic exposures at work, the aging
12 workforce, and cost-drivers. And, with all of
13 those priorities, what we do is to try to
14 identify research partners and then collaborate
15 with topic experts to identify the more
16 specific research needs to locate funding
17 sources and to encourage the conduct of the
18 research specific to those.

19 Let me highlight just one of those areas for
20 you, which is of particular interest to us and
21 that's occupational asthma. We have an
22 estimated ten to 20 percent of asthmatics who
23 have work-related occupational asthma. We have
24 one of the highest asthma rates in the United
25 States in both adults and with children.

1 Asthma -- occupational asthma often goes
2 unrecognized as work related. There are
3 significant limitations in the data gathering.
4 By understanding the magnitude of the problem,
5 the prevalence, and the trending we can do a
6 better job of identifying at-risk work
7 environments and potential associations with
8 other indoor air quality problems and then
9 design and implement preventive interventions.
10 This is a collaborative kind of process.
11 MORA's currently promoting research on
12 occupational asthma through collaboration with
13 the American Lung Association of Maine, which
14 incidentally is focusing with NIOSH research
15 help from the respiratory disease section on
16 school buildings as an occupational source, and
17 also the Maine Asthma Council, and the Maine
18 Environmental Public Health Tracking Project.
19 And we feel that this is going to be an
20 excellent model for us to use as we work with
21 our other priority areas.

22 I think my final message today, one -- I wanted
23 to share with you that I think that a
24 state-level research agenda can be a very cost
25 effective, a very stimulating and exciting kind

1 of enterprise. At the same time it would
2 certainly be helpful to us if we could
3 establish a federal/state program in
4 occupational health research to provide support
5 for state occupational safety and health
6 agendas like MORA, and to link education and
7 research centers regionally with the NIOSH,
8 NORA, and state agendas. So thanks for the
9 opportunity and don't hesitate to come back and
10 see us during the warm months ahead.

11 **MS. BACKUS:** Thank you to this panel. The next
12 folks are Joel Garrett, Peggy O'Malley talking
13 for Susan Vickory, Paul Morse, and Dan DeMille.
14 Here we go with Joel Garrett from Kluber
15 Lubrication North America.

16 **MR. GARRETT:** I just want to thank everybody
17 for the opportunity to speak here today. To
18 give you a little bit of background about
19 myself, my name's Joel Garrett, and I work for
20 a company called Kluber. And for those of you
21 who don't know what we do, we make specialty
22 lubricants for 31 different market segments,
23 which includes food, pharmaceutical processing,
24 the aerospace industry, as well as the
25 automotive industry. And I'm responsible for

1 all the day-to-day operations, which includes
2 things like customer service, production, a
3 laboratory, quality, facilities, on and on.
4 With all these responsibilities, the one that's
5 most important to me is the health and safety
6 of our employees. And to protect the health
7 and safety of our employees, we must
8 continually improve our approach toward EHS,
9 and therefore we're always looking for best
10 practices.

11 Particularly, we've done some work with
12 behavior-based safety. Prior to starting the
13 program, we did some background work to see if
14 this would be effective. And the challenge
15 here was that most of the information that we
16 were getting with this BBS was that it was
17 coming with a sales pitch. It was really
18 information that was associated with a product
19 or a service, and therefore what I'd like to
20 see is more research on safety systems,
21 particularly behavioral-based safety from NIOSH
22 funded researchers with an objective approach.
23 And this would really give the business
24 community the opportunity to evaluate the pros
25 and cons of different types of systems without

1 the sales pitch. And I wish you all the best
2 of luck, and that's all I have.

3 **MS. BACKUS:** Peggy O'Malley, speaking for Susan
4 Vickory and representing the VA Boston
5 Healthcare System.

6 **MS. O'MALLEY:** Good afternoon, everyone. The
7 topic is workplace violence prevention, and I'm
8 reading this for my nursing colleague Susan
9 Vickory. I have been a registered nurse in an
10 urban Veterans' Administration Medical Center
11 for 24 years. One of the most effective tools
12 now being used to decrease workplace violence
13 is the prosecution of the individuals who
14 assault.

15 Too often a blame-the-victim mentality and an
16 embarrassed staff ignore the violent behavior
17 that would be unacceptable in the community.
18 Inside the hospital this disruptive, abusive
19 behavior was tolerated because the individual
20 may have a mental illness or under the
21 influence of substances. In other words,
22 quote, they were not responsible, unquote. It
23 has been my experience that if violent behavior
24 does not have consequences that behavior will
25 escalate over time.

1 When prosecution becomes the usual response, it
2 will have a deterrent effect. It can be
3 beneficial to those who assault to be held
4 accountable. Filing criminal charges sends a
5 strong message to staff and to patients that
6 the laws apply inside the hospital.

7 Most people know right from wrong. Some
8 patients and clients are able to take out their
9 anger on staff because there are no
10 consequences, because they can with no fear of
11 retribution.

12 It takes courage to face what others choose to
13 avoid. I would like to see violence prevention
14 programs include prosecution of perpetrators in
15 their programs. I would like to see
16 administrators, police, court officers, and
17 other nursing staffs encourage the filing of
18 criminal charges for those who threaten, abuse,
19 and assault healthcare workers. Violence in
20 healthcare should never be considered part of
21 the job. Thank you for this opportunity.

22 **MS. BACKUS:** And Paul Morse from the New
23 England Consortium.

24 **MR. MORSE:** My name's Paul Morse and I'm the
25 project director for the New England

1 Consortium, which I'll talk about a little bit
2 more in a second. But I have to say that
3 spending the entire day here has been a real
4 privilege, and I want to thank NIOSH for the
5 opportunity to be with so many inspiring people
6 doing so much important work in our region, and
7 I'm glad that you got to come and see it all
8 and hear about it.

9 What I want to comment principally on today is
10 to recommend that NIOSH conduct additional
11 research into issues of effectiveness of worker
12 health and safety training programs. Not only
13 is it imperative and important to review the
14 effectiveness of training, but critical to
15 closely evaluate outcomes derived from
16 different approaches to training.

17 The New England Consortium, TNEC, based here at
18 the University of Massachusetts Lowell, is a
19 unique regional partnership for the university
20 and five grass-roots coalitions for
21 occupational safety and health. The Consortium
22 is committed to ongoing and dynamic training
23 that regularly readjusts to reflect the
24 ever-changing realities of workplace change and
25 the risks associated with it.

1 TNEC is part of the National Institute of
2 Environmental Health Sciences Worker Education
3 Training Program, an extensive national network
4 of nonprofit organizations, universities, and
5 labor unions that are committed to protecting
6 workers and their communities by delivering
7 high quality safety and health training to
8 hazardous waste workers and emergency
9 responders.

10 Since 1987, the WETP has provided nearly 60,000
11 classroom and hands-on trainings to over one
12 million workers in order that they are better
13 prepared to safely and effectively respond to
14 this nation's hazardous material incidents and
15 hazardous waste operations. These workers are
16 engaged every day in handling hazardous
17 materials, transporting them, cleaning up waste
18 sites, restoring brown field properties, and
19 responding to emergencies.

20 There are three critical issues, I think, that
21 are related to health and safety training for
22 workers in highly hazardous occupations that
23 need to be addressed. While these training
24 programs that are based -- The WTEP kinds of
25 programs and many that you've heard about today

1 are based on principles of popular and adult
2 education methodology. And while they have
3 been extremely successful in ongoing workplace
4 controls -- improving workplace controls and
5 conditions and in reaching a diverse worker
6 population, it's clear that the vast majority
7 of people working in hazardous occupations
8 receive limited, inadequate, or no training at
9 all; point number one.

10 Point number two is that workers in the
11 response, rescue, recovery, remediation, and
12 medical care communities are now expected to
13 handle consequences emerging from more severe
14 environmental disasters, industrial accidents,
15 potential acts of terrorism, and the growing
16 threat of pandemic disease outbreaks.
17 And point number three, until we are able to
18 reverse the current climate of reduced
19 regulation and enforcement of environmental and
20 occupational standards, workers who lack strong
21 unions or effective labor management structures
22 must take health and safety protection into
23 their own hands. What I want to say to point
24 three, and the optimistic point, is we are
25 going to reverse the current climate of reduced

1 regulation and enforcement in this country.
2 And I think it's the work of a lot of people
3 here that is going to bring that about.
4 Our current experience is that reduced numbers
5 of workers are making ever-greater sacrifices
6 for the public good and the public protection.
7 Often they must face these challenges with
8 reduced resources and funding support. As we
9 have seen from the tragedies of 9/11 and the
10 Gulf Coast, these workers have done heroic
11 service and far too many of them died and
12 suffered greater injustices and illnesses than
13 might have been necessary -- might otherwise
14 have been necessary.
15 Similarly, the training arms and allied
16 organizations for these workers have made
17 heroic efforts to serve during these responses
18 and recovery operations. The NIEHS WETP
19 training programs have proved instrumental
20 under adverse conditions to respond to these
21 events. We know, however, that far more must
22 be done to better prepare workers to prevent
23 accidents, and to minimize the consequences and
24 harm from unpreventable disasters.
25 Every worker injured or made ill on the job,

1 and every life lost, devastates families and
2 the economic well-being of our society. Too
3 often those with the real power -- with the
4 most power I should say -- we have a lot of
5 power ourselves to alter the adverse conditions
6 for workers gamble that tragedies will not
7 happen, or they choose to calculate the
8 trade-offs of inaction against the cost of
9 prevention and institution of stronger systems
10 of safety.

11 Under Section 21 of the Occupational and Safety
12 Health Act, NIOSH shall provide for the
13 establishment and supervision of programs for
14 the education and training of employers,
15 employees in the recognition, avoidance, and
16 prevention of unsafe and unhealthful working
17 conditions in employment covered by this Act.
18 NIOSH has been and continues to be a vital
19 agency conducting important research that
20 addresses the impact of work practices on the
21 public health. Successful outcomes of
22 effective training result in recognition,
23 avoidance, and prevention. The difference
24 between lesser and greater trending
25 effectiveness is a factor of having strong

1 training infrastructure and training design
2 that ensures that crucial information is
3 understood and retained, and that workers can
4 use it to transform workplace operations and
5 design to prevent unsafe and unhealthful
6 conditions.

7 Each year, in our annual report to the National
8 Institute of Environmental Health Sciences, we
9 are able to share numerous anecdotal
10 information and examples that workers are
11 bringing training lessons learned back to their
12 workplaces. We know that the participatory
13 design of our training and our program, and the
14 investment we make each year in updating and
15 developing new curriculum supports these
16 outcomes.

17 **MS. BACKUS:** Are you almost done?

18 **MR. MORSE:** Yeah, I'm about to finish. It's a
19 training model that empowers workers to take
20 action and reflect on the outcomes of that
21 action. I think a final point I want to make
22 is that the programs that we work with also
23 help promulgate the minimum criteria, Appendix
24 E of the OSHA HAZWOPER Act, and it's
25 continually worked on that minimum guidance

1 criteria to make it apply to ever-changing
2 situations in the workplace.

3 So again, I just want to really highlight that
4 this is an aspect that I think is worth a lot
5 more time and research. Thank you.

6 **MS. BACKUS:** Dan DeMille from the Department of
7 Industrial Accidents.

8 **MR. DEMILLE:** My name's Dan DeMille. I work
9 for the Department of Industrial Accidents,
10 more specifically the Office of Safety. I'm
11 coming from a little bit of a different angle
12 for you guys today, in that the Office of
13 Safety can be a resource for you people for
14 funding for injuries, safety training funding
15 for injuries that you already have within your
16 specific organizations, in that we have a grant
17 program that gives out \$800,000 a year in
18 training money. It's capped at \$25,000 per
19 organization. Since our inception, we've given
20 money to over 650 organizations and trained
21 over 200,000 employees.

22 So I'll just kind of give you an overview of
23 the grant program. Basically, to be eligible
24 for it you need to have Massachusetts workers'
25 comp coverage and be in compliance with it.

1 We've given training money to all kinds of
2 organizations, labor, union, non-union,
3 healthcare, government, private and public, it
4 doesn't really matter.

5 Any topic can be used for the funding that
6 would somehow improve safety in your workplace,
7 you know, talked about needle-sticks and
8 whatnot with nursing today, you know, something
9 like that. Fall protection; we will give a lot
10 of OSHA funding, so anything like that.

11 The process starts in October when we release
12 our letter letting you know that the
13 application's available. It's usually due back
14 in March of the following year. And then
15 approval usually takes place in April or May,
16 and then the training would have to take place
17 within our fiscal year, which starts July 1st
18 and ends June 30th or June 31st of the next
19 year.

20 The application process itself, basically it's
21 a five-page narrative. You would describe the
22 need for your training, you know, describe the
23 injury, what type of training, how many people
24 you're planning to train, where it's taking
25 place, things of that nature. And then, we

1 would need a budget explanation in that you'd
2 want to describe where all your dollars are
3 going to be spent and then just a summary of
4 that, and some required forms that come with it
5 because it's the state and nothing can be done
6 on an easy basis, of course.

7 That's basically about it. I've got pamphlets
8 out back, if anybody is interested. It's got
9 our contact information and where -- We'd be
10 happy to help you guys out with problems that
11 you guys already have established. Thanks.

12 **MS. BACKUS:** Thank you to this panel. And if
13 you wish to leave your testimony with Shane,
14 please feel free to drop it on the table over
15 there. We'll continue now, and why don't you
16 all stand in place and stand up for a second
17 and just stretch while we take the next five
18 people. This would be John Lindberg, Isabel
19 Cruz-Lopez, Gladys Romero, Roberto Mauro, and
20 Renan Pinto.

21 Final inning of our six-inning ball game here
22 today, and you're in Red Sox country, you know.
23 We have to talk about baseball. Now, we've
24 made a small change in the order. So I'd like
25 to call up Isabel Cruz-Lopez and Gladys Romero,

1 and Fausto da Rocha for the first panel,
2 please. All right, and before we start with
3 these speakers, Marcy would like to say a few
4 words of introduction for this part of the
5 program.

6 **MS. GELB:** Thank you, Ann. And thank you to
7 NIOSH and to UMASS Lowell for organizing this
8 forum, and to Harvard, as well. The reason I'm
9 up here sort of as a pre-introduction to the
10 next two panels is because what you'll be
11 hearing is really a consortium of partners that
12 are critical to reaching deeply into both the
13 immigrant communities and to young people. And
14 as you've heard through the course of the day,
15 if you're truly going to try to find a way to
16 address the very high rates of injury and
17 fatalities among immigrants and as well with
18 youth, it's critical to have community
19 involvement, it's critical to have community
20 health centers, to have organizations like
21 MASCOSH, to have government agencies as well
22 coming together as partners.

23 I want to say first of all that the
24 Environmental Justice grants that NIOSH and
25 NIEHS have funded have really been essential in

1 reaching deeply into three communities in
2 particular, over the past couple of years. One
3 is the Brazilian community, as you'll hear from
4 Fausto and others later through COBWEB. The
5 second is Dorchester, a program called the
6 Dorchester Occupational Health Initiative. And
7 the third, which is brand new, is the
8 Somerville Occupational Health Initiative.
9 And so I'm thrilled to have this group coming
10 from different projects, presenting to you
11 issues facing the immigrant community, and why
12 this type of research is needed, followed by a
13 panel of youth, as well as some immigrant
14 components, again, to emphasize this need for
15 this type of funding and this type of research.
16 Thank you.

17 **MS. BACKUS:** Are you both going to speak
18 together?

19 **MS. LOPEZ-CRUZ:** She's going to speak and I'm
20 going to translate. Should we stand over
21 there?

22 **MS. BACKUS:** So Isabel, come on over here.
23 Who's going to speak? The speaker can come
24 here. So this is Gladys Romero.

25 **MS. ROMERO:** (Through interpreter) The reason

1 why I'm here today is because my testimony
2 hopefully will bring up awareness to you and to
3 many who work with people like me. I had a
4 work experience in my workplace. I got injured
5 at my workplace. I fell, and as a result they
6 took me with an ambulance to the hospital.
7 When my employer find out about my accident
8 that I report to him, he pretend that he did
9 not understand what I was saying or what I was
10 telling him about, you know, my injury. He did
11 not support me at all. I did not know where to
12 go for support or to look for help.
13 I talked to my friends, I talked to my
14 coworkers, I asked for information about where
15 I should go for help. That's when I find out
16 about myself, Isabel Lopez, that they can help
17 me. I found the support so they can recommend
18 me how to get workers' comp through a lawyer,
19 so they could give me workers' comp, so I can
20 be having all the doctors to see me and the
21 medical treatment that I needed for my arm.
22 The doctor sent me to the therapy. My doctor
23 had prescribed me -- had given me a letter
24 saying that I need to do light duty. They did
25 not follow my doctor's advice. The doctor that

1 I was seeing, I never saw him again -- the
2 doctor that gave me that letter. He was the
3 one who wrote me the letter saying that I
4 either, you know, do light duties; that I
5 couldn't lift the heavy lifting that I was
6 doing before.

7 I just had a surgery -- from her right arm
8 (indicating), she's lifting her right arm. And
9 now the insurance company just suspended the
10 payment for my therapy, so imagine what it is.
11 I have never felt supported by either the
12 company, nor, you know, anybody. There is no
13 support at all for immigrant workers. They
14 treat us very inhumane in different ways.
15 I hope that my testimony help you understand
16 what we have to go through. And hopefully we
17 will find some support in some of you here
18 today.

19 Imagine the ways and what I've been through;
20 there are so many different people that are
21 going through the same things that I'm going
22 through. There are so many people out there
23 that are going through this same situation.
24 Thank you.

25 **MS. BACKUS:** And Isabel, are you ready to...

1 **MS. CRUZ-LOPEZ:** Yes.

2 **MS. BACKUS:** Okay. Isabel Cruz-Lopez from
3 MassCOSH.

4 **MS. CRUZ-LOPEZ:** Hi. Thank you for the
5 opportunity -- for giving me the opportunity to
6 be here today. First of all, I want emphasize
7 on Gladys' testimonies. Her testimony is one
8 of the typical testimonies that I hear every
9 day in MassCOSH. And our hotline, when workers
10 call that -- Yeah, I was injured on my job and
11 my employer told me that, you know, you don't
12 report it because I'm going to send Immigration
13 to your home or it was your fault.
14 I don't know how you say this, mamita, it's
15 like you're not being a man doing the
16 construction work. So you just crying over
17 nothing; and that's what we hear from workers
18 when they come to MassCOSH.
19 And Gladys' testimony is one, like I say, one
20 of the typical testimonies that we hear at
21 MassCOSH every day, not only from as a worker
22 in MassCOSH, as a labor community coordinator
23 at MassCOSH, but also my personal experience I
24 have. My brother and my sister who worked
25 through the temp agencies every day, and you

1 see -- And I see that the issues that our
2 workers are going through, not knowing the
3 language, not knowing what are the rights.
4 And being the most vulnerable to the dangers,
5 doing the dangerous job is a very big issue
6 that you all need to know.
7 Injuries and fatalities are dramatically
8 increasing among them. And we hoping that, you
9 know, by listen to Gladys, our workers are not
10 getting the benefits for workers' comp, for
11 example, because they don't know where to go.
12 They don't know what to do because they get
13 intimidated on the work.
14 And people like Gladys are, you know -- If she
15 didn't came to MassCOSH she will be one of the
16 workers who are not reported because she
17 reported, but the employer did not do anything
18 to help her. In fact, the doctor wrote her the
19 letter and two days later, you know, after the
20 doctor wrote the letter saying that she had to
21 go for light duties, Gladys went back to her
22 workplace. And because she could not lift
23 those 15 and 25 pounds of heavy lifting, she
24 was fired. She was fired.
25 And, you know, we need to -- We need to do

1 something about this. We need to have better
2 ways how to implement the health and safety for
3 workers, letting them to know what are the
4 rights, what are the equipments that they need,
5 where to go. We're hoping that you all here
6 today are going to put your resources to get to
7 know -- We know that, you know, the immigrant
8 workers are the most vulnerable, but we need to
9 know why it's happening and what do we need to
10 do about it. Thank you.

11 **MS. BACKUS:** Okay. Thank you. And, Fausto da
12 Rocha from the Brazilian Immigrant Center.

13 **MR. DA ROCHA:** Good afternoon to all. My name
14 is Fausto da Rocha. I am direct from Brazilian
15 Immigrant Center. A large number for
16 Brazilians immigrated to Massachusetts after
17 the 1990's to work in residential construction,
18 house cleaning, nursing homes, restaurants, and
19 several other service-sector jobs. As the
20 number for the Brazilians grew in
21 Massachusetts, so did the number of cases of
22 abuse and violation of labor laws.
23 The Brazilian Immigrant Center is an
24 eleven-year-old community-based organization
25 that was created to support and empower

1 Brazilian immigrant workers in the Greater
2 Boston Area around issues of workplace and
3 immigration rights. The Brazilian Immigrant
4 Center has become a place where Brazilians can
5 meet, search for advice, and organize
6 themselves to fight for their rights. The BIC
7 mission is to unite Brazilian immigrants to
8 organize against economic, social, and
9 political marginalization in the United States.
10 Many Brazilian and American researchers
11 interested in social, cultural, educational,
12 and economic issues faced by Brazilian
13 immigrants in Massachusetts and United States
14 have contacted the center over the years. The
15 center helped them with information about
16 Brazilian immigration, key informant contacts,
17 and access to the Brazilian workers.
18 Unfortunately, in most cases the end products
19 of their research did not reach community
20 leaders, and little information was
21 disseminated to the community. The community
22 was studied, but did not get much back from
23 them.
24 In 2002, a few Brazilian researchers from the
25 University of Massachusetts Lowell, proposed to

1 me that the BIC collaborate on a
2 community-based environmental research projects
3 focusing on the hazards faced by Brazilian
4 immigrant workers in house cleaning,
5 construction, and food and restaurant service.
6 Workers in these industries are often invisible
7 and ignored, although they are a large segment
8 of the workforce exposed to hazardous
9 conditions for low wages and with limited
10 access to healthcare.

11 We welcomed the opportunity to build a
12 partnership with the Brazilian researchers who
13 understood the health and safety problems faced
14 by Brazilian immigrant workers. The project
15 name is Collaboration for Better Work
16 Environment for Brazilians, COBWEB, in
17 Massachusetts, funded by National Institute of
18 Environmental Health Sciences, NIESH. From the
19 beginning, we agreed that the community would
20 be the center of the research efforts, not the
21 researchers. I am happy to say that over the
22 last three years this commitment became a
23 reality. Let me highlight to you why this is
24 true.

25 Project COBWEB has had a weekly radio program

1 on the university radio station, WUML, for over
2 two years now. The project also has a weekly
3 column in the Brazilian newspaper called A
4 Noticia, for over six months now, after ten
5 months of columns in another Brazilian
6 newspaper. Project COBWEB hired Brazilians to
7 collect the health and safety survey data on
8 Brazilian immigrant workers in places and times
9 that are only accessible to the people who
10 really have a deep commitment to Brazilian
11 immigrants. It is not easy to survey people
12 who are quite often afraid to talk to
13 strangers, have fear of being deported, or are
14 too busy working many hours to earn enough
15 money to help them build a new life here in the
16 U.S. and support their families in Brazil.
17 Yet, we have had great success to getting
18 Brazilians to respond to the survey, despite
19 the perceived threat of signing an informed
20 consent form.

21 Over 200 house cleaners have been training in
22 churches to understand the hazards of chemicals
23 they use to clean kitchens and bathrooms.
24 After the training, it became clear to us that
25 eliminating their workplace exposures in homes

1 in Massachusetts residents -- we needed to
2 eliminate or reduce the usage of hazardous
3 chemicals.

4 We were fortunate to establish good linkage
5 with Dr. David Gute, from Tufts University --
6 he's in the back -- who proposed to partner
7 with the Brazilian Women's Group, another
8 Brazilian community-based organization to
9 create a green house-cleaner cooperative in
10 Somerville. We hope that the project, funded
11 by NIOSH, will allow us to contribute to the
12 creating of health and sustainable jobs for
13 Brazilian house cleaners in Massachusetts.
14 Project COBWEB was collaborated with OSHA in
15 the investigation of fatalities for Brazilian
16 workers in Massachusetts in the last three
17 years. The BIC has learned the details of
18 legal and bureaucratic process involved in
19 those investigations. We now talk to OSHA
20 inspectors and administrators quite often and
21 will soon develop an alliance with OSHA. We
22 are trying to make every death of a Brazilian
23 worker a learning opportunity for the
24 community.
25 Brazilian teenagers trained by the project

1 COBWEB and the Massachusetts Coalition of
2 Occupational Safety and Health, MASSCOSH,
3 another partner in our project, have actually
4 developed and implemented a campaign against
5 violence in retail workplaces after the murder
6 of the Brazilian teenager in Boston, 2004. The
7 peer-teens surveyed other teens that work in
8 retail and found out that most of their
9 employers do not provide adequate training on
10 what to do in case of shoplifting, nor do they
11 have policies in place to prevent shoplifting.
12 All these examples, amongst many others that I
13 could mention, show that community-based
14 participatory research is a valuable approach
15 to build partnerships between research
16 institutions and community groups to identify
17 the right questions and translate research
18 findings into meaningful action. Only through
19 such partnerships can communities get their
20 fair share of the research effort, which
21 includes financial resources, worker and
22 community education, and feasible solutions to
23 the problems measured and discovered.
24 It seems to me that BIC has learned a whole lot
25 by participating in this project. We have

1 learned how to include health and safety issues
2 in our agenda because we now clearly understand
3 that the same worker who is abused by not being
4 paid overtime or even his/her salary is also
5 exposed to hazardous substances and machinery,
6 usually without health and safety training.
7 Since NIOSH is the major government agency that
8 funds occupational safety and health research, I
9 think that it should fund the research that
10 studies how communities should or could be
11 involved in what Dr. Sequeira, the Principle
12 Investigator of Project COBWEB, calls
13 community-based surveillance of workplace
14 fatalities and injuries. NIOSH should also
15 fund the research that assesses the
16 effectiveness of non-traditional methods of
17 worker education through mass media, as Project
18 COBWEB has been successful doing. Thank you.

19 **MS. BACKUS:** We'll make room for everyone. So
20 we'd like Roberta Mauro, Renan Pinto, Raquel
21 Lamons, Carla Bourgos, Ricardo Bonhomme, and
22 Franklin Dalembert, please. Starting this
23 panel off is Franklin Dalembert, from the
24 Haitian Coalition.

25 **MR. DALEMBERT:** Good afternoon. My name is

1 Franklin Dalembert, and I'm the director of the
2 Haitian Coalition. Today, I represent a larger
3 collaboration between the Haitian Coalition and
4 I'm going to name them -- this is the
5 collaboration that is lead by Tufts University.
6 And Professor David Gute is the lead
7 investigator, he's here among us, and we have
8 MASSCOSH, Marcy is the link between us and
9 MASSCOSH, the Immigrant Service Provider, an
10 organization that serves or coordinates
11 immigrant activity in Somerville, and Kim of
12 Alliance, which is our health partner in the
13 collaboration, the Brazilian Woman Group, the
14 Community Action Agency of Somerville.
15 Somerville, basically for those of you that
16 know is a rainbow city. It is a very diverse
17 city, comprised of immigrants from Brazil
18 mostly, from the Latino, and then from Haitian.
19 So 30 percent of the Somerville population is
20 immigrant.
21 As you know, immigrants play a vital role in
22 this country's economy and this contribution
23 does not often appreciated and recognized.
24 Talking from Haitian perspective, when I came
25 here, the work that I've been doing and the

1 work that I've done, what I went through, it
2 was an ordeal.

3 We know many immigrants living here and working
4 here do not know their rights. They do not
5 know where to go. There is some sort of a lack
6 of information. Immigrants in this country,
7 most of the time are misunderstood,
8 unappreciated.

9 This program is aimed to educate immigrants and
10 also to create awareness about issues that
11 immigrants are facing in the workplace. This
12 program chooses to walk with the young people
13 because we understand that young people
14 represent the future of our society, the future
15 of our country. We have so many of the young
16 people that are working, we train them, we
17 prepare them to go out and work with the
18 community, and then many of them are
19 bicultural/bilingual, and then they are very
20 well connected to the community.

21 We really appreciate the work that they've been
22 doing. This project also allows us to create
23 collaboration to develop capacity building and
24 also to research problem that exists in our
25 community because the problem that exists, most

1 of the time we do not recall them because of
2 many issues that are facing the immigrant
3 community, one of which is the immigration
4 issues.

5 Many immigrants have fears. They have fears to
6 report work-related incidents because again of
7 fear of retaliation they're afraid to lose
8 their job. Most of the time they have to make
9 a choice between bringing food to the table,
10 paying their rent, or report an incident,
11 although they are sick, although they are hurt.
12 Therefore, we have a lot of work-related
13 incidents that are unreported.

14 With this collaboration, what will happen
15 because of so many of the young people are
16 coming from the community, it's easy for them
17 to establish the choice that they have in the
18 community. So we are really, really pleased
19 with that collaboration.

20 We started in August; already the word's been
21 spreading out in the community. We have so
22 many young people that are committed to this
23 project. I am going to give them the time to
24 speak from their heart, to tell you what
25 they've been doing. Thank you very much for

1 listening to me.

2 **MS. BACKUS:** Do you folks have an order or
3 shall I just follow the program?

4 **MR. DALEMBERT:** You can follow the program.

5 **MS. BACKUS:** Follow the program? All right.
6 So let's hear from Roberta Mauro.

7 **MS. MAURO:** Hi, my name is Roberta Mauro. I'm
8 14 years old. I'm a student at Somer's Edison
9 Middle School in Brighton. I'm a COBWEB peer
10 leader at the Brazilian Immigrant Center.
11 I have been part of this program since January
12 of this year. This program began with the
13 tragic death of Cristian Ribeiro, a Brazilian
14 student at Boston Latin Academy, a loving son,
15 and a good friend. He was murdered in 2004
16 after chasing a shoplifter who had stolen
17 toothpaste at a CVS store located in the heart
18 of the Longwood Medical area in Boston. He
19 chased the shoplifter because he had no
20 training in how to deal with this type of
21 situation. If he did, maybe this incident
22 would have never occurred.

23 In my work at the Brazilian Immigrant Center,
24 we are learning about safety and health in the
25 workplace. Many young people are hurt on the

1 job, some are even killed. How can we keep
2 this from happening? It's not so simple, and
3 that's why we want to educate other teenagers
4 on their rights for protection against sexual
5 harassment, stress, and violence at work.
6 We have joined with the MassCOSH teens to
7 re-launch the workplace violence campaign.
8 This campaign is basically about getting
9 support from the community, and most
10 importantly retail store owners to give their
11 employees, especially teenagers, proper
12 training.

13 The teens at MassCOSH and COBWEB wanted to have
14 a better understanding of what really happens
15 in the workplace in our community. They went
16 to about 50 stores and collected 70 surveys
17 from the teen employees, young supervisors, and
18 store managers. Questions asked in the survey
19 focused on health and safety training and how
20 to deal with robbers, experience with robbers,
21 and the existence of health and safety policies
22 at work. Twenty-one percent of the survey
23 respondents answered that they would not chase
24 a shoplifter, while 54 percent said they would.
25 Thirty percent of the respondents had

1 experienced shoplifting in the workplace, 62
2 percent responded that they were not aware of
3 the existence of health and safety policies in
4 the workplace.

5 This evidence proved that most working teens
6 have no idea of how to deal with any type of
7 emergencies at work. To learn what really
8 works in protecting young people on the job, we
9 need more research that brings the youth
10 themselves working together with people who
11 know about workplace health and safety. This
12 is why we need and appreciate NIOSH's financial
13 support in helping programs to make serious
14 research that can make a difference in helping
15 working teenagers. Thanks for your support.

16 **MS. BACKUS:** And Renan Pinto.

17 **MR. PINTO:** Hi, my name is Renan Pinto. I'm 15
18 years old, and I'm a student at East Boston
19 High School. I'm a COBWEB peer leader in the
20 Brazilian Immigrant Center, and I've been
21 working with the COBWEB project since late
22 October.

23 We have been trying to promote laws that would
24 protect teenage workers, and we've been working
25 with the teenagers as MassCOSH in Dorchester

1 since January 2006. Together, we have been
2 trying to get more people to support our
3 campaign to raise awareness about safety and
4 health in the workplace.

5 Three weeks ago we presented three different
6 skits on sexual assaults, stress, and armed
7 robberies. We developed those skits to make
8 people more aware of what teenagers can go
9 through in their workplace, if they're not
10 properly trained. I, myself, have learned a
11 lot about safety and health, and want teenagers
12 all over the U.S. to know that they have rights
13 to protect them, if ever a situation similar to
14 these happened to them.

15 Many young people are hurt on the job, some are
16 even killed. This is a very important issue
17 and should be taken very seriously. Yes, there
18 is violence in our world, and we know that
19 there is no chance of being totally safe in the
20 workplace, but we can decrease the number of
21 injuries or deaths in the workplace by making
22 sure our employers train our employees on how
23 to deal with these types of situations.

24 I also think it's important to educate our
25 community about these laws because many

1 immigrants don't know their rights and bad
2 things do happen. For example, a Brazilian
3 immigrant teenager, Cristian Ribeiro, died in
4 2004 in Boston as a result of lack of training.
5 A shoplifter came in CVS and stole toothpaste.
6 Cristian, who was oblivious to the situation
7 and had no training on shoplifting, thought
8 that it was the right thing to do to run after
9 the criminal, not knowing if the shoplifter was
10 armed or dangerous. That was the worst mistake
11 he ever made in his life; it resulted in his
12 death. He got stabbed in the neck, while his
13 supervisor got stabbed in the stomach. While
14 his supervisor survived, Cristian unfortunately
15 was not that lucky.

16 Bad things happen every day, and MassCOSH and
17 COBWEB united are trying to educate teens in
18 our community so that teens would not have to
19 face what Cristian did.

20 As you can see, we need to make a change. Too
21 many teens are getting hurt or violated in
22 their workplace. We hear about it a lot, but
23 at the end, not a lot of things are done about
24 it. We usually don't do anything about it
25 until something happens to someone close to us.

1 We should not allow that to happen; teens
2 should feel safe and protected in their
3 workplace. They need to know that they have
4 laws that protect them. Most important, all
5 teen employees should be trained on how to deal
6 with theft situations.

7 To make all of these things possible, we not
8 only need community support, but also financial
9 support. We are very grateful for NIOSH's
10 support in community-based participatory
11 research that allows teenagers to become
12 leaders in health and safety in the Brazilian
13 community. With the help of our community and
14 NIOSH, we are making sure our knowledge about
15 rights and safety working are spread to the
16 teens. Thank you for all of those who helped.

17 **MS. BACKUS:** Raquel Lamons from MASSCOSH.

18 **MS. LAMONS:** Hi, my name is Raquel Lamons. I'm
19 16 and attend Charlestown High School. I am a
20 senior peer leader at MassCOSH Teens Lead at
21 Work Peer Leadership Program. I decided to
22 work at MassCOSH because I was interested in
23 learning about occupational health and safety
24 pertaining to teens.

25 In the past, I always heard about other teen

1 organizations working on common issues, and I
2 felt that Teens Lead at Work was the only youth
3 organization that worked on unique topics. I
4 have been working here for three years. We are
5 currently working on strengthening child labor
6 laws, education and outreach, and community
7 organization through the Dorchester
8 Occupational Health Initiative.

9 A little over two years ago on February 16th,
10 2003, a teen named Cristian Giambrone, who
11 worked as a store clerk at a popular retail
12 store, was fatally stabbed while chasing a
13 shoplifter. He was not trained on how to
14 approach a shoplifter or how to handle a
15 dangerous situation. What would you do in this
16 situation?

17 Well, I know what the MassCOSH teens did, we
18 collaborated with Cristian's mother, Taciana
19 Sabb, and the Brazilian Teens peer leaders to
20 form the Workplace Violence Campaign in which
21 we are trying to implement a policy that will
22 make sure all employees, especially teens, are
23 adequately trained in workplace violence
24 situations.

25 Teens are most vulnerable than adults and are

1 injured at a twice the rate of adults. The
2 reason for this being is teens are intimidated
3 by older supervisors who usually ask teens to
4 perform dangerous tasks and often forced to
5 stay late.

6 Teens need to work to help their families and
7 for personal needs. Jobs are good for teens
8 because it helps build character and teaches
9 them responsibility. This is why teens need to
10 work, but how can they work in unsafe
11 conditions? For this reason, we need to
12 protect teens in their workplace.

13 Situations like Cristian's happen a lot. Just
14 a couple of weeks ago there were several
15 violent occurrences in which retail clerks were
16 seriously injured. I think research should be
17 geared towards teens because we could get the
18 word out about health and safety quickly by
19 organizing and researching out into the
20 community.

21 We teens have fun and vibrant ways of spreading
22 information and can recruit others to join us
23 in our fight for workplace violence and health
24 -- I mean, workplace health and safety. I
25 believe that with the right research we can

1 receive the appropriate funding and build
2 stronger communities with teen activists.
3 We also need more research to make sure all
4 teen occupational topics are properly studied.
5 This will help the doors open to organizations
6 like ours, MassCOSH Teens Lead at Work Peer
7 Leadership Program. This will give other
8 communities a chance to implement a similar
9 teen occupational health and safety program in
10 our neighborhoods.

11 Because of the work we are doing, other teen
12 employees won't have to get injured or killed.
13 Hopefully, everyone in this room is listening,
14 because I'm really speaking through my heart.
15 If you're down with me, then you're trying to
16 help the teens. So thank you for listening,
17 and please have a great evening.

18 **MS. BACKUS:** Thank you. Carla Bourgos from
19 Community Action Agency of Somerville.

20 **MS. BOURGOS:** Like you said, my name's Carla
21 Bourgos, I come from Somerville. I attend
22 Somerville High School. I'm currently a ninth
23 grader. I work as a peer leader in Community
24 Action Agency of Somerville. We also involved
25 with other youth programs, one being the

1 Haitian Coalition.

2 We are so happy we can be a part of this
3 project as a bilingual teen educator. Well,
4 this program is a very productive thing because
5 we are learning skills, teaching other members
6 about occupation health risks and how to avoid
7 injuries, and also where to go if they get
8 injured.

9 This program is very good because we have had
10 the opportunity to go see where immigrants work
11 and the environment they work in. All this
12 training we are getting is giving us knowledge
13 that we can teach and use for ourselves in the
14 future. Thank you for the opportunity to
15 speak.

16 **MS. BACKUS:** Thank you. Ricardo Bonhomme from
17 Somerville Community Corporation.

18 **MR. BONHOMME:** Hi, my name is Ricardo Bonhomme.
19 I'm a freshman at Somerville High School. I
20 work for the Haitian Peer Leader Program in
21 Somerville to educate Haitian and Latino youth
22 on safety and health hazards.

23 The reason why I'm doing this project is
24 because I want to reach out as a bilingual
25 student to represent many other Haitian

1 community members who might not know about
2 occupational health hazards. They also might
3 not trust people who don't speak Creole, or who
4 come from Haitian culture.

5 For all these reasons, having research into
6 immigrant occupational health problems is
7 important. And we thank you for your support
8 and contribution for future years to come.
9 Thank you again.

10 **MS. BACKUS:** Thank you very much for all the
11 work you're doing in the cities around Boston,
12 and keep up the good work. If you want to
13 leave your papers with the stenographer, you
14 may and they'll go into the record. John
15 Lindberg, manufacturing telecommunications
16 equipment. John?

17 **MR. LINDBERG:** Thank you. I just about lost my
18 voice for the day, so I'll be brief. I come
19 here representing myself, but I have been
20 involved in the telecommunications equipment
21 manufacturing industry for more than a dozen
22 years. I don't represent the specific views of
23 my employer, Lucent Technologies, but I think I
24 have a fairly good perspective on the few
25 things I'd like to mention.

1 I have certainly seen a lot of changes in that
2 industry, most notably, recently things
3 associated with outsourcing and that whole
4 business. So my focus or the particular focus
5 that I think would be of benefit would be to
6 make sure that we maintain the good ability to
7 have surveillance for introduction of new toxic
8 materials throughout supply chains, and to be
9 able to develop accurate means of assessing
10 hazards and controlling those hazards. And
11 then to develop, I guess, what you could call a
12 global supply chain to epidemiology to look at
13 the effects of spreading industries across many
14 places and many different parts of the world,
15 where there are different levels of capability
16 for assessing the risks that might be involved
17 with introducing new technologies and new
18 materials. And to be able to incorporate those
19 findings into economic models that would
20 influence decision making on how supply chain
21 sourcing is done. That's about all I have to
22 say. Thanks.

23 **MS. BACKUS:** So we've had an interesting
24 afternoon. And to recap for us, I think we
25 have Dr. Wegman, who'll give us a nice overview

1 of what we've been hearing.

2 **DR. WEGMAN:** Thank you, Ann. It's impossible
3 really to capture everything that we've heard
4 today. Eileen did a marvelous job of
5 organizing what we heard this morning. I'll
6 try to capture some elements of this afternoon,
7 but I think we'll all walk away from here both
8 enthusiastic and a little bit humbled by the
9 kind of work that's being done and the tasks
10 that we have.

11 A couple of comments sort of are over-arching.
12 One is that it's quite clear that the nature of
13 occupational health and safety research has
14 changed dramatically from the very simple
15 individual toxic or simple acute risks and the
16 consequences in illness or injury. We've
17 gotten a more complicated, multidimensional and
18 multilevel kinds of problems that need research
19 to be understood better.

20 We've also heard time and again mention about
21 the community-base and reference from time to
22 time about community-based participatory
23 research, and it's quite clear that for us to
24 move ahead we can't simply see research as
25 being a task to be done within a research

1 institute or an academic environment. It has
2 got to be done in the community where the
3 problems exist in the workplace, in the broad
4 community, and in the different age groups and
5 special populations that have been brought to
6 our attention.

7 We've heard a lot about immigrant and temporary
8 workers, about the problems with access, the
9 problems with language and literacy, the
10 problems with compensation, access to
11 information about and application of rights,
12 and even the basic physical demands of work, as
13 was described to us in the hotel work
14 experience at Logan Airport. We've heard about
15 the needs for cultural competency in our
16 research scientists, as well as in the study of
17 cultural competency. And we've heard a
18 tremendous amount about the influence of groups
19 like COBWEB and the Somerville Alliance, and
20 the Haitian Coalition where the cultural issues
21 are being brought to our attention, and we need
22 to engage and learn, and understand the
23 research questions from a whole different
24 perspective.

25 We learned something about issues, some more

1 about issues having to do with assessment and
2 control from specific issues like using Video
3 Exposure Monitoring. We learned about the
4 problems of short-term construction exposure
5 zone risks, things many of us drove by on Route
6 3 coming here today, and these issues live on
7 in the risks of the workforce there. The
8 numbers that were reported to us were shocking
9 in terms of the problem, and it's a problem
10 that won't go away, but really has not been
11 studied at all.

12 We heard about the problem of violence in the
13 healthcare environment and the issue of legal
14 repercussions of that violence was raised. We
15 don't have, to my knowledge, much if any
16 research about the engagement of the legal
17 system in dealing with occupational health and
18 safety problems; the policy and systems
19 approach that we need to understand.

20 We heard a great deal about training, about
21 effectiveness evaluation, about the problems
22 with and the need for an understanding of where
23 is the place for behavioral-based research, if
24 any? And if there is a place, what is the
25 objective information we need to have for that?

1 We heard about popular education methods and
2 the fact that these work, but they're not
3 commonly used. We need to develop them and
4 determine how to disseminate them more broadly.
5 We learned about the importance of training for
6 youths, immigrants, special populations, and
7 also training by youths and immigrants, and how
8 that can be made different and the research
9 that is implied by that information.

10 We heard a tremendous amount about
11 surveillance, and this is an issue that we need
12 to put back on NIOSH's agenda. It's one close
13 to my heart, so I'll mention it with a special
14 emphasis. Methods for developing surveillance
15 materials concerning with undercounting,
16 methods that have to do with the hidden
17 populations and their risks, and the fact that
18 we've lost a lot of the information about risks
19 as it appears in this population in this
20 country because we believe the numbers that we
21 are reading in the newspapers are not true, but
22 we don't have alternative numbers.

23 We need the surveillance to understand better
24 disparities, the roots of the disparities, and
25 how to intervene on them. We need

1 community-based methods of surveillance as well
2 as community-based methods of research. And we
3 need to deal with specific issues. Cleaning
4 products was one example that was used several
5 times, it's a very complicated issue and very
6 broad from the household into the most
7 sophisticated industrial environments and
8 everything in between.

9 And then we heard some interesting ideas about
10 linkages between federal and state operations.
11 The most specific one being the Maine
12 Occupational Research Agenda and the efforts
13 that they are trying to leverage at the state
14 basis parallel to those at the federal-based
15 level, and the possibility for greater
16 collaboration between the federal and state
17 level, as well as the state-based DIA grants in
18 Massachusetts that opened the window to the
19 possibilities for much more in the way of
20 state/federal collaborations than goes on now,
21 and where NIOSH could take leadership in a way
22 that could have a great impact on using the
23 scarce resources that we have.

24 I don't think that begins to tell the story of
25 what we heard today. I'm delighted that there

1 will be a transcript for it, and I really
2 appreciate and want to thank NIOSH for giving
3 us the opportunity to bring this information to
4 them.

5 The other thing I'd like to do before I leave
6 this microphone is to thank in particular Petra
7 Miesmaa and Craig Slatin, who really made this
8 thing possible for us. And thank you everybody
9 for attending, but I think that Max wants the
10 last word.

ADJOURN
DR. MAX LUM

11 **DR. LUM:** We can do this from here. Listening
12 to those students talk, you know, I couldn't
13 even talk when I was 14 years old. It's
14 incredible. I mean it's just absolutely
15 incredible.
16 And I think I'd like to add another E word, and
17 that's enlightenment. I think that's one of
18 the things that really -- We've talked a lot
19 about enforcement and engineering controls, and
20 education, and economies, and efficiency, and
21 evaluation, but I think the purpose of these
22 meetings really is enlightenment. And a lot of
23 that enlightenment has enlightened NIOSH, not
24 you, but us, in setting our research agenda for

1 the next ten years. I mean, that is clear, and
2 we sure got it in spades at this meeting, and
3 we do appreciate it. It's absolutely great.
4 I think Christy Boles from my staff is -- Also
5 thank her for help in this activity. And she
6 reminded me of an interesting statistic, I
7 don't know if you know, and that is of the
8 people that registered for this meeting we had
9 the highest percentage of presenters. So a
10 round of applause for you all for doing that.
11 And just one thing, if I could ask Craig to
12 come up and David. We have something to hang
13 over your rearview mirror in your car, maybe,
14 with the NORA logo. Everybody like these pins?
15 We're getting a lot of heat about these pens;
16 nostalgia for the Cold War, someone said.
17 So my feeling is either you belong to the local
18 Soviet, or you're a NORA supporter. I mean,
19 that's an easy choice in most parts of the
20 country, I think. So anyway, this is a plaque
21 to you for all the help. I mean, you cannot do
22 these meetings without terrific support on the
23 ground. And the Harvard Education Research
24 Center for Occupational -- Oh, that's not you
25 guys, although you might as well claim it. You

1 live in the Cambridge -- This is a University
2 of Massachusetts Lowell Department of Work
3 Environment. And if I could just read this
4 without my glasses on, for your leadership in
5 organizing the town hall meeting for the
6 National Occupational Research Agenda, we
7 appreciate your dedication in advancing safety
8 and health of workers in your region and
9 throughout the nation. Thank you very much for
10 all your help.

11 Finally Harvard, and this is actually their
12 second town hall meeting, you helped us with
13 the very first town hall meeting in College
14 Park. I don't know how we ever convinced you
15 to help us for that first one, but we do thank
16 you again. And I won't read this again, but I
17 think the key word in the language is
18 leadership. And that's what we count on from
19 our community folks, we count on it from you,
20 and we hope we will continue with that for the
21 next ten years; that's what really has made a
22 difference in the NORA approach. Thank you.

23 And just one final word, drive safely. You
24 know that guy with the bucket truck might be
25 coming along the highway. That's an image I've

1 got firmly in my mind. But, the most important
2 is thank you very much for coming, and thank
3 you for staying. And it means a lot for the
4 speakers and for us and thank you for all your
5 good work and we look forward to a dynamic next
6 ten years. Thank you.

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8 (Whereupon, the meeting adjourned at 4:30 p.m.)

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CERTIFICATE OF COURT REPORTER**STATE OF GEORGIA****COUNTY OF COBB**

I, Shane Cox, Certified Court Reporter, do hereby certify that I reported the above and foregoing on the day of March 20, 2006; and it is a true and accurate transcript of the testimony captioned herein.

I further certify that I am neither kin nor counsel to any of the parties herein, nor have any interest in the cause named herein.

WITNESS my hand and official seal this the 14th day of April, 2006.

SHANE COX, CCR**CERTIFIED COURT REPORTER****CERTIFICATE NUMBER: B-2484**