

COMPREHENSIVE HEALTH EDUCATION FOUNDATION (CHEF)

Project:

School/Community Initiatives to Increase Youth Physical Activity

Type:

- Other: planning guide for school/community coalitions

Setting:

- Other: community coalition initiated by schools

Partners:

- Other: National Middle School Association (NMSA)

Goal:

- To develop a planning guide for middle-level schools to initiate the development of community coalitions that would increase opportunities for physical activity.

Description:

A step-by-step guide will help schools initiate the formation of community coalitions to increase physical activity for middle-level school students. The guide will be disseminated through the National Middle School Association membership.

Successes:

- The concept and initial drafts of the guide have been reviewed by an advisory group that includes state department of health and state education agency staff, university staff, middle-level educators, and community physical activity coalition members.

Challenges:

- Schools are inundated with new demands and requests.
- Funding at all levels has decreased.

Strategies for sustainability:

- After hard copies of the guide are gone, the guide will be available electronically.

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