### Selected Women's Health Observances. 2009

U.S. Department of Health and Human Services Centers for Disease Control and Prevention

Sexual Assault Awareness Month

Women's Eye Health and Safety

## January

#### National Birth Defects Prevention Month Cervical Health Awareness Month

January 5-11 National Folic Acid Awareness Week

#### May

#### **Lupus Awareness Month**

National Osteoporosis Awareness and Prevention Month

National Teen Pregnancy Prevention Month

May 10-16 National Women's Health Week Women's

May 11 National Women's Check-Up Day

May 12 Fibromyalgia Awareness Day

#### September

**Gynecologic Cancer Awareness Month** 

September 30 National Women's Health and Fitness Day



#### february

International Prenatal Infection Prevention Month

February 6 National Wear Red Day

February 2-6 National Teen Dating Violence Awareness and Prevention Week

February 22–28 National Eating Disorders Awareness Week



National Scleroderma Awareness Month

October

June



National Breast Cancer Awareness Month

National Domestic Violence Awareness Month

# March

National Endometriosis Awareness Month

Women's History Month

March 10 National Women and Girls HIV/AIDS Awareness Day

July

Women & Heart Disease

> International Group B Strep Awareness Month



#### August

April

Month



August 1-7 World Breastfeeding Week

#### November

**National Family Caregiver Month** 

November 26 National Family History Day







December 1 World AIDS Day

For health information related to these observances, visit CDC Office of Women's Health • 404.498.2300 • owh@cdc.gov • www.cdc.gov/women/observances. For more health observances, visit www.healthfinder.gov/nho/. CS124778 1/09