



A MINUTE OF HEALTH WITH CDC

Preventing Suicide in Young People

*Suicide Trends Among Youths and Young Adults Aged 10–24 Years —
United States, 1990–2004*

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This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Nobody wants to think that suicide could happen to people they care about. By learning more about it and talking about it, we may be able to help prevent a tragedy. Suicide is the third leading cause of death among young people between the ages of 10 and 24. CDC researchers investigated recent suicides in this age group and found a sharp increase. They found the greatest increases among girls 10 to 19 and boys 15 to 19. By recognizing the warning signs for suicide, you could help save a life. Watch for depression, isolation, and someone talking about suicide and get help as soon as possible.

Thank you for joining us on *A Minute of Health with CDC*.

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