

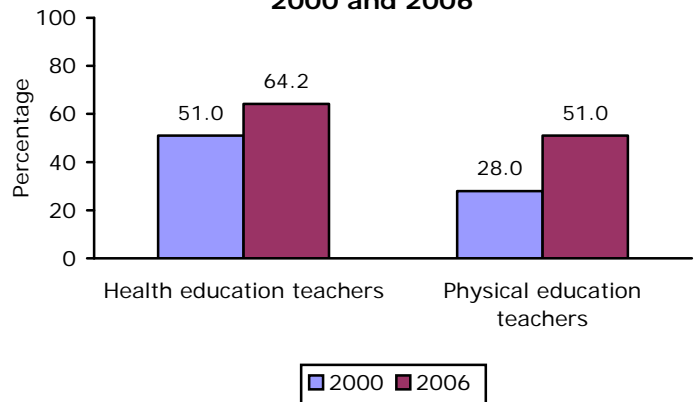
## Family and Community Involvement

**About SHPPS:** SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Comprehensive results from SHPPS 2006 are published in the *Journal of School Health*, Volume 77, Number 8, October 2007.

During the 2 years preceding the study:

- 79.2% of states and 64.2% of districts provided funding for staff development or offered staff development on encouraging family or community involvement to those who teach health education.
- 41.4% of required health education classes or courses had a teacher who received staff development on encouraging family or community involvement.
- The percentage of states that provided funding for staff development or offered staff development on encouraging family involvement in physical activity to those who teach physical education increased from 24.5% in 2000 to 59.2% in 2006.
- 33.1% of required physical education classes or courses had a teacher who received staff development on encouraging family involvement in physical activity.

**Percentage of Districts That Provided Funding for Staff Development or Offered Staff Development on Encouraging Family or Community Involvement to Those Who Teach Health Education or Physical Education During the 2 Years Preceding the Study, 2000 and 2006<sup>1</sup>**



| Percentage of Schools That Involved Students' Families and Community Members in the Development, Communication, and Implementation of Policies or Activities* |                                |   |
|---|--------------------------------|---|
| Policy or Activity  | Schools That Involved Families | Schools That Involved Community Members |
| Alcohol-use prevention  | 35.1                           | 47.0                                    |
| Illegal drug-use prevention   | 36.9                           | 49.9                                    |
| Injury prevention and safety  | 28.0                           | 33.6                                    |
| Tobacco-use prevention  | 29.4                           | 43.8                                    |
| Violence prevention   | 44.7                           | 52.5                                    |

\*During the 2 years preceding the study.

- 55.5% of required health education classes or courses, and 30.8% of required physical education classes or courses had a teacher who gave students homework or projects that involved family members.
- 37.8% of middle and high schools had or participated in a youth empowerment or advocacy program related to tobacco-use prevention.
- 46.8% of schools had or participated in a community-based illegal drug-use prevention program.
- 38.5% of schools had or participated in a community-based alcohol-use prevention program, such as Students Against Destructive Decisions.

<sup>1</sup> Selected changes between 2000 and 2006 are included if they met at least 2 of 3 criteria (p < .01 from a t-test, a difference greater than 10 percentage points, or an increase by at least a factor of 2 or decrease by at least half). Variables are not included if they did not meet these criteria or if no comparable variable existed in both survey years.

- 47.7% of schools participated in programs in which family or community members served as role models to students (e.g., Big Brother/Big Sister program).
- 30.3% of districts required students to participate in community service.
- 77.4% of schools provided community service opportunities to students and 52.0% of schools provided service-learning opportunities to students.

| <b>Percentage of Districts and Schools That Had 1 or More School Health Councils That Included Representatives From Community Groups as Members*</b> |                  |                |
|--|------------------|----------------|
| <b>Representatives</b>   | <b>Districts</b> | <b>Schools</b> |
| Community members  | 88.7             | 60.0           |
| Local health care providers  | 50.5             | 34.0           |
| Representatives from the local health department   | 50.0             | 30.3           |
| Students' families   | 76.3             | 55.0           |
| *Among the 72.9% of districts and 39.5% of schools with 1 or more school health councils.  |                  |                |

| <b>Percentage of Districts and Schools That Communicated About School Health Program Activities With Families and Communities*</b> |                  |                |
|--|------------------|----------------|
| <b>Health Education</b>  | <b>Districts</b> | <b>Schools</b> |
| Discussed student performance in health education as part of parent-teacher conferences  | NA               | 66.8           |
| Invited family members to attend health education classes  | NA               | 37.5           |
| Met with a parents' organization, such as the PTA, to discuss school health education  | NA               | 32.8           |
| Provided families with information on school health education  | 80.1             | 71.4           |
| Sought positive media attention for school health education  | 47.8             | NA             |
| <b>Physical Education and Activity</b>   |                  |                |
| Discussed student performance in physical education as part of parent-teacher conferences  | NA               | 81.9           |
| Invited family members to attend physical education classes  | NA               | 52.2           |
| Invited family members to tour the physical education facilities   | NA               | 64.2           |
| Met with a parents' organization to discuss school physical education  | NA               | 37.1           |
| Provided families with information on school physical education  | 67.6             | 73.7           |
| Sought positive media attention for school physical education  | 44.2             | NA             |
| <b>Nutrition Services</b>  |                  |                |
| Invited family members to a school meal  | NA               | 70.7           |
| Provided families with information on the nutrition and caloric content of foods available to students                             | 39.8             | 40.8           |
| Provided families with information on the school nutrition services program  | 81.8             | 80.8           |
| Provided menus to families of students   | 98.2             | 92.8           |
| Met with a parents' organization to discuss school nutrition services program  | NA               | 34.8           |
| <b>Mental Health and Social Services</b>   |                  |                |
| Invited family members to tour the standard school mental health and social services facilities                                    | NA               | 39.4           |
| Met with a parents' organization to discuss standard school mental health and social services                                      | NA               | 41.7           |
| Provided families with information on standard school mental health and social services  | 87.3             | 86.1           |
| <b>Health Services</b>   |                  |                |
| Invited family members to tour the standard school health services facilities  | NA               | 37.5           |
| Met with a parents' organization to discuss standard school health services  | NA               | 25.1           |
| Provided families with information on standard school health services  | 89.3             | 76.3           |
| *During the 12 months preceding the study.   |                  |                |

Where can I get more information? Visit [www.cdc.gov/shpps](http://www.cdc.gov/shpps) or call 800-CDC INFO (800-232-4636).

