

## Faculty and Staff Health Promotion

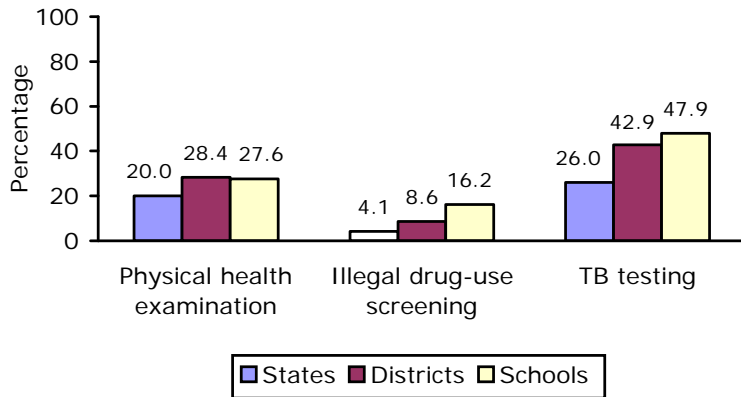
**About SHPPS:** SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Comprehensive results from SHPPS 2006 are published in the *Journal of School Health*, Volume 77, Number 8, October 2007.

- 24.0% of states had someone at the state level to oversee or coordinate health promotion activities or services for faculty and staff throughout the state.

- Among the 93.7% of districts that provided funding for or offered any health promotion service or activity during the 12 months preceding the study, 44.4% had someone to oversee or coordinate health promotion activities or services for faculty and staff throughout the district.

- Among the 96.2% of schools that provided funding for or offered any health promotion service or activity during the 12 months preceding the study, 35.1% had someone to oversee or coordinate health promotion activities or services for faculty and staff at the school.

**Percentage of States, Districts, and Schools That Required Health Examinations and Screenings for All School Faculty and Staff Prior to Employment**



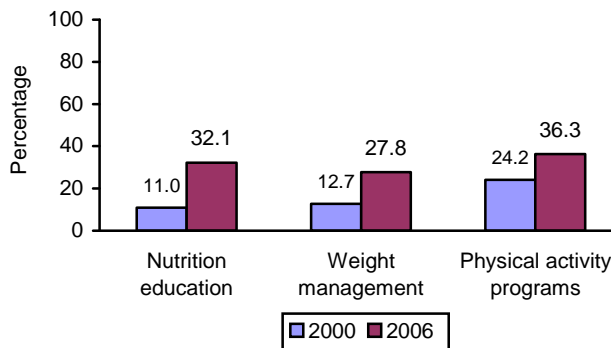
Percentage of States, Districts,* and Private Schools† That Offered Specific Health Insurance Coverage to Faculty and Staff			
Coverage	States	Districts	Private Schools
Preventive health care (e.g., physicals)	53.1	94.2	87.2
Mental health care	49.0	91.5	84.3
Immunizations	45.8	81.2	73.6
Alcohol- or other drug-use treatment	44.9	86.2	68.1
Dental care	34.7	67.3	58.8
Vision care	34.0	65.5	49.7

\*Among the 46.0% of districts that indicated their state did not offer health insurance.  
 †Questions on health insurance only asked of private school respondents because public school faculty and staff receive health insurance from the state or district.

- 54.0% of states, 98.4% of districts,\* and 92.0% of private schools† provided health insurance coverage to faculty and staff.
- 6.0% of states required districts or schools to provide funding for or offer any kind of physical activity programs for faculty and staff. During the 12 months preceding the study, 36.3% of districts provided funding for or offered physical activity programs such as aerobics classes, basketball, or walking or jogging clubs to faculty and staff; 38.3% of schools offered such programs.

- 6.3% of states and 42.9% of districts required indoor or outdoor school facilities or equipment be made available to faculty and staff.
- 24.4% of states required that districts or schools provide funding for or offer an employee assistance program (EAP) for faculty and staff. During the 12 months preceding the study, 21.6% of districts provided funding for or offered an EAP for faculty and staff; 31.7% of schools offered an EAP.
- In 22.4% of districts and 33.8% of schools, faculty and staff received subsidies or discounts for off-site health promotion activities (e.g., health club memberships, weight loss programs, or tobacco-use cessation programs).

**Percentage of Districts That Provided Funding For or Offered Nutrition Education, Weight Management, and Physical Activity Programs for Faculty and Staff,\* 2000 to 2006<sup>1</sup>**



\*During the 12 months preceding the study

**Percentage of States That Required Districts or Schools to Provide Funding for or Offer Screenings and Health Promotion Activities, Percentage of Districts That Provided Funding for or Offered Screenings and Health Promotion Activities, and Percentage of Schools That Offered Screenings and Health Promotion Activities for Faculty or Staff During the 12 Months Preceding the Study**

	States	Districts	Schools
<b>Screening</b>			
Blood pressure	4.0	39.0	32.8
Breast cancer	2.0	7.0	3.0
Colorectal cancer	0.0	5.0	1.7
Diabetes	0.0	14.6	9.6
Height and weight or body mass	2.0	23.3	13.2
Oral health	2.0	6.3	4.2
Serum cholesterol	2.0	18.8	13.3
Skin cancer	2.0	2.8	1.7
<b>Health Promotion Activity</b>			
Crisis intervention for personal problems	4.0	17.3	27.0
Emergency preparedness	24.5	67.6	76.8
Nutrition education	8.0	32.1	17.1
Physical activity and fitness counseling	6.0	24.8	15.6
Stress management education	4.0	21.8	22.4
Tobacco-use cessation	16.3	17.6	12.6
Weight management	2.0	27.8	17.0

<sup>1</sup> Selected changes between 2000 and 2006 are included if they met at least 2 of 3 criteria ( $p < .01$  from a t-test, a difference greater than 10 percentage points, or an increase by at least a factor of 2 or decrease by at least half). Variables are not included if they did not meet these criteria or if no comparable variable existed in both survey years.

Where can I get more information? Visit [www.cdc.gov/shpps](http://www.cdc.gov/shpps) or call 800-CDC INFO (800-232-4636).

