

# 2005-06 Questionnaire

## DIET BEHAVIOR AND NUTRITION - DBQ Target Group: SPs Birth + (Questions grouped by age categories)

**BOX 1**

**CHECK ITEM DBQ.005:**  
IF SP AGE <= 6, CONTINUE.  
OTHERWISE, GO TO BOX 2.

DBQ.010 Now I'm going to ask you some general questions about {SP's} eating habits.

Was {SP} ever breastfed or fed breastmilk?

- YES ..... 1
- NO ..... 2 (DBQ.040)
- REFUSED ..... 7 (DBQ.040)
- DON'T KNOW ..... 9 (DBQ.040)

DBQ.020 How old was {SP} when {he/she} was **first** fed something other than breastmilk or water?  
G/Q/U

INCLUDE FORMULA, JUICE, SOLID FOODS

- \_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|  
ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS
- NEVER ..... 2 (BOX 2)
  - REFUSED ..... 777 (BOX 2)
  - DON'T KNOW ..... 999 (BOX 2)

- ENTER UNIT
- DAYS..... 1
  - WEEKS ..... 2
  - MONTHS..... 3
  - YEARS ..... 4
  - REFUSED ..... 7
  - DON'T KNOW ..... 9

DBQ.030 How old was {SP} when {he/she} **completely stopped** breastfeeding or being fed breastmilk?  
G/Q/U

- \_\_\_\_|\_\_\_\_|\_\_\_\_|\_\_\_\_|  
ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS
- STILL BREASTFEEDING..... 6666
  - REFUSED ..... 7777
  - DON'T KNOW ..... 9999

- ENTER UNIT
- DAYS..... 1
  - WEEKS ..... 2
  - MONTHS..... 3
  - YEARS ..... 4
  - REFUSED ..... 7
  - DON'T KNOW ..... 9

DBQ.040 How old was {SP} when {he/she} was **first** fed formula on a **daily basis**?  
G/Q/U

INCLUDE CHILDREN RECEIVING FORMULA **AND** THOSE RECEIVING FORMULA AND BREASTMILK  
AT THE SAME TIME

|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 2 (DBQ.060)  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.050 How old was {SP} when {he/she} **completely stopped** drinking formula?  
G/Q/U

|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

STILL DRINKING FORMULA ..... 6666  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.060 How old was {SP} when {he/she} was first fed **milk** on a daily basis?  
G/Q/U

INCLUDE LACTAID AS MILK  
DO NOT INCLUDE BREASTMILK OR FORMULA

|\_|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 2 (DBQ.080)  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.072 What type of milk was {SP} **first** fed on a daily basis? Was it . . .

CODE ALL THAT APPLY

whole or regular,..... 10  
2% fat or reduced-fat milk..... 11  
1% fat or low-fat milk (includes 0.5% fat milk or  
"low-fat milk" not further specified),..... 12  
fat-free, skim or nonfat milk or ..... 13  
another type?..... 30  
REFUSED ..... 77  
DON'T KNOW ..... 99

DBQ.080 How old was {SP} when {he/she} **started** eating solid foods [such as strained foods like baby food or any other  
G/Q/U non-liquid foods] on a daily basis?

|\_|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 2  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

**BOX 2**

**CHECK ITEM DBQ.085:**

IF SP AGE >= 16, CONTINUE.

IF SP AGE <16 BUT >= 1, GO TO DBQ.197.

OTHERWISE, GO TO FSQ.651.

DBQ.700 Next I have some questions about {your/SP's} eating habits.

In general, how healthy is {your/his/her} overall diet? Would you say . . .

- excellent, ..... 1
- very good, ..... 2
- good, ..... 3
- fair, or ..... 4
- poor? ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 3**

**OMITTED**

**BOX 4**

**OMITTED**

DBQ.197 {Next I have some questions about {SP's} eating habits.}

{First/Next} I'm going to ask a few questions about **milk products**. Do not include their use in cooking.

In the **past 30 days**, how often did {you/SP} have milk to drink or on {your/his/her} cereal? Please include chocolate and other flavored milks as well as hot cocoa made with milk. Do not count small amounts of milk added to coffee or tea. Would you say . . .

HAND CARD DBQ1

CAP I INSTRUCTION:

THIS SHOULD **NOT** BE A GATE QUESTION ANYMORE.

CAP I DISPLAY INSTRUCTIONS: IF SP AGE 7-15 YEARS OLD, DISPLAY "{Next I have some questions about {SP's} eating habits.} First, I'm going to ask about milk products. Do not include their use in cooking.

IF SP AGE <= 6 OR => 16 YEARS OLD. DISPLAY "Next I'm going to ask a few questions about milk products. Do not include their use in cooking."

- never, ..... 0 (BOX 6)
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7 (BOX 6)
- DON'T KNOW ..... 9 (BOX 6)

DBQ.222 What type of milk was it? Was it usually . . .

IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY

- whole or regular, ..... 10
- 2% fat or reduced-fat milk..... 11
- 1% fat or low-fat milk (includes 0.5% fat milk or  
"low-fat milk" not further specified), ..... 12
- fat-free, skim or nonfat milk or ..... 13
- another type?..... 30
- REFUSED ..... 77
- DON'T KNOW ..... 99

**BOX 6**

**CHECK ITEM DBQ.225:**  
IF SP AGE >= 20, CONTINUE.  
OTHERWISE, GO TO BOX 9.

DBQ.229 The next question is about **regular** milk use.

A regular milk drinker is someone who uses any type of milk at **least 5 times a week**. Using this definition, which statement best describes {you/SP}?

HAND CARD DBQ2

- {I've/He's/She's} been a **regular** milk drinker for **most** or **all** of {my/his/her} life, including {my/his/her} childhood; ..... 1
- {I've/He's/She's} **never** been a **regular** milk drinker; ..... 2 (BOX 8A)
- {My/His/Her} milk drinking has **varied** over {my/his/her} life – sometimes {I've/he's/she's} been a **regular** milk drinker and sometimes {I have/he has/she has} **not** been a regular milk drinker ..... 3
- REFUSED ..... 7 (BOX 8A)
- DON'T KNOW ..... 9 (BOX 8A)

DBQ.235  
a/b/c

Now, I'm going to ask you how often {you/SP} drank **milk** at different times in {your/his/her} **life**.

How often did {you/SP} drink any type of milk, including milk added to cereal, when {you were/s/he was} . . .

HAND CARD DBQ3

IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

CAPI INSTRUCTION:

THESE (A-C) SHOULD **NOT** BE GATE QUESTIONS ANYMORE.

a. **a child between the ages of 5 and 12 years old? Would you say. . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

b. **a teenager between the ages of 13 and 17 years old? Would you say . . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

c. **a young adult between the ages of 18 and 35 years old? Would you say . . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 8A**

**CHECK ITEM DBQ.265A:**  
IF SP AGE >= 60, CONTINUE.  
OTHERWISE, GO TO BOX 11.

DBQ.301 The next questions are about meals provided by community or government programs.

In the **past 12 months**, did {you/SP} receive any meals **delivered** to {your/his/her} home from community programs, "Meals on Wheels", or any other programs?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.330 In the **past 12 months**, did {you/SP} go to a community program or senior center to eat prepared meals?

INCLUDE ADULT DAY CARE

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 8B**

**CHECK ITEM DBQ.335:**  
GO TO BOX 11.

**BOX 9**

**CHECK ITEM DBQ.355:**  
IF SP AGE 4-19, CONTINUE.  
OTHERWISE, GO TO BOX 10.

DBQ.360 During the **school year**, {do you/does SP} attend a kindergarten, grade school, junior or high school?

- YES ..... 1
- NO ..... 2 (BOX 10)
- REFUSED ..... 7 (BOX 10)
- DON'T KNOW ..... 9 (BOX 10)

DBQ.370 Does {your/SP's} school serve school lunches? These are **complete** lunches that cost **the same every day**.

- YES ..... 1
- NO ..... 2 (DBQ.400)
- REFUSED ..... 7 (DBQ.400)
- DON'T KNOW ..... 9 (DBQ.400)



DBQ.381 G/Q During the **school year**, about how many times a week {do you/does SP} usually get a complete school lunch?

|\_\_|  
ENTER NUMBER OF TIMES

- NONE ..... 2 (DBQ.400)
- REFUSED ..... 7 (DBQ.400)
- DON'T KNOW ..... 9 (DBQ.400)

DBQ.390 {Do you/Does SP} get these lunches free, at a reduced price, or {do you/does he/she} pay full price?

- FREE ..... 1
- REDUCED PRICE ..... 2
- FULL PRICE ..... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.400 Does {your/SP's} school serve a **complete** breakfast that costs **the same every day**?

- YES ..... 1
- NO ..... 2 (BOX 9A)
- REFUSED ..... 7 (BOX 9A)
- DON'T KNOW ..... 9 (BOX 9A)

DBQ.411 G/Q During the **school year**, about how many times a week {do you/does SP} usually get a complete breakfast at school?

|\_\_|  
ENTER NUMBER OF TIMES

- NONE ..... 2 (BOX 9A)
- REFUSED ..... 7 (BOX 9A)
- DON'T KNOW ..... 9 (BOX 9A)

DBQ.421 {Do you/Does SP} get these breakfasts free, at a reduced price, or {do you/does he/she} pay full price?

- FREE ..... 1
- REDUCED PRICE ..... 2
- FULL PRICE ..... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 9A**

**CHECK ITEM DBQ.422:**  
IF DBQ.390 = CODE 1 OR CODE 2 OR DBQ.421 = CODE 1 OR CODE 2,  
CONTINUE.  
OTHERWISE, GO TO BOX 10.

DBQ.424 {Do you/Does SP} get a free or reduced price meal at any summer program {you/he/she} attends?

- YES ..... 1
- NO ..... 2
- DID NOT ATTEND SUMMER PROGRAM .... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 10**

**CHECK ITEM DBQ.425A:**  
IF SP AGE >= 6, GO TO BOX 11.  
OTHERWISE, CONTINUE.

FSQ.651 Next are a few questions about the WIC program.

Did {SP} receive benefits from WIC, that is, the Women, Infants, and Children program, in the **past 12 months?**

- YES ..... 1
- NO ..... 2 (BOX 11)
- REFUSED ..... 7 (BOX 11)
- DON'T KNOW ..... 9 (BOX 11)

**BOX 10A**

**CHECK ITEM DBQ.701:**  
IF SP AGE > 5, GO TO FSQ.671.  
OTHERWISE, CONTINUE.

FSQ.661 Is {SP} **now** receiving benefits from the WIC program?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

FSQ.671 How long {did SP receive/has SP been receiving} benefits from the WIC program?  
Q/U

CAPI INSTRUCTION:  
HARD EDIT: NUMBER SHOULD NOT BE HIGHER THAN SP'S AGE.

\_\_\_\_\_  
ENTER NUMBER (OF MONTHS OR YEARS)

REFUSED ..... 77  
DON'T KNOW ..... 99

ENTER UNIT

MONTHS ..... 1  
YEARS ..... 2  
REFUSED ..... 7  
DON'T KNOW ..... 9

**BOX 11**

**CHECK ITEM DBQ.709:**  
IF SP AGE < 1 OR SP AGE 12-15, GO TO END OF SECTION.  
OTHERWISE, CONTINUE.

DBQ.091 Next, I'm going to ask you about meals. By meal, I mean breakfast, lunch and dinner. On average, how many  
G/Q meals per week {do you/does SP} get that were not prepared at a home? Please include meals from both  
dine-in and carry out restaurants, restaurants that deliver food to your home, cafeterias, fast-food places, food  
courts, food stands, meals prepared at a grocery store, and meals from vending machines.

{Please do not include meals provided as part of the school lunch or school breakfast./ Please do not include  
meals provided as part of the community programs you reported earlier.}

CAPI INSTRUCTION:  
IF DBQ381G=1 OR DBQ.411G=1, DISPLAY {Please do not include meals provided as part of the school  
lunch or school breakfast.}  
IF DBQ.301=1 OR DBQ.330=1, DISPLAY {Please do not include meals provided as part of the community  
programs you reported earlier.}

\_\_\_\_\_  
ENTER NUMBER PER WEEK

NEVER ..... 2  
LESS THAN WEEKLY ..... 666  
REFUSED ..... 777  
DON'T KNOW ..... 999

**BOX 12**

**CHECK ITEM DBQ.719:**

IF SP AGE <= 15 OR IF SP AGE => 16 AND PROXY INTERVIEW, GO TO END OF SECTION.

OTHERWISE, CONTINUE.

DBQ.720 Have you heard of "The Dietary Guidelines for Americans"?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.730 [Have you heard of] "The Food Guide Pyramid"?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.740 [Have you heard of] "The 5-A-Day [for Better Health] Program"?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.750 Here is an example of a food label. [HAND CARD DBQ4]

This part of the food label is called the "Nutrition Facts" panel. How often do you use the **Nutrition Facts panel** when deciding to buy a food product?

Would you say always, most of the time, sometimes, rarely, or never?

HAND CARD DBQ5

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- NEVER SEEN ..... 6
- REFUSED ..... 77
- DON'T KNOW ..... 99

DBQ.760 How about the **list of ingredients**?  
[How often do you use the list of ingredients when deciding to buy a food product? Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ5

ALWAYS .....	1
MOST OF THE TIME .....	2
SOMETIMES.....	3
RARELY .....	4
NEVER .....	5
NEVER SEEN .....	6
REFUSED .....	77
DON'T KNOW .....	99

DBQ.770 How about the information on **the size of a serving**?  
[How often do you use information on the size of a serving when deciding to buy a food product? Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ5

ALWAYS .....	1
MOST OF THE TIME .....	2
SOMETIMES.....	3
RARELY .....	4
NEVER .....	5
NEVER SEEN .....	6
REFUSED .....	77
DON'T KNOW .....	99

DBQ.780 Some food packages contain health claims about the benefits of nutrients or foods like the examples on this card. [HAND CARD DBQ6] How often do you use this kind of **health claim** when deciding to buy a product?

Would you say always, most of the time, sometimes, rarely, or never?

HAND CARD DBQ7

ALWAYS .....	1
MOST OF THE TIME .....	2
SOMETIMES.....	3
RARELY .....	4
NEVER .....	5
NEVER SEEN .....	6
REFUSED .....	77
DON'T KNOW .....	99

**BOX 13**

**CHECK ITEM DBQ.789:**

IF (DBQ.750 = 1-4) OR (DBQ.760 = 1-4) OR (DBQ.770 = 1-4) OR (DBQ.780 = 1-4),  
CONTINUE.  
OTHERWISE, GO TO DBQ.890.

DBQ.790 When you use the food label to decide about a food product, how often do you look for information about **calories**? Would you say always, most of the time, sometimes, rarely, or never?

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.800 [When you use the food label to decide about a food product, how often do you look for information about] **calories from fat**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.810 [When you use the food label to decide about a food product, how often do you look for information about] **total fat**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.820 [When you use the food label to decide about a food product, how often do you look for information about **trans fat**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.830 [When you use the food label to decide about a food product, how often do you look for information about **saturated fat**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.840 [When you use the food label to decide about a food product, how often do you look for information about **cholesterol**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.850 [When you use the food label to decide about a food product, how often do you look for information about **sodium**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.860 [When you use the food label to decide about a food product, how often do you look for information about **carbohydrates**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.870 [When you use the food label to decide about a food product, how often do you look for information about **fiber**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.880 [When you use the food label to decide about a food product, how often do you look for information about **sugars**? [Would you say always, most of the time, sometimes, rarely, or never?]

HAND CARD DBQ7

- ALWAYS ..... 1
- MOST OF THE TIME ..... 2
- SOMETIMES ..... 3
- RARELY ..... 4
- NEVER ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9



DBQ.890      Would you say you strongly agree, somewhat agree, neither agree nor disagree, somewhat disagree, or strongly disagree with the following statement: “Some people are born to be fat and some thin; there is not much you can do to change this”?

HAND CARD DBQ8

- STRONGLY AGREE ..... 1
- SOMEWHAT AGREE ..... 2
- NEITHER AGREE NOR DISAGREE ..... 3
- SOMEWHAT DISAGREE ..... 4
- STRONGLY DISAGREE ..... 5
- REFUSED ..... 7
- DON'T KNOW ..... 9