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Office Visits to Neurologists: 1985

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In 1985, an estimated 5 million ambulatory care visits (96,000 visits per week) were made to office-based neurologists. This estimate represented 0.8 percent of all patient visits to all office-based physicians in the United States (table 1). Of these visits, 60 percent were to partnership and group practices (table 2). Since 1980 the number of visits to neurologists has almost doubled and the visit rate has increased 90 percent to 21 visits per 1,000 persons per year (table 3).

This report is based on data from the 1985 National Ambulatory Medical Care Survey (NAMCS). NAMCS, a yearlong probability sample survey of the Nation's office-based physicians, was conducted annually from 1973 through 1981 and again in 1985 by the Division of Health Care Statistics of the National Center for Health Statistics. General findings from the 1985 NAMCS have been published (NCHS, 1987a). In this report, a neurologist is defined as a physician who reports that the majority of his practice is in the specialty of neurology. Neurosurgery is excluded from this definition.

Of the patient visits to neurologists, 25 percent were

Table 1. Number and percent distribution of office visits by physician specialty: United States, 1985

Physician specialty	Number of visits in thousands	Percent distribution
All visits	636,386	100.0
General and family practice	193,995	30.5
Internal medicine	73,727	11.6
Pediatrics	72,693	11.4
Obstetrics and gynecology	56,642	8.9
Ophthalmology	40,062	6.3
Orthopedic surgery	31,482	4.9
General surgery	29,858	4.7
Dermatology	24,124	3.8
Psychiatry	17,989	2.8
Otorhinolaryngology	16,097	2.5
Urological surgery	11,699	1.8
Cardiovascular disease	10,617	1.7
Neurology	4,992	0.8
All other specialties	52,408	8.2

referrals from other physicians (table 4). This was about 4.5 times the rate of patients referred to all physicians. Of the visits to neurologists, 31 percent were by new patients, almost twice the percent of visits by new patients to all physicians (NCHS, 1987a). The majority of all visits were made by returning patients.

Visits to neurologists by patients 25 years of age and older represented over 80 percent of all visits. The mean age of patients visiting neurologists was 45.3 years, compared with a mean age of 39.6 years for all patients visiting all physicians. Visits by female patients and white patients represented 56 percent and 90 percent, respectively, of the visits to office-based neurologists (table 5).

Patient's reason for visiting the physician

A symptom was more often given by patients as the major reason for visiting a neurologist than as the major reason for visiting all physicians. Of visits to neurologists, 75 percent were for symptoms, compared with less than 55 percent of the visits to all physicians (NCHS, 1987a). Symptoms relating to the nervous system were given in 34 percent of the visits and symptoms of the musculoskeletal system in 24 percent (table 6).

Headache and convulsions accounted for nearly 21 percent of all patient complaints to neurologists (table 7). There were 1.2 million patient visits made to all physicians in which

Table 2. Number and percent distribution of office visits to neurologists by type of practice: United States, 1985

Type of practice	Number of visits in thousands	
All visits	. 4,992	100.0
Solo	. 1,992	39.9
Partnership	. 1,141	22.8
Group		37.3

Table 3. Number, percent, and rate of office visits to neurologists and all physician specialties, by year of survey: United States, 1985

Physician specialty	1985	1981	1980	1979	1978	1977	1976	1975
			Nui	mber of visi	ts in thousa	nds		
All specialties	636,386 4,992	585,177 3,879	575,745 2,499	556,313 1,874	584,498 2,419	570,052 2,690	588,300 1,752	567,600 2,032
				Per	cent			
All specialties	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00
Neurology	0.78	0.66	0.43	0.34	0.41	0.47	0.30	0.36
			Vi	sit rate per	1,000 perso	ons		
All specialties	2,740	2,620	2,660	2,590	2,750	2,700	2,810	2,730
Neurology	21	17	11	9	11	13	8	10

Table 4. Number and percent distribution of office visits to neurologists by referral status and prior visit status: United States, 1985

Referral status and prior visit status	Number of visits in thousands	Percent distribution
All visits	4,992	100.0
Referral status		
Referred by another physician	1,274	25.5
Not referred by another physician	3,718	74.5
Prior visit status		
New patient	1,581	31.7
Old patient	3,411	68.3
New problem	*259	5.2
Old problem	3,152	63.1

Table 5. Number and percent distribution of office visits to neurologists by age, sex, and race of patient: United States, 1985

Age, sex, and race	Number of visits in thousands	Percent distribution
All visits	4,992	100.0
Age		
Under 15 years	402	8.1
15–24 years	500	10.0
25–44 years	1,587	31.8
45–64 years	1,454	29.1
65 years and over	1,048	21.0
Sex		
Female	2,804	56.2
Male	2,188	43.8
Race		
White	4.533	90.8
Black and other	459	9.2

the patient's principal reason for the visit was convulsions. Of those patient visits, 424,000 (34 percent) were made to office-based neurologists. In contrast, less than 10 percent of all headache visits were made to office-based neurologists. Hence, a patient having convulsions seems more likely to visit a neurologist than a patient having pain in the head. A patient having headaches seems more likely to visit a general practitioner.

Table 6. Number and percent distribution of office visits to neurologists by patient's principal reason for visit: United States, 1985

Principal reason for visit and RVC code 1	Number of visits in thousands	Percent distribution
All visits	4,992	100.0
Symptom module	3,742	75.0
General symptoms S001–S099 Symptoms referable to the nervous system (excluding	419	8.4
sense organs) S200–S259 Symptoms referable to the	1,710	34.3
musculoskeletal system S900-S999	1,216	24.3
Disease module	448	9.0
system	*246	4.9
module	*238	4.8
Treatment module T100-T999	371	7.4
Progress visit, NEC T800-T899	*215	4.3
All other ^{2,3}	*192	3.8

¹Based on "A Reason for Visit Classification for Ambulatory Care" (RVC), Vital and Health Statistics, Series 2, No. 78, Feb. 1979.

Physician diagnoses

Diagnoses of diseases of the nervous system and sense organs (codes 320–28) were made in 33 percent of office visits to neurologists (table 8). Diseases of the musculoskeletal system and connective tissue (codes 710–39) and symptoms, signs, and ill-defined conditions (codes 780–99) were each diagnosed in 17 percent of the patient visits. General symptoms (code 780) was the most common principal diagnosis in 11 percent of patient visits (table 9). Specifically, 81 percent of the visits diagnosed as general symptoms were convulsions. The most frequent type of diagnostic service given during an office visit was a blood pressure check (table 10). The types of nonmedication therapy provided are shown in table 11.

Medication therapy

In 57 percent of the visits, some type of medication was prescribed or provided by the neurologist. However, three or more medications were prescribed in only 7.8 percent of the visits (table 12). A neurologist's drug therapy utilization

²Includes injuries and adverse effects module, test results module, administrative module, and uncodable entries.

³Each element represents fewer than 74,000 visits.

Table 7. Number and percent distribution of office visits to neurologists by the 10 most common principal reasons for visit: United States, 1985

Rank	Most common principal reason for visit and RVC code 1	Number of visits in thousands	Percent distribution
	All reasons for visits	4,992	100.0
1	Headache, pain in head S210	610	12.2
2	Convulsions	424	8.5
3	Disturbances of sensation S220	*235	4.7
4	Neck symptoms S900	*235	4.7
5	Back symptoms S905	*233	4.7
6	Leg symptoms S920	*200	4.0
7	Vertigo, dizziness	*180	3.6
8	Arm symptoms	*169	3.4
9	Abnormal involuntary		
	movements	*142	2.9
10	Low back symptoms	*110	2.2
	All other reasons	2,453	49.1

¹Based on "A Reason for Visit Classification for Ambulatory Care" (RVC), Vital and Health Statistics, Series 2, No. 78, Feb. 1979

Table 8. Number and percent distribution of office visits to neurologists by the most common principal diagnosis: United States, 1985

Principal diagnosis and ICD-9-CM code 1	Number of visits in thousands	Percent distribution
All diagnoses	4,992	100.0
Mental disorders 290–319	*276	5.5
Diseases of the nervous system and sense organs	1.673	33.5
Diseases of the circulatory system 390-459	442	8.8
Diseases of the musculoskeletal system and connective tissue 710–739 Symptoms, signs, and ill-defined	893	17.9
conditions	919 390 400	18.4 7.8 8.0

¹Based on the International Classification of Diseases, 9th Revision, Clinical Modification

was not different from the drug therapy utilization of all physicians. However, it was far less frequent and less intense than the drug therapy utilization of primary care providers (general and family practitioners and internists—NCHS, 1987b). Of all drugs, those for the central nervous system (CNS) were mentioned most often during a patient office visit (table 13). CNS drugs represented 58 percent of all prescribed medications. Analgesics and antipyretics were the CNS drugs most often mentioned. The generic ingredients most often ordered or prescribed included acetaminophen, phenytoin, and aspirin (table 14).

Duration and disposition of visit

Neurology patient visits had a mean duration of 27 minutes, with 64 percent of all the visits lasting 16 minutes

Table 9. Number and percent distribution of office visits to neurologists by the 10 most common principal diagnoses: United States, 1985

Rank	Most common principal diagnosis and ICD-9-CM code ¹	Number of visits in thousands	Percent distribution
	All diagnoses	4,992	100.0
1	General symptoms 780	563	11.3
2	Other and unspecified disorders		
	of the back 724	*305	6.1
3	Migraine	*265	5.3
4	Symptoms involving head		
	and neck	*232	4.7
5	Parkinson's disease 332	*205	4.1
6	Sprains and strains of other and		
	unspecified parts of back 847	*202	4.0
7	Mononeuritis of upper limb and		
	mononeuritis multiplex 354	*173	3.5
8	Other disorders of cervical region 723	*169	3.4
9	Multiple sclerosis	*164	3.3
10	Epilepsy	*151	3.0
	All other diagnoses	2,563	51.3

¹Based on the International Classification of Diseases, 9th Revision, Clinical Modification (ICD-9-CM).

Table 10. Number and percent distribution of office visits to neurologists by the most common type of diagnostic service: United States, 1985

Diagnostic service	Number of visits in thousands	Percent distribution
All diagnostic services	4,992	100.0
None	1,376	27.6
Blood chemistry	391	7.8
Blood pressure check	2,114	42.3
Radiology (other than chest)	518	10.4
Other	1,790	35.8
All other ^{1,2}	772	15.5

¹Includes breast exam, visual acuity, urinalysis, hematology, other lab test, chest x ray, EKG, and ultrasound.

Table 11. Number and percent distribution of office visits to neurologists by the most common nonmedication therapy ordered or provided: United States, 1985

Nonmedication therapy	Number of visits in thousands	Percent distribution ¹
All nonmedication therapies	4,992	100.0
None	3,859	77.3
Physical therapy	480	9.6
Counseling (other than diet)	416	8.3
All other ^{2,3}	378	7.6

¹May not add to 100.0 percent because more than one nonmedication therapy was possible. ²Includes ambulatory surgery, radiation therapy, psychotherapy, family planning, diet

or more (table 15). This was greater than the mean duration of 16 minutes for visits to all physicians (NCHS, 1987a).

Of the visiting patients, 84 percent were given some type of "Return" disposition (table 16); most were given the disposition "Return at a specified time."

⁽ICD-9-CM). Includes infection and parasitic diseases (001–139); neoplasms (140–239); endocrine, includes infection and parasitic diseases (001–139); neoplasms (140–239); diseases of the nutritional, and metabolic diseases and immunity disorders (240–279); diseases of the respiratory system (460–519); diseases of the digestive system (520–579); diseases of the genitourinary system (580-629); diseases of the skin and subcutaneous tissue (680-709); supplementary classification (V0I-V82); all other diagnoses: diseases of the blood and bloodforming organs (280-289); complications of pregnancy, childbirth, and the puerperium (630-676); congenital anomalies (740-759); certain conditions originating in the prenatal period (760-779); and unknown diagnoses, blank diagnosis, uncodable diagnosis, and

³Each element represents fewer than 105,000 visits

²Each element represents fewer than 215,000 visits.

counseling, corrective lenses, and other. ³Each element represents fewer than 135,000 visits.

Table 12. Number and percent distribution of office visits to neurologists in which medications were prescribed or ordered: United States, 1985

Type of visit and number of medications	Number of visits in thousands	Percent distribution
All visits	4,992	100.0
No drug visit (0 medications)	2,124	42.6
Drug visit	2,868	57.4
Number of medications		
1	1,614	32.3
2	866	17.3
3	*285	5.7
4 or more	*103	2.1

Table 13. Number and percent distribution of the most common drug mentions in the office-based practice of neurologists, by therapeutic category: United States, 1985

Therapeutic category 1	Number of drug mentions in thousands	Percent distribution
All drugs	4,664	100.0
Central nervous system drugs	2,740	58.7
Analgesics and antipyretics	1,075	23.0
Anticonvulsants	698	15.0
Psychotherapeutic agents	473	10.1
Anxiolytics, sedatives, and hypnotics	426	9.1
Autonomic drugs	612	13.1
Anticholinergic agents	344	7.4
Skeletal muscle relaxants	169	3.6
Cardiovascular drugs	532	11.4
Cardiac drugs	235	5.0
All other ^{2,3}	780	16.7

¹Based on the American Hospital Formulary Service Classification System Drug Product Information File, The American Druggist Blue Book Data Center. San Bruno, Calif., 1985. ²Includes antihistamine drugs; anti-infective agents; antineoplastic agents; blood formation and coagulation agents; diagnostic agents; electrolytic, caloric, and water balance agents; antitussives, expectorants, and mucolytic agents; eye, ear, nose, and throat (EENT) preparations; gastrointestinal drugs; hormones and synthetic substitutes; local anesthetics; oxytocics; skin and mucous membrane agents; and other or undetermined drugs. ³Each element represents fewer than 130,000 drug mentions.

Table 14. Number and percent of the 10 most frequently prescribed or provided drugs in the office-based practice of neurologists, by generic ingredients: United States, 1985

Rank	Generic ingredient	Number of drug mentions in thousands	Percent
	All ¹	6,144	100.0
1	Acetaminophen	*363	5.9
2	Phenytoin	*317	5.2
3	Aspirin	*275	4.5
4	Amitriptyline	*252	4.1
5	Carbamazepine	*219	3.6
6	Caffeine	*213	3.5
7	Phenobarbital	*198	3.2
8	Codeine	*171	2.8
9	Propranolol	*157	2.6
10	Levodopa	*150	2.4

¹The total on table 14 is greater than the total on table 13 because multiple ingredients equal multiple counts.

Table 15. Number and percent distribution of office visits to neurologists by duration of visit: United States, 1985

Duration	Number of visits in thousands	Percent distribution
All durations	4,992	100.0
0 minutes ¹	*13	0.3
1–5 minutes	*167	3.3
6-10 minutes	493	9.9
11–15 minutes	1,089	21.8
16–30 minutes	2,029	40.6
31–60 minutes	1,056	21.1
61 minutes and over	*145	2.9

¹Represents office visits in which there were no face-to-face contacts between the patient and the physician.

Table 16. Number and percent distribution of office visits to neurologists by disposition: United States, 1985

Disposition	Number of visits in thousands	Percent distribution ¹
All dispositions	4,992	100.0
No followup planned	436	8.7
Return at specified time	3,306	66.2
Return if needed	459	9.2
Telephone followup planned	*270	5.4
Referred to other physician	*276	5.5
Return to referring physician	458	9.2
Admit to hospital	*125	2.5
Other	*21	0.4

¹May not add to 100.0 percent because more than one disposition was possible

References

National Center for Health Statistics, T. McLemore and J. DeLozier. 1987a. 1985 summary: National Ambulatory Medical Care Survey. *Advance Data From Vital and Health Statistics*. No. 128. DHHS Pub. No. (PHS) 87–1250. Public Health Service. Hyattsville, Md.

National Center for Health Statistics, H. Koch. 1987b. Highlights of drug utilization in office practice, National Ambulatory Medical Care Survey, 1985. *Advance Data From Vital and Health Statistics*. No. 134. DHHS Pub. No. (PHS) 87–1250. Public Health Service. Hyattsville, Md.

Technical notes

Source of data and sample design

The information presented in this report is based on data collected by means of the National Ambulatory Medical Care Survey (NAMCS) from March 1985 through February 1986. The target universe of NAMCS includes office visits made within the conterminous United States by ambulatory patients to nonfederally employed physicians who are principally engaged in office practice, but not in the specialties of anesthesiology, pathology, or radiology. Telephone contacts and nonoffice visits are excluded.

A multistage probability sample design is used in NAMCS, involving samples of primary sampling units (PSU's), physician practices within PSU's, and patient visits within physician practices. For 1985, a sample of 5,032 non-Federal, office-based physicians was selected from master files maintained by the American Medical Association and American Osteopathic Association. The physician response rate for the 1985 NAMCS was 70.2 percent; the response rate for neurologists was 66 percent. Sample physicians were asked to complete patient records (see text figure) for a systematic random sample of office visits occurring during a randomly assigned 1-week reporting period. Responding physicians completed 71,594 patient records; 1,097 patient records

Assurance of Confidentiality- individual, a practice, or an obj persons engaged in and for released to other persons or us	-All information which we establishment will be held or the purposes of the sur sed for any other purpose.	ould permit identification confidential, will be us vey and will not be disclo	of an ed only osed or	Public He	h and Human Services alth Service for Health Statistics		
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b. OTHER Ordered or provided 2 BREAST EXAM 7 HEMATOLOGY 12 EKG					BLOOD PRESSURE CHECK 12 EKG 13 CHEST X-RAY 14 OTHER RADIOLOGY 15 ULTRASOUND		
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Figure. 1985 National Ambulatory Medical Care Survey patient record

were from neurologists. Characteristics of the physician's practice, such as primary specialty and type of practice, were obtained during an induction interview. NORC (formerly known as the National Opinion Research Center), under contract to NCHS, was responsible for the survey's data collection and processing operations.

Sampling errors

The standard error is primarily a measure of the sampling variability that occurs by chance when only a sample, rather than an entire universe, is surveyed. The relative standard error of an estimate is obtained by dividing the standard error by the estimate itself; the result is then expressed as a percent of the estimate. Approximate relative standard errors of visits to neurologists are shown in table I. Approximate relative standard errors for aggregate estimates of drug mentions for neurologists are shown in table II.

Statistical inference and rounding

The determination of statistical inference is based on a two-sided *t*-test with a critical value of 1.960 (0.05 level of confidence). Terms relating to differences, such as "greater than" or "less than," indicate that the differences are statistically significant. Terms such as "similar" or "roughly equal" mean that no statistical significance exists between the estimates compared. In the tables, estimates of office visits have been rounded to the nearest thousand. Consequently, estimates

Table I. Relative standard errors of estimated numbers of office visits to neurologists: National Ambulatory Medical Care Survey, 1985

Estimated number of office visits in thousands	Relative standard error in percent
200*	39.3
300 <i>.</i>	32.4
500	25.5
1,000	18.8
2,000	14.4
5,000	10.8
10,000	9.3
20,000	8.5
50,000	8.0
100,000	7.8

Example of use of table: An aggregate estimate of 50,000,000 visits has a relative standard error of 8 percent, or a standard error of 4,000,000 visits (8 percent of 50,000,000).

Table II. Relative standard errors of estimated numbers of drug mentions in the office-based practice of neurologists: National Ambulatory Medical Care Survey, 1985

Estimated number of drug mentions in thousands	Relative standard error
200*	44.2
400	31.8
700	24.6
1,000	21.1
2,000	16.0
5,000	12.0
10,000	10.3
20,000	9.3
50,000	8.7
100,000	8.5

Example of use of table: An aggregate estimate of 50,000,000 drug mentions has a relative standard error of 8.7 percent, or a standard error of 4,350,000 drug mentions (8.7 percent of 50,000,000).

will not always add to totals. Rates and percents were calculated from original unrounded figures and do not necessarily agree with percents calculated from rounded data.

Definitions of terms

Ambulatory patient—An ambulatory patient is an individual seeking personal health services who is not currently admitted to any health care institution on the premises.

Physician—A physician is a duly licensed doctor of medicine (M.D.) or doctor of osteopathy (D.O.) who is currently in office-based practice, and who spends some time caring for ambulatory patients. Excluded from NAMCS are physicians who are hospital-based; who specialize in anesthesiology, pathology, or radiology; who are federally employed; who treat only institutionalized patients; who are employed full time by an institution; and who spend no time seeing ambulatory patients.

Office—Offices are the premises physicians identify as locations for their ambulatory practices; these customarily include consultation, examination, or treatment spaces the patients associate with the particular physician.

Visit—A visit is a direct personal exchange between an ambulatory patient and a physician or a staff member working under the physician's supervision, for the purpose of seeking care and rendering personal health services.

Symbols

- --- Data not available
- ... Category not applicable
- Quantity zero
- 0.0 Quantity more than zero but less than 0.05
- Z Quantity more than zero but less than 500 where numbers are rounded to thousands
- Figure does not meet standards of reliability or precision
- # Figure suppressed to comply with confidentiality requirements

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