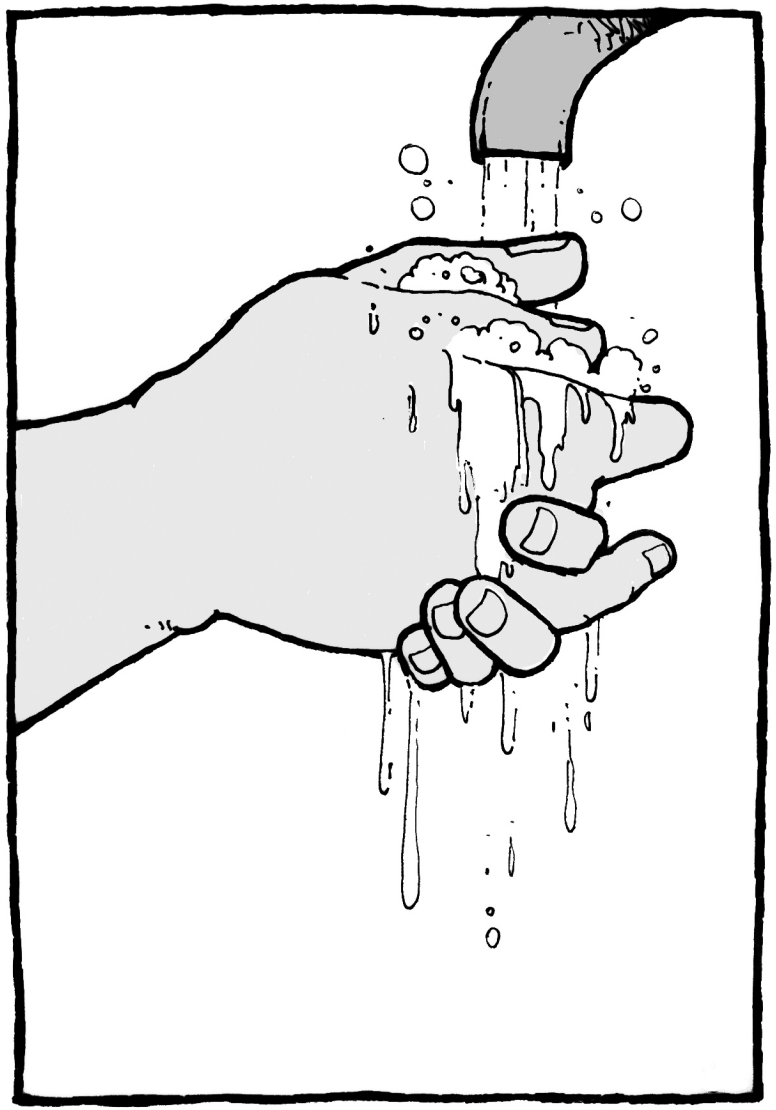

Se laver les mains fréquemment