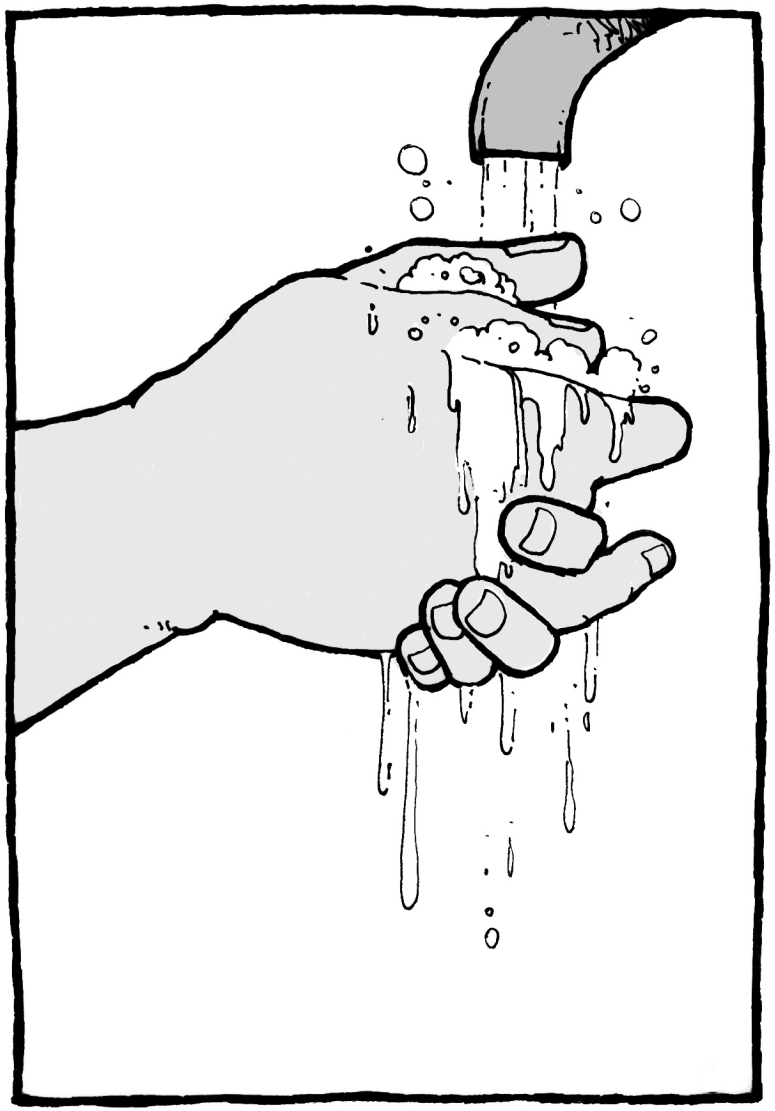

Lavar as mãos após contato com um paciente