

# National Head Start Impact Study



# Today's Goal

- Tell you about the National Head Start Impact Study.
  - Background & Objectives
  - Design
  - Measures
  - Recruitment and Random Assignment Status



# Study Background

• In 1998, Congress determined, as part of Head Start's authorization, that DHHS should conduct a national study to determine the impact of Head Start on the children it serves.

• The research design is based on the legislative language of the Head Start Act and a set of recommendations from the Advisory Committee on Head Start Research & Evaluation.



### Research Goals

- Goal 1: "What difference does Head Start make to key outcomes of development and learning (and in particular, the multiple domains of school readiness) for low-income children?"
- Goal 2: "Under what circumstances does Head Start achieve the greatest impact? What works for what children? What Head Start services are most related to impact?"



# Sample Design

### **GUIDING PRINCIPLES**

- National representation—overall program impact.
- Explain variation in impact—how impact varies by child, program, and community characteristics.
- Creation of a randomized comparison group.



### Grantee/DA Selection

- Include all grantees/DAs: excludes migrant and tribal programs, programs involved in FACES 2000, and Early Head Start children (N=1,715).
- Create 161 geographic grantee clusters and stratify into 25 strata.
- Select 1 cluster per strata, represents 355 grantees/DAs, but we sub-sampled in 3 clusters (N=261)
- Identify eligible grantees/DAs: telephone calls to 261 grantees/DAs; 85% determined eligible (N=223).
- Select grantees/DAs within clusters: combine small programs, stratify, and select (N=90, 76 grantee/DA groups).



### Center Selection

- Center Information Forms—existing data validated and updated, as necessary, by all grantees/DAs (N=1,411 centers).
- Initial Screening for Saturation—dropped 168 centers (12%) leaving N=1,243. Regional Offices included in decisions.
- **Select Centers**—form 683 center groups, stratify, and select main sample of 220 center groups, 471 individual centers.



# Random Assignment

- Identify Newly-entering Children: Start with all 3- and 4-year-old applicants, exclude returning children and very few exceptions.
- Need Extra Applicants for Comparison Group: extend local "enrollment line" to get an average of 11 additional children/center.
- Randomly Select: Average of 16 Head Start and 11 Comparison Group Children/Center, stratified by program option.
- **Total Target Sample:** 3,137 3's and 2,541 4's.



### Field Test

- Initial sample of 8 grantees and 24 centers,
  430 children
- Selected to represent a wide range of program configurations
- Recruited sites in April, May 2001
- Random assignment in summer 2001
- Two rounds of data collection
- High response rates, no major differences between treatment and control groups



# Data Collection Timing and Sources

- Fall <u>Child and Family Measures</u>
  - Parent Interviews
  - Child Assessments
- Spring <u>Child and Family Measures</u>
  - Parent Interviews
  - Child Assessments
  - Teacher's/Care Provider's Child Report Form

#### **Program Measures**

- Classroom/Child Care Observations
- Director Interviews and Staff Surveys
- For 3 year olds -- 2 years HS/child care, kindergarten and first grade
- For 4 year olds -- 1 year HS/child care, kindergarten and first grade



# Procedures for Reviewing & Selecting Measures

- Selected six work groups to review measures from FACES and other large studies, identify constructs, and recommend measures
  - language and literacy (child assessments)
  - educational environment
  - socio-emotional development
  - parenting skills and activities
  - comprehensive services
  - assessing Spanish-speaking children



### Criteria for Measure Selection

- 1. Measure outcomes for children/families that are expected to be impacted by Head Start
- 2. Need to have measures to obtain comparable information for children <u>not</u> in Head Start
- 3. Capability of measuring growth overtime
- 4. Use instruments that predict later school achievement
- 5. Ensure they can be administered by trained field interviewers with acceptable reliability



### Criteria for Measure Selection

- 6. Ensure overall battery is of reasonable length and can maintain interest and performance of young children
- 7. Have parallel tests in Spanish and English for core subset of assessment battery
- 8. Maintain measures from FACES that showed significant gains against national norms in Head Start
- 9. Strengthen oral language component and phonemic awareness components



### Language and Literacy Measures

- Woodcock-Johnson III Letter-Word Identification
- Woodcock-Johnson III Applied Problems
- Woodcock-Johnson III Spelling
- Woodcock-Johnson III Oral Comprehension
- Developing Skills Checklist Segmenting Sentences Task
- Story and Print Concepts



### Language and Literacy Measures

- Shortened, adaptive version of PPVT-III
- McCarthy Draw-A-Design
- Letter Naming
- Abbreviated version of Leiter-R AS
- Counting bear task



# Socio-Emotional Development Measures

- From Parent
  - Child Behavior Checklist (CBCL)
  - Social Skills Rating System(SSRS)
  - Developing Skills Checklist—Home Inventory
- In spring, input also obtained from teacher, other child care provider
  - Child Observation Record (COR)
  - CBCL
  - SSRS
  - Adjustment Scales for Preschool Intervention (ASPI)



## Parent Family Measures

- Demographic characteristics
  - Parent and child race/ethnicity
  - Parent and child health
  - Parent and child disabilities
  - Household composition
  - Employment
  - Economic Assistance
  - Education
  - Housing



## Parent Family Measures

- Parenting Styles and Rules
- Median Home Educational Environment
- Parental Stress and Depression
- Family Social Support
- Child Care Arrangements
- Home Heath and Safety Practices
- Use of Social Services
- Home and Neighborhood Characteristics
- Parent Literacy



# Programs and Services

- Early Childhood Environmental Ratings Scale (ECERS-R)
- Family Day Care Ratings Scale
- Environmental Scale (Home, Fast Track)
- Arnett Scale of Lead Teacher Behavior
- Assessment Profile (Scheduling, Learning Environment, and Individualizing)
- Checklist of Teacher Directed Activities
- Comprehensive Service Provision



### Recruitment and RA Status

- Sites assigned to 2 person recruitment teams
- Teams made at least two on-site visits to every grantee to meet with staff, governing boards, policy councils and parents
- Established partnerships with grantees, study staff and regional office
- Hired local site coordinator for each cluster to maintain ongoing communication, conduct random assignment, and supervise data collection
- Cooperation from all selected grantee/DAs
- As of 6/25, completed 181 rounds of random assignment in 150 centers
- **ℰ** Goal was to not significantly alter existing local enrollment criteria and procedures



## Challenges

- Understanding the variations across Head Start programs
- Integrating random assignment into existing Head Start program operations
- Enrollment not necessarily a single point in time
- Program concerns about "serving the neediest"
- Ensuring staff buy in