State Agency Actions for Expanding the School Breakfast Program

1. Consider developing a statewide Statement of Need (Resources, 9) 💓 to define your goals.

2. Select schools to target for:

- increasing access to the School Breakfast Program (based on percentages of free/reduced)
- increasing participation (based on schools that already have the School Breakfast Program with low participation levels)

3. For targeted schools WITH the School Breakfast Program:

- a. send cover letter (Resources, 10) with attached student/parent/administrator surveys (Resources, 2/4/6/8)
- b. request administrator survey (Resources, 8) results from schools

4. For targeted schools WITHOUT the School Breakfast Program:

- a. send cover letter (Resources, 11) with attached telephone survey (Resources, 12)
- b. follow up with a telephone survey
 - i. For schools who are ready/nearly ready to start the program:
 - 1. send students/parents/administrator surveys (Resources, 1/3/5/7)
 - 2. request administrator survey (Resources, 7) results 🐞

ii. For schools who are uncertain/not ready

- 1. determine their needs for more information
- 2. write action plans (Resources, 13/14/15) addressing those needs

5. Work with each administrator to interpret survey results. Survey results can provide information to determine:

- How many students ate breakfast
- How many students ate a complete meal to prepare them for school?
- How many ride the bus for 30 minutes or more
- Participation in before-school activities
- Primary reasons students gave for not eating school breakfast
- · Primary reasons parents gave for why their children don't eat school breakfast
- Potential for increasing breakfast participation

6. Provide copies of this Kit to the targeted schools. Encourage them to start with the folder called "Successful Use of this Kit".

7. Provide Technical Assistance on:

- The basic food service requirements (meal pattern, etc)
- The basic administrative requirements (meal counting, claiming, etc.)
- What types of breakfast menus students like
- Reimbursement rates (Federal)
- How to incorporate breakfast into the food service operation
- How to survey parent/community interest in the program
- How to survey administrators about the program
- How to survey students about the program
- The financial implications of starting breakfast (break-even point, staffing, etc.)