

Visiting Friends and Family in Nigeria This Year?



Don't Get Malaria!

Malaria occurs in most parts of Nigeria, including big cities.
Even if you were born in Nigeria, you still can get malaria.
Malaria can cause severe, even fatal illness.

How to avoid malaria:

- Visit your doctor 4-6 weeks before you travel
- Take your malaria pills exactly as prescribed
- Avoid mosquito bites especially at night
- If you become ill during or after your travel, make sure it is not malaria: see a doctor immediately



More information at www.cdc.gov/malaria and 1-877-FYI-TRIP