

## Chicken Salad

Makes 6—1/2 cup servings

3 cups cooked, diced chicken breast  
1/2 cup chopped celery  
1/4 cup chopped onion  
2 Tablespoons pickle relish  
1/2 cup mayonnaise, low-fat or fat-free

1. Combine all ingredients.
2. Refrigerate until ready to serve.
3. Use within 1-2 days.

*(Chicken salad does not freeze well.)*

---