

Hawm txug tug kws npaj tseg lawm:

Yuav kuas nkaag tau rua huv tshaaj leej I kev them nyaj rov qaab, los sis yog koj xaav kuas them nyaj rov qaab rua tej zaub mov kws ua rua koj cov mivnyuas tau noj kws zwm rua huv Tseemfwv saib txug phaab Kev Cog Qoob Cog Loos (U.S. Department of Agriculture (USDA)) teg dlejnum nrig txug Pub Zauba Mov Paab rua cov Mivnyuas yau hab Cov Laug noj (Child and Adult Care Food Program (CACFP)), koj yuav tsum ua kuas tav dlaim ntawv, kus koj lub npe rua hab xaa Dlaim Ntawv Thov Zauba Mov Noj nuav rov qaab rua peb.

Tsim kuas Tau Txais kev Paab nvob rua huv Tshaaj Leej I siv koj lub tsev ua chaw zuv mivnyuas:

Yog yuav xaav kuas tau txais kev kev paab sab dlua le tshaaj leej I them nyaj noj mov kws tau paab rua cov mivnyuas kws tau sau npe nyob rua huv koj lub tsev kws ua chaw zuv mivnyuas, koj yuav tsum:

Peb lub tsev ua dlejnum maam le saib xyuas saib koj puas muaj feem tau txais rua tshaaj leej I zuv mivnyuas huv tsev lawv le kws koj tau teev lug tseg rua huv dlaim Ntawv Thov Zauba Mov Noj. Yuav xaav kuas tau txais kev them nyaj rov qaab lawv tshaaj leej I nyob rua huv kev noj haus lug ntawm tej tug tuabneeg xaav tau koj yuav tsum:

- cev hab kus koj lub npe rua Dlaim Ntawv Thov Zauba Mov Noj;
 - ncu nroov has tas koj yuav tsum qha rua peb taag taag txug koj tsev tuabneeg cov nyaj kws khwv tau lug, tsi yog tsuas yog qha peb txug cov nyaj tau lug ntawm koj siv koj lub tsev ua chaw zuv mivnyuas xwb;
 - Npaaj kuas muaj ntawv txhij txhua has txug koj cov nyaj kws khwv tau saib koj puas muaj feem tau txais lawv le tej tug tuabneeg muaj qhov xaav tau tag; hab
 - Cim rua lub nyuas yeej plaub faab nyob rua phaab #5 kws qha rua peb paub has tas koj siv koj lub tsev ua chaw zuv mivnyuas hab taab tom thov saib puas tau txais kev paab nyob rua huv tshaaj leej I.

Txuj kev cai lij choj tso cai kuas peb tshuaj txug tej nyaj kws koj khwv tau lug nyob rua huv Dlaim Ntawv Kws koj Sau. Thov koj rau koj tej ntaub ntawv kws has txug koj khwv nyaj le caag lug nrug rua huv Dlaim Ntawv Thov Zauba Mov Noj. Yog has tas koj siv koj lub tsev ua chaw zuv mivnyuas xyoo taag lug nuav, thov koj zum ib dclaim ntawv kws tau nyaj se rov qaab lug tseb nua ntxiv rua dclaim Schedule C. Tej zag cov ntaub ntawv has txug cov nyaj kws khwv tau lug muaj ntxiv le huv qaab nuav.

- Cov tw ntawv kws qha has txug txhua tug tswv cuab huv koj tsev tuabneeg ua num tau nyaj npaum le caag, los loov rua koj tug quaspuj los sis tug quasyawg;
 - zum dlaim ntawv kws koj them se xyoo taag lug nuav qha tseeb txug koj ua num tau nyaj npaum le caag;

- kev lug; los sis
- tej yaam qha tseeb txug koj tsev tuabneeg cov nyaj kws ua ntej txav se lub hli kws taag lug nuav nrug rua cov nyaj kws khwv tau hab siv taag npaum le caag lub hli ntawd.

Kev tsim kuas muaj Feem tau txais nyaj them rov qaab rua cov Zaub Mov kws Yug Koj Tug Kheej Cov Mivnyuas:

Yog has tas koj xaav kuas them cov nyaj yuav zaub mov kws yug koj tug kheej cov mivnyuas rov qaab rua koj, koj yuav tsum sau kuas tav hab kus koj lub npe rua huv Dlaim Ntawv Thov Zauba Mov Noj. Txawm yog has tas koj nyob rua huv thaaj tsaam kws muaj kev nrhav noj haus nyuaj, CACFP txuj cai yuav xaav kuas koj npaaj kuas tav dclaim ntawv ntawd yog has tas koj xaav tau cov nyaj kws koj yuav rua koj cov mivnyuas noj ntawd rov qaab. Tej zag peb lub chaw ua num yuav tau tshawb txug cov ntawv kws koj xaa rua peb saib koj ua num tau nyaj npaum le caag tag, tabsis peb tsi tau yuam cai kws yuav tsum ua le nuav lawv le peb paub. Yog has tas muaj le nuav tag, tsi txhob xaa ntawv rua peb has txug saib koj ua num tau nyaj npaum le caag yuav tsum yog has tas peb has ncaaj nraim kuas koj ua le ntawd koj maam le xaa xwb.

Yog has tas koj tsi nyob thaaj tsaam kws tis tau has tas muaj kev nrhav noj haus nyuaj tabsis koj xaiv tsi sau dclaim ntawv nuav los sis koj tsi raug xaiv tau rua txais kev noj mov dlawb los sis txu tug nqe mov kuas qeg, koj yuav tau txais tshaaj leej qeg zog II them nyaj nqe noj mov lug ntawm cov mivnyuas kws koj siv koj lub tsev ua chaw zuv mivnyuas. Txawm yog le caag los xij, yog has tas koj tub raug xaiv lug rua tshaaj leej I lawm, vim rua qhov koj lub tsev nyob rua huv thaaj chaw kws cim tau has tas txomnyem zog, koj tsi taag yuav sau dclaim ntawv nuav kuas tav tsuas yog ntshai koj ho xaav kuas them nyaj rov qaab rua koj txug tej nyaj kws koj muag zaub mov rua koj cov mivnyuas noj xwb. Thov koj nug moog rua lub chaw ua num kws txais koj yog has tas koj tsi paub has tas koj nyob thaaj chaw kws txom nyem los tsi yog.

Rua Txhua Tug tuabneeg kws nyob rua huv lub tsev ntawd:

USDA cais quas meej txug tsev tuabneeg yog ib paab kws muaj kev txheeb ze los sis tsi muaj kev txheeb ze (tsi yog cov tuabneeg kws nyob tsev kws muaj tuabneeg yug los sis tej lub koomhum) tug tuabneeg twg kws nyob rua chaw txomnyem (i.e., sib faib chaw nyob). Yog le ntawd, yog has tas qha txug cov nyaj kws khwv tau lug rua ntawm Dlaim Ntawv Thov Zauba Mov Noj yuav tsum sau txhua yaam ntxiv rua cov nyaj kws ua ntej them se lug ntawm cov tswv cuab huv lub tsev tuabneeg ntawd, saib lug qhov twg lug tag.

Cov nyaj kws khwv tau lug kws koj qha rua peb yuav tsum yog taag nrho ua ntej kws them se kws txhua tug tswv cuab nyob rua huv koj lub tsev ntawd khwv tau rua hli kws taag lug nuav. Yog has tas cov nyaj kws koj khwv tau lub hli kws taag lug nuav tsi muaj lawv le koj tau teev tseg, tej zag koj npaaj sau kua muaj ntsiv ze le kws txhua hli koj ib txwm pheej tau txais. Yog has tsi muaj kev hloov luj heev tshwm sim, tej zag koj ca le kwv yees siv lawv le cov nyaj kws khwv tau hli taag lug nuav ua qauv xwb los tau. Yog has tas koj tsev tuabneeg khwv taag nrho tau nyaj npaum nkaus los sis tsawg dlua le kws tau teev ntawv txug koj tsev tuabneeg coob npaum le caag nyob rua dclaim ntawv kws muaj nrug ua ke nuav, ces koj yuav muaj feem tau txais nyaj them rov qaab ntau dlua.

Koj yuav tsum qha rua peb paub thaum twg koj khwv tau nyaj ntau dluu lawm nyob rua lub xyoo ntawd. Yog has tas tsev tuabneeg yau zuj zug, los sis khwv tau nyaj ntau dluu le \$50 tuaj ib hli los sis \$600 tuaj ib xyoo, yuav tsum qha rua peb paub. Yog has tas koj npaaaj tau ntawv qha peb tseeb nrig txug tej kws koj tau txais kev paab hab sau has tas taamsim nuav koj tseem txais Ntawv Nyaj Yuav Noj , Kev Paab Ib Ntus rua Tsev Tuabneeg kws Tsim Nyog Paab (TANF) los sis Txuj Kev kws Xaa Zauba Mov rua Cov Tuabneeg Indians (FDPIR) tug lej, koj yuav tsum xaa xuv rua peb paub yog has tas thaum twg koj tsi tau txais tej kev paab cuam nuav lawm. Koj yuav tsum xaa xuv rua peb paub yog thaum twg koj poob dlejnum es ua rua koj khwv tsi tau nyaj thaum lub sijhawm kws koj tsi ua num rua kuas koj tsev tuabneeg cov nyaj kws khwv tau poob rua huv kem kws koj muaj feem tau txais kev paab.

Kev Zais Tsi Pub Leej Twg Paub Txug cov Lug kws sau rua huv Dlaim ntawv Thov Zauba Mov Noj:

Peb yuav siv cov lug kws nyob rua ntawm dlaim ntawv lug txav txim saib koj puas hum lawv le kev them rov qaab nyob rua tshaaj leej I los sis yog has tas koj muaj feem thov them rov qaab tej Zauba Mov Noj kws koj them rua mivnyuas noj. Tej zag peb yuav tau qha rua cov tuabneeg kws saib txug tej yaam xws le zauba mov rua cov mivnyuas yau noj, kev noj qaab haus huv hab kev kawm ntawv kws lawv le cov lug kws koj tau sau rua dlaim ntawv coj lug ntsuam xyua saib puas yuav tau le tej yaam ntawd.

Nqai lug kws Saib Tsi Taug Ib Leeg Ib Tug Twg:

Tseemfwv lub Koomhum Saib Txug Kev Cog Qoob Cog Loos (USDA) Txwv tsi pub kuas muaj kev ib leeg saib tsi taug ib leeg nyob rua huv txhua yaam dlejnum hab teg dlejnum kws lub hauv paug yog tim txawv haiv tuabneeg, txawv xim, taaj qhov twg taaj, quaspui/quasyawg, noob nyoog, los sis lub cev tsi muaj zug. Cov tuabneeg kws muaj lub cev tsi muaj zug tug kws yuav tsum muaj lwm txuj yaam ua kev sib txuag lug tau (Tsaj ntawv rua tuabneeg dlig muag, sau tug tsaj ntawv lug, kaw suab rua huv xuv raaj maab, lwm yaam ntxiv.) yuav tsum hu rua huv hauv paug USDA's TARGET nyog rua (202) 720-2600 (suab hab tuabneeg dlig muag).

Yog yuav sau ntawv tsi txaus saib vim rua qhov muaj kev saib tsi taug ib leeg ib tug twg, sau rua USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, S.W., Washington, D.C. 20250-9410 los sis hu xuv raaj maab rua (202) 720-5964 (suab hab tuabneeg dlig muag). USDA yog ib lub koomhum kws muab kev zoo caij nyoog sib luag zog hab yog lub chaw zoo ua dlejnum.

Ua tsaug ntau rua koj kev koom teg.

Lug ntawm kev ncaaaj kev neeg,