

Food Buying Guide for Child Nutrition Programs

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Heart, 1-62	Turnips, fresh, 2-84
Liver, 1-62	Turtle (Black) Beans
Ground, 1-62	canned, 1-5, 2-13
Halves, 1-60	dry, 1-5, 2-13
Leg Quarters, 1-61	• • • • • • • • • • • • • • • • • • • •
Mechanically or hand separated, C-6	U
Necks, 1-61	Ugli Fruit, fresh, 2-85
Parts, 1-60	
Roast, 1-61	V
Thighs, 1-61	-
Whole, 1-59	Veal, fresh or frozen
Wings, 1-61	Cutlets, 1-64
Turkey, Ground, 1-62	Ground, 1-64
Turkey, Halves, 1-60	Heart, 1-65
Turkey, mechanically or hand separated, C-6	Liver, 1-65
Turkey, parts	Roasts, 1-65
Backs, 1-60	Steaks, 1-65
Breast, 1-60	Stew meat, 1-65
Drumsticks, 1-60	Vegetables, dried for seasoning,
Halves, 1-60	Celery Flakes, 5-7
Leg Quarters, 1-61	Chive Flakes, 5-7
Necks, 1-61	Garlic, Minced, 5-8
Thighs, 1-61	Green Pepper Flakes, 5-8
Wings, 1-61	Mixed Vegetable Flakes, 5-8
Turkey, Whole, 1-59	Onion, chopped, 5-8
Turkey a la King, 1-64	Onion, flakes, 5-8
Turkey Backs, 1-60	Parsley Flakes, 5-8 Vegetables, Mixed
Turkey Barbecue, 1-64	canned, 2-85
Turkey Breast, 1-60	frozen, 2-85
Turkey Burgers, 1-62	Vegetable Soup, canned
Turkey Chili, 1-64	condensed, 2-73
Turkey Chili with beans, 1-64	ready-to-serve, 2-74
Turkey Drumsticks, 1-60	Vegetable Soup with Meat, canned
Turkey Giblets	condensed, 2-73
Gizzards, 1-62	ready-to-serve, 2-74
Hearts, 1-62	Venison (Deer), Ground, 1-37
Livers, 1-62	Vienna Sausage, 1-37
Turkey Ham, 1-63	
Turkey Hash, 1-64	W
Turkey Leg Quarters, 1-61	Waffles, 3-15
Turkey necks, 1-61	Wagon Wheels Pasta, 3-28
Turkey Products	Walnuts
Creamed Turkey, 1-63	Black, 1-39
Turkey a la King, 1-64	English, 1-39
Turkey Barbecue, 1-64 Turkey, Chili, 1-64	Water Chestnuts, canned, 2-86
	Watercress, fresh, 2-86
Turkey Chili with Beans, 1-64 Turkey Hash, 1-64	Watermelon, fresh, 2-86
Turkey Salad, 1-64	Wax Beans
Turkey Salad, 1-04 Turkey with Gravy, 1-64	canned, 2-22
Turkey with Gravy, 1-04 Turkey with Noodles or Dumplings, 1-64	fresh, 2-21
Turkey Roast, 1-61	Wheat, Cracked, 3-16
Turkey Salad, 1-64	Wheat, Rolled, 3-24
Turney outing 1 01	Wheat Berries, 3-24

Wheat Cereal, ready-to-eat, 3-24 Wheat Germ, ready-to-eat, 3-24 Whipping (Heavy) Cream, 5-3 White Rice, 3-29 Whole Milk, 4-2 Whole or Stewed Tomatoes, canned, 2-82 Wild Rice, 3-31 Winter Squash (Acorn, Butternut, Hubbard) fresh, 2-76frozen, mashed, 2-77 Yam Bean (Jicama), fresh, 2-43 Yautia (Tannier), fresh, 2-87 Yeast active dry, 5-9 compressed, 5-9 Yellow Squash fresh, 2-75 frozen, 2-76 Yogurt fresh, 1-66 frozen, 5-3 Yucca (Cassava), fresh, 2-87 Z Zucchini fresh, 2-76 frozen, 2-76

Zwieback, 3-32

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