

Sources for Nutrition Information

Information on nutrition guidance, making food choices, food labeling, and other food, nutrition, health issues, and educational resources are available from Federal Government Web sites.

For MyPyramid information:

Web site: **MyPyramid.gov**

Nutrition.gov

Easy access to nutrition and health

Web sites from across the Federal government

Web site: **www.nutrition.gov**

Food and Nutrition Information Center

USDA/National Agricultural Library

Rm. 304, 10301 Baltimore Blvd.

Beltsville, MD 20705-2351

Tel: 301-504-5719 Fax: 301-504-6409

Educators can email information and publication requests to fnic@nal.usda.gov

Web site: **<http://fnic.nal.usda.gov>**

Center for Nutrition Policy and Promotion/USDA

3101 Park Center Drive, Room 1034

Alexandria, VA 22302

Web site: **www.cnpp.usda.gov**

Food and Nutrition Service/USDA Team Nutrition

3101 Park Center Drive, Rm. 632

Alexandria, VA 22302

Web site: **teamnutrition.usda.gov**

Eat Smart. Play Hard.™

3101 Park Center Drive, Rm. 1020

Alexandria, VA 22302

Web site: **www.fns.usda.gov/eatsmartplayhard**

Food and Drug Administration

Center for Food Safety and Applied Nutrition

5100 Paint Branch Road,

College Park, MD 20740-3835

For food labeling information:

Web site: **www.cfsan.fda.gov**