



## A MINUTE OF HEALTH WITH CDC

### *Are We There Yet?*

*National Child Passenger Safety Week, September 21–27, 2008*

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*This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.*

“Are we there yet?” It’s a question nearly all parents have heard repeatedly while traveling with children. But while kids are interested in getting there quickly, parents should be concerned about getting there safely. In 2006, more than 45,000 infants and toddlers were treated for injuries suffered in a motor vehicle crash. Many were not properly restrained. The most common errors include not securing children tightly enough in the safety seat with the harness straps and not securing the child safety seat correctly or tightly enough to the vehicle, either with a safety belt or the LATCH system. A few precautions won’t make the trip shorter, but they will make it safer.

Thank you for joining us on *A Minute of Health with CDC*.

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