



A MINUTE OF HEALTH WITH CDC ***Regular Screening Prevents Colorectal Cancer***

Colorectal Cancer Test Use --- Maryland, 2002--2006

Recorded: September 11, 2007; posted: September 14, 2007

This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Colorectal cancer is the second leading cause of cancer deaths in the U.S. It affects men and women from all racial and ethnic groups and is most common in people 50 and older. About 144,000 Americans were diagnosed with colorectal cancer in 2003, and almost 56,000 people died of it. Most colorectal cancers develop very slowly, which means that this disease is preventable. People ages 50 and older should get screened regularly. Regular screening tests can detect polyps in the colon that can be removed before they turn into colorectal cancer. Screening also helps find this cancer early, when treatment is more effective. So see your doctor and get screened.

Thank you for joining us on *A Minute of Health with CDC*.

To access the most accurate and relevant health information that affects you, your family and your community, please visit www.cdc.gov.