



## **A MINUTE OF HEALTH WITH CDC**

### *Keeping Kids Safe*

*Publication of the World Report on Child Injury Prevention*

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*This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.*

We have them vaccinated, take them for regular checkups, and ensure that they eat a healthy diet. But the number one killer of children in the United States is not disease. The leading cause of death among kids 19 years and younger is unintentional injuries, or accidents. Each year, more than 12,000 U.S. children die from unintentional injuries. Parents can decrease the chances of their children suffering serious, life-threatening injuries by taking some simple steps: properly secure them in vehicles, make sure they wear bicycle helmets, and keep them away from potential hazards. A watchful eye and routine use of proven safety measures are keys to preventing injuries among kids.

Thank you for joining us on *A Minute of Health with CDC*.

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO, 24/7.*