Often times, children may look healthy. However, that is not always the case. Take them in for a check-up and keep them growing strong and healthy.

As a parent, it's often difficult to tell when and if your child is sick. What you don't know or can't see could be hurting your child. That's why regular medical checkups are necessary.

If your child is receiving medical assistance from the South Dakota Department of Social Services, he or she can receive a checkup from a Primary Care Provider (PCP) at *little or no cost.

** There is a minimal cost share at ages 19 and 20.*

Keep your child healthy.

What is the Healthy Kids Klub?

For treatment and ongoing prevention of illness, the Department of Social Services has developed a program to help take care of children in South Dakota at *little or no cost. It's called the Healthy Kids Klub.

The Healthy Kids Klub is a comprehensive health care program that provides treatment for illnesses your child may have. It also serves as a well-care program helping to prevent illnesses before they happen.

Children from birth to age 21 who are receiving medical assistance from the Department of Social Services are eligible for the Healthy Kids Klub.

What is involved?

Simple. A checkup – a Healthy Kids Klub checkup. Regular visits to a Primary Care Provider (PCP), whether your child is sick or not. With regular checkups, your PCP can keep tabs on your child's health and detect possible problems.

These checkups include an examination and evaluation of your child's general physical and mental health, growth, development and nutritional status, vision, hearing and dental health status.

Whether your child is an infant or teen, regular medical checkups are necessary. In some cases, lifesaving.

What about immunizations and blood lead testing?

If there is one thing you can do to keep your child healthy, it's to make sure your child's immunizations are current. It doesn't matter who you are or where you live, your child is not safe without immunizations. Equally important is to make sure your child gets his or her immunizations on time.

In addition, children should be tested for lead in their blood at ages 12 and 24 months. If your child is younger than six years old and has never been tested, talk with your PCP. He or she may advise more frequent testing.

Stay ahead of the game.

What do I do next?

When it comes to your child's health care, don't wait for something to happen. Stay ahead of the game and become a part of the Healthy Kids Klub today.

If your child is receiving medical assistance, make an appointment for your child's Healthy Kids Klub checkup. When your child goes to the checkup, you must bring his or her immunization records and current Medical Benefits ID card.

In addition, immunizations, physical and developmental screenings, and health education services may be available through your local community health nurse.

If your child is not sick, why make an appointment?

Each year, thousands of children are diagnosed with illnesses and problems that otherwise may never have been found, if not for a regular checkup. Plus, it's an easy way to keep your child's immunizations current.

HEALTHY KIDS KLUB

Chances are your child is healthy, but a quick checkup will help you make sure.

When should I make an appointment for my child?

Most often, there is simply no clear cut message that tells you your child may be in need of medical care, dental care, or hearing and vision services. If you're not sure *when* to make an appointment for your child, take a look at the suggested checkup and immunization schedule listed on the back of this brochure.

If you need further information regarding the Healthy Kids Klub, ask your PCP or contact the South Dakota Department of Social Services Medical Assistance Program at (605) 773-3495 or on the Web at: www.state.sd.us/social/medical.

Check-up and Immunization Schedules

Suggested Medical Check-ups

Birth up to 1 Week
1 Week up to 6 Weeks
6 Weeks up to 3 Months
3 Months up to 5 Months
5 Months up to 8 Months
8 Months up to 11 Months
11 Months up to 14 Months
14 Months up to 17 Months
17 Months up to 20 Months
20 Months up to 24 Months
2 Years
Every Year Until Age 21

Suggested Dental, Vision, and Hearing Check-ups

Oral health, vision, and hearing screens are part of every check-up. Ask your child's primary care provider (PCP) if you have concerns.

Dental Evaluation - at least by age 3
Vision Evaluation - at least by age 5
Hearing Evalution - specialty testing as recommended

Lead Testing

At ages 12 and 24 months and as recommended by your child's PCP.

HEALTHY KIDS KLUB

Caring for South Dakota's Children.

Medical services for children eligible for Medical Assistance.

Recommended Childhood and Adolescent Immunization Schedule

Immunization ▼ Age ▶	Birth	1 Mo	2 Mos	4 Mos	6 Mos	12 Mos	15 Mos	18 Mos	24 Mos	4-6 Yrs	11-12 Yrs
Hepatitis B	HepB	HepB			HepB						
Diphtheria, Tetanus, Pertussis			DTaP	DTaP	DTaP		DTaP			DTaP	Tdap
Haemophilus Influenzae Type B			Hib	Hib	Hib	Hib					
Inactivated Polio			IPV	IPV	IPV					IPV	
Measles, Mumps, Rubella						MMR				MMR	
Varicella						Varicella				Var	
Pneumococcal			PCV	PCV	PCV	PCV					
Influenza					Influenza (Yearly) to 5 yrs						
Meningococcal											MCV4
Hepatitis A						Hep A Series					
Rotavirus			RV	RV	RV						
Human Papilloma Virus											HPV

HEALTHY KIDS KLUB

Keeping Your Child Healthy

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Strong Families - South Dakota's Foundation and Our Future