

# FORMULA

## INFANT, Powdered Soy

for use in the USDA Household  
Commodity Food Distribution Programs

11/22/05

### Product Description

Powdered soy-based infant formula is iron fortified. The soy-based formula, only available when prescribed by a physician or other health professional, may be used for infants who have one or more of the following conditions: lactose intolerance; galactosemia (metabolic disorder); or a potential allergy to milk protein.

### Pack/Yield

Powdered infant soy formula is packed in a 14.3-ounce container. One container, when mixed as directed, makes approximately 104 fluid ounces of reconstituted formula.

### Storage

- Store unopened powdered soy formula off the floor in a cool, dry place.
- Cover opened cans of powdered soy formula with the plastic lid, store at room temperature, and use within 30 days. Throw away any remaining powder after that time.
- Once prepared, most formulas can be kept in the refrigerator, covered, for up to 24-48 hours. (Be sure to check the label for exact instructions.)
- Discard any formula that's left in the bottle within one hour after feeding begins.

### Preparation

- For starters, wash your hands.
- Use 1 packed, level scoop of powder for each 2 fluid ounces of warm water.

### Uses and Tips

- Follow exact mixing instructions on the container.
- Ask your pediatrician if you need to boil the water in your area before you mix it with formula. Ask about bottled water as well.



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- Use a standard measuring cup rather than the markings on the bottle.
- Adding too much water dilutes the formula, which means your baby may not get the nutrients or calories needed.
- Too little water is just as bad because the formula will be too concentrated and difficult for your baby to digest.
- Do not microwave the formula. This can cause uneven heating of the formula and can result in "hot spots" that could burn your baby.
- Infant formula should not be frozen either before or after mixing. Freezing formula may cause it to become grainy or cause the fat to separate.

### Nutrition Information

- Powdered soy infant formula provides all the nutritional needs for infants less than one year of age.
- It is lactose-free to avoid lactose-associated symptoms (e.g. diarrhea).

<b>Nutrition Facts</b>			
Serving size 5 fl oz (148 mL) reconstituted			
<b>Amount Per Serving</b>			
<b>Calories</b>	100	<b>Fat Cal</b>	49
<b>Total Fat</b> 5.4g <b>8%</b>			
Saturated Fat 1.1g <b>6%</b>			
<b>Cholesterol</b> 0.0mg <b>0%</b>			
<b>Sodium</b> 40mg <b>2%</b>			
<b>Total Carbohydrate</b> 10.5g <b>3%</b>			
Dietary Fiber 0g <b>0%</b>			
Sugars 5.2g			
<b>Protein</b> 2.5g			
Vitamin A 6%		Vitamin C 18%	
Calcium 11%		Iron 10%	