



## **A MINUTE OF HEALTH WITH CDC**

### *With Power Tools, Nail Down Safety First*

*Nail-Gun Injuries Treated in Emergency Departments—United States, 2001–2005*

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*This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.*

Speed and ease-of-use have made nail guns a common tool for construction professionals and do-it-yourselfers, but nail guns can cause serious injuries. Over 37,000 people are treated in emergency rooms every year for nail gun injuries. One of the best ways to prevent injuries is to use a nail gun equipped with a sequential trigger mechanism which is designed to prevent misfiring. Learning how to use a nail gun properly is also important. Some home improvement stores offer training on safe use and can help determine if the nail gun you plan to use has the safer trigger mechanism.

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