

## A MINUTE OF HEALTH WITH CDC

## Get Children Vaccinated for Influenza

Influenza Vaccination Coverage of Children Aged 6-23 months United States, September-December, 2005–06 Influenza Season

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This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

The flu, or influenza, is a serious illness. Each year, over 200,000 Americans are hospitalized and over 36,000 die from the flu. Many people think of influenza as an illness that affects the elderly. However, young children are also at risk. If you have children between the ages of 6 and 23 months, recovering from the flu can be very difficult. In fact, kids in this age group who get the flu are at risk for hospitalization. And kids under 5 years old also have more medical visits because of flu-related illnesses than older kids. The best way to avoid having your children come down with the flu is to have them vaccinated with the pediatric influenza vaccine.

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