



BRONCHOSCOPY INSTRUCTIONS

Do **NOT** eat or drink anything after 12:01 on the day of your procedure.

If you take blood pressure medication in the morning, do so with only a **small amount** of water.

Try to get a good night's sleep the night before your test.

Bring with you any current X-RAYS or CT Scans.

You will need an adult driver to accompany you home. You will not be able to drive or make any legal decisions for 18 hours after your test.

Dress in warm, loose-fitting clothes that allow your arms to be free, e.g. slacks and short sleeve shirts/sweaters.

After your procedure, you will spend approximately one hour in the short stay unit (Ward 66) to have your blood pressure, alertness, and general condition monitored. The physician may order a chest x-ray prior to discharge.

You will receive written discharge instructions. However, generally you will not be able to eat or drink for **2 hours** after the procedure.

If you have questions or concerns before the procedure, please call your doctor or myself, Hugh Dowd, RN, at: (office) 202-782-5580 or (clinic) 202-782-5720.

If you have any illness on the day of the procedure, please call your doctor or myself.