



BRONCHOPROVOCATION TESTING INFORMATION SHEET

Pulmonary Function Lab (202) 782-5737



**Your doctor has ordered a test to evaluate you for the possibility of asthma.
There are several things you should know before the test:**

1. Certain medications can affect the results of your test. Discuss with your doctor whether you should stop these medication prior to your test. The recommended time to stop prior to the test is listed below:

Albuterol (Proventil, Ventolin), metaproterenol (Alupent), Terbutaline (Breathair), Cromolyn (Intal)	12 hours
Ipratropium bromide (Atrovent), Montelukast (singulair)	24 hours
Salmeterol (Serevent), Nedocromil (Tilade), Theophylline (Theo-dur, slo-bid)	48 hours
Prednisone, inhaled steroids (Azmacort, Flovent, Beclovent) Vanceril, Aerobid, Pulmicort, Advair, Budesonide)	2-4 weeks
2. **Avoid any type of caffeine products for at least 12 hours** prior to the test (ex: coffee, tea, chocolates, colas, energy drinks, etc).
3. Avoid heavy meals within 3 hours prior to the test to prevent nausea.
4. Please discuss any of the following conditions with your doctor prior to taking this test:
 - Recent cold or flu
 - Hypertension (high blood pressure) that is difficult to control
 - Heart attack or stroke in the last month
 - Aortic aneurysm
 - Myasthenia Gravis
 - Pregnancy or Nursing
 - Cigarette Smoking
5. The testing process will take approximately 1 hour to complete.
6. If you have any questions or are unable to make your appointment or need to reschedule please call the Pulmonary Function Lab at (202) 782-5737.