

B153 - TORTILLA, WHOLE GRAIN, FROZEN, 27 LB



Nutrition Information

Whole grain tortilla, 8 inch

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| CATEGORY | <ul style="list-style-type: none"> Grains/Breads |
| PRODUCT DESCRIPTION | <ul style="list-style-type: none"> These frozen 8 inch whole grain tortillas are made of whole wheat flour or a combination of whole wheat flour and enriched wheat flour. The tortillas meet the HealthierUS School Challenge whole grain criteria for a whole grain food. |
| PACK/YIELD | <ul style="list-style-type: none"> 12/24 ct pouches per 27 lb case. One 27 lb case AP yields about 288 tortillas. One pouch AP yields about 24 tortillas. CN Crediting: 1 Whole grain tortilla made with whole wheat flour provides 1 serving Grains/Breads. |
| STORAGE | <ul style="list-style-type: none"> Store frozen whole grain tortillas at 0 °F or below in original shipping case off the floor. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. |

| | 1 tortilla (43 g) |
|------------------|----------------------|
| Calories | 120 |
| Protein | 4.0 g |
| Carbohydrate | 20 g |
| Dietary Fiber | 3 g |
| Sugars | 1 g |
| Total Fat | 2.5 g |
| Saturated Fat | 0.5 g |
| <i>Trans</i> Fat | 0 g |
| Cholesterol | 0 mg |
| Iron | 1 mg |
| Calcium | 100 mg |
| Sodium | 340 mg |
| Magnesium | N/A |
| Potassium | N/A |
| Vitamin A | 0 IU |
| Vitamin A | 0 RAE |
| Vitamin C | 0 mg |
| Vitamin E | N/A |



USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

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| PREPARATION/ COOKING INSTRUCTIONS | <ul style="list-style-type: none">• Follow manufacturer's directions on package. |
| USES AND TIPS | <ul style="list-style-type: none">• The whole grain tortilla may be served as deli wrap with turkey ham, low-fat cheese, shredded lettuce, and low-fat ranch dressing. It may also used to make burritos, soft tacos, and quesadillas. |
| FOOD SAFETY INFORMATION | <ul style="list-style-type: none">• Visually inspect for presence of foreign substances, insects, or molds before use. |
| BEST IF USED BY GUIDANCE | <ul style="list-style-type: none">• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm.• For additional information on product dating, go to page 6 of <i>Choice Plus Food Safety Supplement</i> at: http://www.nfsmi.org/Information/choice-plus-food-safety-supplement.pdf. |

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