

January



square meals
Have FUN
and
color me!

Thursday

Friday

Monday		Tuesday		Wednesday		Thursday		Friday			
						1	Winter Recess <u>No School</u>		2	Winter Recess <u>No School</u>	
5	Teriyaki Chicken Dippers Chicken Rice Steamed Broccoli & Carrots Chilled Pineapples Milk	6	Whole Grain Cheese Pizza Oven Baked Potato Wedges Garden Side Salad Chilled Peaches Milk	7	Chicken Alfredo w/ Pasta Cauliflower & Carrots Chilled Pears Cinnamon Toast Milk	8	Baked Cheese Pizza Dippers Fresh Carrot Sticks w/ FF Dip Apple Quarters Milk	9	Popcorn Chicken Mac & Cheese Garden Side Salad Fruit Cup Bread Stick Milk		
12	BBQ Riblets Broccoli Banana Whole Wheat Roll Milk	13	Cheeseburger on WG Bun Fresh Carrots & Celery w/ FF Dip Chilled Pears Milk	14	Cheese Omelet French Toast Sticks Baked Tater Tots Applesauce Milk	15	Ham & Cheese on Whole Wheat Oven Baked Potato Wedges Fruit cup Milk	16	Ravioli Garden Side Salad Chilled Peaches Whole Grain Roll Milk		
19	Martin Luther King Jr. Day <u>No School</u>	20	Whole Grain Pepperoni Pizza Seasoned Corn Garden Side Salad Fruit Cup Milk	21	Chicken Quesadilla Carrots, Broccoli & Cauliflower Chilled Pears Blueberry Muffin Milk	22	Spaghetti w/ Meat Sauce Green Beans Chilled Fruit Cocktail Garlic Toast Milk	23	Teacher's Work Day <u>No School</u>		
26	Lunar In - Service Day <u>No School</u>	27	Baked Chicken Tenders w/ Roll Oven Baked Potato Wedges Chilled Peaches Garden Side Salad Milk	28	Ham & Cheese on Whole Wheat Cauliflower & Carrots Chilled Pears Milk	29	Baked Cheese Pizza Dippers Fresh Carrot Sticks w/ FF Dip Apple Quarters Goldfish Pretzels Milk	30	Cheeseburger Mac Garden Side Salad Fresh Fruit Cup Dolphin Crackers Milk		