

### Make Sock Puppets

Putting on a sock puppet show for sick children in the hospital or elderly people in a nursing home is a great way to cheer people up....and it's fun too! Here are easy instructions on how to make sock puppets. (Remember to ask an adult to help you with the scissors and the glue.)

#### **Supplies:**

1. White tube sock
2. Something rigid - posterboard or part of a milk carton
3. Small piece of fabric (3 inches by 5 inches)
4. White glue
5. Anything you want to decorate your puppet with

#### **How to make your sock puppet:**

1. Put the sock on your hand so that your fingers and thumb are in the toe and the back of your wrist is in the heel.
2. Make a slit in the sock between your thumb and fingers. This will be your puppet's mouth. Be very careful not to cut yourself.
3. Cut 2 ovals that are 3 inches across and 5 inches long. The first oval should be made from something rigid like posterboard or plastic from a milk bottle. The second oval should be made from fabric.
4. Use white glue to attach the fabric oval to the rigid oval
5. After the glue has begun to dry, fold them in half the short way.
6. Sew the folded oval into your sock. Now your puppet can talk.
7. Now it's up to you to decide what (or who) your puppet will be. You could add any kind of eyes, hair, ears, hats, moustaches, beards, eyebrows, noses, collars, neckties, shirts, dresses or any other feature you can think of. Your puppet could also be an animal. You could add floppy ears for a dog, a long nose for an elephant, scales for a dinosaur, or a mane for a horse. Use your imagination to come up with some cool creatures and people!

