

Make a T-shirt

Making your own T-shirt to wear while you clean up your neighborhood or local park can make helping your community even more fun! You might be surprised to learn that you probably have everything you need to make this t-shirt already in your house. (Make sure to ask an adult to help you with the iron.)

Supplies:

1. Iron
2. Broken Crayons
3. Wax Paper
4. White Paper
5. Ironing Board
6. Dish towel
7. White T-shirt

Instructions:

1. Take your plain white T-shirt (it doesn't have to be new) and lay it flat on the ironing board. Insert a piece of clean white paper between the layers of the T-shirt.
2. Use the crayons to create a design on your t-shirt. You can draw something related to your volunteer project.
3. After you have finished drawing your pattern place wax paper over your design.
4. Place a dish towel on top of the wax paper.
Ask an adult to use the iron on a low to medium heat to melt the crayons into place. Then ask your helper to remove the towel and the waxed paper to see your new creation!

Note: After melting the colors of the crayons into the T-shirt, the wax will usually wash off, but the colors remain for a LONG time!

